

**ROSTER FOR TELEMEDICINE ESANJEEVANIOPD**

**1<sup>st</sup> April, 2022 (Friday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. John Lalliandinga Paediatric Surgeon, SRHF, Falkawn
2.	2-4 pm	Obs & Gynae OPD	Dr. Vanlalchhanhimi, Gynaecologist, District Hospital , Lunglei
3.	2-4 pm	Paediatrics OPD	Dr. Samuel L Fanai, Paediatrician District Hospital, Kolasib
4.	2-4 pm	Medicine OPD	Dr. Lalrinfela H, Physician District Hospital, Mamit
5.	2-4 pm	Psychiatry OPD	Dr. Lalduhawmi Chawngthu, Psychiatrist, Sub-District Hospital, Kulikawn

**4<sup>th</sup> April, 2022 (Monday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalrinmuani Sailo, Surgeon, District Hospital, Lunglei
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalzikipuii Tochhawng, Gynaecologist, District Hospital, Lawngtlai
3.	2-4 pm	Paediatrics OPD	Dr. Biakthansangi, Paediatrician District Hospital, Champhai
4.	2-4 pm	Medicine OPD	Dr. HC Lalnunhlua, Physician, District Hospital, Kolasib
5.	2-4 pm	Psychiatry OPD	Dr. Ruth Lalmuanpuii, Psychiatry, Sub-District Hospital, Kulikawn

**5<sup>th</sup> April, 2022 (Tuesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalrinsiam, Paediatric Surgeon, Civil Hospital, Aizawl
2.	2-4 pm	Obs & Gynae OPD	Dr. Laldusaka, Gynaecologist, District Hospital, Kolasib
3.	2-4 pm	Paediatrics OPD	Dr. Lalsiam Tualzik, Paediatrician, District Hospital, Mamit
4.	2-4 pm	Medicine OPD	Dr. K. Lallawmzuala, Physician District Hospital, Serchhip
5.	2-4 pm	Psychiatry OPD	Dr. Vanlaldiki Ralte, Psychiatrist, Civil Hospital, Aizawl

**6<sup>th</sup> April, 2022 (Wednesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalsangzuala Tochhawng, Surgeon, District Hospital, Mamit
2.	2-4 pm	Obs & Gynae OPD	Dr. Vanlalremsanga, Gynaecologist District Hospital, Champhai
3.	2-4 pm	Paediatrics OPD	Dr. K. Vanlalhriati, Paediatrician, District Hospital, Serchhip
4.	2-4 pm	Medicine OPD	Dr. S. Beihrokhu, Physician, District Hospital, Saha
5.	2-4 pm	Psychiatry OPD	Dr. Lalduhawmi Chawngthu, Psychiatrist, Sub-District Hospital, Kulikawn

**7<sup>th</sup> April, 2022 (Thursday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalruatlina Pachuau, Surgeon, District Hospital, Serchhip
2.	2-4 pm	Obs & Gynae OPD	Dr. C. Lalthantluanga, Gynaecologist, Civil Hospital, Aizawl
3.	2-4 pm	Paediatrics OPD	Dr. C. Lalnunsangi, Paediatrician District Hospital, Lunglei
4.	2-4 pm	Medicine OPD	Dr. PC Lalramenga, Associate Professor, ZMC, Falkawn
5.	2-4 pm	Psychiatry OPD	Dr. Zonunmawii Pachuau, Psychiatrist, Civil Hospital, Lunglei

**8<sup>th</sup> April, 2022 (Friday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Zochampaia , Surgeon, District Hospital, Kolasib
2.	2-4 pm	Obs & Gynae OPD	Dr. Ngurbiakveli, Gynaecologist, Civil Hospital, Aizawl
3.	2-4 pm	Paediatrics OPD	Dr. Chieky Azyu , Paediatrician, District Hospital, Siaha
4.	2-4 pm	Medicine OPD	Dr. Richard Lalrinmawia Ralte, Physician District Hospital, Lawngtlai
5.	2-4 pm	Psychiatry OPD	Dr. C. Lalhrekima, Psychiatrist, Civil Hospital, Aizawl

**11<sup>th</sup> April, 2022 (Monday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalhruaitluanga, Surgeon, ZMC, Falkawn
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalrinfela, Associate Professor ZMC, Falkawn
3.	2-4 pm	Paediatrics OPD	Dr. Elizabeth F. Lalhmangaihzuali Paediatrician, SRHF, Falkawn
4.	2-4 pm	Medicine OPD	Dr. PC Lalawmpuia, Physician , Civil Hospital, Champhai
5.	2-4 pm	Psychiatry OPD	Dr. Ruth Lalmuanpuii, Psychiatry, Sub-District Hospital, Kulikawn

