

e-BOOK

**Important Achievements of Various Programmes under
Health & Family Welfare Department
Government of Mizoram
(2025-2026)**



**Prepared by
Directorate of Health Services
Mizoram : Aizawl**

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About the Department

Health & Family Welfare Department was bifurcated in the year 2004 into Health Services and Hospital & Medical Education Department headed by Principal Director .

Directorate of Health Services is functioning as a separate Directorate controlling rural health institutions and emphasize provision of primary health care i.e., Principal Medical Office, Kulikawn, Community Health Centres (CHCs), Primary Health Centres (PHCs), Sub-Centres (SCs) and Rural Hospital, Tlabung and all District Medical Offices. Also, Aizawl District was functionally divided into Aizawl East and Aizawl West districts for health service delivery, each headed by a Senior Chief Medical Officer

Directorate of Hospital & Medical Education is also functioning as a separate Directorate controlling Medical Institutions and Teaching Hospitals etc. Further, it is entrusted with the responsibility of implementing teaching, training and research programmes in the medical field and patient care services.

AYUSH in Mizoram is a sunrise sector, since its inception in 2001 in Mizoram and following the guidelines of Department of AYUSH, Government of India, it's developed by leap and bounds, however due to lack of man-power, and lack of awareness implementation of the programme is yet to gets momentum.

Objectives of the programme to promote Indian Systems of Medicines and Homeopathy, namely, Aryurveda, Yoga and Naturopathy, Unani, Sidhha and Homeopathy to the people as an alternative health care, as well as mainstreaming these systems of medicine in the health care system of the nation.

Setting up of AYUSH Wing in District Allopathic Hospitals (Outdoor facilities of one or two systems of (AYUSH) and Drug Testing Laboratory (AYUSH) for testing of medicinal plants for which Mizoram is having rich resources.

Nursing Service in Mizoram was started during the British period by the missionaries based on mission hospitals hundred years ago. But those trainings were on job training without proper certification. Proper and systematic nursing service in Mizoram was established only in 1974. Mizo girls make good and excellent nurses probably because of societal and cultural influence of selfless service to others inherent among the Mizo. They give quality nursing care and are in great demand in many hospitals in India

In pursuance of the decision of the Council of Ministers held on 31.07.2023, vide No. J.11011/1/2023-POL/Vol II dated 01.08.2023, the Governor of Mizoram is pleased to order the establishment of the Directorate of Nursing under the Health & Family Welfare Department.

The Principal Director, Health & Family Welfare Department, shall be the ex-officio Director of the Directorate of Nursing. Furthermore, the Joint Director of Accounts, Office of the Principal Director, Health & Family Welfare Department, is designated to look after the accounts of the Directorate of Nursing.



VARIOUS ACHIEVEMENT UNDER HEALTH & FAMILY WELFARE DEPARTMENT

I. Planning under Directorate of Health Services

1. Construction of various Department buildings under NABARD Loan

2) **NABARD RIDF XXVII** - **Rs. 20,18,41,200/-**

(Construction of PHC – 1 no., Sub-Centre – 27 nos., Type-IV Quarter – 1 no., Type-I Quarter – 20 nos.). Work is completed.

3) **NABARD RIDF XXIX** - **Rs. 20,00,54,000/-**

(Construction of SDH – 1 no., PHC – 2 nos., Sub-Centre – 8 nos., Type-IV Quarter – 2 nos., Type-I Quarter – 2 nos.). Work is completed.

4) **NABARD RIDF XXIX (Addl.)** - **Rs. 5,00,00,000/-**

(Construction of Sub-Centre – 6 nos., Sub-Centre Quarter – 2 nos., Type-IV Quarter – 2 nos.). Work is completed.

5) **NABARD RIDF XXX** - **Rs. 25,00,00,000/-**

(Construction of Community Health Centre (CHC) – 1 no., Primary Health Centre (PHC) – 2 nos., Type-IV Quarter – 2 nos., Sub-Centre – 10 nos., Type-I Quarter – 10 nos.). Work is in progress.

2. Under North Eastern Council (NEC) fund amounting to Rs. 13 crore is sanctioned for Construction of Central Medical Warehouse at Muallungthu. The work is through Mizoram State Public Works Department. Work is in progress.

3. Mizoram Health Systems Strengthening Project (MHSSP), an externally aided project with loan from the World Bank, with a total loan amount of Rs. 224 crore was successfully completed on time on 31.03.2026, within budget, and all objectives and indicators were achieved.

4. Sub Centre & quarters under NABARD funding:

1) Re-Construction of Sub-centre at Hnanhlan	–	Rs.52,08,000.00
2) Re-Construction of Sub-centre at Sialhawk	-	Rs.52,07,000.00
3) Re-Construction of Sub-centre at Laki	-	Rs.56,72,000.00
4) Re-Construction of Sub-centre at Thentlang	-	Rs.51,26,000.00
5) Re-Construction of Sub-centre at Bungtlang S	-	Rs.53,34,000.00
6) Re-Construction of Sub-centre at Khawruhlian	-	Rs.49,51,000.00
7) Re-Construction of Sub Centre quarters at Hnahlan	-	Rs.34,80,000.00
8) Re-Construction of Sub Centre quarters at Sialhawk	-	Rs.34,80,000.00
9) Re-Construction of Type-IV quarters at Bungtlang S PHC	-	Rs.59,87,000.00
10) Re-Construction of Type-IV quarters at Khawruhlian PHC	-	Rs.55,55,000.00

5. World Bank funding (MHSSP):

- 1) Construction of Emergency Staircase and Lift Shaft at CMO Office Buildings Lot1 Hnahthial – Rs. 1,10,77,719.19
- 2) Construction of Emergency Staircase and Lift Shaft at CMO Office Buildings Lot2 Saitual - Rs. 1,08,24,163.00

		
Hnahhlan S/C	Sialhawk S/C	Laki S/C
		
Thentlang S/C	Bungtlang S S/C	Khawruhlian S/C
		
Sialhawk S/C	Khawruhlian PHC	Bungtlang S PHC
		
Hnahthial CMO Building	CMO Building Khawzawl	

- 3) Construction of Emergency Staircase and Lift Shaft at CMO Office Buildings Lot3
Khawzawl : Rs. 90,88,985.00
- 4) Repair & renovation of District Hospital – Siaha : Rs. 2,64,00,610.00
- 5) Repair & renovation of District Hospital - Lawngtlai : Rs. 2,34,30,787.00

		
Emer. & Lift at Khawzawl CMO	District Hospital Siaha	District Hospital Lawngtlai

- 6) Repair & renovation of District Hospital - Champhai : Rs. 2,10,41,365.45
- 7) Strengthening & Upgradation of Mizoram College of Nursing, Falkawn : Rs. 6,28,65,239.00
- 8) Biomedical Waste Storage Room in Civil Hospital Aizawl - Rs. 30,38,206.00

		
District Hospital Champhai	Nursing College Falkawn	Bio-Medical Waste at CH(A)

6. Under Article 275:

- 1) Re-construction of Sub Centre quarter at Mamit Dinthar – Rs.17 lakhs
- 2) Re-construction of Sub Centre quarter at Tuipuibari PHC – Rs 17 lakhs

	
Mamit Dinthar S/C	Tuipuibari S/C

7. Under NEC:

1. Upgradation of Cardiology Department at Civil Hospital, Aizawl under NESIDS – Rs.99.42 lakhs
2. Establishment of Dialysis Unit at District Hospital, Lawngtlai under NEC – Rs.63.55 lakhs



Cardiology at CH(A)



Dialysis Unit at Lawngtlai

8. Under SEDP:

1. Construction of Trauma Centre at Civil Hospital : Aizawl under Ministry of H&FW and NEDP – Rs.571.50 Lakhs



9. Under 15th FC:

1. Construction of UHWC Building at Tanhril, Aizawl District – Rs.34,16,514.25
2. Construction of UHWC Building at Meisavaih, Siaha District – Rs.29,13,688.98
3. Construction of UHWC Building at Pukpui, Lunglei District – Rs.24,49,222.29
4. Construction of UHWC Building at Champhai Zotlang – Rs.23,79,000.00



UHWC at Tanhril



UHWC at Meisavaih,
Siaha



UHWC at Pukpui
Lunglei



UHWC at Champhai
Zote

10. Under PM-ABHIM:

- 1) Renovation of Truenat Lab at Khawzawl District Hospital for IPHL – Rs.17,22,000.00
- 2) Construction of Integrated Public Health Laboratory at Saitual District Hospital.
- 3) Construction of Integrated Public Health Laboratory at Lawngtlai District Hospital.
- 4) Construction of Integrated Public Health Laboratory at Hnahthial District Hospital.



Truenat Lab at KHawzawl Hospital



Public Health Lab at Saitual Hospital



Public Health Lab at Lawngtlai Hospital



Public Health Lab at Hnahthial

11. Under Emergency Covid Response Package -II (ECRP-II):

- | | |
|---|-----------------|
| 1. Construction of SC cum HWO quarter building at Siachangkawn SC – | Rs.55,00,000.00 |
| 2. Construction of SC cum HWO quarter building at Ramlaitui SC – | Rs.35,00,000.00 |
| 3. Construction of SC building at Belthei SC – | Rs.22,50,000.00 |
| 4. Construction of SC building at Zobawk SC – | Rs.22,50,000.00 |
| 5. Construction of SC building at Kawlhawk SC – | Rs.22,50,000.00 |
| 6. Construction of SC building at Hmunhmeltha SC – | Rs.22,50,000.00 |
| 7. Construction of SC building at Lungleng SC – | Rs.22,50,000.00 |
| 8. Construction of SC building at Lungchhuan SC – | Rs.22,50,000.00 |
| 9. Construction of SC building at Vaitin SC – | Rs.22,50,000.00 |
| 10. Construction of SC building at Chakkhei SC – | Rs.22,50,000.00 |
| 11. Construction of SC building at Khawbel SC – | Rs.22,50,000.00 |
| 12. Construction of Type-I quarter building at Pala (lawngban) SC – | Rs.20,65,000.00 |



SC/HWO Qtrs. At Siachangkawn



SC cum HWO quarter building at Ramlaitui



SC building at Belthei



Zobawk SC



Kawlhawk S/C



Hmunhmeltha S/C



Lungchhuan S/C



Vaitin S/C



Chakkhei S/C



Khawbel S/C



Lawngban Staff Qtrs.



Lungsen S/C

13. Construction of Type-I quarter building at Tongkolong SC	– Rs.20,65,000.00
14. Construction of Type-I quarter building at Theiva SC	– Rs.20,65,000.00
15. Construction of Type-I quarter building at Vathuampui SC	– Rs.19,59,000.00
16. Construction of Type-I quarter building at Tuisenchhuah SC	– Rs.19,45,000.00
17. Construction of Type-I quarter building at Old Sachan SC	– Rs.19,45,000.00
18. Construction of Type-I quarter building at Teikhang SC	– Rs.19,20,000.00
19. Construction of Type-I quarter building at Kanghmun S	– Rs.18,95,000.00
20. Construction of Type-I quarter building at Mualcheng SC	– Rs.18,95,000.00
21. Construction of Type-I quarter building at Palsang SC	– Rs.18,41,000.00
22. Construction of Type-I quarter building at Rulchawm SC	– Rs. 18,41,000.00
23. Construction of Type-I quarter building at Phaisen SC	– Rs. 18,17,700.00



Tongkolong S/C



Theiva S/C



Vathuampui S/C



Tuisenchhuah S/C



Old Sachan S/C



Teikhang S/C



Kanghmun S S/C



Mualcheng S/C



Palsang S/C



Rulchawm S/C



Phaisen S/C

II. Planning Section : Directorate of Hospital & Medical Education

The following projects tabulated below are being implemented for improvement of Health Care Facilities in the State of Mizoram :

Sl. No.	Name of Projects	Cost of the project (Rs in lakh)	Source of funding	Date of approval of the project	Remarks
1.	Construction of Civil Hospital Aizawl Block A & B at Aizawl, Mizoram	8817.00	PMJVK under Ministry of Minority Affairs, Govt. of India	27.06.2025	Necessary action been taken up by State PWD
2.	Construction of 50-Bedded Hospital Complex at Kulikawn	3475.00	NESIDS-OTRI under MDoNER	24.10.2025	Recently Ministry of DoNER, Govt. of India approved the project under NESIDS (OTRI). Necessary action being taken up by State PWD.
3.	Construction of Psychiatry Block at Kulikawn Hospital	1972.00	NESIDS-OTRI under MDoNER	23.10.2025	

III. Directorate of Nursing :

1. Strengthening of Infrastructure of Mizoram College of Nursing (MCON):

Through the Mizoram Health System Strengthening Project (MHSSP) funded by the World Bank, an amount of ₹5,73,25,487 (*Rupees Five Crore Seventy Three Lakh Twenty Five Thousand Four Hundred Eighty Seven*) was sanctioned for strengthening of infrastructure and an additional ₹3,00,00,000 (*Rupees Three Crore*) was sanctioned for procurement of equipment. These funds are being utilized towards necessary physical infrastructure and equipment required for the commencement of new courses in **M.Sc Nursing** and **Post Basic B.Sc Nursing** and for enhancement of B.Sc (N) seats capacity from 30 to 40 seats.



