

MIZORAM UNIVERSAL HEALTHCARE SCHEME  
(MUHCS)

# “MIPUI HEALTHCARE”

**2025-2026**

(1 APRIL 2025 - 31 MARCH 2026)



# BOOKLET







CHIEF MINISTER  
MIZORAM

## **MESSAGE**

*Mizoram sawrkar chuan mipui zawng zawngte huapzo Health Care Scheme thar, Mizoram Universal HealthCare Scheme kan tih mai chu kan lo kalpui dawn ta a, hmasawna chhinchhiahtlak a tlingin ka hria.*

*Ramin resource a neih zinga hlu ber chu human resource a ni a, chu chu mipuite hi kan ni. Mipuite hriselna leh ram hmasawna hi thil inzawm tlat, then hran theih loh a ni. He Universal HealthCare Scheme hian kan damloh ni khuaa damdawiina kan inenkawlna senso min phuhruksak dawn a. Damdawiina kan luh ni atanga kan chhuah thlenga mahni insengso lova kalpui tura ruahman a ni.*

*Tluang taka a kal theih nan MUHCS hlawhtlin nana thawktute zawng zawng duhsakna ka hlan a, mipuite'n tangkai taka hman theuh kan tum dawn nia.*

*Ka lawm e.*

**Aizawl,  
Tahrik Ni 10, Vau Thla, 2025**

  
**(LALDUHOMA)**

## ABBREVIATIONS

MUHCS	: Mizoram Universal HealthCare Scheme
UHC	: Universal Health Coverage
AB PM-JAY	: Ayushman Bharat Pradhan Mantri Jan Arogya Yojana
PE	: Provisional Employee
MR	: Muster Roll
VC	: Village Council
LC	: Local Council

### **MUHCS Booklet** 2025-2026 v4.6

Published on  
**March 2025**

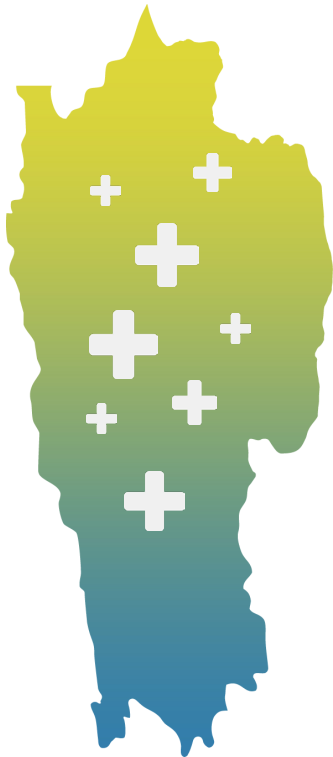
Printed at  
**Lois Bet Print & Publication**



Supported & Funded by  
**Mizoram Health Systems Strengthening Project (MHSSP)**

## 1. Enge Mipui Healthcare (MUHCS) chu?

“Mipui Healthcare” hi Mizoram Universal HealthCare Scheme (MUHCS) niin, Mizoram sawrkarin ram mipui te tana Healthcare Scheme (Health Insurance Scheme) thar a duan a ni. He scheme hi kan damloh nikhuaa inenkawlna senso phurrit ni òin chhawk zangkhaina atan leh taksa, rilru, thlarau damna leh hrisel zawk kan lo neih theihna tura duan niin, mi zawng zawng thleng phak ‘*Universal Health Coverage (UHC)*’ kan neih theihna tur atana buatsaih a ni.



Mizoram State Health Care Scheme, AB PM-JAY leh Sawrkar MR, a hranga kal òin chu MUHCS hnuaiah hian hmun khatah chhunfin niin, huang khata kalpui a ni tawh ang a, mipui nawlpui bakah Civil Pensioners thlengin a huam vek tawh dawn a ni.

He scheme hnuaia damdawiina inenkawlna hi Package System-a kalpui a ni ang a. Natna zawng zawng deuhthaw mahnia insenso ngai lovin a thlawnin (cashless system) damdawiinah inenkawlna damloten an dawng thei dawn a ni. MUHCS hian scheme òan hma aṅanga natna neihsa (pre-existing disease) pawh a huam tel vek a ni. Mizoram chhung leh pawna empanelled damdawiinah MUHCS hi a hman theih dawn a ni.

## 2. Scheme hmang theite

“Mipui Healthcare” hi Mizoram khua leh tui zawng zawng huap tura duan a nih angin a hmang thei turte chu hetiang hian siam a ni-

- 1) **AB PM-JAY Beneficiaries:** Central scheme AB PM-JAY hmang thei zawng zawng
- 2) **Govt. Employees:** Mizoram sawrkar hnathawk leh an dependent family member te
- 3) **Provisional Employees (PE) / Muster Roll (MR):** Mizoram sawrkar hnuai Provisional Employees (PE) / Muster Roll (MR) te leh an chungte (Ration Card milin)
- 4) **Civil Pensioners:** Sawrkar hnathawk Pensioner-te leh an chungkua
- 5) **Contributory Beneficiaries:** A chung a tarlan zinga tel ve lo chungkua zawng zawng (Ration card milin).



