

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT, MINECO, AIZAWL-796001**

...

Dated Aizawl, the 2nd July, 2025.

NOTIFICATION

No.A.11013/4/2006-HFW: In the interest of public service, the Competent Authority hereby notified syllabus for direct recruitment to the post of Assistant Professor, Mizoram College of Nursing (MCON) under Health & Family Welfare Department (PML-10) as appended in the Annexure.

This is issued with the approval of DP&AR (GSW) vide their ID. No. A. 12011/6/2025-GSW-DPAR, Dt., 18th June, 2025.

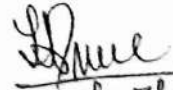
Sd/-H. LALENGMAWIA

Commissioner & Secretary to the Govt. of Mizoram
Health & Family Welfare Department

Memo No.A.11013/4/2006-HFW : Dated Aizawl, the 2nd July, 2025

Copy to:

1. PS to Hon'ble Minister, Health & Family Welfare Department.
2. PS to Secretary, Health & Family Welfare Department.
3. Principal Director, Health & Family Welfare Department.
4. Director of Health Services/Hospital & Medical Education/ AYUSH/ ZMC/Nursing, Mizoram.
5. Chairman, Mizoram Public Service Commission (MPSC).
6. Controller, Printing & Stationery with 2 (two) copies and a soft copy for publication in the Official Gazette.
7. Under Secretary, DP&AR (GSW).
8. Principal, Mizoram College of Nursing (MCON), Falkawn.
9. Web Manager, I.T.Section, (HRIS), Directorate of Health Services


02/07/2025

(LALHLIMPUII HMAR)

Under Secretary to the Govt. of Mizoram
✓ Health & Family Welfare Department

**Approved Syllabus of Assistant Professor for
Mizoram College of Nursing
under Health & Family Welfare Department**

1. The Examination shall consist of Written Examination and Personal Interview.
2. The written Examination shall comprise of the following papers:
 - i. General English : 100 Marks
 - ii. General Studies : 100 Marks
 - iii. Technical Subject Paper- I : 200 Marks
 - iv. Technical Subject Paper- II : 200 Marks
 - v. Technical Subject Paper- III : 200 Marks
3. Technical Subject Papers I & II will be based on the specialty of each candidates
 1. Medical Surgical Nursing
 2. Mental Health Nursing
 3. Obstetric and Obstetrical Nursing/Gynecological Nursing
 4. Community Health Nursing
 5. Child Health Nursing
4. Technical Subject Paper III will be common paper for all candidates.
5. Written Examination for each paper will be of 3 hours duration with compensatory time 20 minutes per hour for persons with benchmarked disabilities or as prescribed by the Government from time to time.
6. Question papers for the written examination will be set in English.
7. 50% of the question papers in Technical Subject Papers I,II and III will be of conventional essay type and 50% will be of Objective/MCQ type.
8. Personal interview shall carry 100 marks.



DETAILED SYLLABUS

1. General English 100 marks

- | | | |
|-----|---------------------------------|----------|
| (a) | Précis Writing | 14 Marks |
| (b) | Letter Writing | 10 Marks |
| (c) | Comprehension of given passages | 10 Marks |
| (d) | Grammar: Parts of Speech | 30 Marks |
| (e) | Correct usage and vocabularies | 16 Marks |
| (f) | Formation of Sentence | 20 Marks |
| (i) | Verbs | |

Tenses: Present/past forms, Simple/continuous forms, Perfect forms, Future time reference

- (ii) Sentence Structure

Connectors

Types of Sentences : Affirmative/interrogative sentences, Negotiation, Exclamations

Types of Phrases and Clauses: Finite and non-finite subordinate clauses, noun clauses and phrases, adjective clauses and phrases, adverb clauses and phrases

Narration (Direct and Indirect Speech)

