

e-BOOK

Important Achievements of Various Programmes under Health & Family Welfare Department Government of Mizoram (2024-2025)



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ACHIEVEMENT OF VARIOUS PROGRAMMES DURING 2024-25

DIRECTORATE OF HEALTH SERVICES

ESTABLISHMENT SECTION :

Sl. No.	Particulars	Gr-A	Gr-B	Gr-C	Gr-D	Others	Total	Remarks
1	2	3	4	5	6	7	8	9
1	Regularization of State Contract/ PE under DHS	-	-	31	-	-	31	Government conveyed approval for regularization service in respect of 31 (thirty one) nos. of Health Worker engaged on PE under CSS funding on 17.06.2025
2	Engagement of State Contract and Provisional Employees under DHS.	-	-	45	2	-	47	I. <u>Approval for continuous engagement of 1(one) Contract Employee w.e.f.1.3.2025 to 28.2.2026 under DHS was conveyed by the Government:</u> 1) ECG Technician = 1 (one). II. <u>Approval for continuous engagement of 46 (fifty two) nos. of Provisional Employees w.e.f.1.3.2025 to 28.2.2026 under DHS was conveyed by the Government:</u> 1) Enforcement Assistant = 7 (seven). 2) Health Worker Male) = 37 (thirty seven). 3) Group 'D' = 2 (two).

6	Contract/ Muster Roll (Co-terminus) under DHS.	3	8	9	6	-	26	<u>Approval for continuous engagement of 11 nos. of Contract and 15 nos. of Muster Roll on Co-terminus basis w.e.f.01.03.2025 to 28.02.2026 under DHS was conveyed by the Government:</u> 1) Drugs Inspector (Contract) on Co-terminus basis = <u>3 (three)</u>. 2) Assistant Drugs Inspector (Contract) on Co-terminus basis = <u>8 (eight)</u>. 3) Data Entry Operator (Muster Roll) Co-terminus basis = <u>9 (nine)</u>. 4) Group 'D' (Muster Roll) on Co-terminus basis = <u>6 (six)</u>.
7	a) Approval for filling up of posts (i.e. regular/ Contract/ Provisional Employees)	-	3	106	2	-	111	I. Government conveyed approval for filling up of Group 'B' posts = 3 posts. 1) Approval for filling up of 3 (three) posts of Junior Analyst on Contractual basis on 24.04.2025 = 3 posts. II. Government conveyed approval for filling up of Group 'C' posts = 103 posts. 1) Approval for filling up of Health Worker regular basis on 08.04.2025 = 100 posts. 2) Approval for filling up of 1 (one) post of LDC on PE on 24.04.2025 = 3 posts. 3) Approval for filling up of 2 (two) posts of Laboratory Assistant on PE on 24.04.2025 = 3 posts. III. Government conveyed approval for filling up of Group 'D' posts = 2 posts. 1) Approval for filling up of 2 (two) posts of Group 'D' on PE on 24.04.2025 = 2 posts.
	c) Casual Employee basis	4	363	11	100	-	478	I. Government conveyed approval for engagement of Group 'A' on Casual basis = 4 posts. 1) Engagement of Medical Officer as Casual basis on 03.04.2025 = 4 posts. II. Government conveyed approval for filling up of Group 'B' posts on Casual basis = 363 posts. 1) Engagement of Dialysis Technologist as Casual basis on 03.04.2025 = 9 posts.

								2) Engagement of Laboratory Technologist as Casual basis on 03.04.2025 = 10 posts. 3) Engagement of X-Ray Technologist as Casual basis on 03.04.2025 = 16 posts. 4) Engagement of Pharmacist as Casual basis on 03.04.2025 = 6 posts. 5) Engagement of Public Relations Officer as Casual basis on 03.04.2025 = 4 posts. 6) Engagement of Account Officer as Casual basis on 03.04.2025 = 3 posts. 7) Engagement of Data Manager as Casual basis on 03.04.2025 = 15 posts. 8) Engagement of Nursing Officer as Casual basis on 03.04.2025 = 300 posts. III. Government conveyed approval for filling up of Group 'C' posts on Casual basis = 11 posts. 1) Approval for filling up of Driver as casual basis on 22.05.2025 = 11 posts. IV. Government conveyed approval for filling up of Group 'D' posts on Casual basis = 100 posts. 1) Engagement of Multi-task Worker as Casual basis on 23.04.2025 = 100 posts.
	Total	7	374	202	110			-



DHS New Building, MINECO, Khatla

ACHIEVEMENT OF PLANNING SECTION UNDER DHS :

I. Construction of various Department buildings under NABARD Loan

- 1) NABARD RIDF XXVII - Rs. 20,18,41,200/-**
(Construction of PHC – 1 no., Sub-Centre – 27 nos., Type-IV Quarter – 1 no., Type-I Quarter – 20 nos.). Work is nearly to be completed.
- 2) NABARD RIDF XXIX - Rs. 20,00,54,000/-**
(Construction of SDH – 1 no., PHC – 2 nos., Sub-Centre – 8 nos., Type-IV Quarter – 2 nos., Type-I Quarter – 2 nos.). Work is in progress.
- 3) NABARD RIDF XXIX (Additional) - Rs. 5,00,00,000/-**
(Construction of Sub-Centre – 6 nos., Sub-Centre Quarter – 2 nos., Type-IV Quarter – 2 nos.). Work is in progress.
- 4) NABARD RIDF XXX - Rs. 25,00,00,000/-**
(Construction of Community Health Centre (CHC) – 1 no., Primary Health Centre (PHC) – 2 nos. , Type IV Quarter – 2 nos., Sub-Centre – 10 nos. , Type-1 Quarter – 10 nos.)

II. Under North Eastern Council (NEC) fund amounting to Rs. 13.00 crore is sanctioned for Construction of Central Medical Warehouse at Muallungthu. Work is in progress.

III. Fund amounting to Rs. 840.00 lakhs is received for Strengthening of Primary Health Infrastructure through Local Communities in Mizoram under Special Assistance to States for Capital Investment (SASCI).

ENGINEERING SECTION UNDER DHS:

Kum 2024-2025 chhunga Engineering Section, Health & Family Welfare Department-in Directorate of Health Services hnuaia Civil Work hna a thawh zawh te (Achievement) chu a hnuaia mi ang hi a ni e –

- i) Construction of Sub-Centre buildings at Mualthuam N, Rianglei, Tapho, N.Khawlek, Hualngohmun, Khawrihnim & Hmuntha.
- ii) Construction of Sub-Centre quarters at Hualngohmun and Khawrihnim.
- iii) Re-construction of Type-IV quarter at Tlabung.
- iv) Construction of PHC Annexe building no.1,2,3 & 4 at Bualpui NG.
- v) Construction of Reiek PHC Annexe building.



PROCUREMENT & FAMILY WELFARE SECTION UNDER DHS:

A. PROCUREMENT SECTION :

During 2024-25, under Procurement Section, Directorate of Health Services, the following are the achievement report:-

- 1) From B.E. State fund 2024-25, Rs. 57.00,000/- is utilized for purchase of medicine.
- 2) From R.E. State fund (SASCI Health Clinic Strengthening), Rs. 119,67,116/- is utilized for purchase of equipment/ instruments and furnitures.

B. FAMILY WELFARE SECTION :

Achievements of Temporary and Permanent Method under Family Welfare Programme are as follows:-

Sl. No.	Item	Total (from 2024 to 25)
1	New pregnant women registered for ANC	21254
2	Eligible Couple	127497
3	Male Sterilization	0
4	Female Sterilization	1068
5	IUD Insertion	1481
6	Inj. Contraceptive MPA (all doses given)	5754
7	Oral Contraceptive Pill (cycles) distributed	111565
8	Condom distributed	228838
9	Centchroman (weekly) pill distributed	2717
10	Emergency Contraceptive Pills (ECP) distributed	3725
11	Pregnancy Test Kits (PKT) utilized	28508



DIRECTORATE OF HOSPITAL & MEDICAL EDUCATION

1. Establishment of Dialysis Unit at District Hospital, Lawngtlai funded by NEC with an amount to Rs. 63.55 lakh was completed in September, 2024.
2. Project-Strengthening Health Infrastructure Development for comprehensive response to possible outbreak of COVID-19 in Mizoram funded by NESIDS with an amount to Rs. 1608.72 lakh was completed in September, 2024.
3. Construction of 100 Bedded District Hospital In-Patient Department at Mamit, Mizoram amounting to Rs. 1793.40 lakh was completed in 04.03.2025.
4. The project proposal of Construction of Civil Hospital Aizawl Block A& B at Aizawl, Mizoram amounting to Rs. 8817.00 was approved by Ministry of Minority Affairs, Govt. of India.
5. Setting up of 3D Printing Dental spoke at Serchhip which was a development initiative taken by the Chief Minister of Mizoram from Amtron Company and launched by him on 1st October, 2024.
6. State Organ Transplantation Organization (SOTTO), Mizoram has been transferred from Zoram Medical College & Hospital to Directorate of Hospital & Medical Education on February 2024. One Consultant (IEC & Media), one Transplant Co-ordinator and one Programme Officer was recruited on 15.1.2025. It is expected that organ transplantation can be done in Mizoram in near future.
7. Various posts under Health & Family Welfare Department has been filled up. Senior Grade of MHS (Specialist Sub-Cadre) 1 (one) post was recruited in 8th October, 2024. Senior Grade of MHS (Specialist Sub- Cadre) 2 (two) posts was recruited in 6th November, 2024. Group 'D' 6 (six) regular posts was recruited in 6th August, 2024 for Directorate of Hospital & Medical Education. Group 'D' 4 (four) posts P.E. was recruited in 8th October, 2024 for Oxygen Refilling Plant (Station), Pukpui, Lunglei under Directorate of Hospital & Medical Education. Junior Grade of MHS (Super Specialist Sub-Cadre) Department of Cardiology under H & F.W 1 (one) post was recruited in 16th January, 2025.



DHME New Building, MINECO, Khatla

DIRECTORATE OF NURSING:

1. Administrative Jurisdiction for Directorate of Nursing was notified on 6th November, 2024 which includes all Government Nursing Institution & Nursing Personnel under H&FW Department.
2. Under Mizoram Universal Health Care Scheme (MUCHS), 300 (three hundred) Nursing Officers were employed on a Casual basis.
3. National Award: Ms. V. Lalmangaihi, Nursing Officer at Civil Hospital Aizawl, was conferred the prestigious National Florence Nightingale Award 2025 by the President of India. She is the 17th recipient of this esteemed award from the nursing fraternity of Mizoram.
4. Upgradation of GNM School to College under CSS, 'Development of Nursing Services':
 - Nursing School, Lunglei:

A total project cost of ₹7.00 crore was sanctioned. The first installment of ₹3.75 crore has been utilized. An amount of ₹2.35 lakh has been received as part of the second and final installment.
 - School of Nursing, Thingdawl:

A total project cost of ₹7.00 crore was sanctioned. The first installment of ₹1.52 crore has been received. The second installment is currently awaited.
5. Strengthening of Infrastructure Rs. 5.7 crore & Equipment Rs. 3 crores Sanctioned by World Bank for Mizoram College of Nursing to open new courses of M.Sc. Nursing & Post Basic B.Sc. Nursing Courses.



New Building, Directorate of Nursing, MINECO Khatla.

NATIONAL AYUSH MISSION : DIRECTORATE OF AYUSH

1. 10 bedded Integrated Ayush hospital at Keifang, Saitual is under construction and 25% of the work is completed.
2. 50 bedded Integrated Ayush hospital at Kulikawn, Aizawl is under construction and 18% of the work is completed.
3. 95% of Physical work for the construction of Ayush development centre at MINECO is completed.
4. Recruitment of 2 nos. of M.O,AYUSH and 3 nos. of Staff Nurse under standalone Ayush hospital was completed.
5. Recruitment of 1(one) Pharmacist, 2 nos. of Health Worker(ANM) and 1(one) Dispenser under 50 Bedded Integrated Ayush, Thenzawl was completed.
6. The total number of patients who attended the daily Ayush OPD during the month of December 2024 - January 2025 is 11979.
7. The State Medicinal Plants Board (SMPB), Mizoram, Directorate of AYUSH and Krishi Vigyan Kendra (KVK) North Vanlaiphai, Serchhip District, have made a significant step to boost medicinal plant cultivation by signing a Memorandum of Understanding (MoU) worth ₹ 50 lakhs (Rupees Fifty Lakhs). This partnership, under the Project "Forward and Backward Linkage supply chain of Medicinal Plants- Integrated Component," focuses on providing Quality Planting Materials (QPM) of Medicinal Plants to the Cultivators to ensure the project's success.

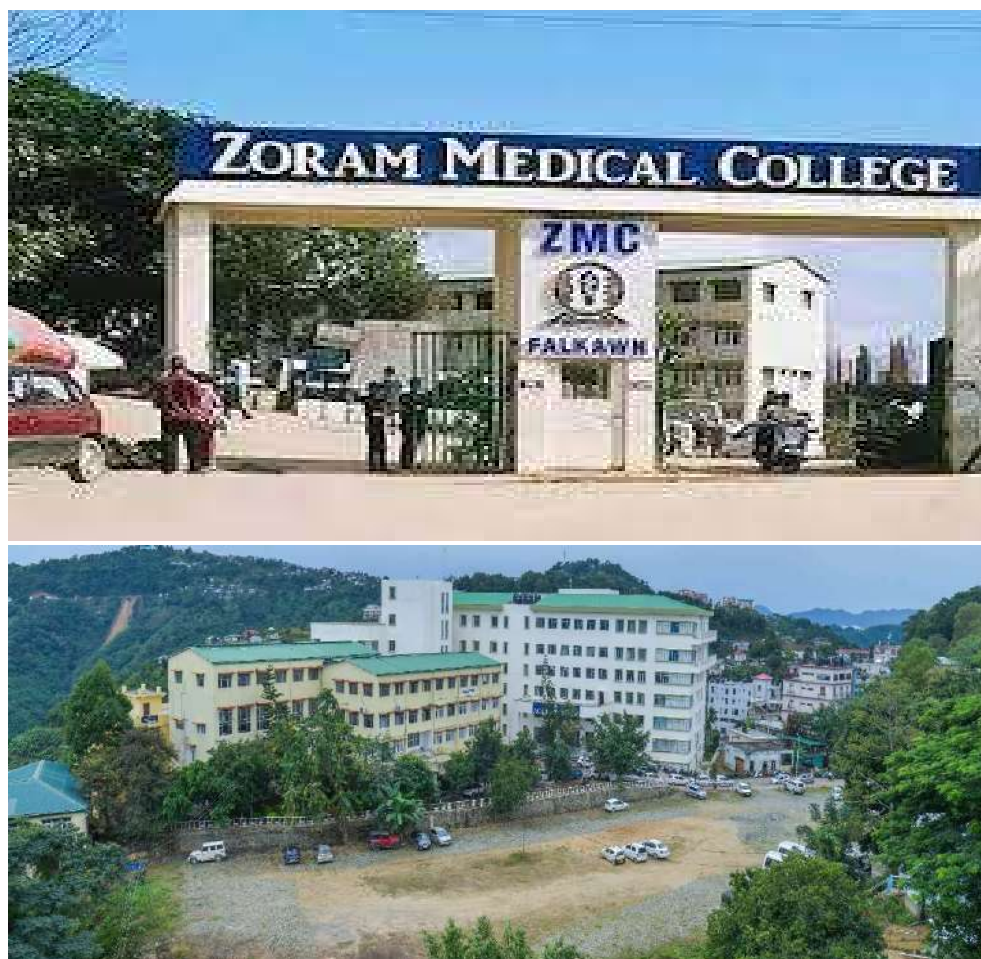


AYUSH Hospital Building, Thenzawl

**ACHIEVEMENTS OF ZORAM MEDICAL COLLEGE
(2024 – 2025)**

1. Various recruitments were conducted during the year 2024 – 2025, the following teaching and non-teaching staff were appointed.
 - 1) Registrar – 1 No
 - 2) Professor – 3 Nos
 - 3) Associate Professor – 4 Nos
 - 4) Assistant Professor – 15 Nos
 - 5) Senior Resident – 14 Nos
 - 6) Demonstrator – 3 Nos
 - 7) Junior Resident – 24 Nos
 - 8) Clinical Psychologist – 1 No
 - 9) Dietician – 2 Nos
 - 10) Prosthetic & Orthotic Technician – 1 No
2. The 2nd Batch of MBBS students from the 2019 Regular Batch have successfully completed the one year Compulsory Rotating Medical Internship (CRMI) at ZMC&H.
3. Currently, there are 495 MBBS students studying at ZMC&H where 78 are internees from the 2019 Batch of MBBS Regular & FMGs and the details is as below:
 - i) MBBS 2018 Batch - 1 student
 - ii) MBBS 219 Regular Batch - 72 students
 - iii) Foreign Medical Graduates [as per NMC] - 5 students
4. Nos of Post [Faculty & Non-Faculty] Creation for ZMC&H:
 - i) Faculty - 4
 - ii) Non-Faculty - 45
5. For future growth and better management of ZMC&H, the Governor of Mizoram had converted the erstwhile Zoram Medical College including the attaching hospital – State Referral Hospital to a fully Government Medical Institution; combining the 2 and renamed it Zoram Medical College & Hospital *vide* the Notification No. B.14011/3/2025-HFW/8 dated 29.1.2025.
6. Master of Public Health (MPH) course was launched by Zoram Medical College (for the first time in the state) in collaboration with Jodhpur School of Public Health, Jodhpur and affiliated to Mizoram University. The course was launched by the Hon'ble Chief Minister of Mizoram on 30th October, 2024. Six (6) students were admitted to this MPH course for 2024 batch.
7. To open the Post Graduate course [MD/MS] at ZMC&H within 2025-26 academic year, application is submitted to the National Medical Commission for the opening of Post Graduate Course in the following 5 subjects:
 - i) Anaesthesiology - 2 seats
 - ii) General Medicine - 2 seats
 - iii) General Surgery - 2 seats
 - iv) Obstetrics & Gynaecology – 2 seats
 - v) Paediatrics - 2 seats

8. The Hon'ble Chief Minister inaugurated Curie Ladies' Hostel on 30th October, 2024 which was located at Falkawn. It was an 82 bedded ladies' hostel (10 single rooms and 36 double rooms) [Project Cost – Rs. 10 Crores].
9. Crowford Gents' Hostel was inaugurated by Hon'ble Minister of Health & Family Welfare Department on 7th August, 2024. This Gents Hostel was an 82 bedded hostel (10 single rooms and 36 double rooms) [Project Cost - Rs. 10 Crores].
10. The following construction works, executed by the Public Works Department, Government of Mizoram are going-on at ZMC&H:
 - i) Construction of 2 residential hostels under NESIDS [Rs. 20.00 Crores]
 - ii) Construction of 60-bedded internship hostel [Rs. 6.79 Crores]
 - iii) Construction of Model Rural Health Research Units at Lungtian Farm, Aibawk [Rs. 2.075 Crores]



MIZORAM STATE AIDS CONTROL SOCIETY (MSACS)

1. The State Council on AIDS chaired by the honorable Chief Minister had a meeting on 17th August, 2024 where the council decided that an amount of Rs. 1, 00,000/- (Rupees One Lakh) requisite for the cost of free baseline laboratory investigation for initiation on Anti-Viral Therapy for people living with HIV would be borne by Government of Mizoram.
2. **95:95:95 strategy:**

The 95-95-95 targets are a set of goals established by UNAIDS to combat the HIV epidemic by 2030. These targets aim for: 95% of people living with HIV knowing their status, 95% of those diagnosed with HIV receiving antiretroviral therapy (ART), and 95% of those on ART achieving viral suppression. The ultimate goal is to reduce HIV transmission and AIDS-related deaths.