## 3. AB PM-JAY hmang theite tan

Central Scheme AB PM-JAY hmang thei chhungkua, 'Ayushman Card/ Golden Card' nei theite tan-

### 3.1 Inziahluh/Beneficiary Enrolment:

AB PM-JAY 'Ayushman Card/ Golden Card' nei theite chu MUHCS hnuaiah hian a hranpaa inziahluh a ngailo a. Heng beneficiary te tan hian MUHCS hmang thei turin pawisa engmah a hrana chawi ngai a awmlo.



### 3.2 Finfiahna/Beneficiary Verification:

3.2.1 AB PM-JAY hmang theite chu Ayushman Card/Golden Card siamsak an nih dan thin ang tho in finfiah/verify an nih hnua h mimal tinte card pek zel an ni ang.

3.2.2 Ayushman Card/ Golden Card neisa tan a hrana finfiahna/verification tih nawn ngai tawh lovin, an Ayushman Card/Golden Card chu MUHCS atan an hmang chhonzawm nghal thei a ni.

3.2.3 Card hi engtik lai pawhin siam theih reng a ni ang.

3.2.4 Beneficiary zawng zawngte chu Aadhaar hmanga finfiah vek an ni ang.

### 3.3 Hamthatna dawn theihte:

3.3.1 AB PM-JAY atanga MUHCS hmangte chuan kum khat chhung atan chhungkaw khatin ₹5,00,000/- hu thleng mahni insengso lovin (cashless) damdawiinah in enkawlina (General Ward) an dawng thei a, zin veivahna (transportation) erawh a huam lo.



3.3.2 India ram chhunga Sawrkar damdawiin leh AB PM-JAY empanelled Private damdawiin khawi hmunah pawh an inenkawl thei.


3.3.3 AB PM-JAY atanga MUHCS hmangte tan scheme hmang chhonzawm tura kum tin renew a ngai ve lo.

- 3.3.4 Golden Card nei thei chhungkua te tan man chawia inziahlulh ve theih a ni dawn lo.
- 3.3.5 Scheme hnuaiia hamthatna hi kaw khat aia tam hmanga dawn theih a nih dawn loh avangin Golden Card lo nei tawh, chhungkaw dinhmun leh khawsak ziaawm tawh Golden Card aia man chawia inziaklut duh tan an Golden Card tih thih hnuah man chawia inziaklutte hamthatna dawn theih ang an dawng ve thei ang.

## 4. Govt. Employees, Provisional Employees (PE)/ Muster Roll (MR) te tan

MUHCS hnuaiia hian Mizoram Sawrkar hnathawk (regular) bikah leh CS(MA) Rules in a tarlan Sawrkar hnathawk dependent family members te a huam a ni (*Sawrkar hnathawk awmna chhungkua a dependent family member ni ve lo zawng te chu ration card milin man chawiin MUHCS hnuaiia an inziahlulh ve a ngai dawn tihna a ni*). Heng bakah hian Mizoram sawrkar hnuaiia Provisional Employee (PE) / Muster Roll (MR) leh an chhungte (Ration Card milin) pawh a huam tel a ni.

### 4.1 Inziahlulh/Beneficiary Enrolment:

- 4.1.1 Sawrkar hnathawk leh an dependent-te/ Provisional Employee / Muster Roll leh an chhungte chu MUHCS hnuaiia hian a  hranpaa inziahlulh ngai lovin, IFMIS data atangin MUHCS hmang thei tura laklulh an ni sa.
- 4.1.2 Sawrkar hnathawk/ PE / MR te tan MUHCS hmang turin a hranpaa man chawia a ngailo a, an hlawh atangin thlatin sawrkarah contribution an pe ang, Pay level azirin thlatin contribution an pek dan tur chu hetiang hi a ni ang-



Pay Level	Monthly Contribution
13 & above	₹1,500
10-12	₹1,000
6-9	₹700
3-5	₹400
1-2	₹300
PE/MR	₹200

## 4.2 Finfiahna/Beneficiary Verification:



- 4.2.1 Sawrkar hnathawk leh a dependent family member-te/ PE/MR leh a chungte (a huam tel theih chin) chu MUHCS hmang thei turin Aadhaar hmanga finfiah an nih hnuah mimal tinte card pek ÷heuh an ni ang.
- 4.2.2 MUHCS hnuaiia ham÷hatna dawng tur dik takin a dawn ngei theih nan leh damlo chu MUHCS card neitu diktak a ni tih finfiah nan Aadhaar e-KYC chauh hman a ni ang.
- 4.2.3 Aadhaar hmanga finfiah hmasak anih hian scheme hrang hrang hnuaiia ham÷hatna awmte a ruala dawn kawp tur a veng tlat a ni.
- 4.2.4 MUHCS Card hi engtik lai pawhin siam theih reng a ni ang.

