

**GOVERNMENT OF MIZORAM  
HEALTH & FAMILY WELFARE DEPARTMENT  
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

**NOTIFICATION**

Aizawl the 13<sup>th</sup> December, 2021

**Subject: Guidelines for International Travellers entering Mizoram**

**No.D.33011/39/2021-HFW (SOP)/Pt.4:** SARS-COV-2 (Covid-19 virus) chi thar Omicron hmuhchhuah a nih chungchanga State Level Expert Team on Covid-19 Management in 1<sup>st</sup> December, 2021 a rawtna an siam angin, India ram pawn atanga Mizorama lo lut (International Traveller) te screening, quarantine leh isolation chungchanga inkaihhraina chu a hnuai tar lan ang hian, thu leh awm hma atana hman turin tihchhuah a ni:

1. **Screening:** Mizorama lo lut tu pawh, State entry point an thlenni atanga ni 14 kal ta chhunga India ram pawn tlawh tawh phawt chu, RT-PCR negative test result emaw Covid-19 vaccine certificate emaw pawh nei se, Home Department-in kalphung a siamte an zawm vek bakah, Entry Point-ah Rapid Antigen Test (RAgT test) an paltlang ngei tur a ni a. RAgT tih rual hian RT-PCR/ TrueNat hmanga test atan an sample lak zel bawk tur a ni. Test man hi Mizoram Sorkar order ding lai angin chawi zel tur a ni.

Amaherawhchu, heng inkaihhruainate hian, Ministry of Health & Family Welfare, Govt. of India in inkaihhraina a siam anga India ram chhunga international entry point khawi hmun-ah pawh Covid-19 test-a lo positive a, enkawl dam an nih hnu Discharge Certificate dik tak (genuine) neite chu, Mizorama an lo luh hmaa ramdangah an lo zin leh hman a nih loh chuan a huam lo ang a. Anni hi chuan **Entry Point SOP dated 14.10.2021** kha an zawm thung ang.

2. **Quarantine/Isolation & Treatment:** India ram pawna zin chhuak (International Traveller) Mizoram entry point-a RAgT hmanga test an niha –

- 1) **Negative a niha, Covid-19 symptom a neih loh chuan,** a awmna district bialtu Deputy Commissioner remtihain uluk taka mahni hriselna inchik chungin **ni 7 chhung** quarantine facility hmunah emaw home quarantine-in a inkhung hrang tur a ni a, a **ni 8 ni ah RT-PCR** hmangin test tur a ni. RT-PCR test hi a **negative chuan** inkhung hranna atangin a chhuak thei anga, amaherawh chu **ni 7 dang** chu Covid-19 symptom a neih leh neih loh uluk takin a inchik zui tur a ni.

- 2) **Negative chunga Covid-19 symptom a neih chuan** RT-PCR emaw TrueNat hmangin test nghal vat tur a ni. Chu mia a **negative** pawhin **ni 7 chhung** quarantine facility hmunah emaw home quarantine in emaw a in khung hrang

ang a, a **ni 8-naah** RT-PCR emaw TrueNat hmangin emaw test leh tur a ni. Heta RT-PCR/TrueNat test result hi **negative** a nih chuan a inkhung hran a ngai tawh lo ang a, amaherawh chu **ni 7 chung** ama hrilselna a inchik zui ang. Tin, he RT-PCR/TrueNat test hi a **positive** erawh chuan a hnuai sub-para (3) a tarlan ang hian enkawl tur a ni thung ang.

3) **Test a positive te chu** Covid-19 Management guideline dinglai-in a sawi angin India rampawn a khualzinte enkawlna hmun tur ruat bikah enkawl tur a ni a, a swab sample pawh INSACOG Genome Sequencing Laboratory (IGSL) ah test tura thawn tur a ni. **Negative test result a neih hma chuan uluk taka enkawl tur a ni.**

3. **Contact Tracing:** Thlawhtheihna chhunga Covid-19 positive/ rinhlelhkai-in a chuanpui (positive contact) – tlar khata a thutpuite, a hma leh a hnung tlar 3 bial chhunga thute bakah cabin crew, amah hnaihtute tiamin rinhlelh kai an ni a. Anni bakah zinhawng Covid positive-in home quarantine/ isolation-a a awm chhunga a hnaih zawng zawngte chu **ni 14 chung quarantine** an ni ang a, Covid-19 test chungchanga Sorkar order dinglai angin test an ni ang.

4. **Uploading of Test Result:** Screening leh testing centre te a test result te hi ICMR portal- <https://cvstatus.icmr.gov.in> ah a test-tuin a thun lut nghal zel tur a ni.

5. **Mahni Hriselna Inchik chungchang (Self Monitoring):** Mitinin CAB zawmin mahni hriselna an inchik tur a ni, viz. Social distancing, mask vuah, kut silfai leh Covid-19 symptom a hnuai tarlante an inchik tur a ni a, tin, bialtu CMO/MO te emaw helpline no. 102/0389 2323336/0389 2322336/0389 2318336 ah mithiamte an rawn tur a ni.

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|---------------------------------|--------------------------|
| i. Khawsik                      | ii. Khuh                 |
| iii. Rim hriatna hlolt          | iv. Hrawk thip/ Hrawk za |
| v. Chau ngawih ngawih           | vi. Taksa na/Lu na       |
| vii. Pum nuamlo                 | viii. Kawthalo           |
| ix. Luhai                       | x. Luakchhuak            |
| xi. Thawhah/Thawk lama harsatna |                          |

6. **Airsuvidha Portal Data:** State Surveillance Officer, IDSP, Mizoram-in Airsuvidha Portal hi uluk takin a vil ang a. India ram pawh atanga lo lut a, Mizorama lo thleng turte chungchang hi Secretary, H&FW-te, Principal Director, H&FW-te, Screening Team-te leh IDSP/Contact Tracing team-te ni tuin a hrilh hre zel ang a. IDSP Unit-te hian ram pawh atanga lo lut turte veng emaw an thlenna tur hmun emaw bialtu DC, CMO leh LLTF/VLTF te pawh an hrilh hre vat zel hawk ang.

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