3. Out of the 29 HIV Counseling & Testing Centers placed at government and Christian hospitals, 26 across the state are accredited with National Accreditation Board for Testing & Calibration Laboratory Medical Entry Level Testing (NABL MELT Certificate). NABL signifies that the laboratory meets quality standards and provide reliable and accurate results.
4. 106,487 HIV testing's were conducted among general population during 2024-25 out of which 1911 were found to be tested HIV positive and 94.6% are linked to ART (Anti-Retroviral Therapy) for treatment and the remaining 5.4% are being followed for linkage.
5. To prevent HIV transmission from mother to child, 22, 240 pregnant women were tested, 102 were newly detected with HIV.
6. To prevent transmission of Syphilis from mother to child, 15,679 pregnant women were tested, out of which 180 screened positive and all (100%) are put on treatment.
7. 97.7% of all People Living with HIV who are on treatment has viral suppression.
8. 93.71% of Voluntary Blood Donation achieved during 2024-25 financial year under Blood Safety Program.

9. Under Prevention program HIV High Risk Groups, 36 Targeted Intervention projects were implemented where needle syringe exchange program, condom distribution, screening of Sexually Transmitted Infections (STIs) and HIV along with linkage to HIV Counseling and Testing Centers for confirmatory test and ART linkages for those tested positive as well as general health check- up services were implemented. 12917 injecting drug users were registered and given services under Targeted Intervention programs.
10. To reduce vulnerabilities of drug users against HIV, Oral Substitution Therapy (OST) program is implemented through 13 government hospitals, 4 NGO settings and 68 Satellite OST Centers. 3823 drug users are currently on OST till March, 2025.

Detail Report: Introduction

Mizoram State AIDS Control Society (MSACS) is the nodal agency for implementing the National AIDS and STI Control Programme Phase V (NACP-V) in the state of Mizoram, under the guidance of the National AIDS Control Organization (NACO), Ministry of Health & Family Welfare, Government of India. Established to combat the HIV/AIDS epidemic in the state, MSACS is committed to achieving the goals of Prevention, Care, Support, and Treatment through a multi-sectoral and community-led approach.

As per the Approved Annual Action Plan (AAP) for the financial year 2024–2025, a total budget of Rs. **5112.53** lakhs have been sanctioned for implementation of activities across various components.

MSACS operates through six key divisions, each playing a critical role in the execution of HIV/AIDS-related interventions:

I. Prevention Division (Page 2-4)

Focuses on high-risk groups (HRGs) including Female Sex Workers (FSWs), Men who have Sex with Men (MSM), People Who Inject Drugs (PWID), and Transgender populations. Activities include behavior change communication, condom promotion, STI management, HIV testing, and linkage to treatment.

II. Basic Services Division (BSD) (Page 4-6)

Provides HIV counseling and testing services through Integrated Counselling and Testing Centres (ICTCs) and community-based testing. It also promotes awareness and facilitates early diagnosis.

III. Care, Support & Treatment (CST) Division (Page 6-8)

Manages Anti-Retroviral Therapy (ART) centres, Link ART Centres (LACs), and provides comprehensive treatment, adherence counselling, and nutritional support to People Living with HIV (PLHIV).

IV. Information, Education & Communication (IEC) / Mainstreaming Division (Page 8-13)

Responsible for awareness generation, community mobilization, stigma reduction, and promotion of safe behaviors through mass media, print media, events, and inter-sectoral collaborations.

- V. **Lab Services Division** : Ensures the quality of HIV-related diagnostic services, including CD4 testing, Viral Load testing, and Early Infant Diagnosis (EID). It coordinates with laboratories for quality control and capacity building.

VI. Blood Transfusion Services:

Regulates and monitors blood transfusion services to ensure safe and adequate blood supply. Promotes voluntary blood donation and oversees licensing and functioning of blood banks.

I. Prevention division

Services for High-Risk Group under TI-NGO Projects: As of March 2025, HIV prevention and care efforts have significantly expanded through the implementation of 36 Targeted Intervention (TI) projects covering all the district headquarters including sub-districts of the State. There are 17 full-fledged OST Centres with 68 satellite OST Centres. In order to cover the unreached areas of the TI Projects there are 8 Link Worker Scheme Projects in the erstwhile districts, mainly tasked with providing linkage between the general masses in villages with service centres through harm reduction strategies like Syringes and Needles Exchange Program (NSEP), condom promotion and provision, Opioid Substitution Therapy (OST). Additionally, essential clinic services are provided such as HIV and Syphilis screening and verbal screening of TB and STI and counselling in partnership with 23 NGOs.

High-Risk Group (HRG) Enrolment in TI Projects

The following HRGs are registered in the TI projects:

- I. Male and female Injecting Drug Users (IDUs): 11,892 male IDU and 1,394 Female IDU under 30 IDU-TI Projects
- II. Female Sex Workers (FSWs): 1,166 registered clients under 9 FSW projects.
- III. Men who have Sex with Men (MSM): 1,050 registered clients under 5 MSM projects.
- IV. Migrant Workers: 38,690 registered under 4 migrant projects

These projects are implemented by 23 different non-governmental organization (NGO) partners across the State. Approximately 94% of all registered HRGs access clinic services, which include HIV and syphilis screening, TB and STI verbal screening, and counselling. During the FY 2024-2025, 226 new HIV-positive cases were detected. Of these, 223 individuals (99%) were successfully linked to Antiretroviral Therapy (ART) services.

Bike Outreach Worker (BORW) Initiative – Bridging Gaps in Service Delivery: To ensure the successful achievement of the 1st 95 Targets of the United Nations Strategy of 95:95:95, 11 Bike Outreach Workers (BORWs) have been strategically deployed across 9 districts. This initiative aims to bridge gaps in saturation of coverage among High-Risk Groups (HRGs) and their indexed communities, especially in remote, hard-to-reach areas accessible only by two-wheelers.

Linked ART Centres - From designated 10 Targeted Intervention (TI) and 3 OST Centre based Linked ART Centres, 701 High-Risk Groups (HRGs) and 38 PLHIV from OST Centre have received ART. This integrated service delivery model not only ensures that PLHIV have access to necessary treatments but also supports harm reduction efforts among HRGs.

Innovations: -

- a. Generating Awareness among youth through Music

To generate health awareness among youth through music-events were conducted with over 30,000 youths (ages 15–35) attending across all the districts. The events included:

- Live gospel music performances
- Counselling booths with three professional counsellors available for on-the-spot support
- Health awareness messaging under the central theme: "My Health, My Responsibility"

Health messages were prominently displayed via two large LED screens throughout the program. Additionally, banners promoting health-seeking behaviours—such as getting tested and knowing one's health status—were placed around the venue to reinforce the theme. Given the exceptional turnout and positive response, there is a strong recommendation to replicate and expand this initiative to cover all districts during 2025-2026.

b. Drug Abuse safe sex and HIV/AIDS and STI Awareness through sports among school-

In collaboration with the Directorate of School Education, Govt. of Mizoram and Mizoram State AIDS Control Society (MSACS), has initiated comprehensive awareness programs addressing drug abuse, safe sex practices, HIV/AIDS, and sexually transmitted infections (STIs) among school-going children across all 11 districts of the state.

To effectively engage students, the awareness programs were integrated with local sports disciplines unique to each district. These included: Football, Volleyball, traditional Mizo sports like Inhrupawh and Inkawibah. These sports activities served as platforms to disseminate information and foster discussions on the aforementioned health issues.

c. Social Media Engagement for Harm Reduction

In addition to traditional methods, the initiative also embraced digital platforms to reach the youth. Ten (10) social media influencers were selected to create engaging content, such as memes and reels, focusing on harm reduction strategies related to drug use and sexual health. This approach aimed to resonate with the younger demographic and encourage safer behaviours.

Prison and other closed settings: this programme is implemented with HIV Alliance (a national NGO) and covers all the jails in Mizoram. MoU was signed with the prison department wherein inmates are given the opportunity to free HIV testing, art treatment as well as STI and TB treatment. The intervention also covers drug de-addiction centres run by NGOs not supported by the government funds. The program also covers all the Shakti Sadan (shelter for women) under Women & Child Development, Social Welfare & Tribal Affairs Department.

II. basic service division

HIV Testing and Linkage

- General Client Tested: 106,487 testing's were conducted
- HIV Prevalence: 1,911 individuals tested positive, representing a positivity rate of 1.79%.

Linkage to Care

- ART Linkage: 1,808 individuals (94.6% of those diagnosed) were successfully linked to Antiretroviral Therapy (ART) services.
- Focus on Remaining 5.4% linkage gap: Efforts are directed towards identifying and linking the remaining 103 individuals (5.4% of 1,911) to ART services through DISHAs.

EVTHS (HIV DATA)

- 1 Estimated Pregnancies: 23,609

2 Total ANC Registrations: 21,068

ANC Registration Rate: 23,609 (89.2%)

- Screening Coverage: 22,240 pregnant women were screened for HIV.
- New Diagnoses: 102 women were newly diagnosed with HIV, along with 8 new cases in DIL.

Known HIV-positive pregnant Women: 224 women were already known to be HIV-positive.

32-36 weeks Viral load test- Among 179 pregnant women tested for Viral Load, 171 pw are virally suppressed.

HIV EXPOSED INFANTS

1. Live Births: 143 infants born to HIV-positive mothers.
2. 18-Month Testing: 254 infants underwent HIV testing at 18 months.
3. 18-Month Confirmation: 4 infants tested positive for HIV at 18 months and all are on ART treatment.

EVTHS (Syphilis data)

1. Pregnant Women (PW) Screened for Syphilis: 15,679
2. PW Screened Reactive (Positive): 180
3. Treated: 180 (100% of those who tested positive received treatment)
4. Live Births: 101 infants born to mothers with syphilis
5. Congenital Syphilis Cases: 9 infants diagnosed with congenital syphilis

STI Achievements

DSRC/STI clinics: The clinic's services provide accessible and confidential care for individuals with STIs, diagnose and treat various STIs, including syphilis, is crucial

1. Total STI attendees: 15,610 individuals visited the clinic for STI-related issues.

STI symptoms diagnosed and treated

- Vaginal/Cervical Discharge (VCD): 1,030 cases
- Genital Ulcer (GUD) - non-herpetic: 397 cases
- Genital Ulcer (GUD) - herpetic: 198 cases
- Urethral Discharge (UD): 706 cases
- Lower Abdominal Pain (LAP): 396 cases
- Ano-rectal Discharge (ARD): 8 cases
- Inguinal Bubo (IB): 71 cases
- Painful Scrotal Swelling (SS): 25 cases
- Genital Warts: 443 cases

2. Syphilis treatment: 645 individuals with serologically confirmed syphilis (excluding pregnant women) received treatment.

TBCC Campaign

An intensive HIV testing campaign was organized by Mizoram State AIDS Control Society from 9th May 2024 till 11th June 2024 among the inmates of TBCC. Two Mobile ICTCs (i.e., Aizawl East & Aizawl West) along with one other testing Team from ICTC/SSK Aizawl with 3 DSRC Counsellors were detailed to conduct this testing campaign. ART Centre staffs were also detailed for ART linkages.

- 1 Total Blood Tested: 913 individuals were tested for HIV and other STIs.
- 2 Previous HIV Positive: 296 individuals were already known to be HIV positive.

- 3 Newly Detected HIV: 49 individuals (5.36% of those tested) were newly diagnosed with HIV.
- 4 Syphilis Reactive: 32 individuals (2.65% of those tested) tested positive for syphilis.
- 5 STI Syndromic Cases: 111 individuals (9.18% of those tested) presented with symptoms of STIs.
- 6 TI Register: 146 individuals were registered for treatment or support.
- 7 New ART Initiation: 49 individuals started Antiretroviral Therapy (ART) for HIV.
- 8 LFU/Opted Out Restart: 10 individuals who had previously stopped treatment or opted out restarted their treatment.

Integrated Health Campaign:

IHC was held in various districts (Serchhip, Lawngtlai, Lunglei, Siaha, and Hnahthial) has achieved significant milestones. The campaign screened thousands of individuals for various health conditions, including HIV, syphilis, STIs, Hepatitis B and C, hypertension, and diabetes. The main motive behind IHC is to achieve 1st 95.

Key Highlights

1. HIV screening: 5405 individuals were screened for HIV, with 85 (1.57%) testing positive and initiating Antiretroviral Therapy (ART).
2. Syphilis screening: 2449 individuals were screened, with 91 testing reactive and completing treatment.
3. STI screening: 5634 individuals were screened, with 352 identified as STI syndromic cases.
4. Hepatitis B and C screening: 5506 and 5495 individuals were screened for Hepatitis B and C, respectively, with 135 and 540 testing reactive.
5. Hypertension and diabetes screening: 6222 and 6068 individuals were screened for hypertension and diabetes, respectively, with 445 and 284 testing positive.

Future Directions

The campaign's success can inform future health initiatives, such as:

- 1 Continued awareness: Sustained awareness efforts can help maintain momentum and encourage more individuals to seek screening and treatment.
- 2 Targeted interventions: Targeted interventions can focus on high-risk populations or areas with limited access to healthcare services.
- 3 Comprehensive healthcare: Integrating multiple health services, as seen in this campaign, can provide comprehensive healthcare to beneficiaries.

III. Care, support & treatment (cst)

1. **ART REGISTRATION TO ART INITIATION** – During April 2024 – March 2025, a total of 2069 PLHIV were newly registered across the 14 ART Centres in Mizoram. Out of these newly registered PLHIV, 2062 (99.7%) were initiated on ART.
2. **VIRAL SUPPRESSION** – The target of 95% of all PLHIV receiving antiretroviral therapy to have viral suppression, was achieved with 97.7% of PLHIV on ART having Viral Suppression in Mizoram.
3. **ART INITIATION OF NEWLY DETECTED PREGNANT WOMEN** – 100% of newly registered Positive Pregnant Women at ART Centres were initiated on ART during April 2024 – March 2025.