## 4.3 Ham÷hatna dawn theihhte:

- 4.3.1 Govt. Employee category a÷anga MUHCS hmang turte tan kum khata chhungkaw khatin scheme ham÷hatna an hman theih tur zatah bituk awm ve lovin a thlawnin




damdawiinah inenkawlina (Finance Dept. room entitlement siam milin) an dawng thei ang.

- 4.3.2 Provisional Employee / Muster Roll leh a chhungte tan erawh kum khatah chhungkaw khat tan ₹5,00,000/- hu thleng mahni insengso lovin (cashless) damdawiinah inenkawlina (General Ward) an dawng thei ang.
- 4.3.3 Phaia refer an nihin Govt. Employee-te tan damlo leh a kalpuitu pakhat (emaw Medical Referral Board in a phalsak zat) zin veivahna (transportation) senso reimbursement in an bill thei ang.
- 4.3.4 Provisional Employee / Muster Roll tan damlo bik zin veivahna senso chauh reimbursement in an bill thei thung ang.
- 4.3.5 Mizoram chhung leh ram pawna MUHCS empanelled damdawiinah te inenkawlina a dawn theih a, phaia in enkawl tur tan empanelled damdawiin nilo ah pawh MUHCS guidelines zulzuiin reimbursement a inenkawl theihna dan siam a ni bawk.
- 4.3.6 Sawrkar hnathawk (Regular leh Provisional / MR) te tan MUHCS hmang chhonzawm tura kum tin renew a ngai ve lo.

## 5. Civil Pensioner te tan

MUHCS hnuaiiah hian Sawrkar hnathawk pensioner leh an chhungte a huam tel.

### 5.1 Inziahluh/Beneficiary Enrolment:

- 5.1.1 Pensioner leh an chhungte chu MUHCS hnuaiiah hian a hranpaa inziahluh ngai lovin, MUHCS hmang thei tura lakluh an ni sa a ni. 
- 5.1.2 Pensioner te tan MUHCS hmang turin a hranpaa man chawi a ngailoa, an pension hlawha Medical Allowance aṅgingin thlatin sawrkarah contribution an pe ang.

5.1.3 Pension hlawh (basic) thla khata ₹20,000/- chin chunglam la ten Medical Allowance aṅgingin thlatin ₹1,000/- an pe ang (Category A).

5.1.4 Pension hlawh (basic) thla khata ₹20,000/- la tlinglo te chuan Medical Allowance aṅgingin thlatin ₹500/- an pe thung ang (Category B).

5.1.5 Medical Allowance aṅga contribution an pek zat mil hian MUHCS hnuaia hamṭhatna an dawn theih a in ang dawn lo a, thla tina ₹500/- pe turte hian an duhthlanna in ₹1,000/- an pe thei ang a, amaherawhchu thlatin a ₹1,000/- pe turte hian duhthlanna a ₹500/- pek theihna siam a ni ve lo thung.


Category	Definition	Monthly Contribution	Benefit	Room/Ward
Category A	Monthly basic pension ₹20,000/- chin chunglam la	₹1,000/-	₹12,00,000/- per family per year	Private Ward
Category B	Monthly basic pension ₹20,000/- la tlinglo	₹500/-	₹5,00,000/- per family per year	Semi-Private Ward

## 5.2 Finfiahna/Beneficiary Verification:



- 5.2.1 Pensioner leh an chhungte chu MUHCS hmang thei turin Aadhaar hmanga finfiah an nih hnuah mimal tinte card pek theuh an ni ang.
- 5.2.2 MUHCS hnuaiia hamthatna dawng tur dik takin a dawn ngei theih nan leh damlo chu MUHCS card neitu diktak a ni tih finfiah nan Aadhaar e-KYC chauh hman a ni ang.
- 5.2.3 Aadhaar hmanga finfiah hmasak anih hian scheme hrang hrang hnuaiia hamthatna awm te a ruala dawn kawp tur a veng tlat a ni.
- 5.2.4 MUHCS Card hi engtik lai pawhin siam theih reng a ni ang.

## 5.3 Hamthatna dawn theihnte:

- 5.3.1 Pensioner, thlatin an Medical Allowance atanga ₹1,000/- pe te tan chhungkaw khatin kum khat chhung atan ₹12,00,000/- hu  thleng mahni insengso lovin (cashless) damdawiinah in enkawlina (Private Ward) an dawng thei ang.
- 5.3.2 Pensioner, thlatin an Medical Allowance atanga ₹500/- pe te tan chhungkaw khatin kum khat chhung atan ₹5,00,000/- hu thleng mahni insengso lovin (cashless) damdawiinah in enkawlina (Semi-Private Ward) an dawng thei ang.
- 5.3.3 Phaia refer an nihin damlo bik zin veivahna senso reimbursement in an bill thei ang.
- 5.3.4 Mizoram chhung leh ram pawna MUHCS empanelled damdawiinah te inenkawlina a dawn theih a, phaia in enkawl tur tan empanelled damdawiin nilo ah pawh MUHCS guidelines zulzuiin reimbursement a inenkawl theihna dan siam a ni bawk.
- 5.3.5 Pensioner te tan MUHCS hmang chhonzawm tura kum tin renew a ngai ve lo.