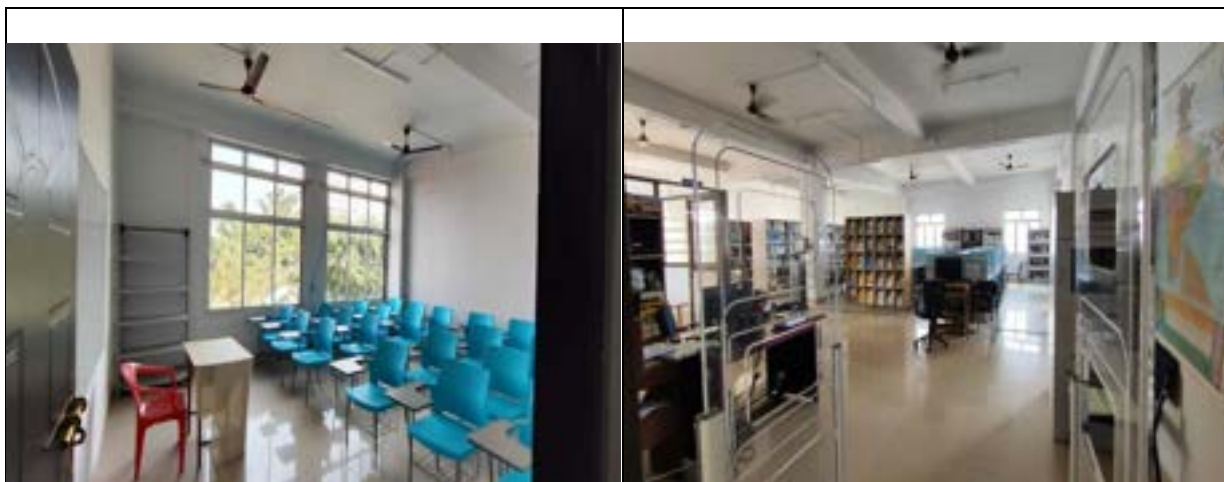
2. Implementation of New courses under Mizoram College of Nursing:

- a) **Post Basic B.Sc (Nursing):** Permission to open 30 (thirty) seats of Post Basic B.Sc (Nursing) Course at Mizoram College of Nursing (MCON), Falkawn from the Academic Session was accorded vide Notification No.A.12034/72021-HFW dated 6th May, 2024. Clinical and theory class for the Post Basic B.Sc (Nursing) has been commenced on 28.10.2025.



- b) **Master of Science in Nursing:** Permission to commence the Master of Science in Nursing programme was granted after inspection and approval by the regulatory bodies like Mizoram Nursing Council (MNC), Mizoram University (State Level) and Indian Nursing Council (INC) (National Level). The programme is scheduled to commence from the Academic Session 2025-2026.

- c) International Organization for Standardization (ISO) certificate for external audit received for MCON, Falkawn.



3. **Project and Schemes:**

Upgradation of School of Nursing into College of Nursing under the Central Sector Scheme “Development of Nursing Services” (Plan), Ministry of Health and Family Welfare (Nursing Section).

- a) **School of Nursing, Lunglei:** Under Central Sector Scheme a total project cost of Rs. 7.00 Crore was sanctioned for the upgradation of School of Nursing, Lunglei to College of Nursing. Spot verification was under taken by the Joint Director (Nursing) on 8th December, 2023. The first installment of Rs. 3,75,00,000/- (Rupees Three Crore Seventy Five Lakh) has already been received and fully utilized. The second installment of Rs. 2,35,00,000/- (Rupees Two Crore and Thirty Five Lakh) has also been received, and the work is presently under progress.
- b) **School of Nursing, Thingdawl, Kolasib:** Under Central Sector Scheme a total cost of Rs. 7.00 Crore was sanctioned for upgradation of School of Nursing, Thingdawl, Kolasib to College of Nursing. The first installment of Rs. 1,52,50,000 (Rupees One Crore Fifty Two Lakh and Fifty Thousand) has been received, and work is presently under progress.
- c) Fund for Construction of Tribal Girls Hostel (20 bedded) under Article 275(1) of the Constitution of India, Ministry of Tribal Affairs for the following institutions was received for the financial Year 2024-2025. The fund is not yet released.

ANM School Mamit: Rs. 2.58 Crores

GNM School Champhai: Rs. 2 Crores

- d) Project proposal for ‘New Construction of 40 bedded hostel building for ANM School Zemabawk, Mizoram under NESIDS (OTRI) have been approved by the Ministry of Development of North Eastern region (MDoNER). Project amount is Rs. 10 Crores. Necessary action for obtaining budgetary allocation and execution of work is taken up by Planning & Programme Implementation Department and Public Work Department is underway.

- e) A total of Rs. 3.8 crores SMS has been allocated under the SASCI scheme for the establishment of Nursing Schools in Siaha and Serchhip. Out of the total 3.8 crores, Rs 205.4 lakh has already been allocated. Work at Siaha has started, and renovation work at Serchhip will commence soon.



4. List of ongoing project and scheme under Directorate of Nursing :

Sl. No	Name of Scheme	Name of project	Project amount	Remark
1.	Central Sector Scheme	Upgradation of School of Nursing into College to Nursing, Lunglei under the Central Sector Scheme "Development of Nursing Services" (Plan)	Total amount- Rs. 7 Crore i) 1 st Installment - Rs. 3,75,00,000.00 ii) 2 nd Installment- Rs. 2,35,00,000.00	Approved and execution of work has already been started
2.	Central Sector Scheme	Upgradation of School of Nursing into College to Nursing, Thingdawl under the Central Sector Scheme "Development of Nursing Services" (Plan)	Total amount- Rs. 7 Crore i) 1 st Installment- Rs. 1,52,50,000.00	Approved and process for execution of work is underway.
3.	Article 275(1) of the Constitution of India, Ministry of Tribal Affairs	Construction of Tribal Girls Hostel at ANM School, Mamit	Rs. 2.58 Crore	Approved and execution of work has already been started
4.	Article 275(1) of the Constitution of India, Ministry of Tribal Affairs	Construction of Tribal Girls Hostel at GNM School, Champhai	Rs. 2 Crore	Approved and execution of work has already been started

5.	NESIDS (OTRI) Ministry of Development of North Eastern Region (MDoNER)	New Construction of 40 Bedded Hostel Building for Auxiliary Nursing & Midwifery School at Zemabawk, Mizoram.	Rs. 10 Crore	Renovation and repair work is under process. Execution of work has already been started.
6.	SASCI	State Matching Share (SMS) for Upgradation of Nursing Services (ANM/GNM)	Total amount - Rs. 3.8 Crore 1 st Allocation : Rs. 205.4 lacs	The amount has been utilized for renovation of GNM School Serchhip and GNM School Siaha

5. **National Award:** Ms. Lalenthangi Hnamte, Health Worker, Tuichawng AH&WC, was conferred the prestigious Florence Nightingale Award 2026 by President of India. She is the 18th recipient of this esteemed award from the nursing fraternity of the Mizoram.



6. **State Common Entrance Examination for Nursing (SCEEN):** The Directorate of Nursing has been accorded approval by the Government of Mizoram to conduct the State Common Entrance Examination for Nursing (SCEEN) for admission to the Auxiliary Nurse Midwife (ANM) and General Nursing and Midwifery (GNM) courses offered by Nursing Institutions under the Health & Family Welfare Department throughout the State.

Accordingly, necessary preparations for the conduct of the examination have been undertaken by the Directorate, including the preparation of application forms, examination guidelines, and other related arrangements. The State Common Entrance Examination is proposed to be conducted shortly, following which the selection and admission of eligible candidates to the ANM and GNM courses for the ensuing academic session will be carried out in accordance with the prescribed rules, regulations, and guidelines issued by the Government from time to time.

7. **Creation and filling up of various post:**

- Direct recruitment of posts approved by the Government and waiting for Advertisement as below:
 - 40 contract post of Nursing Officer
 - 10 Senior Nursing Officer (Direct)
 - 5 Asst. Professor post
- Advertisement for direct recruitment examination for the post of 9(Nine) Tutor and 1(One) Warden to be conducted by the Mizoram Public Service Commission has been published vide

No.A.12024/15/2024-MPSC(DR-II), dated 10th July,2025. The examination was conducted on 29th and 30th January, 2026, and the result is awaited.

- Notification for the creation of 5 (Five) posts of Assistant Professor at Mizoram College of Nursing, Falkawn was issued on 24th June, 2024 to facilitate the commencement of new courses: M.Sc (Nursing) and post Basic B.Sc (Nursing).
 - 10 (Ten) Nursing Officer on regular basis were recruited and posted at different Health Care facilities as per vide No.A.12026/92014/HFW, dated 6th May, 2025.
 - Under Mizoram Universal Health Care Scheme (MUCHS), 300(Three Hundred) Nursing Officer were employed on a Casual basis.
 - Guidelines for transfer and posting of Nursing Personnel under H&FW was framed and notified vide No.A.22015/3/2019/HFW dated 28th February, 2025.
 - Three LDC on Provisional Employee basis, recruited on 14th August 2025.
 - Three Group D on Provisional Employee basis, recruited on 14th November 2025.
8. **Continuing Nursing Education:** Trainings were conducted under Directorate of Nursing for nurses from both clinical and education sectors as follows:
- a) One month training on '**ICU Nursing Care**' during 5th August,2025 – 5th September,2025 at Civil Hospital, Aizawl and Zoram Medical College and Hospital, Falkawn.
 - b) One month training on '**Chemotherapy Day Care**' treatment during 2nd September,2025 – 2nd October, 2025 at MSCI, Zemabawk.
 - c) Training was conducted on '**Dialysis Nursing Care**' during 7th October, 2025 – 21st November, 2025 at Zoram Medical College & Hospital (ZMC&H), Falkawn.
 - d) Training on '**Travelling School of Oncology Nursing**' during 10th November, 2025 – 11th November,2025 were conducted at Mizoram State Cancer Institute (MSCI), Zemabawk.
 - e) Training on '**Nursing Excellence in Action: Quality and Safety in Patient Care**' on 12th December, 2025 were conducted at Mizoram Nursing Council Auditorium.
 - f) Training on '**Patient Care and Education Issue**' on 30th January, 2026 were conducted at Mizoram Nursing Council Auditorium.

IV. Zoram Medical College & Hospital

1. ZMC&H received Renewal of Undergraduate (MBBS) seats for Academic year 2025-26 on 10th June, 2025 for 100 seats.
Admission process have been completed and 100 students have been admitted for 2025-26 as below.
 - i) State Quota - 70 students
 - ii) All India Quota - 15 students
 - iii) Non Resident Indian - 15 students
2. Letter of Permission (LOP) for ten (10) Post Graduate (PG) seats for Academic Year 2025-26 has been received from National Medical Commission (NMC) on 24th October, 2025 in the following subjects.
 - i) Anaesthesiology (2 seats)
 - ii) General Medicine (2 seats)
 - iii) General Surgery (2 seats)
 - iv) Obstetrics & Gynaecology (2 seats)
 - v) Paediatrics (2 seats)
3. Currently, there are 494 students and 97 Interns at ZMC&H.
4. Master of Public Health (MPH) was started from the Academic year 2024 under Community Medicine Department which was affiliated under the Mizoram University. Two (2) new students have been admitted in 2025 and currently there are 8 MPH students.
5. ZMC&H is currently hosting Internship and Clinical Posting programmes for Nursing and Laboratory Technician from RIPANS and MCON and internship programmes from several Pharmacy colleges.
6. Eight (8) departments from the hospital received national recognition under the NQAS National Certification with the prestigious Platinum Category, along with additional quality certifications under MusQan (child-health quality) and LaQshya (maternity and newborn care) on 28th April, 2025. The certified departments are:-
 - i) Blood Bank
 - ii) Accident & Emergency
 - iii) General Administration
 - iv) Labour room
 - v) Maternity OT
 - vi) Paediatrics OPD
 - vii) Paediatrics Ward
 - viii) SNCU
7. A total of 30 new Private Cabin beds were inaugurated by Pi Lalrinpuii, Hon'ble Minister, H&FW Dept on 22nd August, 2025 and they have been made functional as given below.
1st Floor : 8th April, 2025
2nd Floor: 10th November, 2025
Basement: 12th July, 2025

8. Thirteen (13) new ICU beds were also inaugurated by Pi Lalrinpuii, Hon'ble Minister, H&FW Dept on 22nd August, 2025 and they have been made functional since the date of inauguration.
9. Two additional beds in the SNCU became operational in May, 2025 making a total of 8 SNCU beds to enhance intensive care for newborns as prescribed by the MusQan child-friendly standards and NQAS requirements.
10. The 50-bedded Critical Care Block, funded under the PM-ABHIM initiative, is currently under construction to further expand emergency and specialized care.
11. Two new OTs for Obstetrics & Gynaecology Department are scheduled for opening soon to enhance surgical and critical maternity services.
12. The Viral Research and Diagnostic Laboratory (VRDL) under the Department of Microbiology, ZMC&H received "National Excellence Award" and it has been recognized with the titles of "Best Practices VRDL" in the the National VRDL Conclave 2025, organized by the Department of Health Research (DHR), Ministry of Health & Family Welfare Department held in New Delhi during 11th – 12th September, 2025. VRDL under ZMC&H was ranked 5th in India.
13. Procurement of Medical Equipment for Strengthening Clinical Services: The procurement of a C-Arm Machine, Advanced Life Support Ambulance, and Diathermy Machine for strengthening clinical services at Zoram Medical College & Hospital, Falkawn, with a total project cost of ₹62,38,548/- is funded under the CSR initiative of Indian Oil Corporation Limited (IOCL). The project is completed on 5th June 2026 whereby assets were handed over by IOCL to ZMC&H.