2. General Studies (MCQ) 100marks

- | | | | |
|-----|--|---|----|
| (a) | Current events of state, national and international importance | : | 12 |
| | marks | | |
| (b) | History of India and Indian National Movement | : | 12 |
| | marks | | |
| (c) | Indian and World Geography - Physical, Social, Economic | | |
| | Geography of India and the World | : | 12 |
| | marks | | |
| (d) | Indian Polity and Governance - Constitution, | | |
| | Political System, Public Policy, Duties & Rights Issues | : | 12 |
| | marks | | |
| (e) | Economic and Social Development, Sustainable Development, | | |
| | Poverty, Inclusion, Demographics, Social Sector initiatives, and | | |
| | other related issues | : | 12 |
| | marks | | |
| (f) | General issues on Environmental Ecology, Bio-diversity and | | |
| | Climate | : | 12 |
| | marks | | |
| (g) | General Science | : | 12 |
| | marks | | |

The topics listed above shall cover the State of Mizoram wherever applicable.

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|-----|---|---|----------|
| (h) | General awareness on Mizo culture, its heritage and society | : | 16 marks |
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TECHNICAL PAPER I

Technical Papers I & II will be based on the specialty of each candidate. For details of a
Technical papers I, II & III refer Indian Nursing Council Syllabus for M.Sc Nursing

MEDICAL SURGICAL NURSING- I (200 marks)

Unit	Content	Marks
I	Introduction to Medical Surgical Nursing	10
II	Health Assessment of patients	20
III	Care in hospital settings	10
IV	Management of patients with disorders of Gastrointestinal tract	30
V	Management of patients with disorders of nervous system	20
VI	Management of patients with disorders of respiratory system	30
VIII	Management of patients with disorders of blood	30
IX	Management of patients with disorders of genitourinary system	20
X	Management of patients with disorders of musculo-skeletal system	30
Total		200

OBSTETRIC AND GYNAECOLOGICAL NURSING-I (200 marks)

Unit	Content	Marks
I	Introduction to Obstetric and Gynecological Nursing	4
II	Human reproduction	20
III	Pregnancy	40
IV	Normal Labour and nursing management	40
V	Normal puerperium and nursing management	20
VI	Normal Newborn	20
VII	Pharmaco-dynamics in obstetrics	20
VIII	Family welfare services	10
IX	Infertility	10
X	Menopause	6
XI	Abortion	10
Total		200

CHILDHEALTH(PAEDIATRIC)NURSING-I (200 marks)

Unit	Content	Marks
I	Introduction to Child Health (Pediatric) Nursing	20
II	Assessment of pediatric clients	10
III	Hospitalized child	10
IV	Pre-natal Pediatrics	20
V	Growth and Development of children	30
VI	Behavioral Pediatrics and Pediatric Nursing	30
VII	Preventive Pediatrics and Pediatric Nursing	30
VIII	Neonatal Nursing	30
IX	IMNCI	20
Total		200

MENTAL HEALTH (PSYCHIATRIC)NURSING-I (200 marks)

Unit	Content	Marks
I	Introduction of Mental Health (psychiatric) Nursing	20
II	Concepts of Psychobiology	16
III	Theories of Personality Development and relevance to nursing Practice	14
IV	Stress and its management	16
V	Therapeutic communication and interpersonal relationship	14
VI	Assertive Training	14
VII	Promoting Self-Esteem & Women and Mental Health	16
VIII	The nursing process in psychiatric/mental health nursing	10
IX	Psychosocial and physical therapies	30
X	Electroconvulsive Therapy	10
XI	Psychopharmacology	26
XII	Alternative System of Medicine in Mental Health	14
Total		200



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COMMUNITY HEALTH NURSING-I (200 marks)

Unit	Content	Marks
I	Introduction to Community Health Nursing	20
II	Health	20
III	Population dynamics and control	40
IV	Community health Nursing	30
V	Maternal and neonatal care, including vaccines & immunization	40
VI	Disaster nursing (INC module on Reaching out: Nursing Care in emergencies)	10
VII	Information, education and communication	10
VIII	Health care delivery system: Urban, rural, tribal and difficult areas	30
Total		200