## 6

## Man chawia inziaklut turte tan (Contributory Beneficiaries)

AB PM-JAY, Govt. Employees/PE/MR, Pensioner leh an chhungte MUHCS in a huamsa zinga tello zawng zawngte tan man chawiin MUHCS hnuaih hian inziahlul theih a ni.



### 6.1 Inziahlul/Beneficiary Enrolment:

6.1.1 MUHCS hnuaiia hamthatna dawng turin inziahlul/enrolment tih a ngaia, ration card mila inziahlul tur a ni.



6.1.2 Enrolment hi Policy khat chhung atan zel a ni ang. 2025-2026 policy hi April 1, 2025 aţanga March 31, 2026 chhung atan a ni ang.

6.1.3 Enrolment hi Online (Paper hmanglo, internet hmang) a tih theih a ni a, Online a enrolment ti duh tan phek 25-na, serial no 15 hnuaiia QR code tarlan a luhin enrolment tihna tur link dah a ni.

6.1.4 Offline enrolment (Paper hmang) hi Online-a ti theilo te tan chauh a ni.

6.1.5 Chhungkaw khata Ration Card pakhat aia tam nei tan, an Ration Card neih zat mil zelin enrolment pawh tih tur a ni. (Ration card pakhat hmangin Enrolment pakhat zel)

6.1.6 Mizoram khua leh tui ni si, Ration Card neilo eg. Ration Card surrender, chhan dang vanga neilo etc. chhungkaw tan VC/LC hriatpuina - chhungkaw member list kimchang (Hming, DOB, Sex, Chhungkaw hotu nena inlaichhina) lanna lehkha nen enrolment an ti thei ang.

6.1.7 2025-2026 chung atan inziahlul man hetiang hian bithliah a ni-

GENERAL

**₹2,500/-**  
kum 1 chung atan  
(APRIL 1, 2025 – MAR 31, 2026)

- ✓ General Ward
- ✓ Chhungkaw khat tan  
₹5,00,000/- hu thleng

STANDARD

**₹5,000/-**  
kum 1 chung atan  
(APRIL 1, 2025 – MAR 31, 2026)

- ✓ Semi-Private Ward
- ✓ Chhungkaw khat tan  
₹5,00,000/- hu thleng

PRIVATE

**₹10,000/-**  
kum 1 chung atan  
(APRIL 1, 2025 – MAR 31, 2026)

- ✓ Private Ward
- ✓ Chhungkaw khat tan  
₹5,00,000/- hu thleng

6.1.8 Inziahlul theih hun hi thla thum chung, April 2025 - June 2025 hawn a ni ang.


6.1.9 April 2025 - June 2025 chung a inziaklut hmanlo emaw remchaglote tan August 2025 chung in inziahlulna hun (Grace Period) hawn a ni leh ang.

6.1.10 Grace Period August 2025 chung a inziaklutte tan erawh 'Late Fee' inziahlul man pangngai aia 50% a sang chawi a ngai ang.


6.1.11 Grace Period a inziaklutte tan August thla hma lama damdawiina an inenkawlna chu a huam tel tawhlo ang.

6.1.12 Online a inziaklut turte tan enrolment hawn hun chung hian mahni a inziahlul theih a ni a. Offline a inziaklut turte tan Sub-Centre ah inziahlul tur a ni ang.

## 6.2 Finfiahna/Beneficiary Verification:

- 6.2.1 MUHCS hnuaiia inziaklut chhungkaw member te chu MUHCS hmang thei turin Aadhaar hmanga finfiah an nih hnuah mimal tinte card pek theuh an ni ang. 
- 6.2.2 MUHCS hnuaiia hamthatna dawng tur dik takin a dawn ngei theih nan leh damlo chu MUHCS card neitu diktak a ni tih finfiah nan Aadhaar e-KYC chauh hman a ni ang.
- 6.2.3 Aadhaar hmanga finfiah hmasak anih hian scheme hrang hrang hnuaiia hamthatna awm te a ruala dawn kawp tur a veng tlat a ni.
- 6.2.4 MUHCS Card hi engtik lai pawhin siam theih reng a ni ang.
- 6.2.5 Enrolment ti tawh tan damdawiin luh dawnah pawh a tlachawpin card hi siam theih a ni ang.