GRADUATION DAY 2026

14. Establishment of Cardiothoracic & Vascular Surgery (CTVS) Unit and Upgradation of ICCU: The project for establishment of a Cardiothoracic & Vascular Surgery (CTVS) Unit and upgradation of the ICCU at Zoram Medical College & Hospital has been initiated under CSR funding from the State Bank of India Mutual Fund (SBIMF), with a total outlay of ₹3.7 Crore approx. The project is implemented by and NGO – Doctors For You.

15. Establishment of Neurosurgery Unit: The proposal for establishment of a Neurosurgery Unit at Zoram Medical College & Hospital, Falkawn, Mizoram, with an estimated project cost of ₹2,43,98,000/-, has been taken up under the Corporate Social Responsibility (CSR) initiative of Indian Oil Corporation Limited (IOCL). The project has not yet been sanctioned and is pending approval.
16. NELS Skill Centre: The NELS Skill Centre project is being implemented in a phased manner. The first installment, amounting to ₹1.40 crore, has been provided for the construction of the Skill Centre building. The second installment, amounting to ₹1.50 crore, is earmarked for the procurement of major and minor equipment, furniture, and consumables required for operationalisation of the Centre. In addition, provision has been made for engagement of human resources on a contractual basis to ensure effective functioning of the Skill Centre.

V. NATIONAL AYUSH MISSION, DIRECTORATE OF AYUSH

1. Financial Management

- The National AYUSH Mission Mizoram maintains a robust Financial Management system, and has submitted UC upto FY 2024- 25. Following the launch of SNA SPARSH in the year 2025- 26, NAM Mizoram was one of the first scheme to onboard the platform and as a result of timely compliance and efficient fund management, became the only state that was able to utilize 100 % of its approval fund.
- It is also noteworthy that the state was able to get approval of Rs.1849.469 lakhs although the fund initially allocated by the Ministry was only Rs.742.80 lakhs.
- The Ministry of Ayush has nominated National Ayush Mission (NAM) Mizoram as **Nodal State** in the Ministry's Departmental Summit due to their exemplary Financial Management on the Topic - "Financial Management, Monitoring, and Evaluation." State has also given a presentation on the same topic at the National Ayush Mission Conclave at Lonavala, Maharashtra during 1st- 2nd May, 2025.

2. AYUSH services

- Daily OPD service is provided at all AYUSH units i.e all 11 District Hospitals, 8 CHCs, 7 PHCs, 50 Bedded Integrated AYUSH Hospital, Thenzawl, 1 unit at ZMC & H and 41 units of AYUSH Health & Wellness Centres. These OPD services includes Doctor Consultation, lifestyle modification counselling and AYUSH medicines provided free of cost to the patients.

During 2025- 26, **271899** patients received AYUSH OPD services.

- **More than 20000** people received lifestyle modification counselling and sessions from Physical & Stress Management Instructors during 2025- 26.
- **Peripheral AYUSH OPD Services to Remote Localities**
AYUSH Medical Officers in certain districts proactively organize peripheral OPDs on their own initiative in fringe or remote localities, reaching populations with poor access to healthcare facilities. This initiative has significantly improved AYUSH services. During 2025- 26, Peripheral OPD is conducted in **27** localities in and around AMC area.
 - **Establishment of Integrated AYUSH Hospitals**

So far, Mizoram has one functional 50 bedded Integrated AYUSH Hospital at Thenzawl which provides OPD as well as IPD services which substantially provides medical services to the local residents and the rural population of the neighbouring villages. The Hospital also provides Panchakarma - a specialised Ayurveda therapy.

- **Construction of 10 bedded Integrated AYUSH Hospital at Keifang, Saitual District is almost completed. The Hospital is expected to operate before December 2026.**
- **85 % of construction work has been completed for 50 bedded Integrated AYUSH Hospital at Kulikawn, Aizawl District.**

Free Distribution of AYUSH Medicines

All AYUSH facilities across the state ensure free and timely distribution of AYUSH medicines to patients. This has contributed to increased OPD turnout and acceptance of AYUSH among the public, especially in economically weaker sections.

3. Free Clinic and Health camps

AYUSH Free health clinics are conducted in several villages all over Mizoram where AYUSH Medicines are distributed free of cost to the beneficiaries. These Free Clinics also serve as an important platform for creating Awareness about AYUSH system of medicine and benefits of following Healthy Lifestyle as recommended by AYUSH.

5. AYUSH Arogya Mandirs (AAMs) Implementing All National Health Programmes

- In addition to AYUSH services, 41 AAMs are under NAM in various districts of Mizoram effectively implement all mandated National Health Programmes thus ensuring comprehensive primary healthcare delivery.



STATE MEDICINAL PLANTS BOARD, MIZORAM, DIRECTORATE OF AYUSH

The State Medicinal Plants Board Mizoram (SMPB) is a State Agency for the Central Sector Scheme on Conservation, Development and Sustainable Management of Medicinal Plants of National Medicinal Plants Board, Ministry of AYUSH, Govt. of India which was established for states all over India for the development of Medicinal Plants all around the country. In Mizoram, it was established in the year 2001 under Health & Family Welfare Department, Govt. of Mizoram and functions under the administrative supervision of Directorate of AYUSH, Health and Family Welfare Department since 2015 as per directions given by Ministry of AYUSH, Govt. of India.

THE BEST PRACTICES AND SUCCESSFUL PROJECTS OF THE STATE MEDICINAL PLANTS BOARD ARE AS FOLLOWS:

1. The **Mizoram State Medicinal Plants Board**, Directorate of AYUSH, received the **Third Prize for Best Performing State** from the National Medicinal Plants Board under the Ministry of AYUSH on February 11, 2026.
 - Among all the State Medicinal Plants Boards across India, the Mizoram State Medicinal Plants Board, Directorate of AYUSH, Government of Mizoram secured the third position based on performance evaluation. This achievement is a matter of great pride and honor for the state.
2. **Robust Collaboration and Convergence with Line Departments**
 - Strengthened inter-departmental coordination across **Health, Agriculture/Horticulture, EF&CC, Women & Child Development and Education sectors** to implement medicinal plant conservation, cultivation and awareness programs. Collaboration enhances multi-sector planning and delivery of medicinal plants-related initiatives.
 - Convergence with institutions such as **KrishiVigyan Kendra (KVK)** for nursery development and production of quality planting material (QPM) through which more than 1 Lakh medicinal plant saplings are distributed free of cost to farmers, general public, schools and AYUSH health facilities..
3. **Comprehensive Documentation of Medicinal Plant Diversity**
 - Conducted extensive surveys leading to the documentation of medicinal plants across the state, significantly expanding the database of species known from Mizoram's rich biodiversity. 706 medicinal plants have been documented across 6 districts so far — which is in the process of publication.

4. Establishment of School and Institutional Herbal Gardens

- Successfully established **herbal gardens in 52 schools** across four districts of Mizoram as a strong educational and conservation initiative
- Additionally, herbal gardens have been set up **in 41 AYUSH Arogya Mandirs (AAM)** across the state, providing live plant resources for community health awareness and strengthening traditional medicine integration at grassroots health settings.
- The Board also participates in larger eco-herbal garden collaborations — for example, with environmental bodies such as ECO-CLUBS with Pollution Control Board of Mizoram to plant medicinal and aromatic species in institutional campuses.
- Nutri- garden established in collaboration **with Social Welfare Department** within the premises of Integrated AYUSH Hospital, Thenzawl.

5. Medicinal Plant Nursery and Quality Planting Material Initiatives

- Facilitation and planning for medicinal plant nurseries to produce quality planting materials in collaboration with technical partners such as **Krishi Vigyan Kendras (KvKs), College of Horticulture, Mizoram University etc.** ensuring sustainability and improved cultivation outcomes.

6. Market Linkage initiatives

- State level as well as District level Buyers Sellers meet were successfully carried out at Aizawl and N. Vanlaiphai respectively, where assured buyers are secured for medicinal plants grown by the farmers of Hrangturzo Framers Producers Organization for three medicinal plants species namely- *Embllica officinalis*, *Homalomena aromatic* and *Curcuma zedoaria*.

7. Efficient Implementation of Projects to enhance livelihood of farmers

- Rs.1.2 Crore project entitled “ Forward and backward linkage in supply chain of medicinal plants- Integrated Component is being successfully implemented at N. Vanlaiphai which is envisioned to enhance the livelihood of farmers growing medicinal plants with Post Harvest Infrastructures construction being completed and Value- addition equipments and machineries installed at the Post Harvest centre at N. Vanlaiphai.

VI. FOOD & DRUGS ADMINISTRATION WING

DRUGS:

1. Drugs Store are regularly inspected to monitor their function and compliance to the Act & Rules to ensure only safe and quality drugs are dispensed to consumer
No. of Drugs Store Inspected : 1468 Nos.
2. Drugs Licenses operated in violation of the Drugs & Cosmetics Act, 1940 & Rules 1945 are either suspended for specific period or cancelled
No. of Drugs License Suspended : 17 Nos.
No. of Drugs License Cancelled : 83 Nos.
3. Drugs Sample are drawn regularly for quality assurance and those found not of standard quality (NSQ) are recalled from market to safeguard public healthcare
No. of sample drawn for analysis : 615 Nos.
No. of Not of Standard Quality found : 13 Nos.
4. Cases are registered in the court of law against those dealing in drugs having no valid drug license
No. of cases registered in the court of law : 0 Nos.
No. of conviction : 0 Nos.
5. **Revenue collected** : ₹ 22,89,280 /-

FOOD:

1. Under provision of FSS Act, 2006 and Rules & Regulation, 2011, if any persons running/starting a food business services, He/She should obtain a License or Registration under the Act.
 - a. **Registration:** Food Business Operators whose annual turn over is less than 12 lakhs should obtain a Registration from the Registering Authority. Registration Fee is ₹100/- per annum.
No. of Registration issued : 7597 Nos.
 - b. **License:** FBO having an annual turnover more than 12 lakhs are bound to obtain License from the State Licensing Authority. License Fee is ₹2000/- per annum.
No. of License issued : 297 Nos.
2. Inspection of Food Service Establishment has been conducted many a time.
No. of Food Service Establishment Inspected : 450 Nos.
3. Collection/Lifting of Food sample: Any food items suspected by FSO are lifted/freeze by them and sent for analysis at Food Testing Laboratory.
No. of Food Sample lifted : 518 Nos.
4. **Revenue collected** : ₹ 38,81,500 /-



Nestlé India chuan Food and Drug Administration, Mizoram, leh National Association of Street Vendors of India (NASVI) te nen tangkawpin an state chhunga Project Serve Safe Food an tlangzarh.

VII. Reproductive & Child Health (RCH)

SI No.	Indicator Type	Indicator Statement	Indicator	Achievement 2025-26
1.	Output	ANC Coverage	Percentage of PW Registered for ANC Numerator: Total number of PW registered for ANC Denominator: Total number of estimated pregnancies	93%
2.	Output	ANC registration in 1 trimester of pregnancy (within 12 weeks)	Percentage of PW registered for ANC in 1st trimester Numerator: Total number of PW registered in 1 Trimester Denominator: Total number of PW registered for ANC	82%
3.	Output	Pregnant Women who received 4 or more ANC check-ups	% of PW received 4 or more ANC check-ups Numerator: Total number of PW received 4 or more ANC Denominator: Total number of PW registered for ANC	73%
4.	Output	Identification of HRP	% of high risk pregnancies identified Numerator: Total no. of PW identified as High Risk Pregnancy (HRP) Denominator: Total number of PW registered for ANC	23.50%
5.	Output	Management of HRP	% of HRP Managed Numerator: Total no. of High Risk Pregnancies (HRP) managed Denominator: Total number of High Risk Pregnancies identified	100%
6.	Output	Institutional Deliveries	% of institutional deliveries out of total Deliveries Numerator: Total number of institutional deliveries (public + private) Denominator: Total number of deliveries (home delivery + institutional delivery) (Total ANC Denominator)	93%
7.	Output	Early Initiation of Breastfeeding	Percentage of newborn breastfeed within one-hour birth against total live birth. Numerator: Number of new born breastfeed within one hour of birth. Denominator: Total live births registered in that period.	85%

8.	Output	IFA coverage Anaemia Mukht Bharat	Percentage of pregnant women given 180 IFA tablets as against pregnant women registered for ANC Numerator: Number of pregnant women given IFA tablets. Denominator: Number of pregnant women registered for ANC in that period.	83%
9.	Outcome	Induced Abortion	Numerator: Total Number of Induced Abortion Reported Denominator: Total number of registered pregnancy	1.15%
10.	Outcome	Spontaneous Abortion	Numerator: Total Number of Spontaneous Abortion Reported Denominator: Total number of registered pregnancy	4.63%
11.	Output	PPIUCD acceptance	Percentage of PPIUCD acceptance among Institutional deliveries Numerator: Number of PPIUCDs inserted in public facilities Denominator: Number of institutional deliveries in public facilities	3%
12.	Output	Injectable MPA users	Percentage of Injectable MPA users among Eligible Couples Numerator: Total number of Injectable MPA doses/4 Denominator: Number of Eligible Couples	1.02%
13.	Output	Operationalization of FPLMIS	Percentage of Facilities indenting and issuing the stock in FPLMIS out of total facilities (excluding SC) Numerator: Number of Facilities indenting and issuing the stock in FPLMIS (excluding SC) Denominator: Total Number of facilities registered in FPLMIS(excluding SC)	86%