TECHNICAL PAPER-II

For details of all Technical papers I, II & III refer Indian Nursing Council Syllabus for M.Sc Nursing

MEDICAL SURGICAL NURSING-II (200 marks)

Unit	Content	Marks
I	Management of patients with disorders of cardio vascular system	30
II	Management of patients with disorders of Endocrine system	30
III	Management of patients with disorders of integumentary system	20
IV	Management of patients with disorders of Eye and ENT	20
V	Geriatric nursing	10
VI	Management of patients with communicable and sexually transmitted diseases	20
VII	Emergency, trauma and multi-system organ failure, including CPR-BLS & ACLS	30
VIII	Intensive Care Unit 1. Quality assurance. ✓ Standards, Protocols, Policies, Procedures. ✓ Infection control; Standard safety measures ✓ Nursing audit ✓ Design of ICCU/ICTU ✓ Staffing; cardiac team. ✓ Burn out syndrome • Nurse's role in the management of I.C.C.U and ICTU 2. Oxygen delivery systems. • Nasal Cannula • Oxygen mask, Venturi mask. • Partial rebreathing bag. • BI-PAP and C-PAP masks. • Uses, advantages, disadvantages, nursing implications of each. 3. Mechanical Ventilation • Principles of mechanical ventilation. • Types of mechanical ventilation and ventilators. • Modes of ventilation, advantage, disadvantages, complications. • PEEP therapy, indications, physiology, and complications. • Weaning off the ventilator. • Nursing assessment and interventions of ventilated patient. • Rehabilitation and follow-up.	20
IX	Oncology: • Assist with diagnostic procedures • Assist with therapeutic procedures and Nursing management: Chemotherapy, Radiotherapy, Stomal therapy, hormonal, immunotherapy, gene therapy. Palliative care.	20
Total		200

PSYCHIATRIC (MENTAL HEALTH)NURSING-II (200 marks)

Unit	Content	Marks
I	CrisisIntervention	10
II	Anger/AggressionManagement	6
III	TheSuicidalClient	8
IV	DisordersofInfancy,Childhood,andAdolescence	10
V	Delirium,Dementia,andAmnesticDisorders	8
VI	Substance-RelatedDisorders	14
VII	SchizophreniaandOtherPsychoticDisorders(CheckICD10)	12
VIII	MoodDisorders	12
IX	AnxietyDisorders	12
X	SomatoformAndSleepDisorders	10
XI	DissociativeDisordersandManagement	6
XII	SexualAndGenderIdentityDisorders	6
XIII	EatingDisorders	6
XIV	AdjustmentandImpulseControlDisorders	6
XV	MedicalConditionsduetoPsychologicalFactors	4
XVI	PersonalityDisorders	10
XVII	The Aging Individual	8
XVIII	ThepersonlivingwithHIVDisease	6
XIX	ProblemsRelatedtoAbuseorNeglect	6
XX	CommunityMentalHealthNursing	10
XXI	Ethical andLegalIssuesin Psychiatric/MentalHealth Nursing	8
XXII	Psychosocialrehabilitation	6
XXIII	Counseling	8
XXIV	Administrationand managementof psychiatricunits including emergencyunits	8
Total		200



OBSTETRIC AND GYNAECOLOGICAL NURSING-II (200 marks)

Unit	Content	Marks
I	Management of problems of women during pregnancy	40
II	Pregnancies at risk due to pre-existing health problems	30
III	Abnormal labour, pre-term labour & obstetrical emergencies	40
IV	Postpartum complications	20
V	High Risk Newborn	30
VI	HIV/AIDS	6
VII	Gynecological problems and nursing management	20
VIII	Administration and management of obstetrical and gynecological unit	4
IX	Education and training in obstetrical and gynecological care	10
Total		200