**12<sup>th</sup> April, 2022 (Tuesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Vanlalremsiama, Surgeon, District Hospital , Champhai
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalropuii, Gynaecologist, District Hospital, Mamit
3.	2-4 pm	Paediatrics OPD	Dr. Lalchhuankimi, Paediatrician, Civil Hospital, Aizawl
4.	2-4 pm	Medicine OPD	Dr. J. Lalramchhuanga, Physician, Civil Hospital, Aizawl
5.	2-4 pm	Psychiatry OPD	Dr. Vanlaldiki Ralte, Psychiatrist, Civil Hospital, Aizawl

**13<sup>th</sup> April, 2022 (Wednesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. John Lalliandinga Paediatric Surgeon, SRHF, Falkawn
2.	2-4 pm	Obs & Gynae OPD	Dr. Vanlalchhanhimi, Gynaecologist, District Hospital , Lunglei
3.	2-4 pm	Paediatrics OPD	Dr. Samuel L Fanai, Paediatrician District Hospital, Kolasib
4.	2-4 pm	Medicine OPD	Dr. Lalrinfela H, Physician District Hospital, Mamit
5.	2-4 pm	Psychiatry OPD	Dr. Lalduhawmi Chawngthu, Psychiatrist, Sub-District Hospital, Kulikawn

**14<sup>th</sup> April , 2022 (Thursday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalrinmuani Sailo, Surgeon, District Hospital, Lunglei
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalzikpuii Tochwawng, Gynaecologist, District Hospital, Lawngtlai
3.	2-4 pm	Paediatrics OPD	Dr. Biakthansangi, Paediatrician District Hospital, Champhai
4.	2-4 pm	Medicine OPD	Dr. HC Lalnunhlua, Physician, District Hospital, Kolasib
5.	2-4 pm	Psychiatry OPD	Dr. Zonunmawii Pachuau, Psychiatrist, Civil Hospital, Lunglei

**15<sup>th</sup> April, 2022 (Friday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalrinsiam, Paediatric Surgeon, Civil Hospital, Aizawl
	2-4 pm	Obs & Gynae OPD	Dr. Laldusaka, Gynaecologist, District Hospital, Kolasib
3.	2-4 pm	Paediatrics OPD	Dr. Lalsiam Tualzik, Paediatrician, District Hospital, Mamit
4.	2-4 pm	Medicine OPD	Dr. K. Lallawmzuala, Physician District Hospital, Serchhip
5.	2-4 pm	Psychiatry OPD	Dr. C. Lalhrekima, Psychiatrist, Civil Hospital, Aizawl

**18<sup>th</sup> April, 2022 (Monday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalsangzuala Tochwawng, Surgeon, District Hospital, Mamit
2.	2-4 pm	Obs & Gynae OPD	Dr. Vanlalremsanga, Gynaecologist District Hospital, Champhai
3.	2-4 pm	Paediatrics OPD	Dr. K. Vanlalhriati, Paediatrician, District Hospital, Serchhip
4.	2-4 pm	Medicine OPD	Dr. S. Beihrokhu, Physician, District Hospital, Siaha
5.	2-4 pm	Psychiatry OPD	Dr. Ruth Lalmuanpuii, Psychiatry, Sub-District Hospital, Kulikawn

**19<sup>th</sup> April, 2022 (Tuesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalruatlana Pachuau, Surgeon, District Hospital, Serchhip
2.	2-4 pm	Obs & Gynae OPD	Dr. C. Lalthantluanga, Gynaecologist, Civil Hospital, Aizawl
3.	2-4 pm	Paediatrics OPD	Dr. C. Lalnunsangi, Paediatrician District Hospital, Lunglei
4.	2-4 pm	Medicine OPD	Dr. PC Lalramenga, Associate Professor, ZMC, Falkawn
5.	2-4 pm	Psychiatry OPD	Dr. Vanlaldiki Ralte, Psychiatrist, Civil Hospital, Aizawl

**20<sup>th</sup> April, 2022 (Wednesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Zochampaia , Surgeon, District Hospital, Kolasib
2.	2-4 pm	Obs & Gynae OPD	Dr. Ngurbiakveli, Gynaecologist, Civil Hospital, Aizawl
3.	2-4 pm	Paediatrics OPD	Dr. Chieky Azyu , Paediatrician, District Hospital, Siaha
4.	2-4 pm	Medicine OPD	Dr. Richard Lalrinmawia Ralte, Physician District Hospital, Lawngtlai
5.	2-4 pm	Psychiatry OPD	Dr. Lalduhawmi Chawngthu, Psychiatrist, Sub-District Hospital, Kulikawn