VIII. National Vector Borne Disease Control Programme (NVBDC)

- 1. Case Surveillance of Vector Borne Disease:** Free diagnosis and treatment of Malaria are provided at every health facility, including ASHA Level. Diagnosis of Dengue & Chikungunya are conducted at Civil Hospital, Aizawl & Lunglei. Case investigation with positive line list is maintained at all levels. Moreover, Special Anti-Malaria Intervention activities were conducted in high-burden villages, particularly in areas where other measures such as Active Fever Survey, Focal Spraying (IRS), and IEC activities were implemented from May 2025 and continued throughout the year. Treatment compliance was closely monitored and prioritized, with follow-up carried out by HWs, HWOs, and ASHAs for every malaria case.
- 2. Malaria:** The total number of blood examinations conducted is 2,89,387, which is 22.48% of the total population (i.e., ABER – 22.48 %) and 100 % of the fever case reports/records. Out of these blood examinations, 9,329 were confirmed as Malaria cases, accounting for 7.25 per thousand population and with a pf case of 5,318, i.e., 57.01 % of the total cases. There were 6 deaths due to Malaria during this period, with a case fatality rate of 0.06%. (ABER target – 10 % with Zero Indigenous Case)

Name of District	Total Malaria Cases	Pv Cases	Pf Cases	Mix	Total No of Death	ABER	API	TPR	Pf %
Aizawl East	69	37	26	6	0	14.76	0.24	0.16	37.68
Aizawl West	115	66	46	3	0	28.74	0.77	0.27	38.60
Champhai	18	14	4	0	2	18.63	0.21	0.11	22.22
Hnahthial	68	44	16	8	0	23.88	2.19	0.92	23.53
Khawzawl	14	8	3	3	0	25.50	0.35	0.14	21.43
Kolasib	25	14	10	1	0	20.49	0.27	0.13	40
Lawngtlai	4354	1321	2955	78	3	28.65	30.01	10.47	67.87
Lunglei	2205	648	1523	34	0	20.48	15.45	7.54	69.07
Mamit	1236	819	395	22	0	22.11	11.63	5.26	31.96
Saiha	1163	824	325	14	0	30.95	17.24	5.57	27.94
Saitual	18	14	4	0	1	24.68	0.31	0.13	22.22
Serchhip	44	29	13	2	0	27.49	0.56	0.20	29.55
TOTAL	9329	3839	5318	171	6	22.48	7.25	3.22	57.01

3. **Dengue:** In the ongoing efforts to monitor and combat Dengue, a total of 9,959 samples were tested. The results revealed 1482 cases confirmed as positive, highlighting the prevalence of Dengue within the community with 0 reported death attributed to Dengue during this period. (Target CFR < 1)

Sl. No.	District	Suspected Cases	Blood Sample Collected	No. of Sample Positive			
				Igm Mac Elisa	NS1 Antign	Total +ves	Deat h
1	Aizawl West	3953	3953	227	264	491	0
2	Aizawl East	3533	3533	360	450	810	0
3	Lunglei	1523	1523	80	9	89	0
4	Siaha	33	33	1	3	4	0
5	Kolasib	134	134	1	3	4	0
6	Mamit	190	190	6	11	17	0
7	Champhai	287	287	13	23	36	0
8	Lawngtlai	47	47	2	3	5	0
9	Serchhip	163	163	6	11	17	0
10	Other State	96	96	4	5	9	0
	Total	9959	9959	700	782	1482	0

4. **Chikungunya:** Out of 117 suspected cases, 30 were confirmed for Chikungunya; all cases were confirmed at Civil Hospital Lunglei, and the cases were from Lunglei District.

Sl. No.	Name of the District	TOTAL		
		Suspected Cases	Samples Taken	Confirmed Cases
1	Aizawl West	0	0	0
2	Aizawl East	0	0	0
3	Lunglei	117	117	30
4	Saiha	0	0	0

5	Kolasib	0	0	0
6	Mamit	0	0	0
7	Champhai	0	0	0
8	Lawngtlai	0	0	0
9	Serchhip	0	0	0
	TOTAL	117	117	30

5. Vector Control Management: For vector control in the state the following activities are carried out –

- a. **IRS Operation (Deltamethrin Spray – in SC API > 2):** 86.57% coverage achieved, protecting 465234 out of the projected 537384 population. (Target – 85%)
 - b. **LLIN Distribution (SC API > 1):** 4,06,947 nos. of Long-lasting Insecticidal nets (LLIN) covering 169 sub centers with a total household of 2,74,257 was saturated with 100% household coverage in 2024. (LLIN impregnated with Alpha cypermethrin - efficacy period of 3 years)
 - c. **Source Reduction Drive** at high endemic villages.
- 6. IEC/BCC Activities:** IEC/BCC activities conducted at all levels by involving local leaders, NGOs & FBO to enhance community participation. All activities under NVBDCP are community-based activities in order to generate community awareness. Some of the main activities are: Source Reduction Drive, Awareness Campaign, Advocacy Meetings, Sensitization Meetings with Village Leaders/Institution, Print & Electronic Media, School Campaign.

Moreover in 2025 Intensified Malaria Elimination Campaign was conducted in coordination with the other Health Progs under NHM for a period of **April- June, 2025**. The project aims to control & eliminate malaria in four high burden districts: **Lunglei, Lawngtlai, Mamit, and Siaha** through behaviour change, implementing preventive measures, and mobilizing community engagement.

IMPACT-

1. Significant progress was achieved across all four districts, reflecting strong and coordinated efforts toward malaria elimination.
2. Compared to 2024, there was a substantial decline in cases: 62.5% in Mamit Dist, 46% in Lawngtlai Dist, 39.8% in Lunglei Dist, and 27.8% in Siaha Dist, with an overall state reduction of 44.8%. (2024 – 16899 cases, 2025 – 9328 cases)
3. Additionally, API dropped from 13.24 in 2024 to 7.25 in 2025. These results demonstrate the effectiveness of the intensified and sustained anti-malaria interventions implemented throughout the year.
4. We have 7 Districts with an API below 1 and 5 Districts with an API above 1 in 2025.
5. The number of death also decline from 7 in 2024 to 6 in 2025.

IX. Mizoram State Health Care Society

The Mizoram State Health Care Society is a registered Society formed under Health & Family Welfare Department, Govt. of Mizoram. The Society's Governing Body, the apex body is chaired by the hon'ble Chief Minister of the State and the day-to-day function is being managed by the office of the Chief Executive Officer, whose office is located at Dinthar, Aizawl. In summary, the main activities that the society currently performs is implementation of Mizoram Universal Health Care Scheme (MUHCS) which provides cashless treatment for the following category:

1. Regular Government Employee and dependants
2. GIA employee and dependants
3. Employee of Provisional Govt., Work charge, Co-terminus, Temporary, CSS and their dependants.
4. Beneficiaries of Ayushman Bharat pradhan Mantri Jab Arogya Yojana (AB PM-JAY)
5. General Category joining MUHCS as a contributory.

Achievement during (April 2025 - April 2026)

1. Hospital Empanelment

S.No	Category	Count
1	Private Hospitals Inside Mizoram	18
2	Day Care Centres	5
3	Hospitals Outside Mizoram	39
4	Deemed Empanelled Outside Mizoram	12

2. MUHCS Claim Payment

Claim Paid Count	1,11,151
Claim Paid/Release Amount	1,78,57,55,172

3. Starred Achievement

1	Ayushman Card Saturation Awarded "Best State" under category Beneficiary Enrollment under Ayushman Bharat Pradhan Mantri Jan Arogya Yojana during Chintan Shivir at Bhubaneshwar 19-20 Jan.2026
2	ISO 9001:2015 Certification for Organizations Quality Management System

3

Best Performing Small State under category- Highest Percentage of Bio-Authentication done in FY 2025-26 under Ayushman Bharat Pradhan Mantri Jan Arogya Yojana (AB PM-JAY) during Chintan Shivir at Pune Maharashtra April.2026



X. School Health & Wellness Programme (SHWP-AB), RKSK, RBSK :

1. Rashtriya Bal Swasthya Karyakram (RBSK)

Sl. No.	Key Indicator	Achievement
1	Naupiang hlrim endik zat	11819
2	District Early Intervention Centre (DEIC) neih zat	2 – Aizawl West DEIC & Lunglei DEIC
3	Sorkar leh sorkar in a puih School leh Anganwadi Centre a naupang hriseina RBSK Mobile Health Team in an endik zat	325015
4	RBSK in naupang inzaina a tumsak zat	43

2. Anemia Mukht Bharat (AMB) Strategy

T3 camps neih zat	T3 Camp a naupang thisen test zat	RBSK in T3 Camp a naupang an en zat
5214	9912	268385

3. RASHTRIYA KISHOR SWASTHYA KARYAKRAM (RKSK)

a) Adolescent Friendly Health Services (AFHS):

PARTICULARS	Achievement
Functional Youth Clinic neih zat	53
Youth Clinics a naupang in entir zat	291448
Chawhruala, thla tina Youth Clinic zawng zawnga naupang in entir zat	216

b) Peer Education Programme (PE):

PARTICULARS	Achievement
PE Program in Districts a huam zat	7
PE Train zat	988
Adolescent Health & Wellness Day hman zat	-

c) Weekly Iron & Folic Acid Supplementation (WIFS):

PARTICULARS	Achievement
School huam zat	1636
Anganwadi Centre huam zat	2244
Mipa leh Hmeichhe naupang awm zat	95847
School kal tawhlo hmeichhe naupang huam zat	6577
Naupang (Mipa & Hmeichhia) zawng zawng	102424
IFA coverage	63.56%

4. SCHOOL HEALTH & WELLNESS PROGRAM (SHWP-AB)

School Health & Wellness Program (Ayushman Bharat) hi Ministry of Health & Family Welfare, Dept of School Education & Literacy leh Ministry of Human Resource & Development-te tangkawp hmalakna ani.

District	School cover zat	HWA (Zirtirtu) train zat	Principal/ Headmaster train zat
Aizawl	309	519	248
Champhai	147	325	147
Mamit	148	256	121
Siaha	104	138	45
Lawngtlai	133	204	123
Lunglei	156	256	145
TOTAL	994	1694	804



XI. Mizoram State AIDS Control Society (MSACS) :

Blood Transfusion Service Division : Blood Collection :

Sl. No	Blood Collection	Achievement
1.	Total Blood Collection	36217
2.	Total Voluntary Blood Collection	33746
3.	No. of Camps Organised	628
4.	Percentage of Voluntary Blood Collection	93%
5.	Total Collection at VBD Camps	23591
6.	Total Collection at Valentines Day VBD	663

1. Observation of Blood Donation Days

World Blood Donor day – 14 June, 2025

Month Long campaign and Activities :

The celebration of World Blood Donor Day 2023 was jointly organised by Mizoram SACS and Association for Voluntary Blood Donation (AVBD). The main celebration was held in Dawrpui Multipurpose Hall, Aizawl. On the occasion of World Blood Donor Day, Minister of State Pu Lalchhanzova graced the event as the Chief Guest, while Dr. Jane Ralte, Project Director of MSACS, presided over the program as the Chairman.

- 1) **Felicitation of blood donors :** The donor groups were divided into four categories: Religious Groups, Educational Institutions, Young Mizo Association (YMA), and Miscellaneous Groups. Awards were presented to the top-performing donors within each of these categories.
- 2) **Similar activities organised at all district level.** The activities was initiated by Blood Centres and Voluntary Organisation group with felicitation of blood donor groups and donation camps held to marked World Blood Donor Day.



3) National Voluntary Blood Donation Day – 1ST October 2025

The state-level observation was jointly organized by MSACS, AVBD, and the NSS unit of Govt. Hrangbana College at the Govt. Hrangbana College premises.

Pu Jeje Lalpekhluva, MLA, graced the program as the Chief Guest. In celebration of National Voluntary Blood Donation Day (NVBDD), and in line with the theme "*Swasth Nari, Shashakt Parivar*" (Healthy Woman, Empowered Family), awards were presented to female donors who have donated more than 20 units of blood. Additionally, a Voluntary Blood Donation (VBD) camp was held in collaboration with the NSS unit of Govt. Hrangbana College on the same day.

NVBDD is observed in all districts in collaboration with Blood Centres and AVBDs, and it is also marked by honouring female donors and organizing VBD camps.

4) Krismas Pual VBD Camp

Every year throughout the month of December, a Christmas-themed Voluntary Blood Donation (VBD) Camp is organized in collaboration with the AVBD.

These donation drives are held at the following locations:

- Model Blood Centre, Civil Hospital Aizawl (CHA)
- Blood Centre, Synod Hospital, Durtlang
- Blood Centre, Zoram Medical College & Hospital (ZMC&H)

5) Valentines day VBD Camp – 14 February 2026.

In collaboration with the Association for Voluntary Blood Donation (AVBD), this event is held annually at the Dawrpui Multipurpose Hall, Aizawl.

The event serves as a call to the youth to donate blood for their loved ones. It is organized in a festive and enjoyable manner for young people, and all local participants are presented with rosebuds. This day is also observed at various Blood Centres across the state in collaboration with AVBD of respective Districts; a total of 663 units of blood were collected throughout Mizoram on this occasion.

Care Support & Treatment Division (CSTD) :

1. INTENSIFIED TRACK BACK CAMPAIGN FOR LFU CASES – Intensified Tracking Back of Treatment Interruption cases (Loss to follow-up) was held during the months of September – October 2025 and February – March 2026. As a result of this campaign, the LFU rate in Mizoram has reduced to 4.20% and Mizoram is one of the states with lowest rate (<5%) of Lost to follow-up cases in India.
2. INTENSIFIED TRACK BACK CAMPAIGN FOR OPTED OUT CASES - Intensified Tracking Back of Opted-out cases was held during the months of February – March 2026. During the campaign, 14% of all PLHIV who do not want to continue ART were successfully contacted by ART Centres through calls/ home visits.

