



NATIONAL PROGRAMME FOR PREVENTION AND CONTROL OF DEAFNESS (NPPCD)



NPPCD-Mz/2026/135

Weekly Bulletin

Aizawl the 17th July, 2026

**NPPCD Weekly Report
from 9 District Hospitals
(3.7.2026 – 9.7.2026)**

No. of OPD:

Aizawl East : 377

Aizawl West : 98

Champhai : 58

Kolasib : 14

Lawngtlai : 6

Lunglei : 81

Mamit : 10

Serchhip : 59

Siaha : 60

Case Detection Status :

Ear Morbidities : 397

Hearing Loss : 64

Referred Case : 31

Ear Surgery : 7

Ear Diseases : 345

Investigation : 275

Ear Syringing : 34

NPPCD chungchang leh beng lama harsatna nei a, hrechiang duh tan District Hospital, ENT Department OPD ah zawh fiah theih reng a ni.

Hei mai bakah hian DHME, MINECO ah engtik lai pawn zawhfiah theih reng a ni bawk

Mi Rilru Hrisel chuan Bengchhet kan tih te leh Beng Ri Hriatna Thalo te hmusit mai loin a Tanpui dan kawng a ngaihtuah pui / sak thin a ni.

Beng êk (Ear Wax) a kaihnhawih leh hriattur pawimawh te.

Dr C. Vanlalhriatpua, ENT Surgeon, NPPCD, Civil Hospital, Aizawl

• Enge Beng êk chu?

Beng êk kan tih mai hi thil pangngai(normal), mi zawng zawngin kan neih vek a ni a, kan beng kaw chung (ear canal) a gland te tak te awmte siam an ni.

• Tangkaina an nei em?

Nei tehreng e, boruaka leng bawhlhlawh leh natna hrik leng vel lakah te kan bengdar hlu tak mai, kan ri hriatna bawm chu awmphaw(shield) anga tangin alo venghim thin .Chu mai bakah kan bengkaw chung vun ro lutuk tur a veng bawk.

• Tangkai viau si tige harsatna a thlen thin?

Mak tak leh mipuiin pawm har kan tih thin chu beng êk hi kher khêr ngai loin amahin a intifai thei a, a sap tawng takin self-cleansing physiological property a nei ani.

A chang chuan beng normal function khi thil tam tak vangin a buai theia , beng êk chu tling khawmin, a lo sak ta thin a, Impacted ear wax kan ti thin.

Hetianga a awm tawh hi chuan tangkaina ai mahin harsatna mihringah a thlen thin ta a ni

• Tu nge Beng êk inhnawh khawm (Impacted Ear Wax) chu nei thin?

Pianpui Beng kua (ear canal) zim sa hrim hrimah te, beng hmul nghah lutukah te, hnathawhna hmun boruak bal leng tam lutukah te, ear buds kan tih mai hmanga beng tifai zing lutukah te, earplug hmang zing lutukah te, bengdar vuahah te, leh kum upa lamah te neihna chance a sang bik thin. Hriattur pawimawh chu ear buds kan hman hian beng êk awmsa hi tihfai a hnekin kan zuk hawhlhut thuk lehzuall palh thin a, a hnuah harsatna a thlen thin a ni.

AWARENESS CAMPAIGN & SCREENING CAMP (FREE CLINIC)

Lunglei District NPPCD Team te chuan June thla chhung khan vawi 2 (hnih) Awareness Campaign leh Screening Camp / Free Clinic neiin an chhuak a. Ni 23.6.2026 khan Lungsen ah an kal a, hei bakah ni 29.6.2026 khan Electric Veng, Lunglei ah Awareness leh Free Clinic hi an neih leh a ni.

He hun an hman na ah hian Damlo en niin a tul dan anga refer leh damdawi chawh an ni.

**Damlo enzai – 56, PTA Khawl hmang a test zat – 43,
Beng lama harsatna nei hmuhchhuah zat - 51**



FREE HEARING TEST @ LUNGSEN
LUNGLEI DISTRICT (23.6.2026)



FREE HEARING TEST @ ELECTRIC VENG
LUNGLEI DISTRICT (29.6.2026)



Rilru lama harstana nei te tan engtik lai pawhin (24x7) Telemanas ah hian mithiamte biak theih an ni e.

Telemanas Call theihna : 14416, 180008914416

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