## 6.3 Hamthatna dawn theihthe:

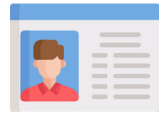
- 6.3.1 Man chawia MUHCS hnuaiia inziaklutte tan chhungkaw khatin kum khat chhung atan ₹5,00,000/- hu thleng mahni insengso lovin (cashless) damdawiinah in enkawlna an dawng thei ang. 
- 6.3.2 An inziahluhna man azir zelin General Ward, Semi-Private Ward, Private Ward ah an awm thei ang.
- 6.3.3 Phaia refer an nihin damlo bik zin veivahna senso reimbursement in an bill thei ang.
- 6.3.4 Mizoram chhung leh ram pawna MUHCS empanelled damdawiinah te inenkawlna a dawn theih a, phaia in enkawl tur tan empanelled damdawiin nilo ah pawh MUHCS guidelines zulzuiin reimbursement a inenkawl theihna dan siam a ni bawk.
- 6.3.5 MUHCS hamthatna hmang chhunzawm zel turin kum tin renew a ngai.

## 6.4 Inziahluh ngailo, man chawia lo inziaklutte tan:

- 6.4.1 Man chawia inziaklut zingah AB PM-JAY hmanga a thlawna MUHCS zawm thei chungkua an lo awma, AB PM-JAY hnuaiia scheme hamthatna an dawng duh zawk a nih chuan man chawia an inziahluhna man chu refund theih a ni ang. Contributory beneficiaries hnuaiia an awm duh zawk anih erawh chuan, Golden Card an lo siam tawh sa chu disable anih hnuah MUHCS hnuaiia hamthatna an dawng thei ang.
- 6.4.2 Man chawia inziaklut zingah Sawrkar hnathawk leh Pensioner an lo awm anih chuan Sawrkar hnathawk hnuaiia scheme hamthatna emaw Pensioners hnuaiia scheme hamthatna zawk angin MUHCS an hmang ang. An lo inziahluhna senso erawh refund theih a ni lo thung ang.

## 7. MUHCS Card

- 7.1. MUHCS hnuaiia hamthatna dawng turin mimal tinin MUHCS Card siam hmasak a ngaia. Card tel lovin scheme hnuaiia hamthatna a dawn theih loh a ni. Damdawiin luh dawnah pawh MUHCS card hi siam theih a ni ang.
- 7.2. Damdawiin luh dawnah pawh MUHCS card hi siam theih a ni ang tih hian scheme hnuaiia duh duh hunah a inziahluh theih tihna a kaw lo a, inziahluh hun chungah inziaklutte tan MUHCS card siam thu hla bikah siam hun chung bituk a awm lo tihna a ni.
- 7.3. MUHCS card hi Aadhaar nena link zel a ni ang.
- 7.4. MUHCS card kan neih hmaa damdawiina inenkawlina senso a huam thei lo ang.
- 7.5. AB PM-JAY Golden Card lo neisa te tan an Golden Card chu MUHCS atan an hmang chhunzawm nghal thei ang.





- 7.6. Mimal tinin MUHCS card hran theuh kan neih dawn avangin midang card hman hawh theih a ni lo ang.
- 7.7. Naupang kum 5 hnuailam te chuan an nu leh pate MUHCS card an hmanawm thei ang.
- 7.8. MUHCS card hi empanelled damdawiinah leh Mizoram State Health Care Society Office, Dinthar, Aizawlah siamtir theih a ni ang. Mizoram State Health Care Society in tlachawpa ruahmanna a siam ang milin khua/veng hrang hranga Card siam runpui neih hunah siamtir theih a ni bawk ang.

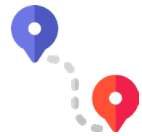
## 8. MUHCS hman theihna damdawiin

MUHCS hi Mizoram chhunga sawrkar damdawiin zawng zawngah leh Mizoram chhung leh pawna MUHCS empanelled Private damdawiinah te a hman theih ang.



## 9. Mizoram pawna MUHCS hmanga inenkawl dan

- 9.1. Mizoram pawna MUHCS hmanga inenkawl turte chu phaia an kal hmain Medical Referral Board (Civil Hospital, Aizawl emaw Civil Hospital, Lunglei) atangin Referral Letter lak hmasak tur a ni.
- 9.2. Refer Board atanga Referral Letter lak fel anih hnuah Mizoram State Health Care Society Office, Dinthar, Aizawlah in report hmasak leh ngei ngei tur a ni ang.
- 9.3. Mizoram State Health Care Society Office ah hian Final Authorization Letter lo pek an ni ang a, damlo ten buaina an tawh loh nan phai damdawiin an kalna tur atan ruahmanna siampui an nih hnuah phaia inenkawl turin an kal thei ang.