3. **PROJECT HOMECOMING** – In order to reduce the number of proxy collection of ARV drugs among PLHIV in active care across the 14 ART Centres in Mizoram, provision was made for Proton-pump inhibitors (PPIs) and vitamins to PLHIV clients who come in person to ART Centres. These PLHIV were given the information that the vitamins and PPIs were provided only to those who came themselves to the Centres, and were requested to spread this information to other PLHIV.
4. **TREATMENT LITERACY CAMPAIGN** – Peer Volunteers at 6 ART Centres in Mizoram interacted with PLHIV. During these Treatment Literacy Campaign interactions, a number of important topics were discussed, such as Importance of ART Adherence, Stigma and discrimination, Importance of CD4 and Viral Load tests, Safe sex and condoms, Personal hygiene, basics of HIV treatment, HIV Co-infections, Importance of medical check-up for PLHIV, EVTHS, TB and importance of wearing face mask, Self-stigma and self-acceptance, Nutrition and personal hygiene, Importance of ART adherence and follow-up investigations, Opportunistic infections, Viral Suppression, Family planning, Behavioural change, Infant feeding practices for PLHIV, Importance of self-pill pick-up, Importance of Proper diet, timely consumption of foods and medicine, Service linkages for PLHIV and Mental Health.
5. **VIRAL LOAD TESTING CAMPAIGN** – All ARTCs conducted drives for testing of Viral Load and CD4 testing for PLHIV under care during the months of September 2025 and February 2026. This initiative is to bring services closer to PLHIV in need, Viral Load Testing Camps for mapped PLHIV in different hard to reach villages in each of the 11 districts, with involvement of SACS officials, ARTC Staff, TI-NGOs, Bike Outreach Workers and other development partners was carried out. 95% of all PLHIV eligible for Viral Load testing have been tested during the current FY with 96.56% having viral suppression.
6. **PROVISION OF ART SERVICES FOR PLHIV IN PRISON AND OTHER CLOSED SETTINGS** – Working Agreement was signed with 6 closed settings (TNT Aizawl, Champhai, Kolasib, Lunglei, OKM Aizawl and Golgotha Vairengte). On the day of signing these working agreements, Awareness on HIV/AIDS and HIV Treatment Literacy was held for staff and inmates of these closed settings. As per the working agreement, ART Services such as ART Initiation for newly detected cases, and Follow-up services such as provision of ARV drugs, routine CD4 and Viral Load testing for PLHIV in Prisons and other Closed settings (Rehabilitation Centres) in different districts are provided by ART Centres with Prison & OCS Staff.
7. **REFRESHER TRAINING FOR ARTC STAFF**: During April 2025 – March 2026, Refresher Training for ARTC Staff was conducted by CST Division in different batches, as follows:
 - a. Consultation Meeting and Training for ARTC Medical Officers was held for 2 days (29th – 30th April, 2025) at Dawrpui Multipurpose Hall, Aizawl.
 - b. Training on Data Management and Data Cleaning for ARTC Data Managers/Counsellors was held on 1st May 2025. A total of 14 Data Mangers/Counsellors of ART Centres attended the training.
 - c. Refresher Training for ARTC Counsellors in Mizoram was held on 15th May at Whitestone Conference Hall, Ramhlun North Aizawl. A total of 20 ARTC Counsellors attended the training from 14 ART Centres across Mizoram.

- d. Refresher Training for ARTC Nurse & Pharmacist was held on 17th June 2025 at Whitestone Conference Hall, Ramhlun North. There were a total of 20 participants - 15 ARTC Staff Nurses and 5 Pharmacists from 14 ART Centres in Mizoram.
- e. Experience Sharing, Review and Way Forward was held with PATH Staff on 20th June 2025 at Conference Hall, Planning & Implementation Dept., Aizawl.
- f. Training on Treatment Literacy for Peer Volunteers was held on 24th June, 2025 at MSACS Conference Hall, Ramhlun North. A total of 6 Peer Volunteers and 2 Data Analysts under CST Innovational Projects attended the training.
- g. Training on Revised CSC Operational Guidelines and NACO-CSC Mobile Application for CSC Staff was held on 27th June, 2025 at Whitestone Conference Hall, Ramhlun North, Aizawl.
- h. Training for ARTC Medical Officers on 10S Screening of PLHIV and Advanced Disease Management was held on 17th September 2025. A total of 13 Medical Officers attended the training.

ART REVIEW MEETINGS:

- a. ARTC 1st Quarter (2025-2026 FY) Review Meeting & Training on EVTHS was held on 15th & 16th July 2025 at Conference Hall, Hotel Royale Lalawi, Khatla, Aizawl.



- b. ART Half-Year Review Meeting (2025-2026 FY) was held in two batches - 23rd – 24th October 2025 at Conference Hall, Circuit House, Champhai & 31st October 2025 at DMS Conference Hall, Siaha.

ART SERVICES AT HULHLIAP SHORT STAY CENTRE: ART services were provided for PLHIV staying at Hulhliap Short Stay Centre, as follows:

- c. ARV Drug Refill
 - i. June – 24
 - ii. July – 30
 - iii. August & September – 15
 - iv. October – 15
 - v. November – 3
 - vi. December to February – 21
 - vii. March - 3

- d. ART initiation
 - i. August & September – 3
 - ii. November - 2
- e. LFU/Opted-out re-initiation
 - i. August & September – 1
 - ii. October – 3
 - iii. November – 1

OPERATION SAMARITAN: Team comprising of CST Division, MSACS, Mobile ICTC Staff, ARTC Medical Officer & Staff, PATH SPO & Staff (SHALOM-PATH) and CSC Project Coordinator & CLH conducted outreach services for Injecting Drug Users who are out on the streets, many of them who had recently come out from TBCC Rehabilitation Home.

BASIC SERVICE DIVISION ACHIEVEMENT DURING FY 2025-2026

Apart from the routine Basic Services Division (BSD) activities, Mizoram has rolled out several new and intensified interventions to accelerate progress toward achieving the First 95.

1. Integrated Health Campaign

Mizoram State AIDS Control Society (MSACS) implements the **Integrated Health Campaign (IHC)** as a unified, community-based approach to strengthen early detection, prevention, and linkage to care for priority health conditions. Total of 78 camps have been organised across Mizoram with a total no of 3419 beneficiary where 2628 beneficiary were screened for HIV and Syphilis out of which 22 were Diagnosed HIV positive and 20 have been linked to ART so far. 55 cases of Syphilis have been detected where all have received treatment. A total of 18 STI Syndromic cases were diagnosed where all have received treatment.



2. Index Testing Campaign

DISHA teams in all districts are being strategically utilised to lead and strengthen the Index Testing Campaign, particularly in identifying Index Clients whose partners or family members have not yet been tested. Under this campaign 762 partner (sexual/injecting) of Index client have been screened for HIV where 170 have been diagnosed positive and all have been linked to ART

3. Hulhliap Short Stay

As part of strengthening health and protection services for residents, HIV counselling and testing is regularly provided in the Hulhliap Short Stay Programme through coordination with the Health &

Family Welfare Department, Social Welfare and MSACS. Trained counsellors from ICTC or mobile teams conduct pre-test counselling, voluntary HIV testing, and post-test counselling for all eligible residents. 921 inmates were screened for HIV and 15 had been confirmed Positive and were all linked to ART. 27 syphilis cases detected and were all treated.



4. Mobile ICTC in Aizawl North, Aizawl South & in 3 Newly carved out Districts

To strengthen HIV testing coverage and ensure accessibility in underserved and remote areas, Mobile ICTC services have been introduced in Aizawl North, Aizawl South and the three newly carved-out districts of Mizoram — Hnahthial, Khawzawl, and Saitual. These mobile units provide on-site HIV counselling, rapid testing, STI screening, and immediate referral/linkage to the nearest ART centres. The initiative helps address geographical barriers, improves early detection, and expands reach to villages, workplaces, and high-yield hotspots where static ICTC/F-ICTC facilities are limited. So far 6 individuals residing in difficult terrain and remote areas have been diagnosed HIV positive.

5. Prisons & Other Closed Settings

Since many individuals in Jails and Homes (rehabilitation or shelter homes) often have a history of HIV risk behaviour, HIV counselling and testing are conducted based on their voluntary consent. This initiative facilitates early detection and timely treatment, while also ensuring the safety and protection of those who are currently HIV-negative but remain at high risk of infection. 2224 had been screened for HIV among inmates of Prison where 61 have been Diagnosed HIV and 59 have been linked to ART for treatment. 117 inmates of Shakti Sadan have been screened for HIV where 3 were diagnosed HIV and all were linked to ART. 3589 inmates of Home/rehab centre were screened and 75 have been diagnosed HIV and so far 71 have been linked to ART centre.

6. EVTHS

HIV Cascade

A total of 14,203 pregnant women were registered under HMIS. HIV testing among pregnant women reached 23,074, achieving an impressive 162.45% coverage, reflecting strong implementation of universal and repeat testing strategies, including testing beyond HMIS-registered pregnancies. Among those tested, 104 pregnant women were newly detected with HIV and were all linked to ART. In addition, 243 pregnant women were already known HIV-positive, bringing the total number of pregnant and post-partum women living with HIV (PPW) to 347.

Viral Load (VL) monitoring performance remains strong. Of the 216 eligible WLHIV, 208 (96.2%) were tested at 32–36 weeks of gestation, and 192 were found to be virally suppressed, reflecting effective ART adherence and follow-up.

Early Infant Diagnosis (EID)

A total of 201 HIV-exposed infant (HEI) live births were reported and all this HEI are follow up accordingly as prescribed protocol. There is a total of 303 eligible for 18 months confirmatory antibodies test, out of which 309 infants were screened (101.5%), exceeding the eligible number due to delayed and spill-over testing. Five children were confirmed HIV-positive, and all were linked to ART, achieving 100% linkage to treatment, which reflects effective coordination between diagnostic and treatment services

Syphilis Cascade

28601 pregnant women were screened for Syphilis out of which 256 were detected positive. All detected cases received treatment, achieving 100% treatment coverage. There were 150 syphilis-exposed infant (SEI) live births, 140 infants (93.37%) were tested at birth. 18 infants (12%) were diagnosed with congenital syphilis, and all received complete treatment.

7. **OPD based screening:** HIV OPD based screening have been implemented at Civil Hospital Aizawl, Christian Hospital Serkawn, and District Hospital Khawzawl. Initiatives have been taken to start at District hospital Champhai, for new financial year, Sensitization of Medical Officers was conducted on 16th October, 2025 at Doctors Lounge. The main objective is to introduce the concept of OPD Screening to the Medical Officers and discuss the logistics for establishment of OPD Screening.

Site	HIV test	Reactive	Confirmed positive	Linked to ART
Civil Hospital Aizawl	1708	75	74	70
DH Khawzawl	587	3	3	3
Christian Hospital Serkawn	585	10	10	8

8. **Collaboration with Indian Medical Association (Mizoram Chapter):** Health camps was organized by IMA at Khawzawl District Hospital and Tlabung Sub District Hospital, where voluntary mass screening of HIV/Syphilis were done. 907 patients were screened at Khawzawl health camps where 1 have been diagnosed HIV positive and were also linked to ART on the same day. 550 patients were screened at Tlabung Health camps out of which 2 patients have been diagnosed positive. Index testing of the newly diagnosed positive was also done where 2 new index client was also diagnosed positive. All were linked to ART.

9. Training/ Workshop/ Sensitization :

Si No	Name of Training / Workshop	Participants	Date of Training
1.	Development of Accelerated Plan for Fast tracking EVTHS in Mizoram	DACO	17-18 th June 2025
2.	Refresher Training on EVTHS for ANMs & CHO of Aizawl Dist	HW/HWO/CHO	11-14 th August 2025
3.	Refresher Training on EVTHS for ANMs & CHO of Lawngtlai Dist	HW/HWO/CHO	30 th July 2025
4.	Refresher Training on EVTHS for ANMs & CHO of Siahla Dist	HW/HWO/CHO	29 th July 2025
5.	Training of Medical Officer of DSRC and OST	Medical Officers	16 th September 2025
6.	One Day Review Meeting & Dissemination workshop on EVTHS	DACO	17 th September 2025
7.	DSRC Counsellor Training on STI/RTI Guidelines	DSRC Counsellor	25 th September 2025
8.	Refresher Training of Lab Technician	ICTC lab Tech	26 th Sept 2025
8.	DISHA training on DMMR	DISHA	9 th October 2025
9.	Program management Training for SACS Official	SACS Staff	13 th - 15 th January 2026
8.	Program management Training for DISHA Staff	DISHA	16 th – 18 th January 2026
10.	All NACP Counsellor Refresher training 1 st & 2 nd Batch	NACP Counsellor	21 st – 23 rd Jan 2026 (1 st Batch) 28 th – 30 th Jan 2026 (2 nd batch)
11.	DISHA Indepth Training	DISHA Staff	



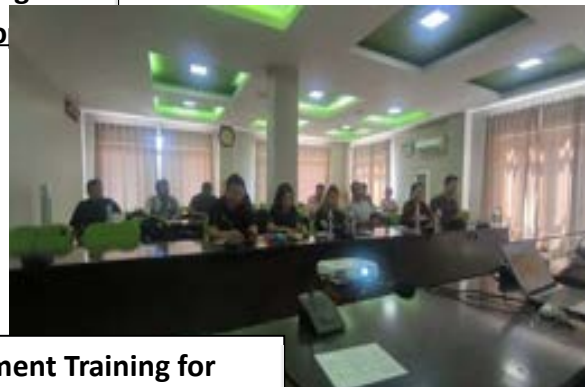
**Refresher Training on
FVTHS for ANMs & CHO**

Information



One Day Review Meeting &

Workshop



Program management Training for



**Refresher Training of Lab
Technician**

Intensified IEC Campaign 2.0 Mizoram

“Know Your HIV Status, Get Tested”

Intensified IEC Campaign 2.0 was officially launched on 12th August, 2025 by the Hon'ble Chief Minister Shri. Lalduhoma at I & PR auditorium, Aizawl. In the launching ceremony, the Chief Minister urged the public to practice the preventive measures in order to be safe from HIV/AIDS as once infected, HIV has no cure and the only safeguard is protection.

