

No.17011/24(B)/17/DHS/DRUGS/129
GOVERNMENT OF MIZORAM
DIRECTORATE OF HEALTH SERVICES
(Food & Drugs Administration Wing)
MIZORAM : AIZAWL

Dated Aizawl, the 9th Oct., 2025

ADVISORY ON RATIONAL SALE OF COUGH & COLD SYRUPS

Reference : Ministry of Health & Family Welfare, Govt. of India
No.F.28025/52/2025-SAS.II/EMR date 3.10.2025

The Union Health Ministry, vide above reference, has advised that cough & cold medications should not be prescribed or dispensed to children below 2 years of age. These medicines are generally not recommended for ages below 5 years and above that, any use should follow careful clinical evaluation with close supervision and strict adherence to appropriate dosing, and avoidance of multiple drug combinations.

The Director General of Health Services further advocates judicious prescribing and dispensing of cough syrups for children, stating that most acute cough illnesses in children are self-limiting and often resolve without pharmacological intervention.

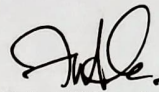
All drug dealers and pharmacists are hereby instructed that cough & cold syrups for paediatric use, particularly those containing ingredients listed under Schedule H and H-1, shall not be sold without a valid prescription issued by a Registered Medical Practitioner, as mandated under the Drugs & Cosmetics Act, 1940 and Rules thereunder.

Any violation of this advisory shall invite strict administrative action, including suspension or cancellation of drugs licence, as deemed appropriate.

Sd/- F. LALLIANTLUANGA
Joint Director (F&D)
Controlling & Licensing Authority
Directorate of Health Services
Mizoram : Aizawl

Copy to :

1. PPS to Commissioner & Secretary, H&FW
2. Principal Director, H&FW
3. Director of Health Services, Mizoram
4. Director of Hospital & Medical Education, Mizoram
5. All Dy.Directors (F&D), Directorate of Health Services, Mizoram.
6. AD (F&D)/DI/ADI _____ for information & necessary action
7. President, Mizoram Chemists & Druggists Association - for wide circulation among all MCDA members.
8. Registrar, Mizoram State Pharmacy Council - for wide circulation among the Regd.Pharmacists.
9. Guard file



Joint Director (F&D)

Controlling & Licensing Authority

 Directorate of Health Services

Mizoram : Aizawl