**21<sup>st</sup> April, 2022 (Thursday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalhruaitluanga, Surgeon, ZMC, Falkawn
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalrinfela, Associate Professor ZMC, Falkawn
3.	2-4 pm	Paediatrics OPD	Dr. Elizabeth F. Lalhmangaihzuai Paediatrician, SRHF, Falkawn
4.	2-4 pm	Medicine OPD	Dr. PC Lalawmpuia, Physician , Civil Hospital, Champhai
5.	2-4 pm	Psychiatry OPD	Dr. Zonunmawii Pachuau, Psychiatrist, Civil Hospital, Lunglei

**22<sup>nd</sup> April, 2022 (Friday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Vanlalremsiama, Surgeon, District Hospital , Champhai
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalropuii, Gynaecologist, District Hospital, Mamit
3.	2-4 pm	Paediatrics OPD	Dr. Lalchhuankimi, Paediatrician, Civil Hospital, Aizawl
4.	2-4 pm	Medicine OPD	Dr. J. Lalramchhuanga, Physician, Civil Hospital, Aizawl
5.	2-4 pm	Psychiatry OPD	Dr. Vanlaldiki Ralte, Psychiatrist, Civil Hospital, Aizawl

**25<sup>th</sup> April, 2022 (Monday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. John Lalliandinga Paediatric Surgeon, SRHF, Falkawn
2.	2-4 pm	Obs & Gynae OPD	Dr. Vanlalchhanhimi, Gynaecologist, District Hospital, Lunglei
3.	2-4 pm	Paediatrics OPD	Dr. Samuel L Fanai, Paediatrician District Hospital, Kolasib
4.	2-4 pm	Medicine OPD	Dr. Lalrinfela H, Physician District Hospital, Mamit
5.	2-4 pm	Psychiatry OPD	Dr. Lalduhawmi Chawngthu, Psychiatrist, Sub-District Hospital, Kulikawn

**26<sup>th</sup> April, 2022 (Tuesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalrinmuani Sailo, Surgeon, District Hospital, Lunglei
2.	2-4 pm	Obs & Gynae OPD	Dr. Lalzikipuii Tochwawng, Gynaecologist, District Hospital, Lawngtlai
3.	2-4 pm	Paediatrics OPD	Dr. Biakthansangi, Paediatrician District Hospital, Champhai
4.	2-4 pm	Medicine OPD	Dr. HC Lalnunhlua, Physician, District Hospital, Kolasib
5.	2-4 pm	Psychiatry OPD	Dr. Ruth Lalmuanpuii, Psychiatry, Sub-District Hospital, Kulikawn

**27<sup>th</sup> April, 2022 (Wednesday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalrinsiam, Paediatric Surgeon, Civil Hospital, Aizawl
2.	2-4 pm	Obs & Gynae OPD	Dr. Laldusaka, Gynaecologist, District Hospital, Kolasib
3.	2-4 pm	Paediatrics OPD	Dr. Lalsiam Tualzik, Paediatrician, District Hospital, Mamit
4.	2-4 pm	Medicine OPD	Dr. K. Lallawmzuala, Physician District Hospital, Serchhip
5.	2-4 pm	Psychiatry OPD	Dr. Vanlaldiki Ralte, Psychiatrist, Civil Hospital, Aizawl

**28<sup>th</sup> April, 2022 (Thursday)**

Sl.No	Time	Name of OPD	Name of Specialist
1.	2-4 pm	Surgery OPD	Dr. Lalsangzuala Tochwawng, Surgeon, District Hospital, Mamit
2.	2-4 pm	Obs & Gynae OPD	Dr. Vanlalremsanga, Gynaecologist District Hospital, Champhai
3.	2-4 pm	Paediatrics OPD	Dr. K. Vanlalhriati, Paediatrician, District Hospital, Serchhip
4.	2-4 pm	Medicine OPD	Dr. S. Beihrokhu, Physician, District Hospital, Siaha
5.	2-4 pm	Psychiatry OPD	Dr. Lalduhawmi Chawngthu, Psychiatrist, Sub-District Hospital, Kulikawn

29<sup>th</sup> April, 2022 (Friday)

<b>Sl.No</b>	<b>Time</b>	<b>Name of OPD</b>	<b>Name of Specialist</b>
1.	2-4 pm	Surgery OPD	Dr. Lalruatlina Pachuau, Surgeon, District Hospital, Serchhip
2.	2-4 pm	Obs & Gynae OPD	Dr. C. Lalthantluanga, Gynaecologist, Civil Hospital, Aizawl
3.	2-4 pm	Paediatrics OPD	Dr. C. Lalnunsangi, Paediatrician District Hospital, Lunglei
4.	2-4 pm	Medicine OPD	Dr. PC Lalramenga, Associate Professor, ZMC, Falkawn
5.	2-4 pm	Psychiatry OPD	Dr. Zonunmawii Pachuau, Psychiatrist, Civil Hospital, Lunglei