

INTRODUCTION

ANM School Mamit was established in the year 2021 under the Government of Mizoram.

AIMS AND OBJECTIVES OF THE INSTITUTION

1. The Institution aims at ensuring comprehensive nursing care and community health care among the students during and after their training periods, thus, the faculty give efforts in guiding the students in all aspects of life.
2. The Institution tries to prepare each student to become an independent and reliable individual under supervision and observations, helps each student develop the ability to acquire problem solving and self responsibility and self confident for their education.
3. The faculty help the students develop appreciation and respects towards the profession and to be able to adjust themselves with the changing concept and technology.

ELIGIBILITY CRITERIA FOR ADMISSION.

1. Minimum age for admission will be 17yrs (as on 31st Dec of that year). The upper age limit is 30yrs.
2. Minimum qualification : 10+2 passed in Arts and Science with aggregate of 40% marks. Recognized by MBSE/ CBSE/ICSC/SSSCE/HSCE or a recognized equivalent examination.
3. Candidate should be medically fit
4. Simultaneous attendance in other course is not permitted during the course of training.
5. List of documents to be attached in the application form:-

Attested photo copy of:

- a) Marksheet and Certificate of HSLC & HSSLC
 - b) Residential Certificate
 - c) Tribal Certificate
 - d) Recent passport photo should be pasted on the indicated application.
6. Original Marksheet and Certificate of HSLC & HSSLC must be produced by each candidate at the time of personal interview.



Total Number of Seats - 20 seats / year.

CONDITIONS ON WHICH APPLICATION OR APPLICANT MAY BE REJECTED

1. Only application form issued by the Institution will be accepted.
2. Incomplete fill up application form will be rejected
3. Incomplete documents shall not be entertain.
4. Failing to produced processing fee will not be accepted.
5. Malpractice in any form will disqualify the candidate

DESCRIPTION OF THE COURSE

Name of the course : Auxiliary Nursing and Midwifery.

Duration : 2 yrs. (18 months + 6 months internship)

VACATION : Annual leave 4 weeks.

An excess of leave permitted by the institution as stated above shall have to be made up by the student in a ratio of 1:1 day before proceeding for annual vacation.

Any abcentism made by the students shall have to be made up in the ratio of 1:4 days before proceeding for annual vacation.

Eligibility for Admission to Examination

1. A candidate must have minimum of 80% attendance (irrespective of the kind of absence) in theory and practicalin each subject for appearing for examination.
2. A candidate must have 100% attendance in each of the practical areas before the award of completion certificate /diploma by the state nursing council examination board.



Paper	Course	External Assessment	Internal Assessment	Duration
Theory Paper -I	Community Health Nursing	75	25	3hrs
Theory Paper-II	Health Promotion	75	25	3hrs
Theory Paper –III	Primary health care Nursing	75	25	3hrs
Theory Paper - IV	Child Health Nursing	75	25	3hrs
Practical –I	Community Health Nursing and Health Promotion	100	100	-
Practical -II	Child Health Nursing	100	100	-
	Total	500	300	-

Grand total for first year 800 marks.

Theory and practical examination at the end of the course. (second year)

Paper	Course	External assessment	Internal Assessment	Duration
Thoery Paper –V	Midwifery	75	25	3hrs
Theory Paper –VI	Health Centre Management	75	25	3hrs
Practical III	Midwifery	100	100	-
Practical IV	Primary Health Care Nursing and Health Centre Management	100	100	3hrs

CLINICAL FIELDS EXPERIENCE

1st year ANM.....880hrs

2nd year ANM.....880hrs.



FACILITIES FOR STUDENTS

1. Hostel: Hostel accommodation is compulsory for all students which is free of cost.
2. Transportation: School bus will be provided to the students for their clinical duties and daily activities.
3. Co-curricular activities: The students takes major role in SNA(Student's Nurses Association) activities and active part in all important professional functions.The Students are also encourage to participate in religious and social activities to become to a well balanced persons besides their studies.
4. Health Check-up : The faculty gives great importance to student's health and thus conduct Health Check up by Medical Officers at 6months interval.
5. Guidance and Councelling : Each student will be given a chance to express their problems personally and their problems are being solve at the best level through Guidance and Councelling conducted by the authority annually and whenever necessary.