CHILD HEALTH (PEDIATRIC) NURSING-II (200 marks)

Unit	Content	Marks
I	Introduction : principles, practices, trends & role	4
II	Pathophysiology, assessment (including interpretation of various invasive and non-invasive diagnostic procedures), treatment modalities and nursing intervention in selected pediatric medical disorders	40
III	Assessment (including interpretation of various invasive and non-invasive diagnostic procedures), treatment modalities including cosmetic surgery and nursing interventions in selected pediatric surgical problems/ Disorders	40
IV	Intensive care for pediatric clients	20
V	High Risk Newborn	30
VI	Developmental disturbances and implications for nursing	10
VII	Challenged child and implications for nursing	20
VIII	Crisis and nursing intervention	10
IX	Drugs used in Pediatrics	10
X	Administration and management of pediatric care unit	10
XI	Education and training in Pediatric care	6
Total		200



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COMMUNITY HEALTH NURSING-II (200 marks)

Unit	Content	Marks
I	Epidemiology	20
II	National Health and Family Welfare Programmes	40
III	School Health	20
IV	International health	20
V	Education and administration	20
VI	Geriatric	20
VII	Rehabilitation	20
VIII	Community mental health	20
IX	Occupational health	20
Total		200



TECHNICAL SUBJECT PAPER – III (COMMON PAPER)

(200 marks)

For details of all Technical papers I, II & III refer Indian Nursing Council Syllabus for M.Sc Nursing

A. NURSING EDUCATION.

Unit	Content	Marks
I	INTRODUCTION : Definition, aims, concepts, professional education, current trends and issues	10
II	TEACHING- LEARNING PROCESS : Definition, concepts, aims and objectives. Lesson plan, instructional methods	20
III	MEASUREMENT, EVALUATION AND TESTS : Definitions, formative & summative assessment. Essay, Short answer Question, Multiple choice question DSCE/OSPE	10
IV	GUIDANCE AND COUNSELING : Concepts, principles and techniques and problems	10
V	CURRICULUM DEVELOPMENT : Definition, process & steps. Master plan, course plan and unit plan	10
Total		60

B. ADVANCED NURSING

Unit	Content	Marks
I	NURSING AS A PROFESSION : Definitions, History of development of Nursing Global and National. Code of ethics, code of professional conducts, quality assurances in nursing	10
II	THEORIES OF NURSING : Nightingale's, Handerson's, Peplau's, Abdella's, Orem's	10
III	NURSING PROCESS APPROACH : Health assessment, nursing care plan, diagnosis, implementation and evaluation	10
IV	NURSING PRACTICE : Scope, trends, extended & expanded role of nursing, Gender issues and woman empowerment, Disaster Nursing, Geriatric, evidenced base nursing	20
Total		50

C. NURSING RESEARCH & STATISTICS

Unit	Content	Marks
I	INTRODUCTION : Definitions, Characteristics, types of research, Research problems	10
II	Sampling, tools and methods of data collections, analysis and interpretation	10
III	STATISTICS : Definitions, uses, purposes measures of central tendency, measures of variability and testing of hypothesis	10
Total		30

D. NURSING ADMINISTRATION

Unit	Content	Marks
I	INTRODUCTION : Definition, meaning, scope and principle	10
II	PLANNING, ORGANISING, DIRECTING & CONTROLLING : Concepts, types, Principles, Definitions	10
III	LEADERSHIP : Concepts, types, styles effective leader, critical thinking & decision making	20
IV	MATERIAL MANAGEMENT : Concepts, Principles, VED (Very important & essential Daily use), ABC analysis, Inventory Control	10
V	LEGAL AND ETHICAL ISSUES : Definitions, Legal issues in nursing – negligence malpractice, invasion of privacy, torts, battery, patients' rights, infection control	10
Total		60

Grand total of Paper III (A+B+C+D) = 60+50+30+60 = 200 marks