During the campaign, HIV awareness was made using posters, hoardings, doorstep leaflet distribution. Flash mobs and rallies were organised in all the districts across the State.

HIV/AIDS awareness campaign was also held in colleges and schools via Red Ribbon Clubs.

20 Social media influencers were also engaged to amplify messages about HIV prevention among their followers.

Brief report of activities held during Intensified IEC Campaign 2.0:

Number of villages covered	: 275
Number of schools covered	: 624
Number of colleges covered	: 32
Door to Door campaign	: 27081
Number of Hospitals covered	: 3
Number of social media influencers engaged:	20



Observance of World AIDS Day 2025 – 1st December, 2025

“Overcoming disruption, transforming the AIDS response”

World AIDS Day 2025 was observed in Mizoram on 1st December, 2025 at Vanapa Hall, Aizawl under the theme *“Overcoming disruption, transforming the AIDS response”*.

The Honourable State Assembly Speaker Pu Lalbiakzama graced the event as Chief Guest and urged the public to adopt responsible social and sexual behaviour to control the further spread of HIV. Officials from Health department and special invitees were present at the event. Stalls were set up by PLHIV community to showcase products made by PLHIV to foster independence & visibility. Red Ribbon Club of Zoram Medical College & Hospital performed short drama on the importance of HIV Testing & Treatment. Around 800 school students gathered at the event.



3rd STATE LEVEL RED RUN, 2025, MIZORAM – 18th September, 2025

The State Level Red Run held on 18th October, 2025 at R. Dengthuama Indoor stadium was organised by MSACS in collaboration with Mizoram Athletics Association. The event was flagged off by Pi Lalrinpuui, the honourable Health Minister of Mizoram. Around 300 runners participated in the Red Run 2025. Around 300 runners participated in the 10 kms run which took place on R. Dengthuama Indoor Stadium to Silaimual route.



HIV testing of Political leaders & prominent citizens

HIV test drive campaign was successfully launched as a part of Intensified IEC Campaign 2.0. As part of the HIV test drive campaign HIV testing was done by Political leaders and prominent citizens to encourage the public to get tested for HIV, setting an example for others.

During the HIV test drive campaign, political leaders who got tested for HIV are:

- Pi Lalrinpuui – Cabinet Minister of Health & Family Welfare Department, Govt. of Mizoram
- Pu Lalnghinglova Hmar – Minister of State for Tourism
- Pu B. Lalchhazova – Minister of State for Food, Civil Supplies & Consumer Affairs
- Jeje Lalpekhlua – Member of Legislative Assembly, Mizoram

During the HIV test drive campaign, prominent citizens who got tested for HIV are:

- Most Rev. Stephen Rotluanga, C.S.C, Bishop, The Roman Catholic Diocese of Aizawl
- Rev. RC Lalnghakliana, Moderator, Mizoram Synod
- Pastor R. Lalramnghaka, Seventh-day Adventist Church
- Benjamin Pazawna, Mizoram Synod Choir Conductor
- Peter Lalnunpuia, Gospel Singer, LPS Youth Icon Runner up 2024
- Isaac Hnamte, Gospel Singer
-

Focus Group Discussion – 29th April 2025

Focus Group Discussion on Drugs & Sex among College students was organised on 29th April, 2025 at Dawrpui Multipurpose Centre. Focus Group Discussion was organised to raise awareness & foster open dialogue around issues of drug abuse and unsafe sexual practices among the youths. A total of 33 students from 11 Colleges participated on the Focus Group Discussion.



Training of Master Trainers on School Health & Wellness

The School Health and Wellness Programme (SHWP) was launched by the Ministry of Education and Ministry of Health and Family Welfare under the Aegis of Ayushman Bharat. The programme envisages two teachers in each School as Health and Wellness Ambassadors/Coordinators, who will conduct age-appropriate and culturally sensitive prevention and promotion school activities to improve the health and well-being of school going children in grades VI to XI.

The training was conducted by MSACS in collaboration with SCERT in 2023 & 2024 targeting the private schools across the State. So far, 552 private schools across the State have been trained using the School Health Module.

Mizoram State AIDS Control Society had signed MoU with School Education Department, State Council of Educational Research and Training and National Health Mission, Mizoram for effective implementation of Adolescence Education Programme.

One of the objectives of the MoU was the adoption of School Health Module developed under Ayushman Bharat as a training & resource material for Adolescence Education Program.

The target population of MSACS Adolescence Education Programme are the private schools as the Govt schools are the main target population of the School Health Programme under NHM. The primary focus of Mizoram SACS is to implement Adolescence Education Programme in private schools to ensure complete coverage of school going children under the adolescent age group enrolled in Private schools.

Red Ribbon School Quiz Competition

The Red Ribbon Quiz Competition is a major initiative organised by State AIDS Control Societies and National AIDS Control Organisation (NACO). The competition was organised for schools the main aim was to raise awareness about HIV/AIDS, STI prevention among the general population. The competition includes various levels, often beginning with school and district-level rounds before moving to state, regional and national finals.

District level School quiz competition used to be conducted in all the 11 districts through DAPCCs and winners of the district level participated in the State Level Quiz Competition and the State level winners participated in the Regional Quiz Competition.

The topics covered in the quiz competition includes HIV/AIDS, Sexually Transmitted Infections (STIs), adolescent health, reproductive health, healthy diet, and government health initiatives.



Red Fest 2026 – 6th February, 2026

Red Fest 2026, a significant event in Mizoram, India was held on 6th February, 2026 at LPS Arena, Falkland, Aizawl. Since, this is the first time Mizoram SACS is hosting Red Fest, the team had started preparing for the event in advance and had created sub committees to ensure all the task are completed in time.

Pi Lalrinpuii, the Hon'ble Health Minister of Mizoram graced the event as Chief Guest. Project Directors of Sikkim, Arunachal Pradesh, Nagaland, Assam, Meghalaya attended the Red Fest 2026.

Top Artiste from 8 Northeastern States performed in this event to spread awareness on HIV/AIDS. The main purpose of the Red Fest is to raise awareness about HIV/AIDS, STI and substance abuse through music, storytelling and community engagement. As Red Ribbon Clubs in Aizawl accepted our invitation, around 900 Red Ribbon Club members attended the Red Fest 2026.



Mainstreaming and CSS&GIPA

1. Art Workshop and HIV Awareness Campaign

A joint initiative by the Mizoram State AIDS Control Society (MSACS) and the Prison Department was successfully conducted at Central Jail, Aizawl. The event featured a comprehensive Art Workshop seamlessly integrated with a targeted HIV Awareness Campaign.

The workshop saw active engagement from 60 inmates, providing them with a constructive creative outlet and skill-building opportunity. The practical art sessions were expertly guided by Mr. Laltanpuia from the Aizawl Art Gallery, who served as the principal trainer for the program.

Alongside the creative curriculum, MSACS officials led an essential HIV awareness session. This dual-purpose approach ensured that critical public health messaging regarding HIV prevention, testing, and care reached a vulnerable demographic, furthering the society's mandate for inclusive health education and rehabilitation support.

2. Social Protection Schemes

A total of 2,450 PLHIV were linked to various social protection schemes, facilitating their access to social welfare benefits and support services during 2025-2026 FY.

3. Facilitated regular meetings of to identify and address community-level issues and barriers to service access.
4. Strengthened the capacity of **Community Based organisation and community leaders** through training and exposure visits.

5. Training Report: Capacity Building for Designated Complaint Officers

This training program was conducted on 26th September 2025 at Aijal Club Conference Hall, Aizawl to orient designated Complaint Officers from various government departments in Mizoram on their statutory roles and responsibilities under the HIV and AIDS (Prevention and Control) Act, 2017. The session emphasized the legal mandates of non-discrimination, strict confidentiality of HIV-related data, and the importance of an efficient grievance redressal mechanism.



LAB SERVICE DIVISION FY 25-26

Introduction

The Laboratory Services Division of Mizoram SACS is responsible for ensuring robust **quality assurance systems** across all HIV-related diagnostic services. The division ensures that all reported laboratory results are **accurate, reliable, reproducible, and traceable**, in accordance with established testing standards.

To maintain and monitor quality, structured **External Quality Assessment (EQA)** and **National Quality Assurance (NQA)** Programs are implemented. These programs assess laboratory performance and ensure consistency in diagnostic outcomes across the state.

A. PROFICIENCY TESTING OF STATE REFERENCE LABORATORY (SRL), ZMC&H:

The State Reference Laboratory (SRL) participated in External Quality Assessment through proficiency testing conducted by the **National Reference Laboratory, NIRBI, Kolkata**.

SRL	Round No.	No of ICTC participating	No. Of Panel received from NRL, NIRBI, Kolkata	No. with concordant Result
Proficiency Testing	Round I	1	8 panel (coded sample) each	100 % matching
	Round II	1	8 panel (coded sample) each	100 % matching

B. PROFICIENCY TESTING FOR STAND ALONE ICTC:

Proficiency testing for Integrated Counselling and Testing Centers (ICTC's) was conducted by the **State Reference Laboratory, Department of Microbiology, ZMC&H, Falkawn** under the External Quality Assessment Program to ensure the accuracy and reliability of HIV testing services across the state.

ICTC	Round No.	No of ICTC participating	No. Of Panel distributed to ICTC	No. with concordant Result
Proficiency Testing	Round I	38	4 panel (coded sample) each	100 % matching
	Round II	38	4 panel (coded sample) each	100 % matching

C. QUARTERLY RETESTING/RECHECKING FOR STAND ALONE ICTC:

Quarterly retesting/rechecking was conducted for all stand-alone ICTCs to monitor the consistency and accuracy of HIV testing services across the state.

SI No.	EQAS Retesting Month	Total No of ICTC	Number of ICTCs participate	Discordant sample	No of Non-participating ICTC's	Participation percentage
1	April 2025	39 (30 ICTC + 9 Mobile ICTC)	ICTC = 30 M. ICTC = 9 Total = 39	0 (100 % matching)	0	100 %
2	July 2025	39 (30 ICTC + 9 Mobile ICTC)	ICTC = 29 M. ICTC = 9 Total = 38	0 (100 % matching)	1	97.4 %
3	October 2025	39 (30 ICTC + 9 Mobile ICTC)	ICTC = 29 M. ICTC = 9 Total = 39	0 (100 % matching)	1	97.4 %
4	January 2026	38 (29 ICTC + 9 Mobile ICTC)	ICTC = 28 M. ICTC = 9 Total = 40	0 (100 % matching)	1	97.4 %
OVERALL PARTICIPATION PERCENTAGE						98%

D. NACO CERTIFICATE OF EXCELLENCE UNDER QUALITY MANANGMENT SYSTEM PROGRAMME FOR STAND ALONE ICTC:

The **National AIDS Control Organisation (NACO)** implements a **Quality Management System (QMS)** in facilities like ICTCs to ensure consistent and high-quality HIV testing and counselling services. This QMS is based on the international standard **ISO 9001 Quality Management System standard**.

No. of ICTC integrated under QMS (excluding Mobile ICTC & PPP)	No. of ICTC receiving NACO Certificate of Excellence (Grade 5-95%)	Percentage
28	28	100 %

E. NABL MELT CERTIFICATION FOR STAND ALONE ICTC:

The **NABL Medical Entry Level Testing (MELT) programme** has been developed by the **National Accreditation Board for Testing and Calibration Laboratories (NABL)**. It is a quality certification programme designed for small and basic medical laboratories, such as ICTCs.

The programme helps laboratories achieve minimum essential quality standards in areas such as pre- and post-examination processes, testing and reporting, equipment maintenance, and biomedical waste management.

No. of ICTC integrated under NABL MELT (excluding Mobile ICTC)	No. of ICTC receiving NABL Certificate	Remaining ICTC to achieved NABL MELT Certificate	Percentage
28	26	2	93 %

F. HIV-1 VIRAL LOAD LABORATORY TESTING:

There is one Viral Load laboratory located in the Department of Microbiology, ZMC&H, Falkawn. All 14 ART Centers send samples of people living with HIV (PLHIV) for routine viral load testing.

HIV-1 Viral load Laboratory	No. of sample Received	No. of sample rejected	No. of Run performed	No. of run failure	Total Number of VL sample tested	Total Number of Virally Suppressed	Total Number of result enter in SOCH
Department of Microbiology, ZMC&H, Falkawn	18,104	34 (0.2 %)	192 (100%)	5 (2.6 %)	17,375 (96 %)	16,504 (95 %)	17,207 (99 %)

Summary:

The Viral Load Laboratory demonstrated **high efficiency and accuracy**, with minimal rejection and failure rates, and good data reporting compliance.