4. **INTENSIFIED TRACKING BACK OF TREATMENT INTERRUPTION CASES (LFU)** - During the Campaign, each of the 14 ART Centre SMO/ Medical Officer and Staff made attempts to call every PLHIV in the LFU list. At least three attempts were made for each of the LFU cases. Attempts were made to call a total of 2221 LFU cases (85.69% of total LFU cases). The PLHIV who could be reached through this telephonic calling activity were asked the reasons for their not coming to the ART Centre for pill pick-up, and were asked to come themselves as soon as possible. As a result, 1260 LFU cases (48.61%) were successfully tracked back and re-initiated on ART.
5. **INNOVATIONAL PROJECTS** – Innovational Projects were designed and carried out under CST Division during 2024-2025:
- a. **Project Homecoming** – In order to reduce the number of proxy collection of ARV drugs among PLHIV in active care across the 14 ART Centres in Mizoram, provision was made for Proton-pump inhibitors (PPIs) and vitamins to PLHIV clients who come in person to ART Centres. During the months of December 2024 – February 2025, there were a cumulative number of 13,525 PLHIV who came themselves to the ART Centres. Out of these, 3530 PLHIV were given Vitamins and PPI. These PLHIV were given the information that the vitamins and PPIs were provided only to those who came themselves to the Centres, and were requested to spread this information to other PLHIV. As a result of this intervention, 1232 PLHIV who were previously relying on others (proxy) to collect their ARV drugs, turned up at the ARTC themselves, according to reports from ART Centres.
 - b. **Treatment Literacy Campaign** - During the Treatment Literacy Campaign, a total number of 2,857 PLHIV and 1,346 individuals who came to the ART Centres for proxy pill pick-ups, were interacted with by the five Peer Volunteers at ART Plus Centre (Aizawl), and ART Centres at Champhai, Lunglei, Kolasib and Kulikawn. During these Treatment Literacy Campaign interactions, a number of important topics were discussed, such as Importance of ART Adherence, Stigma and discrimination, Importance of CD4 and Viral Load tests, Safe sex and condoms, Personal hygiene, basics of HIV treatment, HIV Co-infections, Importance of medical check-up for PLHIV, EVTHS, TB and importance of wearing face mask, Self-stigma and self-acceptance, Nutrition and personal hygiene, Importance of ART adherence and follow-up investigations, Opportunistic infections, Viral Suppression, Family planning, Behavioural change, Infant feeding practices for PLHIV, Importance of self-pill pick-up, Importance of Proper diet, timely consumption of foods and medicine, Service linkages for PLHIV and Mental Health.
6. **IMPLEMENTATION OF 13 NEW LINK ART CENTRES** – During April 2024 – March 2025, in order to provide differentiated service delivery for Key populations, Link ART Centres were implemented at 10 Targeted Intervention Drop-in centres (DIC) and 3 OST Centres for ART Clients who are Injecting Drug Users (IDU). These new LACs cater to a total of 739 PLHIV who are IDUs.
7. **PROVISION OF ART SERVICES FOR PLHIV IN PRISON AND OTHER CLOSED SETTINGS** – ART Services such as ART Initiation for newly detected cases, and Follow-up services such as

provision of ARV drugs, routine CD4 and Viral Load testing for PLHIV in Prisons and other Closed settings (Rehabilitation Centres) in different districts are provided by ART Centres.

8. **PROVISION OF ART SERVICES FOR PLHIV WHO ARE FROM MYANMAR** – As on 31st March 2025, a total of 352 PLHIV from Myanmar (refugees and migrants) have been registered at different ART Centres in Mizoram. In addition, ART Centres are also catering to approximately 50 PLHIV from Myanmar through private dispensation of ARV Drugs.

IV. information, education and communication (iec)

Intensified IEC Campaign: August – October 2024

The Intensive IEC (Information, Education, and Communication) Campaign was conducted in 11 districts of Mizoram — Aizawl, Champhai, Lunglei, Kolasib, Mamit, Lawngtlai, Siaha, Khawzawl, Serchhip, Saitual, and Hnahthial. The campaign aimed to raise awareness, particularly on HIV prevention and education, through various interactive activities.

Launch of the Campaign

The campaign was officially launched on 28 August 2024 by Hon'ble Chief Minister Shri. Lalduhoma at Vaivakawn YMA Conference Hall, Aizawl. Following the launch, each District AIDS Prevention and Control Committee (DAPCC) organized the campaign in their respective districts between August and October 2024.



Key Activities Conducted

During the Intensified IEC Campaign, various awareness and engagement activities were carried out, including: *HIV Awareness Campaign in Schools, Colleges, and Technical Institutions, Door-to-Door Campaign & IEC Material Dissemination, Flash Mob Dance, Rallies, Debate Competitions, Placard Making Competition, Photobooth Making Competition and Stall Making Competition.*

The Intensive IEC Campaign was successfully implemented across all 11 districts of Mizoram, effectively raising awareness on HIV prevention and education. The campaign's interactive approach, coupled with strong community participation, played a vital role in spreading awareness and

encouraging preventive measures. The efforts of DAPCCs, educational institutions, and local communities contributed significantly to its success.

State Council on AIDS (SCA)

The **State Council on AIDS (SCA)** was constituted to provide high-level administrative oversight and strategic guidance for the AIDS response in Mizoram. The council plays a crucial role in inter-departmental coordination, policy formulation, and mobilization of resources to ensure the effective implementation of the National AIDS Control Programme (NACP) in the state.

The meeting was held on 17 August 2024 and reaffirmed the State Government's commitment to addressing HIV/AIDS as a priority health and development issue. The State Council on AIDS continues to serve as a strategic platform for reinforcing leadership, coordination, and accountability in Mizoram's AIDS response.



Observation of World AIDS Day 2024 – December

"Take the Rights Path: My Health, My Right"

World AIDS Day 2024 was observed in Mizoram under the theme "Take the Rights Path: My Health, My Right." This theme emphasizes the importance of recognizing the fundamental right to health and ensuring that individuals have access to the necessary information and services to prevent and manage HIV/AIDS. Mizoram's observance of this important day included a variety of awareness programs across the state, with particular focus on sensitizing vulnerable groups and engaging the community in HIV education.



The observation of World AIDS Day 2024 in Mizoram was a significant and impactful event. The statewide initiatives, particularly the HIV awareness programs at de-addiction centers and the larger observance in Lunglei, highlighted the state's commitment to combat HIV/AIDS through education and awareness. The leadership shown by Pi Lalrinpuii, the Health Minister, and the involvement of local celebrities helped to further amplify the message that HIV is a public health issue that requires collective efforts, respect for human rights, and equal access to healthcare for all. The theme "Take the Rights Path: My Health, My Right" was effectively demonstrated through these activities, ensuring that the importance of health rights and HIV prevention was clearly communicated to all.

Candle light Vigil – 3rd December 2024

The Candle Light Vigil 2024 was solemnly observed on 3rd December 2024 to honor and remember those who have lost their lives to HIV/AIDS. The event aimed to raise awareness about HIV/AIDS, reduce stigma, and support those affected.

More than 100 participants attended the service, including community leaders, healthcare professionals, and individuals living with HIV. The event was marked by a powerful candle light vigil.



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Sensitization of Hospital Staff on HIV/AIDS (Prevention and Control) Act 2017 – December 2024

A state-wide sensitization program on the HIV/AIDS (Prevention and Control) Act, 2017 was conducted across all 11 districts of Mizoram during December 2024. The program focused on educating healthcare professionals about the legal provisions related to HIV/AIDS, emphasizing patient rights, non-discrimination, confidentiality, and responsibilities under the Act. The initiative also aimed to enhance understanding and compliance with the law in healthcare settings, ensuring better care and protection for individuals living with HIV/AIDS.

The sensitization program successfully strengthened awareness among healthcare providers about the HIV/AIDS (Prevention and Control) Act, 2017, ensuring better implementation of the law and improved healthcare services for individuals affected by HIV/AIDS.

International Condom Day 2025 – 13th Feb 2025

The International Condom Day (ICD) observance on 13th February 2025 at the Millennium Centre Auditorium, Aizawl, was organized by the Mizoram State AIDS Control Society (MSACS) in collaboration with AHF India. The event aimed to increase awareness about the importance of condom use in HIV prevention, promote sexual health, and educate the community about safe sexual practices.

Inauguration of Gen-C Campaign, HIV Awareness Video Clips, Designer Dress Display, Signature Campaign and Condom Dispensing Jackets programmes were carried out as well.





Legislative Forum on HIV/AIDS meeting

The **Legislative Forum on HIV/AIDS (LFA)** in Mizoram was established as a platform for elected representatives to actively participate in the HIV/AIDS response in the state. The forum aims to enhance political commitment, mobilize resources, and strengthen advocacy for effective implementation of the National AIDS Control Programme (NACP).



Meeting of Legislative Forum on HIV/AIDS was held on **24th February 2025** at the **Information & Public Relations (I&PR) Conference Hall**, Aizawl. The forum reconvened under the chairpersonship of **Pi Lalrinpuui**, Hon'ble Health Minister. The meeting reviewed progress since the first session and explored sustainable support mechanisms.

Key Outcome

One of the major outcomes of the LFA meeting was the **unanimous agreement by all attending MLAs to contribute Rs. 50,000 each from their constituency development fund** towards HIV-related activities. This gesture demonstrated their collective commitment to strengthening the state's HIV/AIDS response, supporting prevention, care, and treatment services, and promoting social acceptance of People Living with HIV (PLHIV).

The Legislative Forum on HIV/AIDS continues to serve as a vital instrument in ensuring sustained political will, resource mobilization, and enhanced community engagement in addressing the HIV epidemic in Mizoram.

Workshop with Preachers for Strengthening of Partnership on HIV Prevention and Care & Support 25th February 2025

On 20th February 2025, a workshop aimed at educating charismatic preachers about HIV/AIDS was held at Music Home, Zonuam. The event focused on raising awareness and providing a deeper understanding of HIV/AIDS among religious leaders, empowering them to effectively address the issue within their communities



Sensitization of Ombudsman on HIV/AIDS Act 2017 – 3rd March 2025

A sensitization program on the HIV/AIDS Act 2017 was conducted on 22nd February 2025 for Pi Lalnunmawii, the Ombudsman and Joint Secretary of the Health and Family Welfare Department. The program aimed to enhance understanding of the key provisions of the Act and its implications for the health sector and the protection of the rights of people living with HIV/AIDS.

Following the sensitization session, a discussion session was held where participants shared their insights and clarified doubts related to the Act's implementation and challenges faced in the healthcare sector.

The sensitization program was a significant step toward strengthening the understanding and implementation of the HIV/AIDS Act 2017 within the health sector.



V. Lab service division

Mizoram SACS Laboratory services Division deals with the Quality assurance which ensures that the results reported are correct, reliable and accurate as per the limitations of the test system employed and are achieved in a standard, reproducible and traceable manner.

A. PROFICIENCY TESTING DATA – SRL, Civil Hospital Aizawl FY 2024-25

SRL	Round No.	No. Of Panel distributed to SRL by NRL (NIRBI, Kolkata)	No. with concordant Result
Proficiency Test	Round I	8 panel	100 % matching
	Round II	8 panel	100 % matching

B. SRL National Accreditation Board of Calibration and testing Laboratory (NABL) Certification STATUS:

No. of SRL	NABL Accredited (Y/N)	Remarks
1	Yes, Since 2016	Certificate Validity period is over and is under process for renewal of NABL Accreditation

C. QUARTERLY RETESTING FOR ICTC FY 2024-25

SI No.	Quarterly EQA the month of	Total number of participants under EQAS	Number of ICTCs have sent 20% +ve & % -ve samples to SRL	Total Number of I received report from SRL	Number of IC reported disc samples	Participation Percentage
1	April 2024	41	39	39	0 (100 % matching)	95 %
2	July 2024	39	39	39	0 (100 % matching)	100 %
3	October 2024	39	39	39	0 (100 % matching)	100 %
4	January 2025	39	39	39	0 (100 % matching)	100 %

D. PROFICIENCY TESTING FOR ICTC FY 2024-25

ICTC	Round No.	No. Of Panel distributed to ICTC k	No of ICTC Participated	No. Of discordant result 24-25
Proficiency Test	Round I	4 panel each to 30 ICTC & 9 Mobile	39	NIL (100 % matching)
	Round II	4 panel each to 30 ICTC & 9 Mobile	39	NIL (100 % matching)

E. QUALITY MANANGMENT SYSTEM (QMS) PROGRAMME 24-25:

No. of ICTC integrated under	No. of ICTC receiving ICTC Certificate of Excellence (Gra	Date of receiving NA CoE	Validity up to
29 (Excluding Mobile ICTC and SAICTC)	29	10 th March 2025	9 th March 2027

F. NABL M (EL) T CERTIFICATION 24-25:

No. of ICTC integrated under NABL MELT CERTIFICATION PROGRAMME	No. of ICTC receiving NABL MELT Certification
29	26

G. VIRAL LOAD TESTING INDICATOR 24- 25:

No of ART Centers dispatching the samples	Total no of v Load tested	% rejection	% Invalid	% Lab Utiliza	% SOCH update	% Virally suppressed
14	16,103	0.2 %	1%	160%	94%	96%
Viral Load Laboratory CHA	Round No.	No. Of Panel distributed to VL Lab k Lab (NITVAR, Pune)			No. with concordant Results	
Proficiency Testing	Round I	5 panel			100 % matching	
	Round II	5 panel			100 % matching	

VI. Blood Transfusion Services

S.No	Blood Bank	Total Collected	Total Voluntary	Voluntary %	Camp Organized	Collection at camp
1	Civil Hospital Aizawl	16174	15111	93.43	186	9352
2	Synod Hospital Durtlang	3143	3071	97.71	68	2655
3	District Hospital, Champhai	1964	1868	95.11	45	1285
4	District Hospital, Kolasib	1415	1328	93.85	38	1138
5	Civil Hospital, Lunglei	3140	3136	99.87	58	2298
6	Christian Hospital Serkawl	971	952	98.04	35	749

7	District Hospital Serchhip	730	713	97.67	37	639
8	District Hospital Lawngtla	1593	1199	75.27	45	1133
9	District Hospital Saiha	1091	1057	96.88	38	694
10	District Hospital Mamit	377	348	92.31	12	158
11	Zoram Medical College	4154	3783	91.07	49	2501
	Total	34752	32566	93.71	611	22602

(Target of Voluntary blood donation- 90%, Achievement 93.71%)

Felicitation of the States/UTs on the occasion of National Voluntary Blood Donation Day- 1st October 2024 organised by Blood Transfusion Services (BTS), Directorate General of Health Services in collaboration with Akhil Bahrtiya Terapanth Yuvuk Parishad (ABTYP) held at Jaipur, Rajasthan, **SBTC Mizoram was awarded Excellence in Blood Donation 2023-2024 for achieving first position among North Eastern States.**

The **Executive Committee Meeting** of the **Mizoram State AIDS Control Society (MSACS)** was held during 13th June 2024 , 17th Sept 2024 and 31st Jan 2025 to review the implementation of the National AIDS Control Programme Phase V (NACP-V) and to deliberate on key programmatic and financial decisions for strengthening the state's HIV/AIDS response.

The last Executive Committee was chaired by Pi Sangchhin Chinzah, Secretary, Health & Family Welfare Department, Government of Mizoram.

FOOD & DRUGS ADMINISTRATION WING

DRUGS:

1. Drugs Store are regularly inspected to monitor their function and compliance to the Act & Rules to ensure only safe and quality drugs are dispensed to consumer
No. Of Drugs Store Inspection : **1,532 Nos.**
2. Drugs Licences operated in violation of the Drugs & Cosmetics act 1940 & Rules 1945 are either suspended for specific period or cancelled
No. Of Drugs Licence Suspended : **06 Nos.**
No. of Drugs Licence Cancelled : **54 Nos.**
3. Drugs Sample are drawn regularly for quality assurance and those found not of standard quality (NSQ) are recalled from market to safeguard public healthcare.
No. of sample drawn for analysis : **467 Nos.**
No. of Not of Standard Quality drugs found : **15 Nos.**
4. Cases are registered in the court of law against those dealing in drugs having no valid drug licence
No. of cases registered in the court of law : **NIL**
No. of conviction : **Pending**
5. **Revenue collected:** : **Rs. 19,01,210/-**

FOOD:

1. Under provision of FSS Act 2006 and Rules & Regulation 2011 any persons running/starting a food business services, He/She should obtain a Licence or Registration under the Act
 - a. **Registration:** Food Business Operators whose annual turn over is less than 12 lakhs should obtain a Registration from the Registering Authority. Registration Fee is Rs.100/- per annum.
No. of Registration issued : **6457 Nos.**
 - b. **Licence:** FBO having an annual turnover more than 12 lakhs are bound to obtain Licence from the State Licensing Authority. Licence Fee is Rs.2000/- per annum.
No. of Licence issued : **300 Nos. (State)**
0 Nos. (Central)
2. Inspection of Food Service Establishment has been conducted many time.
No. of Food Service Establishment Inspected : **40 Nos.**
3. Collection/Lifting of Food sample: Any food items suspected by FSO are lifted/freeze by them and sent for analysis at Food Testing Laboratory
No. of Food Sample lifted : **10 Nos.**
4. **Revenue collected:** : **Rs.32,54,500 /-**



MIZORAM HEALTH SYSTEMS STRENGTHENING PROJECT (MHSSP):

The Health & Family Welfare Department, Government of Mizoram has started a five-year Mizoram Health Systems Strengthening Project (MHSSP) with support from the World Bank. The Project was declared effective from 13th July, 2021 with objective 'to improve management capacity and quality of health services in Mizoram'. Project cost: US \$40m out of which US \$32m will be financed by IBRD/IDA and US \$8m by the State/Borrower. INR 149.09 crore out of 223.44 crore (67% of the project cost) have been utilized by the project till May, 2025.

Few of the achievements made during the year 2024-2025 are highlighted as below:

The Mizoram Health Systems Strengthening Project uses a system's approach and is broken down into three individual components which need to be appreciated as forming part of a whole system's approach:

a) *Component 1- Strengthen management and accountability through Internal Performance Agreements:* This component supports creation of an enabling environment for reforms at each level (state, district and sub-district), enhance performance of the H&FW Department and its subsidiaries, and improve efficiency of the public health administration. The main objective of this component is to help and support the Healthcare Facilities under H&FW Dept in achieving National Quality Assurance Standards (NQAS) Certification, which is a comprehensive framework established by the **Ministry of Health and Family Welfare, Government of India**, aimed at ensuring and enhancing the quality of healthcare services provided at public health facilities.