## 10. MUHCS hnuiaia inenkawlina kalhmang

MUHCS hnuiaia inenkawlina hi Package System-a kalpui a ni dawna, hemi hmang hian mipui ten mahni insengso lovin damdawiinah inenkawlina a dawn theih dawna, damdawiin te'n damlo a thlawna an enkawlina senso hi damdawiin hnenah sawrkar in a pe thung dawn a ni. Hemi atan hian package rate hrang hrang duan vek a ni.



### 10.1 Package rate hian heng a hnuiaia tarlante hi a huam vek a ni- (Sap ɽawnga tarlan a ni)

- 1) Bed charges inclusive of water, electricity, files/ stationery items
- 2) Admission fee
- 3) Hospital diet charges for the patient only
- 4) Doctor consultation/bedside visit charge
- 5) Nursing charge
- 6) Investigation cost which are relevant to reason for admission/diagnosis or treatment but excluding high end diagnostics. High end diagnostics such as MRI, PET scan etc. may be booked additionally for selected packages/ailments and will be covered under the cashless scheme.
- 7) Medicines and consumables. Consumables which are solely for the purpose of cure will be covered.
- 8) Surgery- OT charge, Surgeon charge, Assistant surgeon charge, Anaesthetist charge
- 9) Charges for oxygen, syringe pump, monitor, ventilator if required.
- 10) Therapeutic pleural and ascitic tapping
- 11) Bedside Physiotherapy

## 10.2 Package rate in heng a hnuai tarlante hi a huam tel ve lo thung- (Sap ɽawnga tarlan a ni)

- 1) Accommodation beyond entitlement
- 2) Treatment cost not related solely for the curative component of that particular hospitalization
- 3) Accommodation for attendants of ICU/NICU/ HDU patient.
- 4) Implant costs beyond the permissible package amount
- 5) Laundry Services
- 6) Extra/special attendant services
- 7) Soap, toothpaste and tooth brush
- 8) Newspaper and magazines
- 9) Mineral water
- 10) Hand sanitizer
- 11) Diaper
- 12) Unsterile gloves
- 13) Blood sugar testing machine and test strips (e.g., accucheck etc.)
- 14) Disposable sheets (eg. Underpads, Macintosh etc.)
- 15) Wheelchair
- 16) Air mattress
- 17) Crutch
- 18) Commode chair
- 19) Mouth wash
- 20) Moisturising lotion
- 21) Toilet paper
- 22) Tissue paper/wipes
- 23) Hot water bag, heat pouch, heat bag
- 24) Hand wash
- 25) Nurse cap/disposable cap
- 26) Cidex
- 27) Polythene/Plastic bag/Paper bag
- 28) Thermometer
- 29) Measuring cup
- 30) Urine pot
- 31) BP apparatus
- 32) Pulse oximeter
- 33) Shaving kit (eg. Easy glide etc.)
- 34) Bed pan
- 35) Apron
- 36) Nebulizer
- 37) Disposable shoe cover
- 38) Bath towel
- 39) Baby Bath

- |                             |                         |
|-----------------------------|-------------------------|
| 40) Steam Bath/Hydrotherapy | 45) Spirit              |
| 41) Disposal gown           | 46) Oxygen concentrator |
| 42) Plaster/Band aid        | 47) Suction machine     |
| 43) Cotton roll             | 48) CPAP, BiPAP, APAP   |
| 44) Mask                    |                         |

## 11. MUHCS in a huam telloh te

- 1) Admit ngailo natna/Inentirna (OPD/ Daycare hnuaiia bill theih natna tarlan tiam lovin)
- 2) Ka chung zai ngai lova ha enkawlna (ha phawi, ha tih var, brace vuah etc.)
- 3) Nunphung tibuai lo pianpui natna (club foot, cleft lip, cleft palate tiam lovin)
- 4) Sterilization leh Re-canalisation
- 5) Inzai lova nau neih pangngaia neih (Sawrkar hnathawkte tan a theih thung)
- 6) Vaccine man
- 7) Inhlam vang nilo pianhmang mawina tur atana plastic surgery emaw inenkawlna
- 8) Natna avang niloa serh tan
- 9) Tihpalh niloa mahni intihnat (intentional self-injury) enkawlna senso (Sawrkar hnathawkte tan a theih thung)
- 10) In lama inenkawlna senso (home dialysis tiam lovin)
- 11) Zu leh damdawi hmansual vanga Detoxification senso
- 12) Nikhaw hrelo khumbet rei tawh (persistent vegetative state)
- 13) Tarmit leh contact lens man
- 14) Refractive eye surgery (5.5 dioptre aia hniam)



- 15) Blepheroplasty - Kum 60 hnuailam an nihin (Kum 60 chin chunglam ah erawh chuan visual field 20% aia tlemlo obstruction a awm anih chuan MUHCS hnuaih pawm theih a ni thung ang)