12. HIV-1 VIRAL LOAD PANEL TESTING DATA:

The Viral laboratory operates under strict quality management systems aligned with NACO guidelines. Quality assurance measures include:

- Participation in National Quality Assessment programmes
- Internal quality control checks
- Regular equipment calibration and maintenance
- Adherence to standard operating procedures (SOPs)
- Staff training and competency assessment

VL LAB	Round No.	No of VL Lab participating	No. Of Panel received from APEX Lab, NITVAR, Pune	Result
Proficiency Testing	Round I	1	5 panel each	Satisfactory
	Round II	1	5 panel each	Satisfactory

H. CD4 TESTING LABORATORY DATA:

CD4 testing measures the immune status of people living with HIV (PLHIV) by counting CD4 T-lymphocytes in the blood. There are 8 CD4 laboratories in the state.

It helps determine HIV stage, guide ART initiation, monitor treatment response, and identify risk of opportunistic infections.

No. Of CD4 Lab	Total Number of CD4 sample tested
8	10,381

I. NQA for CD4 TESTING DATA:

Under the National Quality Assurance Program, CD4 testing laboratories in the state participated in External Quality Assessment to evaluate accuracy and reliability of the test result produce.

Out of a total of **8 CD4 laboratories**, only **3 laboratories** were able to participate in both rounds of proficiency testing conducted during the financial year 25-26.

No. of CD4 Lab	Round No.	No of Cd4 Lab participating	No. Of Panel received from APEX Lab, NITVAR	No. with concordant Result	Remarks
8	Round I	3	2 panel each	2 (CAPA done by NITVAR, Pune)	Participation of the remaining CD4 laboratories was not possible due to non-supply of CD4 testing kits for PIMA machines. The laboratories are in a transition phase, shifting from PIMA to Sysmex platforms.
	Round II	3	2 panel each	2 (CAPA done by NITVAR, Pune)	

J. STATE REFERENCE CENTRE FOR STI PANEL TESTING DATA:

Panel testing under the State Reference Centre (SRC) is conducted as part of the quality assurance system and participation in SRC panel testing supports maintenance of high-quality diagnostic services under the national STI/RTI programme.

STI LAB	Series No.	No of STI Lab	No. Of Panel received from RRSTRL, GMC	Result
Proficiency Testing	Series IV	1	5 panel each	Feedback not received from RRSTRL

K. RETESTING DATA – STI LAB, Dept. of Micro, ZMC&H:

SI No	EQAS Retesting Month	No of STI Lab	Number of sample dispatch	Discordant sample	Participation percentage	Result
1	August 2025	1	5 samples (3 negative & 2 positive)	0 (100 % matching)	100 %	Satisfactory
2	February 2026	1	5 samples (3 negative & 2 positive)	0 (100 % matching)	100%	Satisfactory

PREVENTION DIVISION, MSACS ACHIEVEMENT FOR THE FY 2025-2026

- 36 Targeted Intervention Projects implemented and operational.
(24 Exclusive IDU- TI, 1 Exclusive MSM - TI, 1 FSW Exclusive, 1 Exclusive FIDU - TI, 21 Core Composite TIs).
- 9 Link Worker Scheme Projects implemented and operational.
- 27 partner NGOs implemented Projects under Prevention Division, MSACS.
- 17 Operational OST Centres (13 Govt Based and 4 NGOs Based OSTC) & 61 Satellite OST Centres.

New Clients Registered during the FY 25-26:

SI No	Typology	New Clients Registered
1	IDU	1346
2	FIDU	28
3	MSM	99
4	FSW	207
5	Migrants	67694
6	OST	1166
7	LWS	5614
TOTAL		76154

Commodities Distribution During the FY 2025-2026:

SI No	Typology	Condom Distribution	NS Distribution	Lubricants Distribution
1	IDU	1069079	2484825	-
2	FIDU	14666	119072	-

3	MSM	103762	2061	75893
4	FSW	254484	1298	-
5	Migrants	57489	-	-
6	LWS	405599	85593	-
TOTAL		1905079	2692849	75893

No of HRG availing Clinic Services during the FY 2025-2026:

SI No	Typology	Regular Medical Check up
1	IDU	12978
2	FIDU	359
3	MSM	1064
4	FSW	1290
5	Migrants	18689
6	OST	4309
TOTAL		38689

No of HRG screened, reactive, positive and linkage for HIV during FY 2025-2026:

SI No	Typology	HIV Screened	HIV Reactive	HIV Positive	Linked to ART	% of Linkage
1	IDU	8898	105	105	105	100%
2	FIDU	156	1	1	1	100%
3	MSM	886	17	17	17	100%
4	FSW	1035	21	21	21	100%
5	Migrants	18295	31	31	31	100%
6	LWS	20706	90	90	78	87%
TOTAL		49976	265	265	253	95.4%

No of HRGs undergone Viral Load Testing and Suppressed during the FY 2025-2026:

SI No	Typology	Viral Load Undergone Testing	VL Suppressed	% of Viral Suppression
1	IDU	2471	2181	88.2%
2	FIDU	51	40	78.4%
3	MSM	59	39	66%
4	FSW	185	169	91.3%
5	Migrants	66	53	80.3%
6	LWS	420	391	93%
TOTAL		3252	2873	88.3%

Success Story from OST Centres Clients

Clients from various OST Centres have demonstrated remarkable success stories, successfully reintegrating into society and taking on meaningful roles such as church choir conductors, Sunday School primary department leaders, committee members in NGOs/CBOs and church sub-committees. Some have attained positions as Group B Gazetted Officers, while others have secured professional careers as mathematics teachers and other skilled workers. Several have achieved economic stability by acquiring land and constructing homes for their families. Some have also represented their communities in the Indigenous Games 2026, while others serve as campaigners for the Bible Society of India, reflecting their positive transformation and active contribution to society.

AIDS POSITION IN DISTRICT-WISE

Sl. No.	Particulars	Unit	<i>Districtwise 2025-26</i>											
			Mamit	Kolasib	Aizawl	Champhai	Serchhip	Lunglei	Lawngtlai	Siaha	Saitual	Khawzawl	Hnahthial	Total
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
J	State AIDS Control Programme													
1	AIDS Incidence													
	(a) Total no. of Blood Tested	No.	5472	7456	45190	7952	4030	8027	3712	3094	2972	2776	1588	92269
	i) Male	No.	2863	3809	22987	3737	1909	3933	1246	1508	1491	1423	700	45606
	ii) Female	No.	2609	3647	22203	4215	2121	4094	2466	1586	1481	1353	888	46663
	(b) No. of HIV positive Detected (including Pregnant Woman)	No.	41	85	1052	86	69	105	64	163	32	18	18	1733
	(c) No. of PLHIV Deaths	No.	15	41	330	38	31	33	14	25	11	9	4	551
	i) Male	No.	12	34	223	23	24	22	9	22	7	9	3	388
	ii) Female	No.	3	7	107	15	7	11	5	3	4	0	1	163
2	HIV Cases by Mode of Transmission													
	Mode of Transmission (excluding Pregnant woman)													
	(a) Sexual Contact (Total- Male + Female)	%	86.84	81.08	81.97	80.00	77.78	66.67	61.40	33.55	44.44	82.35	73.33	74.83
	i) Male	%	52.63	44.59	49.40	51.25	55.56	42.42	38.60	20.65	29.63	52.94	40.00	45.67
	ii) Female	%	34.21	36.49	32.57	28.75	22.22	24.24	22.81	12.90	14.81	29.41	33.33	29.16
	(b) IDUS (Total- Male + Female)	%	10.53	16.22	15.94	13.75	20.63	31.31	35.09	62.58	55.56	11.76	26.67	22.65
	i) Male	%	10.53	14.86	14.24	13.75	19.05	25.25	35.09	61.29	40.74	11.76	26.67	20.75
	ii) Female	%	0.00	1.35	1.69	0.00	1.59	6.06	0.00	1.29	14.81	0.00	0.00	1.90

	(c) Perinatal (Total-Male + Female)	%	0.00	2.70	1.20	1.25	1.59	2.02	3.51	3.87	0.00	5.88	0.00	1.66
	(i) Male	%	0.00	0.00	0.80	0.00	0.00	0.00	3.51	3.23	0.00	5.88	0.00	0.98
	(ii) Female	%	0.00	2.70	0.40	1.25	1.59	2.02	0.00	0.65	0.00	0.00	0.00	0.68
	(d) Others (not specified)(Total)	%	2.63	0.00	0.90	5.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.86
	(i) Male	%	2.63	0.00	0.40	2.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.43
	(ii) Female	%	0.00	0.00	0.50	2.50	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.43

Sl. No.	Particulars	Unit	Districtwise 2025-26											
			Mamit	Kolasib	Aizawl	Champhai	Serchhip	Lunglei	Lawngtlai	Siaha	Saitual	Khawzawl	Hnahthial	Total
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
3	HIV Cases by Age Group (excluding Pregnant woman)													
	(a) Less than 14													
	(i) Male	No.	0	0	9	2	0	0	2	5	0	1	0	19
	(ii) Female	No.	0	2	5	1	1	2	0	1	0	0	0	12
	(b) 14 - 24													
	(i) Male	No.	6	7	134	9	11	11	4	22	4	1	1	210
	(ii) Female	No.	5	9	88	5	4	4	1	3	3	0	0	122
	(c) 25 - 34													
	(i) Male	No.	10	14	269	20	15	33	22	66	12	6	3	470
	(ii) Female	No.	2	7	111	5	5	7	6	6	5	0	2	156
	(d) 35 - 49													
	(i) Male	No.	6	20	191	18	16	16	14	35	3	3	6	328
	(ii) Female	No.	3	7	118	12	5	13	5	10	0	4	3	180
	(e) 50 and above													
	(i) Male	No.	3	3	48	5	5	7	2	4	0	1	0	78
	(ii) Female	No.	3	5	31	3	1	6	1	3	0	1	0	54
	(f) Age not specified	No.	0	0	0	0	0	0	0	0	0	0	0	0

XII. Comprehensive Primary Health Care through Health & Wellness Centres (CPHC-HWC)

a) Status of Operationalization of HWCs:

Type	Target	Operational	%
SHC+AYUSH	309	327 (SHC-286+ AYUSH-41)	111%
PHC	60	58	96.6%
UPHC	9	9	100%
UHWC	18	18	100%
Total	384	416	108

b) *Facility Branding* – HWC painting and branding of 6 Ayushman Arogya Logo is completed for 12 HWCs.

c) *Training* –

✓ *To strengthen the capacity of HWC team the following trainings were conducted*

Name of Training	Staffs trained	Total Trained
<i>Review Meeting cum Refresher training on Expanded Package Service (ENT, Eye, Oral, Elderly, Palliative, Mental, Neurological and Substance use disorders, Emergency & Trauma)</i>	<i>HWO</i>	<i>259</i>
<i>Implementation of NQAS, Wellness & Ayushman Arogya Shivar at HWC Through JAS</i>	<i>HWO, Village Councils & Local Councils (JAS Chairman)</i>	<i>238</i>

- d) *Teleconsultation* – A total of 46,958 patients receive doctor consultation through eSanjeevani platform in the FY
- e) *Wellness* – During the FY, a total of 37,836 Wellness sessions were conducted in HWCs in which 6,69,306 individuals were provided health teaching/education through awareness/ health talks
- f) *OPD Footfall* – A total of 11,77,606 patients were attended during the FY in Health & Wellness Centres
- g) *Diagnostic* – A total of 7,09,176 patients were provided free diagnostic test from HWCs. These tests include tests like Blood sugar, Hb, Hepatitis B & C, HIV, Malaria, Syphilis, Pregnancy test, Urine test, Collection of sputum for TB test, Scrub typhus, Typhoid etc.
- h) *Drugs* – A total of 6,00,510 patients were provided free drugs from HWCs. These drugs include medicines for hypertension, diabetes, painkillers, antibiotics, Calcium supplements, Iron folic acid, multivitamins, eye and ear drops, ointment for skin infections, IV fluids etc.
- i) *Health Mela/Shivar* – During the financial year, 832 Health Mela/Shivirs were conducted by HWCs. Screening of Diabetes, Hypertension, TB, Cancer etc were conducted during these Shivirs. Free clinic with consultation with physicians and specialist doctors were also held. Free diagnostic and Free medicines were also provided to patients during these Health Shivirs.

XIII. NATIONAL URBAN HEALTH MISSION (NUHM)

The National Urban Health Mission (NUHM) was launched in Mizoram on February 14, 2014. Initially, 8 Urban Primary Health Centers (UPHCs) were approved: 6 in Aizawl City and 2 in Lunglei Town. In 2019-2020, one UPHC was approved for Champhai District. For the ROP 2024-25, one UPHC was approved for Kolasib District and currently functional.

Objectives: *To provide integrated and sustainable primary health care to improve the health status of urban poor communities and low-income neighborhoods, especially those living on the outskirts of cities and towns, including vulnerable groups.*

Mahila Arogya Samiti (MAS):- *MAS is a Women's Health Committee that promotes community participation in health activities under NUHM. Currently, 93 MAS members are approved and active.*

Accredited Social Health Activist (ASHA): *ASHAs are female community health workers who play a vital role in NUHM by providing health education, promoting healthy behaviors, and connecting individuals to healthcare services. Ninety-three (93) Urban ASHAs have been recruited, with an average of 25 household visits per month.*

Convergence:

- 1. Collaboration between Health & Family Welfare, Urban Development & Poverty Alleviation, MCON, RIPANS, Synod College of Nursing, AMC, Apollo School of Nursing, BCON, Blessino School of Nursing, Laithangpuii College of Pharmacy, ZMC, College of Pharmacy.*
- 2. Coordination with the State NCD cell.*
- 3. Annual screening and health check-ups for sanitation workers have been conducted since 2018.*

Outreach: *Eighty outreach camps were approved for 10 UPHCs, achieving 100% of the target. Out of 80 approved outreach sessions, 80 camps were conducted.*

Urban Health Nutrition Day (UHND): *UHND provides preventive, promotive, and basic curative services monthly at Anganwadi Centres or other community spaces. A total of 372 UHND sessions per month are approved for 10 UPHCs, with 4464 sessions conducted during FY 2026 - 26.*

Specialist Services: *As approved by GOI, specialist services are available in all UPHCs. Three UPHCs (Zemabawk, Chawlhmun, and Lawipu) have been designated as Polyclinics, with three specialists visiting weekly and 10 specialty services provided.*

Immunization: *Routine immunization sessions are held on Saturdays, except the second Saturday of each month.*

UPHC Performance 2025 -2026:

- Outpatient Department (OPD): 95324
- Inpatient Department (IPD): 303
- Deliveries: 36
- Laboratory Tests: 83715
- Immunization given at UPHC: 2350

NQAS Certification: 6 UPHC has certified National quality assurance Certificate i.e 60% facilities out of 10 facilities.