Under this component, **7** District Hospitals and **22** Primary Health Centres(PHC)/Urban Primary Health Centres have achieved NQAS certification with technical and financial support from MHSSP.

b) *Component 2- Improve the design and management of the government-sponsored health insurance programs in the state:* The objective of this component is focusing primarily on improving the overall design, management and the effectiveness of the health insurance schemes including the community interventions to increase enrollment in the program. The Mizoram Universal HealthCare Scheme (MUHCS) was technically & financially supported and designed by MHSSP. The new healthcare scheme was launched on 19th March, 2025. In order to enhance patient convenience and streamlining insurance services, Health Insurance Units are being established at 54 healthcare facilities throughout Mizoram under the project.

c) *Component 3- Enhance the quality of health services and support innovations:* This component focus on the development of the state health system, structural quality improvements and also pilot health innovations. Developing a comprehensive quality assurance system, improving biomedical waste management, enhancing human resource management are critical sub-components. Poor infrastructure issues of key institutions of H&FW department which causes unfavorable work place environment to its human resources.

With the aim to introduce Post Basic BSc Nursing and MSc Nursing courses in Mizoram College of Nursing (MCON) and to support the achievement of National Quality Assurance Standards (NQAS) and uplifting public hospitals, ultimately ensuring high-quality infrastructure for patients and healthcare workers, the MHSSP initiated and completed the undermentioned construction works in Mizoram:

Mizoram State Vector Borne Diseases Control Program

DISEASE INCIDENCE: The National Vector Borne Disease Control Programme (NVBDCP) covers 6 diseases namely – Malaria, Dengue Fever, Filariasis, Kala-Azar, Chikungunya and Japanese Encephalitis; out of these Malaria, Dengue, Chikungunya and Japanese Encephalitis were found in Mizoram

MALARIA

Name of District	No. of Fever Cases	Total Blood Examination	Total Malaria Cases	Pv Cases	Pf Cases	Total No. of Death	ABER	API	TPR	TFR	Pf %	SPR	SFR
Aizawl East	62967	62967	30	24	6	0	22.31	0.11	0.05	0.01	20.00	0.01	0.00
Aizawl West	34868	34868	41	23	18	0	17.60	0.21	0.12	0.05	43.90	0.12	0.05
Lunglei	44918	44918	3775	1460	2315	0	25.74	21.63	8.40	5.15	61.32	1.16	0.72
Siaha	16371	16371	1607	1286	321	0	23.65	23.21	9.82	1.96	19.98	5.68	1.09
Kolasib	17845	17845	16	14	2	1	19.09	0.17	0.09	0.01	12.50	0.19	0.04
Mamit	26295	26298	3299	1816	1483	1	25.86	32.44	12.54	5.64	44.95	2.00	0.86
Champhai	33737	33727	31	23	8	0	23.23	0.21	0.09	0.02	25.81	0.08	0.03
Lawngtlai	48552	48598	8067	3286	4781	5	34.16	56.70	16.60	9.84	59.27	11.63	8.11
Serchhip	21876	21876	33	17	16	0	31.48	0.47	0.15	0.07	48.48	0.40	0.22
TOTAL	307429	307468	16899	7949	8950	7	24.09	13.24	5.50	2.91	52.96	1.27	0.76

- 6.14% decrease in malaria cases as compared to 2023.
- API reduced by 6.53 cases per 1000 population as compared to 2023.
- Pf % also decreases by 21.12%
- ABER target of 10 achieved (24.09)
- TPR was 5.49
- SFR was 0.75
- 7 Malaria Deaths (Lawngtlai-5, Mamit-1, Kolasib-1) which is down by 22.22% compared to 2023 (13).





Long-Lasting Insecticidal Nets (LLIN):

Year	Total SCs with API >1	Total SCs covered	Total LLIN distributed	Target Population	% Population covered	Target Households	% Households covered
2024	169	169	406947	580500	100	274257	100

- 100% targeted household covered with LLIN in 2024.

IRS: Compilation of R1 & R2

Tot. Population	Total No. of Houses	No. of Houses Sprayed	% of House sprayed	Total No. of Rooms	Rooms completely sprayed	Rooms Partially Sprayed	% Rooms completely sprayed	Population in sprayed houses	% Population protected
604682	129158	106842	82.72	240607	191010	49597	79.38	474757	78.51

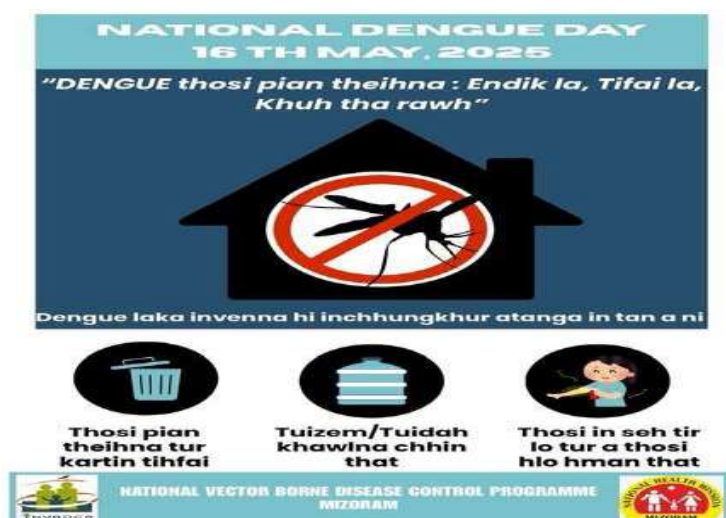
- IRS 1st Round conducted in the month of June 2024 with 76.11% coverage.
- IRS 2nd Round conducted in the month of September 2024 with 80.91% coverage.
 - In 2024 the IRS coverage was 78.51%

I. DENGUE SITUATION IN MIZORAM:

Dengue Case incidence in Mizoram Jan – Dec, 2024:

Sl. No	District	Suspected Cases	Blood Sample Collected	Igm Mac Elisa	NS1 Antigen	Total +ves	Death
1	Aizawl West	3592	3592	222	92	314	1
2	Aizawl East	2763	2763	125	84	209	0
3	Lunglei	1992	1992	169	14	183	0
4	Siaha	28	28	2	0	2	0
5	Kolasib	125	125	1	2	3	0

6	Mamit	183	183	2	5	7	0
7	Champhai	409	409	13	4	17	0
8	Lawngtlai	66	66	1	0	1	0
9	Serchhip	138	138	6	1	7	0
10	Other State	46	46	0	1	1	0
	Total	9342	9342	541	203	744	1



II. CHIKUNGUNYA SITUATION IN MIZORAM:

Sl. No	District	Suspected Cases	Blood Sample Collected	Tot. Positive	Death
1	Aizawl West	0	0	0	0
2	Aizawl East	0	0	0	0
3	Lunglei	194	194	3	0
4	Siaha	0	0	0	0
5	Kolasib	0	0	0	0
6	Mamit	0	0	0	0
7	Champhai	0	0	0	0
8	Lawngtlai	0	0	0	0
9	Serchhip	0	0	0	0
Total		194	194	3	0



MIZORAM STATE HEALTH CARE SOCIETY (MSHCS)

During the Financial Year 2024 to 2025, claims amounting to ₹39.91 crore for 73,713 beneficiaries under Govt. Servant Medical Reimbursement was scrutinized.

Under the Mizoram State Health Care Scheme 2024-2025 policy, claims amounting to ₹25.05 crore for 83,350 beneficiaries were approved.

And under AB PM-JAY during 2024-2025, claims amounting to ₹30.19 Crore for 27,330 beneficiaries were approved.



Luanching of MUCHS By Pu Lalduhawm, Hon'ble Chief Minister, Mizoram



Comprehensive Primary Health Care through Health & Wellness Centres (CPHC-HWC)

Achievement during 2024-2025

a) **HR-** During the year, 42 HWOs were newly recruited who have undergone compulsory CCH course under IGNOU. Currently, there are 291 HWOs present, 11 MOs 1 SN and 1 MPW at UHWC were newly recruited.

b) **Status of Operationalization of HWCs:**

Type	Target	Operational	%
SHC+AYUSH	298	332 (SHC-291+ AYUSH-41)	111
PHC	60	58	96.6
UPHC	9	9	100
UHWC	17	17	100
Total	384	416	108 %

c) **Facility Branding** – Facility painting and branding is done for 16 HWCs (PHC-rural and urban & SC).

d) **Training** –

1. As a part of operationalization of HWCs, 42 HWOs, 38 MOs, 52 SN and 1 MPW were trained on Population Based Screening on Non-Communicable Diseases and utilization of various portals such as: NCD Portal, HWC portal, eSanjeevani portal, PLP portal, DVDMS and Nikshay during the year
2. 42 HWOs, 38 MOs, 52 SN and 1 MPW were trained on newer service delivery packages such as Emergency Medical Care, Oral, ENT, Eye, Mental, Neurological & Substance Abuse, Elderly and Palliative Care
3. Online training on utilization of DVDMS were conducted for HWC-SHC at Lunglei, Champhai & Siaha District.
4. HWC review meeting, JAS ToT cum refresher training on expanded package Services were conducted for HWOs posted at various HWC-SHC & HWC-AYUSH.
5. One day physical Visual Inspection Acetic acid (VIA) training for 43 HWOs were conducted at Zoram Medical College.

e) **Teleconsultation** –

- ✓ No of hubs – 28
- ✓ No. of hubs cum spokes – 79
- ✓ No of spokes – 335
- ✓ Total calls made – 28385
- ✓ Average calls made per facility within the year – 85 calls, 7 calls/month/ facility

f) **Wellness** –

- ✓ No of HWCs (All HWC) – 417
- ✓ Total Footfall- 11,61,290
- ✓ Average Footfall – 232 / month/ Facility
- ✓ Total Wellness sessions conducted – 1,19,912
- ✓ Average wellness sessions conducted by HWC – 288 sessions annually i.e., 23 sessions/month/facility

e) **Diagnostic** – Name and quantity procured within the year to improve diagnostics services

1. Blood group & RH typing 300
2. Dual Test Kit for HIV&Syphilis 19,000
3. Digital haemoglobinometer test Strips 25,000
4. Glucostrips (Accucheck Instant) 37,500
5. H-pylori Rapid Test Kit 180 box

6. Malaria Test Kit	15,000
7. Salt Iodine Test kit	3000
8. Typhoid Rapid Test Kit	1360 box
9. Urine Reagent Strips	58,000
10. Widal Test	100

- f) **Drugs** - Name & quantity procured within the year to improve drugs supply NCD drugs (Telmisartan & Amlodipine) - 2,00,000 tabs each and Metformin - 3,00,000 tabs
- g) **Co-ordination with WCD** – As per the Ministry of Women and Child Development's directive with an intention to provide medical care to children living in Child Care Institution (CCI), 33 HWCs were mapped to conduct regular health checkup (bi-annually) to children in CCI within their catchment areas
- h) **Co-ordination with School Health Programme** – 2113 Health and Wellness Ambassadors and their schools were mapped with HWCs
- i) **Support NCD programme during NCD Campaign** – State level orientation, 4 district level weekly review conducted for NCD staffs. Procurement of Glucometer and Glucostrips to support the NCD Campaign.



NATIONAL URBAN HEALTH MISSION (NUHM)

The National Urban Health Mission (NUHM) was launched in Mizoram on February 14, 2014. Initially, 8 Urban Primary Health Centers (UPHCs) were approved: 6 in Aizawl City and 2 in Lunglei Town. In 2019-2020, one UPHC was approved for Champhai District. For the ROP 2024-25, one UPHC was approved for Kolasib District.

Objectives: To provide integrated and sustainable primary health care to improve the health status of urban poor communities and low-income neighborhoods, especially those living on the outskirts of cities and towns, including vulnerable groups.

Staff Recruitment: For the newly approved Kolasib Vengthar UPHC, recruitment included 1 Medical Officer, 3 Staff Nurses, 3 Health Workers/ANMs, 1 Lab Technician, 1 Account Clerk cum DEO, and 3 helpers.

Mahila Arogya Samiti (MAS):- MAS is a Women's Health Committee that promotes community participation in health activities under NUHM. Currently, 93 MAS members are approved and active.

Accredited Social Health Activist (ASHA): ASHAs are female community health workers who play a vital role in NUHM by providing health education, promoting healthy behaviors, and connecting individuals to healthcare services. Ninety-three (93) Urban ASHAs have been recruited, with an average of 25 household visits per month.

Convergence:

1. Collaboration between Health & Family Welfare, Urban Development & Poverty Alleviation, AMC, RIPANS, Apollo School of Nursing, MCON, Laithangpuii College of Pharmacy, and ZMC.
2. Coordination with the State NCD cell.
3. Annual screening and health check-ups for sanitation workers have been conducted since 2018.

Outreach: Eighty outreach camps were approved for 10 UPHCs, achieving 124% of the target. Out of 75 approved outreach sessions, 18 were conducted using IPA funding.

Urban Health Nutrition Day (UHND): UHND provides preventive, promotive, and basic curative services monthly at Anganwadi Centres or other community spaces. A total of 372 UHND sessions per month are approved for 10 UPHCs, with 3,984 sessions conducted during FY 2024-25.

Specialist Services: As approved by GOI, specialist services are available in all UPHCs. Three UPHCs (Zemabawk, Chawlhmun, and Lawipu) have been designated as Polyclinics, with three specialists visiting weekly.

Immunization: Routine immunization sessions are held on Saturdays, except the second Saturday of each month.

UPHC Performance 2024-2025 (Till January):

- | | |
|-------------------------------|----------|
| • Outpatient Department (OPD) | : 84,186 |
| • Inpatient Department (IPD) | : 275 |
| • Deliveries | : 66 |
| • Laboratory Tests | : 64,716 |

NQAS Certification: Chawlhmun UPHC and ITI UPHC have received NQAS certification. Sihphir UPHC, Lawipu UPHC, and Hrangchalkawn UPHC are certified for SQAU.

Good Practices:

1. Strong collaboration with local NGOs has resulted in valuable donations to UPHCs.
2. A local NGO donated land for Kolasib UPHC construction. NGOs also renovated the community hall and provided items such as carpets, benches, electric water filters, wall clocks, and a 2000-litre SINTEX water tank. Local carpenters contributed social work for the renovation.
3. On March 6th 2025, Free Health Camp took place at TNT Muanna Veng, Zuangtui. The clinic offers a range of services including General and Skin OPD, Dental Clinic, NCD screening, HIV screening, and TB screening. Medications are provided at no cost to patients, and laboratory testing all offered free of charge.

Additional Convergence Efforts: Coordination with Health & Family Welfare, Urban Development & Poverty Alleviation, AMC, RIPANS, Apollo School of Nursing, MCON, Laithangpuii College of Pharmacy, ZMC, and MSACS. Integration with all NHM programs is ensured, with UPHC performance reported monthly in NUHM reports. Annual health screenings for sanitation workers have been conducted continuously since 2018.

Construction: Construction of Champhai UPHC has been approved and is currently in progress.



Review Meeting cum Orientation Training of NUHM

Reproductive and Child Health (RCH)

During the financial year 2024–25, Mizoram has made commendable progress in maternal and child health indicators under the National Health Mission (NHM). The state's focused interventions, strong community engagement and consistent monitoring have contributed to the following notable achievements:

1. The latest Sample Registration System (SRS May 2025) data was acknowledged as a major milestone, with Mizoram achieving an Infant Mortality Rate (IMR) of 4 — the lowest in the country, alongside Manipur and Sikkim. The accomplishment was lauded as a reflection of effective programme implementation.
2. ANC Registration: Mizoram achieved 90% registration of pregnant women for Antenatal Care (ANC), ensuring early identification and monitoring of pregnancies.
3. 1st Trimester Registration: 80% of pregnant women were registered within the 1st trimester, contributing to timely interventions and improved maternal and fetal outcomes.
4. 4 or More ANC Coverage: 67% of pregnant women received four or more ANC visits, reflecting increased awareness, improved outreach and service delivery.
5. Institutional Deliveries: The state reached a remarkable 91% institutional delivery rate, ensuring safer births under trained health professionals.
6. Sex Ratio: The Sex Ratio stood at 957 per 1000 females, which is considered a healthy demographic indicator and compares well with national figures.
7. Reduction in Neonatal Mortality Rate (NNMR): Mizoram successfully reduced NNMR to 9 per 1,000 live births in 2024–25, down from 10 in 2023–24.
8. Reduction in Infant Mortality Rate (IMR): The IMR was brought down to 14 per 1,000 live births, showing steady improvement from 16 in the previous year.
9. Reduction in Under-5 Mortality Rate (U5MR): U5MR was reduced to 19 per 1,000 live births, compared to 20 in 2023–24, indicating progress in child survival.
10. Maternal Deaths: A total of 18 maternal deaths were reported. While this reflects ongoing improvements in maternal care, further efforts are needed to strengthen emergency obstetric care and reduce preventable maternal mortality.
11. Launch of Kilhari: Mizoram successfully launched Kilhari, a flagship initiative of the Ministry of Health & Family Welfare (MoHFW), Government of India. Kilhari is a mobile voice messaging service that delivers timely, culturally appropriate information on pregnancy, childbirth and child care to families, particularly targeting pregnant women and new mothers.
12. National Deworming Day Coverage: The state achieved 99% coverage during National Deworming Day, contributing to improved nutritional outcomes and reduced parasitic infections among children.
13. Stop Diarrhoea Campaign: With 99% coverage, Mizoram ensured effective implementation of the Stop Diarrhoea campaign, focusing on ORS-Zinc distribution and hygiene promotion.

14. Family Planning Logistics Management Information System (FPLMIS): The operational status of FPLMIS stood at 78%, reflecting growing digital integration in supply chain management of contraceptives and family planning commodities.
15. RCH Portal Registration: The state achieved 93% registration of pregnant women and 98% of child registration on the Reproductive and Child Health (RCH) Portal. This enabled effective tracking and service delivery. Mizoram also successfully met the Conditionalities Framework of NHM 2024–25, reinforcing the efficiency of its health data systems and governance.

