

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

NOTIFICATION

Dated Aizawl, 5th January, 2022.

Subject: Revised Standard Operating Procedures (SOPs) for Covid-19 tests at the entry points of the State of Mizoram.

No.D.33011/39/2021-HFW(SOP)/Pt.4/H: Following the recommendations of the State Level Expert Team on Covid-19 Management, the SOP for entry point screening is hereby revised as hereunder. This supersedes the SOP issued under even No. dated 14.10.2021 with immediate effect until further order:-

1. Screening at Entry Points and Quarantine:

- 1.1 All the entrants to the State of Mizoram shall fulfil the formalities prescribed by Home Department, Government of Mizoram, and shall also be screened for Covid-19 at the entry screening points with RAgt for Covid-19 unless exempted under sub-para 1.5 below.
- 1.2 All persons tested positive shall be isolated/ treated as per existing Covid-19 management protocol.
- 1.3 *Asymptomatic persons tested negative with RAgt may not be quarantined, but shall follow Covid Appropriate Behaviour (CAB).*
- 1.4 *Symptomatic person* tested negative with RAgt shall be tested with RT-PCR/ TrueNat, and shall be quarantined for a period of 5 (five) days *even if he/she is found negative in such a test, and be tested again with RT-PCR/TrueNat after the said 5 (five) days.*
- 1.5 **Exemption from RAgt screening: Asymptomatic Persons entering Mizoram** may be exempted from entry point screening and quarantine subject to production of the following documents before the Entry Point Screening Team:
 - (1) **Negative RT-PCR/TrueNat/ CBNAAT test Report** for Covid-19 issued by a recognised laboratory **within 72 hours** prior to the time of entry, **OR**
 - (2) **Certificate of discharge from Home Isolation or Covid care facility** issued by the competent authority **within 3 months** prior to the date of entry.

Provided that persons having the certificate under Sub-para (2) or (3) shall monitor themselves for any symptom of Covid-19 for 7 days while strictly following the CAB.

Provided further that **no symptomatic entrant shall be exempted from RAgt screening even if he/she produces any of the Certificates mentioned here above.**

2. **Self-Monitoring:** Persons to monitor themselves shall strictly follow CAB viz. social distancing, proper wearing of face-mask covering mouth and nose, and hand hygiene; and watch out for any of the Covid-19 symptoms as indicated below, and shall seek advice from the CMO/ MO concerned or the Helpline at telephone Nos. **102/ 0389 2323336/ 0389 2322336/ 0389 2318336.-**

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| i. Fever. | ii. Cough. |
| iii. Loss of taste/ smell. | iv. Sore throat/ throat irritation. |
| v. Malaise/ Weakness. | vi. Body ache /Headache. |
| vii. Gastro-intestinal upset. | viii. Diarrhoea. |
| ix. Dizziness. | x. Anorexia/ Nausea/ Vomiting. |
| xi. Shortness of breath/ breathlessness. | |

Ram 5/1/22

(R. LALRAMNGHAKA)

Secretary to the Govt. of Mizoram,
Health & Family Welfare Department

Memo No. D. 3301139/2021-HFW(SOP)/Pt.4/H : Dated Aizawl, the 5th January, 2022.

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5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
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10. Principal Director, Health & Family Welfare Department.
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Secretary to the Govt. of Mizoram,
Health & Family Welfare Department