



# NATIONAL PROGRAMME FOR PREVENTION AND CONTROL OF DEAFNESS (NPPCD)



NPPCDMz/2025/59

Weekly Bulletin

Aizawl the 10<sup>th</sup> January, 2025

## NPPCD Weekly Report from 9 Districts -

### No. of OPD :

Aizawl East : 409

Aizawl West : 176

Champhai : 68

Kolasib : 22

Lawngtlai : 9

Lunglei : 17

Mamit : 11

Serchhip : 48

Siaha : 80

### Case Detection Status :

Ear Morbidities : 477

Hearing Loss : 116

Referred Case : 56

Ear Surgery : 7

Ear Diseases : 400

Investigation : 313

Ear Syringing : 16

## BENGCHHET KAN TIH HI

Bengchhet hi eng kumah pawh lo in tan se, rualpawl na kawngah, puitlinna kawngah leh eizawna kawng thlengin a nghawng a ni.

Naupan laia a lo in tan chuan tawng zir leh tawng chhuahte, zirna lama rualpui te phak lohna te, naupang vanduai te phei chu tih duhdah te, khuai khem te leh thahte hial pawh an tawk thei a ni.

Puitlin hnu a beng lo chhet chu a then an zak a, an inthlahrun avangin rual an pawl ngam lova, lo be chhahwchhi tawk lah bo lo, khawhar takin an awm thin. Chumi avang chuan midang te nen a awm ho an thiam lova, eizawna lamah duhthlang thei dinhmunah an ding ta lova, an rilru a hrehawm em em thin.

World Health Organization in a zirnaah chuan, kum 1985 ah khan khawvel mihring 0.9% hi bengchhet niin a chhut a, 1995 ah chuan 2.1% a ni dawrh mai a ni. 2011 ah meuh chuan khawvelah naupang kum 5 hnuai lam bengchhet hi maktaduai 7.5 velniin a chhut a, heng hi Asia leh Africa naupang an ni deuh ber leh nghal.

WHO hian application #HearWHO\* tih hi Playstore atanga download theihin a siam a. Hei hi earphone hmanga beng ri hriatna dinhmun mahnia in enna a ni. Thalai tam zawk chuan phone an hmang tangkai tawh a, hengte hi mahni in enchhin nan lo hmang ve ila, a tlai hmain mithiamte pan nachang hria ila, kan hlawkpui khawp ang.

- Dr. Lalhlimpuii, Surveillance Medical Officer, WHO India, Aizawl Unit.



*Mit tha lo tan Tarmit bun a zahthlak loh ang bawkin Beng tha lo tan Beng Dar vuah a zahthlak loh.*



*NPPCD chungchang leh beng lama harsatna nei a, hrechiang duh tan District Hospital, ENT Department OPD ah zawh fiah theih reng a ni.*

Rilru lama harstana nei te tan engtik lai pawhin (24x7) Telemanas ah hian mithiamte biak theih an ni e.

Telemanas Call theihna  
**14416, 180008914416**

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