## 12. MUHCS hnuaih admit kher ngailo OPD/ Daycare-a enkawl theih

- 1) Hepatitis B
- 2) Hepatitis C
- 3) Dialysis - kal thuah
- 4) Parenteral Chemotherapy - cancer leh natna benvawn dang (eg. Rheumatoid arthritis rituximab infusion mamawh) chemotherapy etc. khai ngai
- 5) Refractive Eye Surgery (5.5 dioptre chin chunglam)
- 6) Laser Therapy for Diabetic Retinopathy - Zunthlum vanga khawhmuh fiahlo zai ngai
- 7) Hemifacial Spasm/ Blepherospasm/ Cervical Dystonia requiring Therapeutic Botox injection - Hmai sawi, mit tha chaklo chiu ngai
- 8) Connective Tissue Diseases eg. SLE, DLE
- 9) Lithotripsy - Kala lung chhut sawm
- 10) Laparoscopic Therapeutic Surgeries - Zailoa inverh
- 11) Central Line Insertion - Central line dah
- 12) Chronic Heart Failure - Lung hnathawk tha tawhlo benvawn
- 13) Coronary Artery Disease - Lung thisen zam natna
- 14) Pulmonary Hypertension - Chuap pressure sang
- 15) Herniotomy under GA - Hnimhlum hmanga piantirh atanga tilmu puar zai
- 16) Chronic Anal Fissure under GA - Hnimhlum hmanga mawngkaw kak pilh zai



- 17) Circumcision under GA - Hnimhlum hmanga natna vanga serh tan
- 18) Diagnostic laparoscopic examination - Natna zawn nana zai lova verh
- 19) Thalassemia and other haematological disorders requiring repeated transfusions/treatment - thisen cancer nilo thisen lam natna
- 20) OME for Grommet Insertion under GA - Hnimhlum hmanga bengkherh tui tling siak chhuah
- 21) Myringoplasty (adults LA) - Kahhikna hmanga bengdar pawp thawm
- 22) Surgery for Cataract - Mit naute paw zai
- 23) Surgery for Squint (Adults only)- Mit kalh zai
- 24) Surgery for Glaucoma - Mit pressure sang zai
- 25) Laser procedure for Glaucoma - Laser hmanga mit pressure sang zai
- 26) Laser procedure for Posterior capsular opacity - Laser hmanga mit naute langtlanglo zai
- 27) Continuous Ambulatory Peritoneal Dialysis (CAPD) - In lama kal ðuahna tur pipe dah
- 28) Arteriovenous (AV) Fistula - Kal ðuah nana thisen zam zawm
- 29) Sensorineural/Mixed hearing loss - bengdar mamawh (Sawrkar hnathawk tan chauh)

## 13. Grievance

MUHCS hnuaiah hian mipui ten scheme kan hman kawnga harsatna kan neihte kan thlen theihna tur Grievance Redressal System siam a ni a. Kan harsatna emaw lungawilohna kan neihte hi phone call, letter leh online hmangin thlen theih a ni a. Heng Grievance te hi hunbi tiam chungga chinfel zel a ni ang.



## 14. Zawhna tlanglawn awm theite (FAQs)

Sl.	Zawhna & Chhanna
1)	<b>MUHCS hnuaiah hian engtia inziahlul tur nge?</b> MUHCS hnuaiah hian Online emaw Offline hmanga inziahlul theih a ni ang.
2)	<b>Khawi hmunah nge inziahlul tur?</b> Online a inziaklut remchanglo, offline a inziaklut turte tan Sub Centre-ah inziahlul theih a ni ang.
3)	<b>Inziahlul nan enge ken ngai?</b> MUHCS hnuaia offline-a inziaklut turte tan Ration Card leh chhungkaw member zawng zawng Aadhaar card ken tur a ni ang.
4)	<b>Duh duh huna inziahlul theih a ni em?</b> MUHCS hnuaiah hian inziahlul theih hunchhung hawn a ni a, inziahlul theih hun pawn lamah chuan inziahlul theih a nilo ang.
5)	<b>Inziahlul hun hawn chhung pangngai piah lamah inziahlul hun hawn belh a ni ang em?</b> Inziahlul hun chhung pangngai piah lamah Grace period thla 1 chhung hawn a ni ang a, Grace period a inziaklutte tan erawh 'Late Fee' inziahlul man pangngai aia 50% a sang chawi a ngai ang.
6)	<b>Ration card pakhat aia tam nei chhungkaw tan inziahlulna engtia kalpui tur nge?</b> MUHCS hnuaia inziahlulna hi Ration Card mil zela kalpui tur a ni. Chhungkaw khatin Ration Card pakhat aia tam an nei anih chuan an Ration Card-a chhungkua an inthen hran dan milin MUHCS hnuaiah pawh chhungkaw hrang anga an inziahlul a ngai.
7)	<b>Ration card neilo chhungkaw tan inziahlul theih dan kawng a awm em?</b> Mizoram khua leh tui ni si, Ration Card neilo ( <i>Ration Card surrender, chhan dang vanga Ration Card neilo etc.</i> ) chhungkaw tan VC/LC hriatpuina - chhungkaw member list <i>kimchang (Hming, Pianni, Sex, Chhungkaw hotu nena inlaichhina)</i> lanna lehkha hmangin an inziaklut thei ang.