DAILY ROUTINE OF STUDENTS

Waking up - 5:00 am

Light Down - 10:00 pm

Meal Timings -Breakfast	6:30 am – 7:00 am
Lunch	12:00 pm -12:30 pm
Dinner	4:30 pm - 5:30 pm

Evening Roll Call - Summer 6:00 pm

Winter 5:30 pm

Visiting Hours

Saturday and Sunday 3:00 pm – 4:00 pm

Visitor are not allowed to enter the student room.



Each student is granted twice a month outing on Saturday during their off-duty periods.

OTHER INFORMATIONS :

1. Students are responsible for care of the furnitures and for cleanliness of their own room,bathroom , toilets and visiting room.
2. When leaving rooms,students should check that all lights,fans and switches are turned off.
3. Students are responsible to see that their rooms are properly locked when leaving and the keys are safely kept.
4. When a student is sick or any emergency arises,she must report to the Hostel Warden who is responsible for looking after the sick/hospital admission or attending OPD. No absentee shall be granted in the School and duty if there is no prescription from the doctor.
5. Any of the following acts shall be considered a major offence against discipline and good conduct and can lead to suspension/dismissal of the students.
 - a) Absence of clinical duty and irregular attendance and truancy, smoking,playing cards etc.
 - b) Used of various forms of intoxicating drugs, alcohol in the School and Hostel premises and outside.
 - c) Various forms of immoral behavior and resorting to violence of any kinds : Strike, Thievery etc.
 - d) Disfiguring of School / Classroom wall, furniture etc and destruction of School,Hostel and Hospital property.
 - e) Disobedience or defiance or disrespect to teaching staff and other staff and authorities.
 - f) Malpractice in examination, negligence shown in studies, homework, class test, assignment, irresponsiveness in class etc . will be viewed seriously.Repeated complaints against a student from Teachers,Warden,hospital authorities regarding any of the aforesaid matters can lead to dismissal of the student from the Institution.
 - g) Use and keeping of Electric appliances like Immersion heater/rod, Electric hair curler /Straightener etc. are strictly prohibited in the Hostel and School premises.



- h) Students are allowed to keep their Mobile phone from Saturday morning to Sunday evening. They are instructed to submit to Hostel Warden during weekdays i.e. from Monday to Friday.

If any student is found to keep extra Mobile phone during week days, she will be punishable as per School and Hostel Rules and Regulations.

6. Students are not allowed to indulge in any kinds of merchandise eg: selling of clothes, cosmetics products etc. within the Hostel.

7. Any kinds of ornaments, bangles, earrings, over-use of cosmetics and colouring of hair, long painted nails, tattoos with uniform is strictly forbidden to students. Hair band and clips should be in black colour only. When off-duty, forms should be removed. No one should sleep with their uniforms. Roaming around with uniforms is not allowed. No exemption will be granted on whatsoever basis in this regard.

8. Visiting the Hospital during day-off is not allowed. When students wish to visit friends and relatives admitted, they should go during Hospital visiting hours only after obtaining permission from the Hostel Warden.

9. Every student is expected to participate in the co-curricular and extra curricular activities arranged by the School authorities. No one should approach the Principal in this regard, seeking exemption.

10. No student is allowed to remain out of the Hostel without permission. Taking leave for attending functions and taking part in any competitions etc. outside the Hostel and Institutions/School must be only with prior written permission of the Principal through the Hostel Warden. If such leave is required, the parent /guardian should contact the Principal in person.

11. There should be no noise near the Night Duty sleeping room.

12. All meals must be taken in the dining room and at proper timings, except during illness. No one is allowed to take away furniture and crockery outside the dining room.

13. Every student is expected to be polite, humble, considerate and helpful to others and develop the noble spirit of self-sacrifice.

14. The Hostel Warden and Tutors may have surprise visit/checking of the students at any time.

15. Ragging of any kind is strictly prohibited in the School and Hostel premises. If students are found to be involved in any act of ragging, actions will be taken as per order of Honourable Supreme Court of India.



CONCLUSION:

The Institution has laid down certain rules and regulations for which the students are expected to be abide by them.

The Faculty recognized the necessity of promoting all round development for each students, thus helps the students meeting their physical, mental and spiritual needs.