These achievements highlight Mizoram's commitment towards improving maternal and child health and its progress toward achieving Sustainable Development Goals (SDGs). Continued focus on quality of care, digital health initiatives, and equity in access will be key to sustaining these gains.

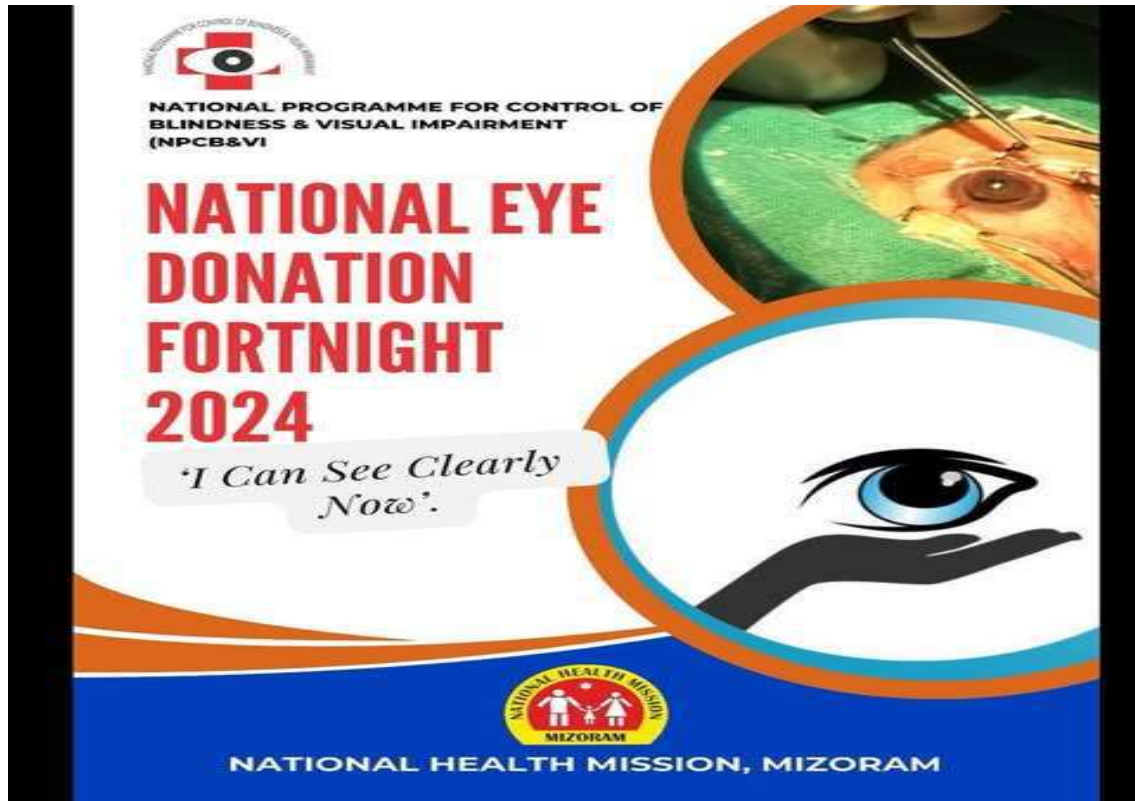


The STOP Diarrhoea Campaign 2025 organised by RCH, NHM Mizoram



National Programme for Control of Blindness & Visual Impairment

- | | |
|---------------------------------------|---|
| 1. Cataract Operation | : Three thousand four hundred and sixty three |
| 2. Teachers Trained | : Four Hundred and forty |
| 3. School Children Screened | : Forty thousand one hundred and seven |
| 4. Refractive Error Detected | : Eight thousand five hundred and seventy six |
| 5. Free spectacles to School Children | : One thousand nine hundred and nineteen |
| 6. Free spectacles to old age: | Two thousand seven hundred and seventy nine |
| 7. Cornea collected | : Two hundred and twenty six |
| 8. Corneal transplant | : Eighty eight |



SCHOOL HEALTH & WELLNESS PROGRAM (SHWP-AB)

- i) Districts covered under SHWP-AB: Aizawl, Champhai, Mamit, Siaha, Lawngtlai & Lunglei.
- ii) Total No. of School covered under SHWP-AB: 994
- iii) Total No. of HWA Trained under SHWP-AB: 1694
- iv) Total No. of Principals oriented under SHWP-AB: 804
- v) SHWP_AB is proposed to be implemented in the district of Khawzawl, Saitual & Hnahthial when funds are available.

RASHTRIYA KISHOR SWASTHYA KARYAKRAM (RKSK)

Adolescent Friendly Health Services (AFHS):

- i) No. of Functional Youth Clinic: 53
- ii) No. of client load registered in Youth clinic: 114423 client
- iii) Average no. of client load per clinic per month: **239 average/ per clinic/client**

Peer Education Programme (PE):

- i) Total no. Of District Covered for PE program: 7
- ii) No of Adolescent Health & Wellness Day observed: 1474 @Quarterly in 638 villages (57.8%)
- iii) No of Teen Club observed: 1501 @monthly in 233 Sub Centre (56.1%)

Weekly Iron & Folic Acid Supplementation (WIFS):

- i) Total No. of schools covered: 1636
- ii) Total No. of Anganwadi covered: 2244
- iii) No. of school boys & girls(M/S- HSS): 95847
- iv) Out of school adolescent girls: 6577
- v) Total target beneficiaries: 102424
- vi) **IFA coverage: 91.5%**



Rashtriya Bal Swasthya Karyakram (RBSK)

Achievement for the year 2024-25 under Key Indicators:

1. **Comprehensive Newborn Screening** : New Born Screening at Delivery Point : 100%
- (13155 newborns are screened)
2. **Functional DEIC** : 100% - Aizawl West DEIC and Lunglei DEIC are functional
3. **Institutions Visited** : 81.45% - (Out of 7135 institutions to be visited, 3185 Anganwadi Centres and 2627 Govt. and Govt. Aided Schools are visited by RBSK MHT)
4. **Child Health Screening** : 82.76% - (Out of 385952 children to be screened, 319445 children are screened by RBSK MHT)
5. **Secondary / Tertiary management of Conditions specified under RBSK** - 79 surgical corrections
 - 19 Congenital Heart Diseases cases
 - 38 Strabismus cases
 - 4 Congenital Cataract cases
 - 15 Cleft Lip & Cleft Palate cases
 - 3 Club Foot cases

Anemia Mukht Bharat (AMB) Strategy

Number of T3 Camps conducted by RBSK Mobile Health Teams under AMB Strategy

- | | |
|---|----------|
| 1. Total No. of T3 camps conducted | : 5427 |
| 2. Total No. of beneficiaries screened in the T3 camp | : 23979 |
| 3. Total No. of beneficiaries screened by RBSK | : 295715 |



FREE SCREENING CAMP

NAUPANG LUNG NATNA NEITE TAN

 **25 APRIL 2024**

 **9:30 AM**

 **EBENEZER MEDICAL CENTER
CHAWNUI, AIZAWL**

- Nau pianghlim atanga kum 18 inkar, lung lama harsatna nei te tan
Screening Camp leh inenkawlina Ebenezer Medical Centre, Aizawl, Mizoram ah neih tum a ni
- Inenkawlina senso hi RBSK tum tur a ni

**Booking tih a ngai lova
kal hmasa apiang duhsak an ni ang.
Hrechiang duh tan: 8118900590/9774430209**

TRANSFORMING LIVES THROUGH HEALTHCARE

NATIONAL PROGRAMME ON CLIMATE CHANGE AND HUMAN HEALTH (NPCCHH)

- I. **IEC Dissemination:** Dissemination of Poster on Heat and Air Pollution in local language (Mizo) to district healthcare facilities.
- II. **Observance of important days under NPCCHH:** Observance of important days under NPCCHH in HWCs and other district healthcare facilities and district CMOs offices:
 - Heat Action Day on 2nd June
 - World Environment Day on 5th June
 - International Day of Clean Air for Blue Skies on 7th September
 - World Environment Health Day on 26th September
 - International Day for Disaster Risk Reduction on 13th October
 - International Day of Climate Action on 24th October
- III. **Surveillance:**
 - i) Heat Related Illnesses Surveillance Reporting on IHIP Portal done by all health facilities (PHC & above) in all the districts from 1st March, 2023 to 30th November, 2023.
 - ii) Air Pollution Related Illnesses Surveillance Reporting on NOADS App done by 4/4 Sentinel Hospitals.
 - iii) Training of District Nodal Officers, Surveillance Nodal Officers & DDM/DEO on Air Pollution Related Illnesses Surveillance Reporting through digital approach (Android Mobile App) and integrating with IHIP Portal.
- IV. **Planning & M & E:**
 - State Level Governing Body Meeting on Climate Change and Human Health and Release of State Action Plan on Climate Change and Human held on 18th September, 2025 at SAD Conference Hall, -1, Room No.203& 204, Second Floor, Secretariat, Main Building, MINECO.
- V. **Capacity building including training:**
 - Online training of Medical Officers, Nursing Officers, Health and Wellness Officers, Supervisor, Health Worker, District Program Manager, District Data Manager & Data Entry Operator on Climate Change and Human Health on 1st to 6th May, 2025.
 - Training of Medical Officers on Climate Change and Human Health held on 21st June, 2025 at Auditorium, Aizawl West College.
 - Sensitization of Traffic Police Personnel on Climate Change and Human Health was held on 31st July, 2024 at Conference Hall, Directorate of Health Services, Dinthar.
 - Training of Trainers (ToTs) of Health & Wellness Officers on Climate Change and Human Health for ASHA & JAS was held on 5th February, 2025 and 22nd April, 2025.



UNIVERSAL IMMUNIZATION PROGRAMME

Aims & Objective:

The goal of UIP is to provide every child and pregnant woman protection from vaccine preventable diseases.

Immunization Programme in India was introduced in 1978 as 'Expanded Programme of Immunization' (EPI) by the Ministry of Health and Family Welfare, Government of India. In 1985, the programme was modified as 'Universal Immunization Programme' (UIP) to be implemented in phased manner to cover all districts in the country by 1989-90 with the one of largest health programme in the world.

Vaccines provided under UIP in Mizoram:

BCG - BCG stands for Bacillus Calmette-Guerin vaccine. It is given to infants to protect them from tubercular meningitis and disseminated TB.

OPV - OPV stands for Oral Polio Vaccine. It protects children from poliomyelitis.

Hepatitis B vaccine - Hepatitis B vaccine protects from Hepatitis B virus infection.

Pentavalent Vaccine - Pentavalent vaccine is a combined vaccine to protect children from five diseases Diphtheria, Tetanus, Pertussis, Haemophilis influenza type b infection and Hepatitis B.

Rotavirus Vaccine - RVV stands for Rotavirus vaccine. It gives protection to infants and children against rotavirus diarrhoea. It is given in select states.

fIPV - fIPV stands for Fractional Inactivated Poliomyelitis Vaccine. It is used to boost the protection against poliomyelitis.

Measles/ MR vaccine- Measles and Rubella a combined vaccine is given to protect from Measles and Rubella infection.

DPT booster - DPT is a combined vaccine; it protects children from Diphtheria, Tetanus and Pertussis.

Td - Tetanus toxoid and Adult diphtheria combination vaccine is used to provide protection against tetanus and diphtheria.

PCV- Pneumococcal Conjugated Vaccine give protection against pneumonia caused by Pneumococcal strain

Facilities and HR:

The Programme is run at the state under the State Immunization Officer under which there are - Assistant State Immunization Officer, State Programme Manager, Cold Chain and Logistic Manager, Computer assistant and 2 IV grades.

State Vaccine Store: The state vaccine store now located at Directorate of Health Services, MINECO, Aizawl receive and hold vaccine for the whole state. It is run by 1 Health worker and 1 IV Grade.

State Workshop: Workshop for repair of cold chain equipment located at Directorate of Health Services, MINECO, Aizawl. It is run by 3 Cold chain Technician from Aizawl East, Aizawl West and Serchhip and 1 IV grades.

Districts: In each district there are designated District Immunization Officer and Computer Assistant. The district vaccine store are run by 1 or 2 health workers/supervisor (Cold chain Handlers). Each district has Cold chain Technician for maintenance of Cold Chain Equipment within the district.

MR Elimination by 2026

Achievement for the year 2024-2025 (April 2024 – March 2025)

S. I. N. o.	Name of District	Target received from Districts	Pent a 1	Pent a 3	Pent a 1- Pent a 3 Dro pout Rate	MR1	Pent a 3 to MR 1 Dro pout rate	MR2	MR1 to MR2 Dro pout rate	FIC	% of FIC from Target	TD 10	TD 16
1	Aizawl East	4081	3773	3804	-0.8	3708	2.5	3619	2.4	3681	90.2	4374	4945
2	Aizawl West	2432	2202	2236	-1.5	2233	0.1	2487	-11.4	2201	90.5	2664	4713
3	Changmai	1512	2476	2384	3.7	2308	3.2	2169	6.0	2295	151.8	2542	2066
4	Kolasib	1493	1440	1379	4.2	1330	3.6	1278	3.9	1311	87.8	1762	1300
5	Lawngtlai	2226	2361	2200	6.8	1834	16.6	1787	2.6	1839	82.6	1824	1155
6	Lunglei	2919	2835	2762	2.6	2772	-0.4	2735	1.3	2765	94.7	3530	2898
7	Mamit	1446	1525	1411	7.5	1385	1.8	1293	6.6	1362	94.2	1489	1031
8	Serchhip	987	938	998	-6.4	986	1.2	988	-0.2	986	99.9	1280	1086
9	Siaha	1250	2880	1134	60.63	1050	7.41	1056	-0.57	1039	83.12	976	663
Mizoram		18346	20430	18308	10.38	17606	3.83	17412	1.10	17479	95.27	20441	19857

Target Infant - 18346
Full Immunization Coverage - 95.27%



NATIONAL ORAL HEALTH PROGRAMME, MIZORAM

1. Setting up of 3D Printing Dental spoke at Serchhip which was a development initiative taken by the Chief Minister of Mizoram from Amtron company and launched by him on 1st oct 2024.
2. Total foot fall of Dental OPD during 2024 – 2025 was 73453.
3. Inspection and Supervisory visit to 7 District Hospitals, 3 Community Health Centre and 3 Primary Health Centre.
4. Outreach activities – Oral Health and Oral Cancer Screening in two remote villages each of the 10 Districts of Mizoram.
5. Capacity Building – Training of Dental Surgeons, Dental Hygienists and Dental Assistants.
6. Training cum awareness campaign on Oral Health to school teachers and health workers of Aizawl District.
7. Distribution of IEC on Oral health, hoardings boards and posters for display in DH, CHCs and PHCs.
8. Procurement of 3 Dental chairs and 6 RVG with Laptop sets (Digital X ray machine) and various Dental Equipments to be distributed to specified centres.
9. Procurement of various consumables to be distributed to all Dental OPDs



**NATIONAL TOBACCO CONTROL PROGRAMME
NATIONAL HEALTH MISSION, MIZORAM**

Table A: Key Deliverables:

SI No	Indicator statement	Indicator	Target 2024-25 FY	Achievement
1	Increase in availability of Tobacco Cessation Services available	No of Districts with TCCs	9	9
2	Improved access for Tobacco cessation services	No of people availed TCC services in 2024-26	3000	6645

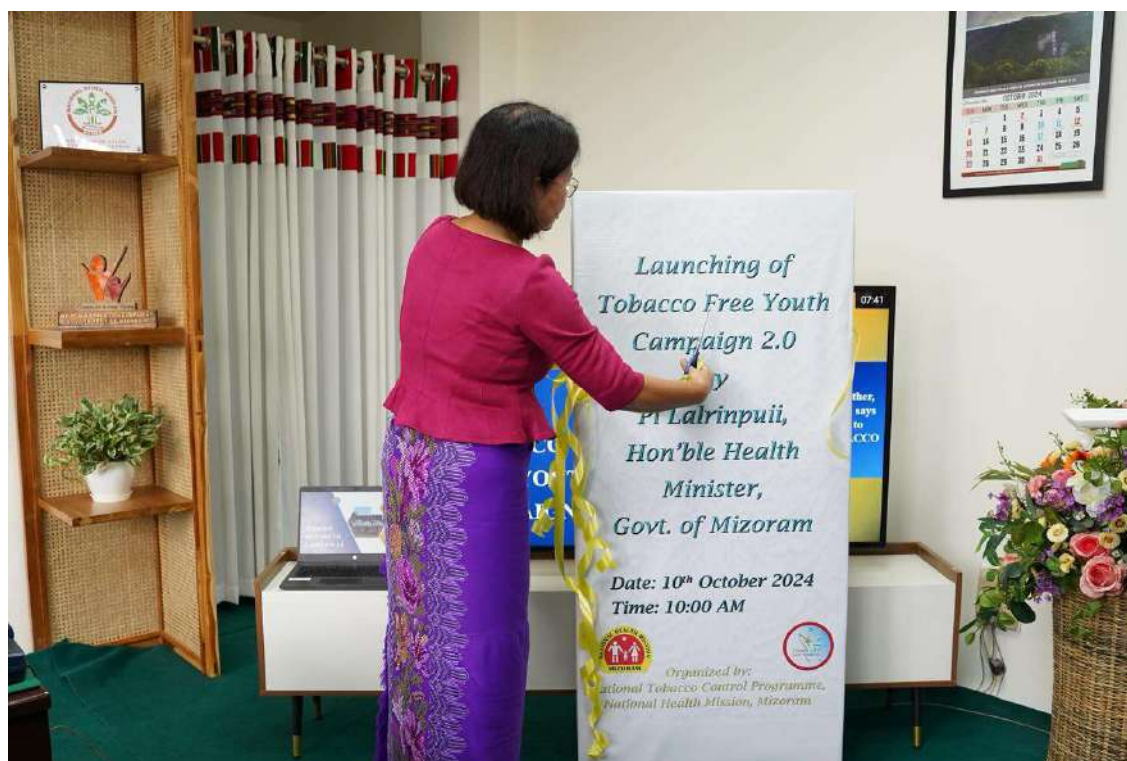


Table B: Trainings, Awareness Campaigns, Enforcement Drives, ToFEI etc.