Sl.	Zawhna & Chhanna
8)	<p><b>Inziahluhna man hi refund theih a ni em?</b>  Inziahluhna man hi refund theih a nilo ang. AB PM-JAY hmang thei chungkua, hriatloh vanga MUHCS hnuaiia man chawia inziaklutte erawh chu an inziahluhna man refund theih a ni ang.</p>
9)	<p><b>Offline (sub centre) a inziaklut tan online-a in register ve leh kher a ngai em?</b>  Offline-a inziaklutte tan Online hmanga a hrana in register a ngai tawh chuanglo.</p>
10)	<p><b>Online emaw Offline-a inziaklut tan damdawiin a scheme hamthatna dawng turin inziahluhna lehkha neih kha a tawk em?</b>  Online emaw Offline-a inziahluh fel hnuah inziahluhna lehkha hmangin Card (MUHCS card) siam tur a ni ang. Chhungkaw member tinin MUHCS card hran theuh an nei ang. He card hi scheme hnuaiia hamthatna dawng turin neih hmasak ngei ngei a ngai a ni.</p>
11)	<p><b>MUHCS hnuaiia inziahluhna hi kum tin renew ngai a ni em?</b>  MUHCS hnuaiia inziahluhna hi kum tin (Policy year) tin renew zel a ngai.</p>
12)	<p><b>MUHCS hnuaiiah hian eng hamthatna nge awm thei?</b>  MUHCS hnuaiiah hian damlo ten mahni in sengso loin, a thlawna enkawlna, damdawiin an luh atanga an chhuah thlengin an dawng thei dawn a ni.</p>
13)	<p><b>Khawi damdawiin ah te nge MUHCS hi hman theih a nih?</b>  Mizoram chhunga sawrkar damdawiin zawng zawngah leh Private damdawiin MUHCS hnuaiia empanelled ah te a hman theih ang.</p>
14)	<p><b>Phai lama inenkawl nan MUHCS hi a hman ve theih dawn em?</b>  Mizoram chhung mai bakah phai lama in enkawl nan pawh MUHCS hi hman theih a ni ang. Mizorama pawna empanelled damdawiinah te hman theih a ni ang. Mizoram pawna in enkawl tur tan Medical Referral Board atangin Refer lehkha lak hnuah phai kal hma in Mizoram State Health Care Society Office, Dinthar, Aizawlah in report hmasak leh tur a ni.</p>



Sl.	Zawhna & Chhanna
15)	<p><b>MUHCS hamthatna dawng theite tan khawi hmunah nge MUHCS card a siamtir theih ang?</b></p> <p>MUHCS card hi empanelled damdawiinah leh Mizoram State Health Care Society Office, Dinthar, Aizawlah siamtir theih a ni ang. Mizoram State Health Care Society in tlachawpa ruahmanna a siam ang milin khua/veng hrang hranga Card siam runpui neih hunah siamtir theih a ni bawk ang.</p>
16)	<p><b>Sawrkar hnathawk tan MUHCS hnuaiah a inziahlul ve theih em?</b></p> <p>Sawrkar hnathawk, PE/MR te leh an dependent family member te chu MUHCS hnuaia lut sa an nih avangin a hrana inziahlul ve a ngailo. MUHCS card erawh an siamtir ve a ngai thung.</p>
17)	<p><b>Pensioner tan MUHCS hnuaiah a inziahlul ve theih em?</b></p> <p>Pensioner leh an chungkua te chu MUHCS hnuaia lut sa an nih avangin a hrana inziahlul ve a ngailo. MUHCS card erawh an siamtir ve a ngai thung.</p>
18)	<p><b>AB PM-JAY hnuaia Ayushman Card (Golden Card) nei tan MUHCS hnuaiah inziahlul ve a ngai em?</b></p> <p>AB PM-JAY 'Ayushman Card/ Golden Card' nei theite chu MUHCS hnuaiah hian a hranpaa inziahlul a ngailo. Golden Card lo nei tawh, chungkaw dinhmun leh khawsak ziaawm tawh vanga Golden Card aia man chawia inziaklut duh tan an Golden Card tih thih hnuah man chawia inziaklutte hamthatna dawn theih ang an dawng ve thei ang.</p>

## 15. Link pawimawh te

MUHCS kaihnawih link pawimawh hrang hrang (online enrolment tihna link etc.) bakah information leh thutharte a hnuaia QR code scan hian englai pawhin en theih reng a ni e.



<https://linktr.ee/muhcs>





Issued by  
**MIZORAM STATE HEALTH CARE SOCIETY**  
Dinthar, Aizawl