Sl.No.	Name of Activity	No of Activity	No. of Participants
1.	Training and Sensitization Workshop	41	1854
2.	Anti-Tobacco Awareness Campaigns and programmes at Churches/Community	62	8397
3.	Anti-Tobacco Awareness programmes at Educational Institutions	291	25135
4.	Participated as Resource Persons in other Training Programmes	3	160
5.	Others (Important Meetings, Talk show etc.)	28	605
6.	Total No. Of Anti-Tobacco Squad drives conducted	423	
7.	Total No. of Offenders for violation of COTPA	492	
8.	No. of Tobacco Free Educational Institution (ToFEI) declared during the FY	194	

Table C: Report of Tobacco Cessation Clinic (TCC)

Sl. No.	Indicator	Total
1	Total No. of Clients at Tobacco Cessation Clinics (TCC)	6645
2	Total No. of Persons counseling given (follow up by phone call and in person - 1 person is follow up for 7 times in a year)	26640
3	Average Quit rate	17.46
4	Number of persons screened for TB symptoms complex referred to DOTS Centre	26
5	Number of registered TB patients referred to TCC for tobacco cessation counseling after giving "Brief Advice"	190
6	Referral by Doctors/others programmes – (OPD, NCD & Dental)	2017



NATIONAL TB ELIMINATION PROGRAMME

- 23,834 patients have been examined for TB.
- 1032 TB patients have been notified in Ni-kshay.
- 12% of all TB patients are co-infected with HIV.
- 5% of all TB patients are also suffering from Diabetes Mellitus.
- 72% of TB patients are successfully treated for TB.
- 14 people died of TB associated deaths (7%)
- Rs 30.03 lakhs has been disbursed for Ni-kshay Poshan Yojana.
- There are 69 Ni-kshay Mitras supporting 164 TB patients.
- 5758 Food Baskets have been distributed till date.
- TB Mukht Bharat Abhiyaan Campaign is ongoing in Kolasib, Lawngtlai, Lunglei & Siaha. Vulnerable targets for TB are mapped, screened and tested for TB with 10 S Screening, Ultra Portable HH Xray and Upfront NAAT testing.
- Differentiated TB Care is now implemented in all 8 districts to combat the high mortality and morbidity associated with TB.
- 121 Village Councils were declared TB Free in 2024.
 - 19 Silver (2 consecutive years of TB Free status)
 - 102 Bronze (1 year of being TB Free)
- BPaLM Regimen was initiated in Mizoram for Multi Drug Resistant TB patients.
- CyTB was introduced for Latent TB Infection management in adults.



National Rabies Control Programme (NRCP)

On June 19–20, 2024, a specialized training session was conducted for 89 Medical Officers (MOs) focusing on the latest protocols and methods for rabies treatment. Dr. Ajit Shewale, Joint Director at the National Centre for Disease Control (NCDC), delivered an expert lecture on rabies, emphasizing the importance of updated clinical practices in managing this preventable yet fatal disease.

This initiative aligns with the National Rabies Control Programme's (NRCP) objective to eliminate dog-mediated rabies by 2030. The program includes strategies such as ensuring the availability of Anti-Rabies Vaccine (ARV) and Anti-Rabies Serum (ARS) at all health facility levels, capacity building for healthcare professionals, strengthening surveillance of animal bites and rabies cases, and enhancing diagnostic capabilities.

Dr. Shewale's involvement underscores NCDC's commitment to improving rabies management through continuous education and collaboration with healthcare professionals across India.

1. On 28th September 2024, in observance of World Rabies Day, the State Action Plan for Rabies Elimination (SAPRE) for Mizoram was officially launched by Hon'ble Health Minister Pi Lalrinpuii. The event was attended by key officials, including the Mission Director of the National Health Mission (NHM), Joint Directors of the Health & Family Welfare Department, and the Director and Joint Directors of the Animal Husbandry & Veterinary Department. The event was supported by the UNDP.

The SAPRE outlines a comprehensive strategy to eliminate dog-mediated rabies in the state, aligning with India's national goal of zero human rabies deaths by 2030. This initiative is part of the broader "One Health" approach, which integrates human, animal, and environmental health efforts to effectively combat rabies. The theme for World Rabies Day 2024, "Breaking Rabies Boundaries," underscores the importance of cross-sectoral collaboration and innovative strategies in rabies elimination efforts. The launch of SAPRE marks a significant step forward in Mizoram's commitment to achieving a rabies-free future.

2. On 28th September 2023, in observance of World Rabies Day, a live talk show was organized at Doordarshan Kendra Aizawl. The panel featured Dr Vanlalrengpuia, State Nodal Officer for the National Rabies Control Programme (NRCP); Dr Lalchhanhima, Veterinary Officer and Dr Rebecca Lalmuanpuui, State Veterinary Consultant for Integrated Disease Surveillance Programme (IDSP). The panelists discussed strategies for rabies prevention, the significance of vaccination, and the role of community engagement in achieving the global goal of eliminating dog-mediated human rabies deaths by 2030.



Release of State and District Action Plan on Dog mediated Rabies Elimination by 2030 from Mizoram

3. **Anti-rabies vaccine (ARV) & Anti-rabies serum (ARS):** As per the Record of Proceedings (ROP) for the year 2024–25, a total of 4,440 vials of Anti-Rabies Vaccine (ARV) and 100 vials of Anti-Rabies Serum (ARS) have been procured for distribution across various health facilities in Mizoram. This strategic procurement aims to enhance the state's capacity to manage and prevent rabies through timely and effective treatment options.
4. A training program on the 'One Health' approach was conducted for District Data Managers from 8th to 11th October 2024. This initiative aimed to enhance their capacity in integrating human, animal, and environmental health data for effective disease surveillance and response. The training emphasized the importance of collaborative efforts across sectors to address health challenges comprehensively.
5. The monthly NRCP report is systematically collected, compiled, and submitted to the National Centre for Disease Control (NCDC) as per the established guidelines of the National Rabies Control Programme (NRCP). These reports are integral to monitoring and evaluating the progress of rabies control efforts across the country. The standardized reporting formats, such as the State Monthly Report (NRCP-M02) and the District Level Report are accessible on the official NRCP portal for reference and use.



World Rabies Day hman a ni



National Programme for Prevention and Control of Deafness (NPPCD),

Status of Implementation

- NPPCD was launched in Mizoram since April, 2014 and currently, the Programme is implemented in nine (9) districts namely Aizawl East, Aizawl West, Champhai, Kolasib, Lawngtlai, Lunglei, Mamit, Serchhip and Siaha District. All 9 districts are function
- The programme is yet to be implemented in 3 new districts – Hnahthial, Khawzawl and Saitual. These 3 districts still functions as old district under their parent district – Lunglei, Champhai and Aizawl East and monthly report is also submitted as above.

Objectives of the Programme :

- 1) To prevent avoidable hearing loss on account of disease or injury.
- 2) Early identification, diagnosis and treatment of ear problems responsible for hearing loss and deafness.
- 3) To medically rehabilitate persons of all age groups, suffering with deafness.
- 4) To strengthen the existing inter-sectoral linkages for continuity of the rehabilitation programme, for persons with deafness.
- 5) To develop institutional capacity for ear care services by providing support for equipment, material and training personnel.

Indicators Achievement FY 2024 – 2025

- 31,243 people were screened for ear diseases and deafness
- 4044 deafness detected
- 505 persons fitted with Hearing Aid
- 153 surgeries done
- 1699 persons referred for rehabilitation
- 3345 persons referred for Hearing Aid

Achievement & Performance

1. Training of Newly recruited Medical Officers at PHCs, CHCs and SDH, 38 nos on 5th and 6th September, 2024.
2. Refresher Training cum Review Meeting for staff under NPPCD held on 6th February, 2025.
3. World Hearing Day is observed every year on 3rd March.
4. World Day of the Deaf is observed every year on 28th September.
5. **IEC (Information, Education & Communication)** – Printing of Leaflets, Pamphlets, Poster, Panel Discussions and Making of TV Spot and Broadcasting on local channels like DDK, Zonet & LPS and Awareness Campaigns along with Free Clinics.
6. **Procurement of equipments:** Tympanometer for District Hospital, Mamit and OAE Analyser for District Hospital, Lunglei.
7. **Audiometric rooms (sound proof rooms)** available at Civil Hospital Aizawl, State Referral Hospital Falkawn, District hospital Champhai, Kolasib, Mamit, Lunglei except at Lawngtlai, Serchhip and Siaha District Hospital.



NATIONAL PROGRAMME FOR HEALTH CARE OF THE ELDERLY (NPHCE)

1. The Vision of the NPHCE is:

- To provide accessible, affordable, and high-quality long-term, comprehensive and dedicated care services to an Ageing population;
- Creating a new “architecture” for Ageing;
- To build a framework to create an enabling environment for “a Society for all Ages”;
- To promote the concept of Active and Healthy Ageing

2. Specific Objectives of NPHCE are:

- To provide an easy access to promotional, preventive, curative and rehabilitative services to the elderly through community based primary health care approach
- To identify health problems in the elderly and provide appropriate health interventions in the community with a strong referral backup support.
- To build capacity of the medical and paramedical professionals as well as the care-takers within the family for providing health care to the elderly.
- To provide referral services to the elderly patients through district hospitals, regional medical institutions
- Convergence with National Rural Health Mission, AYUSH and other line departments like Ministry of Social Justice and Empowerment.

3. Status of implementation:

- NPHCE started in Mizoram in Dec 2015
- All 9 districts i.e., Aizawl West, Aizawl East, Lunglei, Kolasib, Champhai, Serchhip, Mamit, Lawngtlai & Siaha of Mizoram have been covered.



Observance of
**INTERNATIONAL DAY OF
OLDER PERSONS**
*"Ageing with Dignity: The Importance of Strengthening Care and Support
Systems for Older Persons Worldwide"*

Chief Guest
Pi Sangchhin Chinzah, IAS
Secretary,
H&FW Department

Chairman
Dr. Vanlalsawma
Principal Director,
H&FW Department

Speech
Dr. Catherine Lalmuanaawmi
State Nodal Officer, NPHCE
National Health Mission

Speech
Pu K. Thanmawia
General Secretary,
Mizo Upa Pawl.

**1ST OCTOBER, 2024
11:00AM**

**CENTRAL YMA HALL,
TUIKHUAHTLANG**

**ORGANISED BY
NATIONAL PROGRAMME FOR HEALTH CARE OF THE ELDERLY (NPHCE),
NATIONAL HEALTH MISSION, MIZORAM**

State performance on Key indicators during FY 2024-25.

ACHIEVEMENTS DURING FY 2024 – 2025

No. of Elderly Person attended OPD	31788
No. of Elderly admitted in wards	2045
No. of Elderly provided rehabilitation services	3670
No. of Lab test undertaken on Elderly patients	4950
No. of Elderly Died in Hospitals	116

Supervisory visit to Districts/facilities during FY 2023-24.

- Monitoring at Civil Hospital, Aizawl on 7th June, 2024
- Monitoring at Tlangnuam HWC, Kulikawn HWC & Mission Veng HWC 21st June, 2024
- Monitoring at Saron HWC, Armed Veng HWC & Venghlui HWC on
- Monitoring at Chanmari HWC, Ramhlum HWC & Bawngkawn on 5th July, 2024
- Monitoring at Champhai on 19th September, 2024
- Monitoring at SRH Falkawn on 25th September, 2024

Activities conducted – Physical & Financial as per ROP during FY 2024-25.

- Observance of International Day for Older Persons at Central YMA Hall, Tuikhuahtlang on 1st October, 2024
- Training for Medical Officer under NPHCE on the 24th October, 2024 (Thursday)
- Training of Physiotherapist under NP-NCD & NPHCE on 28th November, 2024 at Conference Hall, Planning & Programme Implementation Department



National Programme For Prevention And Control Of Non Communicable Diseases (NP-NCD)

Objectives of NP-NCD

Health promotion through behavior change with involvement of community, civil society, community based organizations, media etc.

Opportunistic screening at all levels in the health care delivery system from subcentre and above for early detection of diabetes, hypertension and common cancers. Outreach camps are also envisaged.

To prevent and control chronic Non-Communicable diseases, especially Cancer, Diabetes, CVDs and Stroke.

To build capacity at various levels of health care for prevention, early diagnosis, treatment, IEC/BCC, operational research and rehabilitation.

To support for diagnosis and cost effective treatment at primary, secondary and tertiary levels of health care.

To support for development of database of NCDs through Surveillance System and to monitor NCD morbidity and mortality and risk factors

Indicators:-

Opportunistic Screening

(Clinic + Camps)	FY 2024 - 2025
No. of Patients screened	136856
No. of patients -Physiotherapy	18107
No. of persons counselled	26160
Patients diagnosed with:	
Diabetes	3310
Hypertension	6599
CVDs	2742
Stroke	376
Cancer	152

Monitoring and Supervision:

- Monitoring at Civil Hospital, Aizawl onn 7th June, 2024
- Monitoring at Tlangnuam HWC, Kulikawn HWC & Mission Veng HWC 21st June, 2024
- Monitoring at Saron HWC, Armed Veng HWC & Venghlui HWC on
- Monitoring at Chanmari HWC, Ramhlum HWC & Bawngkawn on 5th July, 2024
- Monitoring at Champhai on 19th September, 2024
- Monitoring at SRH Falkawn on 25th September, 2024

Physical Activity for FY 24-25:

- Training on PAP Smear Procedure for Medical Officers & Staff Nurse under NP-NCD, CHA & SDH Kulikawm at NCD, Clinic, Civil Hospital, Aizawl on the 18th October, 2024 (Friday)
- Training on Cervical Cancer Screening using Visual Inspection with Acetic Acid at NCD, Clinic, Civil Hospital, Aizawl on the 17th October, 2024

- Free Clinic (World Diabetes Day) at Chanmari West, YMA Zawlbuk Organised by National Programme for Prevention & Control of Non Communicable Diseases (NP-NCD) in collaboration with Chanmari West Bull Riders to be held on 14th November, 2024
- Free Clinic at SP Security, MINECO on 10th July, 2024
- Free Clinic for Health Care Workers at National Health Mission, Dinthar on 3rd June, 2024
- Free Clinic on Mizoram Diabetic Society, Annual General Meeting on 12th July, 2024
- Free Clinic at Armed Veng South on 6th September, 2024
- Observation of World Heart Day on 30th September, 2024
- Awareness Campaign cum NCD Free Clinic at Womens Polytechnic, Durtlang on 4th October, 2024
- Free Clinic at Pachhunga University College on 30th October, 2024
- Free Clinic at Directorate of Health Services, MINECO on
- Free Clinic at MUP Chaltlang Lily Veng on 22nd November, 2024
- Free Clinic at Directorate of Hospital & Medical Education, MINECO on 3rd May, 2024
- Free Clinic at Grace Resort on 8th November, 2024



Free Clinic organized by NCD Programme, NHM Mizoram

NATIONAL IODINE DEFICIENCY DISORDER CONTROL PROGRAMME

1. Number of Iodated Salt sample analyzed & outcome:

Laboratory Level Quantitative Test (Titration Method)

Total No of Sample Tested	No of Sample with Nil iodine	Percent	No. of Sample with Iodine below 15 PPM	Percent	No. of Sample with Iodine above 15 PPM	Percent
600	1	-	-	-	599	99.8%

2. Community/Household level Qualitative Test (Salt Testing Kit)

Total No of Sample Tested	No. of Sample with Nil Iodine	Percent	No. of Sample with Iodine below 15 PPM	Percent	No. of Sample with Iodine above 15 PPM	Percent
1,94,974	-	-	8	0.0041%	1,94,966	99.9%

3. Goitre Survey was conducted at Kolasib District



Prevention and Control of Snakebite Envenoming

Training: Two days state level training on Snakebite envenoming prevention and control for 89 Medical Officers was conducted on 19th to 21st June, 2024 at DHS conference hall and Auditorium, Aizawl West College.

Procurement of snake venom anti-serum:

429 vials each of snake venom anti-serum was procured during FY 2024-2025 and distributed to District Hospitals, Community Health Centres and Primary Health Centres.

Poison Information Centre (PIC): Zoram Medical College and Hospital was nominated as PIC for Mizoram on 8th January 2025 and the detailed list of PIC team is formed as follows:

Name	Designation	Contact details
DrLalremmawia, Nodal Officer, PIC	MedicalToxicologist, Asst Professor General Medicine, ZMC	706674276 lalremmawiachengam@gmail.com
Zolawmsangi Chhangte	Public Health Educator, Dept of Community Medicine, ZMC	8729919070
Dr, HT Lalremsanga	Head of Dept. Dept. Of Community Medicine, ZMC	9862559482



Training of Medical Officers on snake bite (19-21 June 2024)

NATIONAL VIRAL HEPATITIS CONTROL PROGRAMME (NVHCP)

A. Aims and Objectives:

- Elimination of Hepatitis C by 2030
- Achieve significant reduction in the infected population, morbidity and mortality associated with Hepatitis B and C viz. Cirrhosis and Hepato-cellular carcinoma (liver cancer)
- Reduce the risk, morbidity and mortality due to Hepatitis A and E.

B. Operationalizing National Viral Hepatitis Control Programme in Mizoram

MTC (Model Treatment Centre): Civil Hospital, Aizawl

State Laboratory: Civil Hospital, Aizawl, Dept.of Microbiology, CHA

District Laboratory: Civil Hospital, Lunglei & State Referral Hospital, Falkawn

DTC (District Treatment Centres): at District Hospital Champhai, Mamit, Lunglei, Serchhip, Kolasib, Lawngtlai, State Referral Hospital, Falkawn & Siaha.

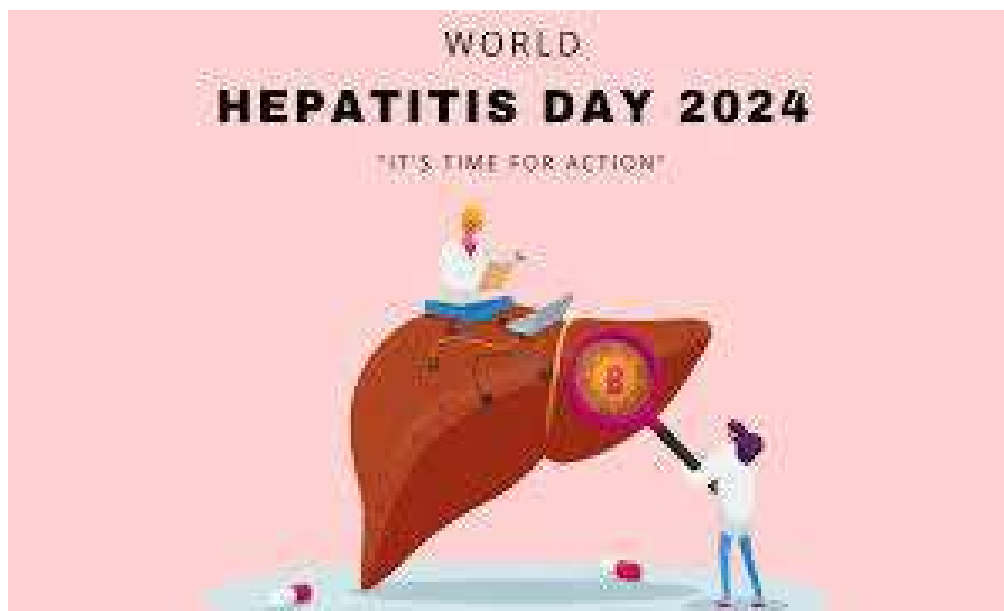
State Viral Hepatitis Management Unit (SVHMU):

- SVHMU was set up at Directorate of Hospital & Medical Education, New Secretariat Complex, Khatla under the guidance of State Nodal Officer.

C. Activities (FY 2024- 2025) :-

- Virtual Meeting was held on 13th June, 2024 (Thursday) with regards to Plan for Observance of World Hepatitis Day, 2024.
- A meeting was held with PATH & SALOM at the Office Chamber of the Mission Director regarding Hepatitis C Drugs on 21st June, 2024 (Friday).
- A meeting was held at Model Treatment Centre with PATH, SHALOM & officials at Model Treatment Centre regarding drugs and treatment of Hepatitis C on 21st June, 2024 (Friday).
- Virtual Meeting was held with all the District Nodal Officers on NVHCP MIS Health Facility Mapping in collaboration with Central, NVHCP on 21st June, 2024 (Friday) from 2:00 to 4:00 pm.
- A meeting was held at the office Chamber of the Mission Director, NHM, Dinthar regarding Hepatitis C drugs and Treatment with PATH, SHALOM & State NVHCP Team.
- Dissemination meeting on Acceptability and Usability of HCV Self -Testing among the HCV at Risk General Population, PWID and their partners in Mizoram at Aijal Club, Tuikual, Aizawl on 12th July, 2024 (Friday).
- “World Hepatitis Day” was observed on 29th July, 2024 (Monday) under the chairmanship of Mission Director, NHM and Hon’ble Minister, Health & Family Welfare Department, Mizoram as Chief Guest.
- A meeting was held at Model Treatment Centre on Test Kits & Treatment under the chairmanship of the State Nodal Officer, NVHCP on 2nd August, 2024 (Friday).
- Monitoring & Supervisory Visit of District Treatment Centre under NVHCP at District Hospital, Serchhip was held on 23rd September, 2024 (Monday) by State Nodal Officer, NVHCP.
- Monitoring & Supervisory Visit of Treatment Centre under NVHCP at District Hospital, Mamit was held on 19th September, 2024 (Thursday).
- Online Review on Management of Viral Hepatitis for Nodal Officer and District Nodal Officer was held on 25th October, 2024 (Thursday) from 3:00 pm - 4:00pm.

- Technical meeting on diagnostics was held on 28th October, 2024 (Monday) at the office chamber of the Mission Director.
- Technical meeting on drugs was held on 30th October, 2024 (Wednesday) at the office chamber of the Mission Director.
- A meeting was held on 29th November, 2024 (Friday) at the Office Chamber of the State Nodal Officer, NVHCP, NHM at Directorate of Hospital & Medical Education, MINECO, Khatla with Core Diagnostics, New Delhi on issues & challenges regarding consumables etc.
- A meeting was also held on 29th November, 2024 (Friday) at Model Treatment Centre, Civil Hospital, Aizawl with Core Diagnostics, New Delhi to solve certain issues & challenges regarding TRF form etc.
- A meeting was held on 2nd December, 2024 (Monday) at Civil Hospital, Aizawl regarding format of statistics and data compilation on Hepatitis A, B, C & E.
- Mid Term Review meeting was held on 10th January, 2025 (Friday) @ Old Building, Conference Hall, DHS.
- A Joint meeting with MSACS & Immunization, NHM was held at the Office Chamber of the Mission Director on 31st January, 2025 (Friday).
- Review Meeting cum Training of Peer Educator under NVHCP was held on 18th February, 2025 (Tuesday).
- Online Training regarding Hepatitis B Vaccination was held on 6th March, 2025 (Thursday) with Central NVHCP Division.



PRE-CONCEPTION AND PRE-NATAL DIAGNOSTIC TECHNIQUES (PC & PNDDT)

Objectives:

1. The prohibition of sex selection, before or after conception.
2. Regulation of pre-natal diagnostic techniques for the purposes of detecting genetic malformations or sex-linked disorders.
3. Prevention of their misuse for sex determination leading to female foeticide.

CURRENT STATUS OF IMPLEMENTATION

Registration:

1. Total number of Ultrasound Centres / Clinics registered till date : **68**

Sl.No.	District	Number of Ultrasound Centres/Clinics	Centres	Clinics	Govt.	Total
1.	Aizawl	37	17	20	5	68
2.	Lunglei	6	3	3	1	
3.	Champhai	7	4	3	2	
4.	Siaha	3	2	1	1	
5.	Lawngtlai	3	2	1	1	
6.	Kolasib	3	2	1	1	
7.	Mamit	2	2	-	2	
8.	Serchhip	2	1	1	1	
9.	Saitual	1	1	-	1	
10.	Hnahthial	2	1	1	1	
11.	Khawzawl	2	1	1	1	

2. Total number of Ultrasound operators (Radiologist, Gynaecologist, Sonologist) registered under PC&PNDDT Act, 1994 till date: **59**

Sl.No.	District	Number of registered ultrasound operators
1.	Aizawl	36
2.	Lunglei	6
3.	Champhai	3
4.	Saiha	2
5.	Lawngtlai	2
6.	Kolasib	4
7.	Mamit	1
8.	Serchhip	2
9.	Saitual	1
10.	Hnahthial	1
11.	Khawzawl	1
	Total	59

3. Total number of Ultrasound operators (Radiologist, Gynaecologist, MBBS sonologist) practising in Ultrasound Centres / Clinics : **59**

SIX MONTHS TRAINING :

Year	Batch	Number of candidate completing six months training till date
2016	1st	10
	2nd	4
2017	3rd	6
2018	4th	3
2020	5th	3
2021	6th	2
2022	7th	2
2023	8th	2
2024	9th	3
	10th	1
2025	11th	1
	TOTAL	37

CASES AND CONVICTIONS :

1. Number of case filed against violators identified during inspections – **NIL**
2. No. of cases pending in higher courts : challenging the provisions of the Act or its implementation/the appeals filed against the court orders: **NIL**

STATE SUPERVISORY BOARD MEETING : 1

The State Supervisory Board meeting was held on 17th February, 2025.

STATE APPROPRIATE AUTHORITY MEETING : 4

The State Appropriate Meeting was held on 6th June, 2024, 22nd August, 2024, 19th November, 2024 and 21st January, 2025.

STATE ADVISORY COMMITTEE MEETING : 4

The State Advisory Committee was held on 11th June, 2024, 29th August, 2024, 25th November, 2024 and 28th January, 2025.

INSPECTION : All Centres / Clinics were inspected by State Inspection and Monitoring Committee (SIMC) for the year 2024-2025.



CLINICAL ESTABLISHMENTS ACT 2010

Performance and Achievement Report 2024-2025

- ▶ 26th March 2024 : Sensitization training cum Workshop for Dissemination and Capacity Building for District staffs.
- ▶ Attended the National Council for Clinical Establishments (NCCE) Meeting on 10th May, 2024 at New Delhi
- ▶ 7th November 2024 : Meeting and Orientation training of all staff under Clinical Establishments Act held at DHME Conference Hall.
- ▶ Visiting and Monitoring of Clinical Establishments and inspecting their registration at all district inside Mizoram were done during February – May 2025

Name of District	Total number of Visited Establishments
1. Aizawl	170
2. Lunglei	12
3. Kolasib	30
4. Champhai	19
5. Serchhip	11
6. Mamit	4
7. Siahla	14
8. Lawngtlai	7

- ▶ As of 15th May, 2025, list of registered CEA-
Govt. Establishment - 100
Private Establishment - 553
Total - 653



Advocacy cum Training Workshop on Clinical Establishment Act 2010

BLOOD SERVICES & DISORDERS (BSD)

Status of Implementation

- Blood Services & Disorders was implemented in Mizoram since October, 2016 and currently, the Programme is being implemented in nine (9) districts namely Aizawl East, Aizawl West, Champhai, Lunglei, Kolasib, Mamit, Siahia, Lawngtlai and Serchhip Districts.

Goal

- Adequate, safe supply of blood and blood components. Strengthening Blood Banks and Blood Storage Centres in terms of man power, equipments and consumables.

At present, there are 11 licensed Blood Banks in Mizoram, 9 are Govt. owned & 2 are private owned. There are 12 (Twelve) Blood Storage Centres (BSCs).

Current Staff Details under SBC:

- State Coordinator - 1
- Technical Supervisor – 1
- Data Entry Operators – 10
- BCTV (Blood Collection & Transportation Van) staff includes - 1 Social Worker, 1 Attendant and 1 Van Cleaner.

Activities: (FY 2024 – 2025)

- Virtual Meeting on ‘Sickle Cell Anaemia’ was held on 19th June, 2024 (Wednesday).
- ‘World Blood Donor Day’ was observed on 14th June, 2024 (Friday) at Vanapa Hall, Aizawl in collaboration with Association for Voluntary Blood Donation & Mizoram SACS.
- World Blood Donor Day was observed on 14th June, 2024 (Friday) in collaboration with AVBD and Mizoram SACS at Vanapa Hall, Tuikual, Aizawl.
- Virtual Meeting on Sickle Cell Anaemia was held on 19th June, 2024 (Wednesday) for all the States by Central Team.
- License Status of all Blood Banks of Mizoram was sent to e-raktkosh team on 26th June, 2024 (Wednesday) as per their request
- SBC Monthly Report format for Blood Banks have been revised.
- A meeting was held with Blood Safety Division, MSACS regarding NAAT (Nucleic Acid Amplification Test) on 2nd August, 2024 (Friday) at the Office Chamber of the State Nodal Officer, SBC.
- Briefing and debriefing with CRM Team was held on 19th November, 2024 (Tuesday) and 23rd November, 2024 (Saturday) respectively.
- Mid Term Review Meeting was held on 10th January, 2025 (Friday) at Old Building, Conference Hall, Directorate of Health Services.
- State Blood Transfusion Council Meeting was held at Secretariat on 31st January, 2025 (Friday).
- HPLC Reagents which is proprietary item for screening of Thalassemia & Sickle Cell Anemia have been procured from Premier Scientific Corporation.
- Valentine’s Day Blood Donation Camp was held on 14th February, 2025 (Friday).
- Review Meeting cum Training of Data Entry Operators (DEOs) was held on 4th March, 2025 (Tuesday).

Blood Donation :

S.No	Blood Bank	Total Collection	Total Voluntary	Voluntary %	Camp Organized	Collection at camp
1	Civil Hospital Aizawl	16174	15111	93.43	186	9352

2	Synod Hospital Durtlang	3143	3071	97.71	68	2655
3	District Hospital, Champh	1964	1868	95.11	45	1285
4	District Hospital, Kolasib	1415	1328	93.85	38	1138
5	Civil Hospital, Lunglei	3140	3136	99.87	58	2298
6	Christian Hospital Serkaw	971	952	98.04	35	749
7	District Hospital Serchhip	730	713	97.67	37	639
8	District Hospital Lawngtla	1593	1199	75.27	45	1133
9	District Hospital Saiha	1091	1057	96.88	38	694
10	District Hospital Mamit	377	348	92.31	12	158
11	Zoram Medical College	4154	3783	91.07	49	2501
	Total	34752	32566	93.71	611	22602

(Target of Voluntary blood donation- 90%, Achievement 93.71%)

Felicitation of the States/UTs on the occasion of National Voluntary Blood Donation Day- 1st October 2024 organised by Blood Transfusion Services (BTS), Directorate General of Health Services in collaboration with Akhil Bahrtiya Terapanth Yuvuk Parishad (ABTYP) held at Jaipur, Rajasthan, **SBTC Mizoram was awarded Excellence in Blood Donation 2023-2024 for achieving first position among North Eastern States.**



Mizoram received Best Award for Blood Donation amongst N.E. State on 1st Oct/2024

COMMUNITY PROCESS (CP)

- 1. Home Based New born Care (HBNC) coverage 75%
- 2. Home-Based Care for Young Child (HBYC) coverage 88%
- 3. Village Health Nutrition Day (VHND) conducted 92%
- 4. Village Health Sanitation & Nutrition Committee (VHSNC) meeting conducted 88%
- 5. ASHA Refresher Training for completed for all 6 districts (Viz Champhai, Kolasib, Lawngtlai, Lunglei, Mamit and Siaha districts)
- 6. Social Security Scheme (PMSBY & PMJJBY) provided to all eligible ASHAs
- 7. The State Community Process/ASHA Resource Center monitoring Team visited Kolasib and Lunglei District
- 8. Weighing Scale and Digital Thermometer provided to ASHAs.
- 9. ASHA kit Bag provided to ASHA (Funded by MHSSP)

QUALITY ASSURANCE & KAYAKALP PROGRAMME

The State conducted Service Providers training for Chief Medical Officers, Senior Medical Officers (SMO) and Senior Staff nurses on Quality Assurance Guidelines.

Internal Assessors training was conducted in collaboration with RRC-NE for 30 doctors and 27 of them passed the exams and became Internal Assessors.

Training of trainers(TOT) was conducted on Kayakalp Checklist for SMOs, District Programme Managers(DPM), Medical Officers from each DH, Administrative cum Programme Assistants, representatives from NUHM. They will be District Kayakalp trainers and assessors.

Quarterly Mentoring/Assessment visits to all PHC,CHC and DH was conducted with support from MHSSP.

Kayakalp Assessment was completed in time and Felicitation was organised for the winners. All 12(100%) District Hospitals scored more than 70% points and achieved Kayakalp awards. Out of 11 SDH/CHC, 10(90%) of them scored more than 70% points and achieved Kayakalp awards. Out of 61 Primary Health Centres, 53(87%) of them scored more than 70% points and achieved Kayakalp awards. All 9 (100%)Urban Primary Health Centres scored more than 70% points and achieved Kayakalp awards. Out of 303 Health & Wellness- SC, 117 (39%)of them scored more than 70% points and achieved Kayakalp awards.



During 2024-25 year 14 facilities achieved NQAS **National** certification.

NQAS National certified facilities are:

- 5 District Hospitals (DH) namely Champhai DH, Lunglei Civil Hospital, Civil Hospital Aizawl, Lawngtlai DH and Siaha DH
- 7 Primary Health Centres (PHC) namely Haulawng, Sialhawk, Phuaibuang, East Lungdar, Khawhai, West Phaileng and Bilkhawthlir PHC
- 2 Urban Primary Health Centres (UPHC) namely ITI and Chawlhmun UPHC

During this reporting year there are 26 NQAS **State** Certified facilities which are yet to achieve NQAS National Certification as follows:

- 3 District Hospitals- State Referral Hospital Falkawn (Aizawl West DH), Mamit and Kolasib DH
- 20 PHCs – Bukpui, Tawipui South, Kanghmun, Kawnpui, Lungsan, Darlawn, Pangzawl, Chhaolo, Sangau, Chhingchhip, Bungmun, Cherhlun, Sairang, Khawbung, Hnahlan, Bairabi, Kawrtethawveng, Buarpui, Khawlailung and S. Vanlaiphai PHC
- 3 UPHCs – Hrangchawkawn, Lawipu and Sihphir UPHC.



Internal Assurance cum Services Providers Training for NQAS

MOBILE MEDICAL UNIT (MMU)

It is being brought to the notice of public through this department that Mobile Medical Unit is functioning as per the guidelines met from the Ministry of Health & Family Welfare, Government of India..

The main role of Mobile Medical Unit is to provide public health care services to communities in rural, remote and underserved areas. *Total Number of MMU= 9 (1 unit in 9 districts).*

There have been a slight addition of responsibilities in the schedule of monthly free outreach/ clinics performed by the Mobile Medical Unit in the previous Financial Year April, 2024 to March, 2025 apart from its regular routine in the flow as per required due to intensification of certain activities enacted from other departments such as-

- i) Sustain Elderly Health Check up by MMU which has been under possession of Social Welfare Department so to speak of.
- ii) Co- ordination of MMU doctors and staffs with National TB Elimination Programme, NCD etc.

Mobile Medical Unit (MMU), often referred to as a "hospital on wheels," is a vehicle equipped with medical facilities and staff that provides healthcare services in remote or underserved areas where access to regular healthcare facilities is limited. The National Health Mission (NHM) supports the implementation of MMUs in India, with the goal of taking healthcare to the doorsteps of the population.

Key Features and Functions of Mobile Medical Units:

Accessibility:

MMUs bridge the gap in healthcare access by reaching communities in remote areas, where traditional healthcare facilities are scarce.

Comprehensive Services:

They provide a range of services, including maternal and child health, reproductive health, management of communicable and non-communicable diseases, dental care, eye care, and emergency medical services.

Free Services:

The services provided by MMUs are generally free of cost to the beneficiaries.

Referral and Follow-up:

MMUs facilitate referrals to higher-level healthcare facilities for specialized treatment when necessary and also provide follow-up care.

Health Education:

MMUs actively engage in health education and awareness programs to promote community health and hygiene.

MMUs in Mizoram focus on providing primary health care services, including common communicable and non-communicable diseases, reproductive health services, and screening activities.

ACTIVITIES OF MOBILE MEDICAL UNIT (MMU) DURING APRIL, 2024 to MARCH, 2025 AS ON MAY, 2025											
SI No	DISTRICT	Aizawl East	Aizawl West	Mamit	Kolasib	Serchhip	Champhai	Lunglei	Lawngtlai	Siaha	Total
1	Apr-24	5	9	8	18		5	2			47
2	May-24	4	10	8	6		7	3	6	9	53
3	Jun-24	2		1	3	6	4	5	2		23
4	Jul-24	4	11	6	9	7	3	8	3		51
5	Aug-24	6	8	8	7	7	5	7		4	52
6	Sep-24	3	4	4	2	6	8	8		6	41
7	Oct-24	5	5	5		3	7	2		6	33
8	Nov-24	7	5	1	6	8	7	6		7	47
9	Dec-24	4	6		3	4	5	2	2	6	32
10	Jan-24		2		3	6	5				16
11	Feb-24	7	6	6			7		11	9	46
12	TOTAL =	47	66	47	57	47	63	43	24	47	441



National Ambulance Service (NAS)

The National Ambulance Service was set up in 2013 with 62 Ambulances across the state. The main objective of the National Ambulance Service is to provide transportation facility to Pregnant women and infant in order to provide safe, healthy and hygienic delivery at health institutions.

However, apart from providing pick and drop facility to pregnant women and infant, NAS also transport patients on emergency cases that are in need of emergency medical service.

National Ambulance Service under the National Health Mission provide 62 ambulances across 59 different health institutions within the state that are monitored by a centralized Call Centre (102 toll free) that functions 24/7.

Achievement of NAS 2024-25 FY

Sl. No.	Name of District	Pregnant Women	Infant	Sick	Others	Total Trips	Distance Covered
1	Aizawl East	80	7	39	148	274	20493
2	Aizawl West	113	123	10	223	469	4062
3	Lunglei	39	6	29	41	115	8156
4	Serchhip	56	2	50	266	374	15541
5	Mamit	0	0	0	1	1	355
6	Champhai	61	8	125	405	599	60747
7	Kolasib	106	14	45	15	180	10699
8	Lawngtlai	0	0	0	0	0	0
9	Siaha	1	0	6	0	7	502
TOTAL		456	160	304	1099	2019	120555

NATIONAL AMBULANCE SERVICE (NAS)

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NATIONAL HEALTH MISSION, MEITRAIM

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NATIONAL LEPROSY ERADICATION PROGRAMME

There are 13 new cases of leprosy treated under the National Leprosy Eradication Programme (NLEP) Mizoram during 2024-2025. Following the guidelines from the Central Leprosy Division, which aims for the complete eradication of leprosy in the country, the state NLEP has initiated the SPARSH Leprosy Awareness Campaign and Leprosy Case Detection Campaign in Lawngtlai and Lunglei Districts, where 6 new cases were identified and confirmed. The state NLEP is operating in eradication mode, and additional efforts are being made in the areas of surveillance and detection.



NATIONAL MENTAL HEALTH PROGRAMME

District Mental Health Programme under National Mental Health Programme (NMHP) is functional in 9 districts namely Aizawl East and West, Lunglei, Siahla, Champhai, Kolasib, Serchhip, Lawngtlai and Mamit. The team is involved in activities that cater to patients in Out-patient Department and In-Patient Department (admitted cases), they also manage mental health emergencies. The DMHPs in various districts regularly organize awareness/sensitization programmes and free clinics for addressing Mental Illness stigma in schools, colleges and other institutions in the community. At the state level, NMHP is actively involved in the prevention of mental illnesses through promotion of mental health and also by coordinating with other departments like Education, Social Welfare and others.

As per the NMHP guidelines, an NGO namely ARDSI- Mizoram Chapter has been selected as a partner working as the Targeted Intervention for the purpose of filling the gap between grassroots population, schools, colleges and the community are addressed directly through advocacy and training programmes. The TI NGO also has counselors who ran a 24 hour helpline for crisis and suicide management and Home Visits to mentally ill patients.

Sl. No.	Components		FY 2024-2025
1.	Early detection and treatment of mentally ill patients		
	a	OPD	18992
	b	IPD	2228
2.	Outreach for increasing awareness and reducing stigma related to Mental Health Problems		
	a	No. of Free Clinic or cum Awareness	173
	b	No. of Awareness	223
	c	No. of Home Visits	418
	d	No. of refer	464
	e	No. of Phone calls in Crisis/ Suicide Helpline	845
	f	No. of calls received by Tele MANAS	8216

Tele MANAS services: This is a 24x7 tele-mental health counselling services as a digital component of the National Mental Health Programme (NMHP) across all Indian States and UTs with assured linkages. This address the mental distress faced on a also functions as the suicide and crisis the main objectives is to exponentially of mental health services to anybody across India, any time, to implement a mental health service network that, in counselling, provides integrated medical and psychosocial interventions including video consultations with mental health specialists, e-prescriptions, follow-up services and linkages to in-person services and to extend services to vulnerable groups of the population and difficult to reach populations.



INTEGRATED DISEASE SURVEILLANCE PROGRAMME (IDSP)

- i) Integrated Health Information Platform (IHIP) is a reporting system used by IDSP. IHIP links real-time case-based surveillance, clinical data, lab data, and public health emergency data in a single platform. Under IHIP, disaggregated public health surveillance data are collected at all levels and reports are submitted in real-time.

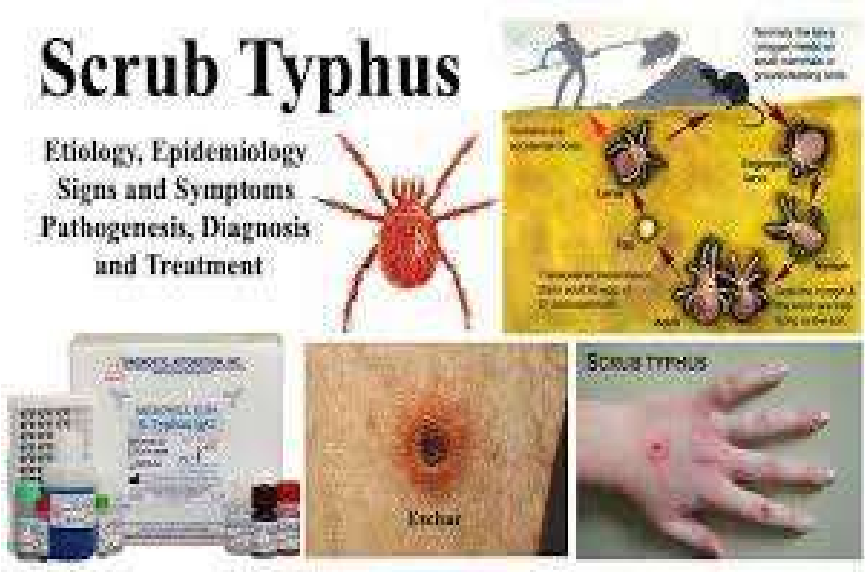
The average daily reporting status of IHIP in Mizoram during 2024-2025 is shown below:

Indicator	Status/Progress
S Form Reporting Percentage	95 %
P Form Reporting Percentage	96 %
L Form Reporting Percentage	96 %

- ii) IDSP collects and maintains various data on COVID-19 which is trusted as the primary source of data on COVID-19 by the state. Data on COVID-19 are entered daily through IHIP.
- iii) There were 14 outbreak investigations conducted during 2024-2025.
- iv) Training/Workshop on One Health cum State Review Meeting held during 8th to 11th October 2024.



Launching of Community Surveillance on mpox and other emerging diseases - 10th October' 24



Programme-Free Drugs Service Initiative (FDSI)

The Free Drugs Service Initiative (FDSI) is a program of the National Health Mission (NHM) of the Government of India and was launched in 2015. It aims to make essential drugs available free of cost to patients at public health facilities and reduce out-of-pocket expenses (OOPE) for patients.

During the financial year medicines as per the state EDL are procured through open tender and distributed to public health facilities and entered in DVDMS.

With the support of MHSSP, one component of the program- Standard treatment guideline (STG) is in the final stages of development.

The current state EDL is also in the process of being revised to align with the national EDL.

Programme-Pradhan Mantri National Dialysis Programme (PMNDP)

Currently there are 4 Haemodialysis centres in the state namely Aizawl, Lunglei, Champhai and Kolasib District Hospitals. There are 22 HD machines across these facilities. The state is in the process of expanding Heamodialysis Centres to Siaha, Lawngtlai and Mamit disticts respectively.

During the financial year 21 Heamodialysis machines were received through CSR funding. The details of allotment of the HD machines are as follows:



HD machine from Indian Oil

Name of hospital	Quantity to be delivered	Delivery status
Civil Hospital Aizawl	2	Delivered
Lunglei District Hospital	6	Delivered
Siaha District Hospital	4	Not delivered
Lawngtlai District Hospital	2	Delivered
Mamit District hospital	4	Not delivered
Champhai District Hospital	1	Delivered
Kolasib District hospital	2	Delivered
TOTAL	21	

Procurement of RO plant for Mamit and Siaha DH is underway. HD machines for these 2 DH will be delivered and installed once RO plant is ready.

The program has crossed its target of 900 heamodialysis sessions per month by achieving 1045 sessions.

Programme-Biomedical Equipment Management and Maintenance Programme (BMMP)

BMMP is an initiative by Ministry of Health and Family Welfare to provide support to state governments to outsource medical equipment maintenance comprehensively for all facilities so as to improve the functionality and life of equipment's, simultaneously improving healthcare services in public health facilities- reducing cost of care and improving the quality of care.

SI No	Indicator Statement	Indicators	Target 2024-25	Achievement 24-25
1	Equipment CAMC/ AMC	% of Equipment Covered under Comprehensive Maintenance Contract/ Annual Maintenance Contract/ BMMP Calculated as total number	96%	97%

		of equipment covered under CMC/AMC divided by total number of equipment available at the facility (Average of all Facilities in percentage)		
2	Equipment Upkeep time	% upkeep time of equipment uptime Calculated as average of upkeep time of all equipment at each level of facility against the specified uptime in BMMP (DH-95%/CHC-90%/PHC-80%)	DH-95%/CHC-90%/PHC-80%	DH-99%/CHC-99%/PHC-99%
3	AERB Compliance	% of Public Health Facility certified as per AERB compliance Calculated as average number of health facilities (having X-Ray related equipment) registered on eLORA portal for AERB license divided by the total number of health facilities havingX-Ray related equipment.	25%	27%



Bio Medical Equipment

Programme-Drugs & Vaccine Distribution Management System (DVDMS)

It was inaugurated in the state of Mizoram by the Hon'ble Health Minister on 14th July 2020. It is now operational in all government health facilities from District Hospital to Sub Centre.

Sl No	Indicator Statement	Indicators	Target 2024-25	Achievement 2024-25
1	Implementation of DVDMS in AAM SHC	% of Health Facilities up to AAM SHC implementing the DVDMS)	63%	96%

Training conducted:

Date	Venue	Comments
16.5.2024	Kolasib	DH to SC in charges.
25.3.2025	Aizawl W District	Pharmacist Review meeting
27.3.2025	SNO Office, NHM	CDAC Technical team + Pharmacists +IT Cell DVDMS

User active status:

Name of Health Facility	No. of Active user	Coverage %
CMO (DWH)	9	100
DH	11	100
SDH	2	100
CHC	9	100
PHC	56	100
UPHC	9	100
SC/HWC/UHWC/MC	364	96

- Re-mapping of SC/HWC/UHWC to AMM-SHC is done on 27th march, 2025.
- Online training on DVDMS for all the HF in-charge was conducted on 23rd August, 2024



Free Diagnostics Service Initiative (FDI)

Under the Mizoram Government, Health Department has made significant progress in Diagnostics during 2024-25. Projects such as Free Diagnostics Service Initiative (FDI), Mizoram Health Systems Strengthening Project (MHSSP), 15th Finance Commission and Pradhan Mantri Ayushman Bharat Health Infrastructure Mission (PM-ABHIM) have been implemented. Under these programmes, facilities from District Hospitals to Sub-Centres have been provided with their required equipments and these equipments have been delivered to their respective areas. Laboratory Technicians have also been trained on 2023 and 2024 regarding usage of the equipments.

Online Reporting System is developed by JHPIEGO for facilities to report the number of tests conducted in their respective laboratories. From here, the number of tests that facilities perform is checked and their needs / shortcomings can be identified.

During the past two years, the number of tests performed by facilities from District Hospitals to Sub Centres has increased significantly. We can perform most of the test listed under Essential Diagnostic List(EDL).

Sl. No	Facilities	Essential Diagnostics List	No.of test done by Facilities
1.	District Hospital (DH)	134	90-120
2.	Sub- District Hospital (SDH)	111	90
3.	Community Health Centre (CHC)	97	80
4.	Primary Health Centre (PHC)	64	54-56
5.	Sub-Centre (SC)	14	14

We have made a huge improvement in the number of tests we can perform by procuring new equipments. Before, 30-40 tests were conducted in CHCs, 25 tests in PHCs and 9 tests in Sub-Centres. List of equipments listed below:

EQUIPMENTS LIST:

Sl.No.	Equipments	Numbers
1	Fully Automated Biochemistry Analyzer	3
2	Semi Automated Bio-chem Analyzer	79
3	5 Part-Hemato - Analyzer	2
4	3- Part-Hemato - Analyzer	77
5	Electrolyte Analyzer	17
6	CLI Analyzer	12
7	Trunat Machine	7
8	Coagulation Analyzer	6
9	ESR Analyzer	3
10	Urine Analyzer	3
11	ELISA Reader & Washer	3
12	HBA1C Analyzer	1
13	ECG Machine	12
14	Bilirubinometer	7
15	Centrifuge	2
16	Incubator	6
17	CO Monitor Device	8
18	Lab Fridge	10
19	Hot Air Oven	7
20	Rotary Shaker	8
21	Autoclave	2
22	Micropipette Sets	8
23	Microbial Culture System	1



Training on Free Diagnostic Services for Lab Technician

STATE INFORMATION, EDUCATION AND COMMUNICATION

1. Hriselna & Damna Magazine: A 48 page Magazine is published every month containing advisories and articles on health issues with information on schemes and programs under Health & Family Welfare Dept.
2. Talkshows on Health Topics on local channels: General Health Programme, a live talkshow with phone-in on Doordarshan Kendra (DDK) is arranged by NHM where topics on health issues and activities by NHM programmes are discussed by two or more panelists. The show is broadcasted live on the 1st and 3rd Monday of every month.
3. Hoardings: Hoarding advertisements displayed at health facilities (Health and wellness Centres, District Hospitals, Community Health Centers etc.) and roadsides containing important health related messages and NHM programmes and schemes.
4. Logo Sticker: NHM Logo Sticker developed to be placed on equipment, properties and on directional signage at health facilities, procured by NHM at health facilities in all districts.
5. NHM Diary: Official NHM Diary containing information on NHM programmes and officials developed and disseminated to be used by Programme and Nodal Officers, consultants and to be given to officials.
6. MoU between NHM & DDK: An MoU Agreement was signed between DDK and NHM for telecasting of Docu-series called 'NHM: Mitin Ban Phak' on the 1st Friday and Saturday of every month.
7. NHM: Mitin Ban Phak: This docu-series delves into each NHM programme per episode, showcasing the activities and achievements by the programme as well as spreading awareness on health issues, which is currently being telecasted on DDK every Friday and Saturday.
8. Social Media presence: Official NHM accounts on social media i.e. Instagram, Facebook, X, Youtube where activities and advertisements by NHM programmes are posted for awareness and for easy access by the public.
9. Advertisement at public gatherings and events: Sponsoring of big events that have wide reach with an array of audience, where collective IEC materials from various programmes are displayed, announced and/or distributed for awareness building.