Good Practices:

1. Strong collaboration with local NGOs has resulted in valuable donations to UPHCs.
2. A local NGO donated land for Kolasib UPHC construction. NGOs also renovated the community hall and provided items such as carpets, benches, electric water filters, wall clocks, and a 2000-litre SINTEX water tank. Local carpenters contributed social work for the renovation.

Support from Partners: SELCO Foundation has installed solar panels, which are now functioning in all facilities.

Additional Convergence Efforts: Coordination with Health & Family Welfare, Urban Development & Poverty Alleviation, AMC, RIPANS, Apollo School of Nursing, MCON, Laithangpuii College of Pharmacy, ZMC, and MSACS. - Integration with all NHM programs, with UPHC performance reported monthly in NUHM reports. - Annual health screenings for sanitation workers continue since 2018.

Construction: Construction of lawipu UPHC is ongoing and 98% completed, Hrangchalkawn UPHC extension of labour room and office completed and functional. Champhai UPHC has been approved and is currently in progress.

XIV. National Oral Health Programme (NOHP)

No. of Dental Units	OPD	No. of Extraction	No. of Filling	No. of RCT	No. of Oral prophylaxis/Scaling	No. of Patients Counseled
25	57219	23543	6301	4024	1611	18792

Sl.No	Particulars	Highlights of Achievements for FY 2025 - 2026
1.	Inspection/Supervisory visit	Lunglei DH, Sakawrdai CHC, Khawzawl DH, Kawrthah CHC, Vairengte CHC & Darlawn PHC,
2.	Outreach activities: Oral Health Camp & Oral Cancer Screening	Champhai DH (Kelkang & Ngur), Serchhip DH (Bungtlang & Khawlailung), Khawzawl DH (Chawngtlai & Neihdawn), Hnahtthial DH (Darzo & Pangzawl), Tlabung SDH (Lungsen & Tuichawng), Chawngte CHC (Saizawh W & Hmunlai), Sakawrdai CHC (Vaitin & Tingmun), Thenzawl CHC (Buangpui & Zote S), Vairengte CHC (Siahapui V & N. Chhimluang) & Kawrthah CHC (Kawrtethawveng & Zawlhuam)
3.	Capacity Building	Training of 29 th August 2025 School Teachers, Health Supervisors & Health Workers Aizawl S/W
4.	IEC/ BCC	- Observation of World Oral Health Day on 20th March 2026 at Auditorium DHME, MINECO. - Observation of State Brushing Day on 27th April 2026 at Gilead Special School, Bawngkawn Brigade, as part of the month – long celebration of World Oral Health Day. - LPS Health Tips: Promoting Oral Health Awareness.
5.	Procurement of Dental equipments and Accessories Consumables	Distribution of Dental Equipment and Consumables to All Dental Units at District Hospitals (DHs), Sub- District Hospitals (SDHs), Community Health Centres (CHCs), and Primary Health Centres (PHCs) in Mizoram.



XV. Nation Rabies Control Programme (NRCP) :

NRCP is rolled out in all the States/UTs after receiving communication letter from the Director General of Health Services (DGHS to the state Principal Secretary (H&FW) on 03.01.2014. Letter regarding appointment of State Nodal Officer (SNO) for NRCP was received on 04.02.2016 which was followed up by the state and SNO, Integrated Disease Surveillance Programme (IDSP) was appointed as the SNO, NRCP and later on District Nodal Officers (DNOs) were nominated following ministry's letter on 10th January 2019. The present SNO of NRCP is Dr Zorinsangi. National Centre for Disease Control (NCDC) is the nodal agency for the implementation of the program activities throughout the country.

The programme consists of two components: **1) Human health component** and **2) Animal health component**. The State Health & family Welfare Department and the State Animal Husbandry Department is the nodal agency for overall formulation, planning, coordination and implementation of activities respectively.

The objectives of NRCP include:

- To facilitate prompt management of animal bite cases in humans by appropriate post exposure prophylaxis (PEP).
- Advocacy for states to adopt and implement Intra-dermal route of Post exposure prophylaxis for Animal bite Victims and Pre-exposure prophylaxis for high-risk categories.
- Training of Health Care professionals on appropriate Animal bite management and Rabies Post Exposure Prophylaxis.
- Strengthening Surveillance of animal bites and Human Rabies cases.
- Strengthening of Network of Laboratories under NRCP for Human Rabies Diagnosis.
- Creating awareness in the community through Advocacy & Communication and Social Mobilization.

District wise report of dog bite during FY 2025-2026 (Source: State Monthly Report):

Sl. no.	Name of District	No. of dog bite reported
1	Aizawl East	1,574
2	Aizawl West	476
3	Champhai	191
4	Kolasib	743
5	Mamit	375
6	Lunglei	864
7	Lawngtlai	390
8	Serchhip	406
9	Siaha	177
	TOTAL	5,196

XVI. National Tobacco Control Programme (NTCP) :

Sl.No.	Name of Activity	No of Activity	No. of Participants
1.	Training and Sensitization Workshop	46	2397
2.	Anti-Tobacco Awareness Campaigns and programmes at Churches/Community	56	4948
3.	Anti-Tobacco Awareness programmes at Educational Institutions	204	17041
4.	Total No. of Anti-Tobacco Squad drives/inspection conducted	379	
5.	Total No. of Offenders for violation of COTPA 2003	528	

Report of Tobacco Cessation Clinic

Sl.No.	Indicator	Total
1.	Total No. of Clients at Tobacco Cessation Clinics (TCC)	7580
2.	Total No. of Persons counseling given (follow up by phone call and in person - 1 person is follow up for 7 times in a year)	26532
3.	Quit rate	18.28
4.	Cross Referral with National Tobacco Eradication Programme (NTEP) –	
	1) Number of persons screened for TB symptoms complex referred to DOTS Centre	6
	2) Number of registered TB patients referred to TCC for tobacco cessation counseling after giving “Brief Advice”	154
5.	Referral by Doctors/others programmes –	
	1) Medical Doctors (OPD)	1082
	2) Non Communicable Disease (NCD)	493
	3) Dental	262



XVII. Mobile Medical Unit (MMU) :

SI.NO	NAME OF DISTRICT	TOTAL NUMBER OF PATIENTS	TOTAL NUMBER OF CLINICS
1.	AIZAWL EAST	2009	26
2.	AIZAWL WEST	1759	25
3.	CHAMPHAI	2202	54
4.	KOLASIB	2673	25
5.	LAWNGTLAI	1388	17
6.	LUNGLEI	2909	49
7.	MAMIT	2432	34
8.	SERCHHIP	1204	33
9.	SIAHA	891	14
10.	TOTAL	17467	277



XVIII. National Mental Health Programme :

Sl. No.	Components		2025-26
1	Early detection and treatment of mentally ill patients		
	a	OPD	18584
	b	IPD	2457
2	Outreach for increasing awareness and reducing stigma related to Mental Health Problems		
	a	No. of Free Clinic or cum Awareness	207
	b	No. of Awareness	277
	c	No. of Home Visits	373
	d	No. of refer	1339
	e	No. of Phone calls in Crisis/ Suicide Helpline	891
	f	No. of calls received by Tele MANAS	7567

- Digital bulletin circulated on a weekly basis.
- Visits to Central Jail by staff of DMHP on a monthly basis.
- The TeleMANAS logo has been imprinted in all government OPD tickets.
- Training of Mental Health Professionals, Nursing Officers and Law Enforcing Agencies on mental health.

5. TeleMANAS Success Stories:

i) TeleMANAS received a distressed female caller was contemplating death because she was struggling from depression and after a series of counseling by the TeleMANAS counselors the she was calmed down due to the support and comfort provided. After ensuring that, TeleMANAS team got consent to provide a follow-up call every week. She profusely thanked TeleMANAS team for saving her life, and she promised to call back whenever she required. She also mentioned how the 24x7 availability of Tele MANAS is a godsend for her and for anyone who is in-dire need of help.

ii) TeleMANAS team received a distressing call from a female caller who was a substance abuser and on the verge of ending her life. She reached out to TeleMANAS and was provided immediate emotional support which comforted her during this critical moment. Through professional guidance and continuous support from TeleMANAS she understood the value of life and give up the idea of suicide. On suggestion by the TeleMANAS, she and her family agreed to be admitted to a rehabilitation center where she was able to overcome her addiction.



Free Clinic at Assam Rifles, Lunglawn, DMHP Lunglei



Talk Show for Runmawi Channel, DMHP Aizawl



Awareness on Mental Health among District Hospital staff, DMHP Lawngtlai



Awareness on Mental Health at Vanchengte PCI Hall, DMHP Serchhip



Training of Nursing Officers at Florence Nightingale's Conference Hall, NMHP Mizoram



Awareness on mental health at Observation Home for boys, DMHP Siaha

Training of Mental Health Professionals at State Guest House, Chaltlang, NMHP & TeleMANAS, Mizoram



XIX. NATIONAL TB ELIMINATION PROGRAMME

SI/No.	INDICATOR	2021	2022	2023	2024	2025
1.	Total number of patients examined for TB	4084	17315	14273	26343	130532
2.	Total TB cases notified (Target = 100%)	1749	2081	2231	2312	2272
3.	TB cases notified (Public vs Private)	1480/269 =1749	1693/388 =2081	1794/437 =2231	1781/531 =2312	1895/377 =2272
4.	Success Rate (Target = 90%)	84%	87%	88%	80%	87%
5.	% of TB patients tested for HIV (No target applicable. The higher the better)	99%	100%	99%	98%	98%
6.	Total TB patients positive for HIV (Target not applicable. The lower the better)	16%	15%	13%	12%	12%
7.	No. of MDR TB tested (Target not applicable)	3378	1399	9116	11249	7911
8.	No. of MDR TB put on treatment (Target = 100%)	114	117	167	150	130
9.	Success Rate of MDR TB patients (Not applicable. The higher the better)	69%	73%	71%	79%	73%
10.	No. of TB deaths (Target not applicable per se. The lower the better)	72	74	108	148	145
11	Projected population	12.80 lakhs	12.99 lakhs	13.01 lakhs	13.38 lakhs	13.70 lakhs

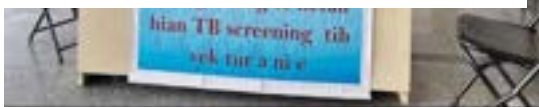
During the current TB Mukht Bharat Abhiyaan Campaign, which was launched on 24th March 2026, the performance of Mizoram on the following indicators is as below :

1. 386 Ni-kshay Shivirs (Camps) have been organized with a footfall of 39,089 which averages to 101 per Shivar.
2. 416 TB patients have been notified during the campaign. 124 are asymptomatic which could have affected future TB transmission significantly.
3. 38,000 X Rays is expected to be conducted out of which 29,000+ has been done which is 76%

4. 84% of all vulnerables have been X Rayed. **Mizoram is the 1st among all Indian states and UTs in this indicator.**
5. 100% of all tests are done with CBNAAT or Truenat. **Mizoram is the one of the 4 toppers among all Indian states and UTs in this indicator.**
6. TB Preventive Therapy : **Mizoram is the 2nd among all Indian states and UTs in this indicator.**
7. Ni-kshay Poshan Yojana (Rs 1000 per month for whole duration of treatment) **Mizoram is 2nd among all Indian states and UTs in this indicator.**



Figure 2 LAWNGTLAI



XX. INTEGRATED DISEASE SURVEILLANCE PROGRAMME (IDSP)

Brief History

- National Health Programme under National Health Mission (NHM).
- Launched as project in 2004 with world bank support.
- The Project was established on April 2005 in Mizoram.
- Converted from Project to Programme in 2012.

Objectives

- Integration and decentralisation of surveillance activities through establishment of surveillance units at Centre, State and District level.
- To strengthen/maintain decentralised laboratory-based IT enabled disease surveillance system for epidemic prone diseases.
- To monitor disease trends and respond to any emerging/re-emerging diseases and epidemics.
- To detect and respond to outbreaks in early rising phase through trained Rapid Response Team (RRTs).

- i) Integrated Health Information Platform (IHIP) is a reporting system used by IDSP. IHIP links real-time case-based surveillance, clinical data, lab data, and public health emergency data in a single platform. Under IHIP, disaggregated public health surveillance data are collected at all levels and reports are submitted in real-time.

The average daily reporting status of IHIP in Mizoram during 2025-2026 is shown below:

Indicator	Status/Progress
S Form Reporting Percentage	92.10 %
P Form Reporting Percentage	92.03 %
L Form Reporting Percentage	91.93 %

- ii) IDSP collects and maintains various data on COVID-19 which is trusted as the primary source of data on COVID-19 by the state. Data on COVID-19 are entered daily through IHIP.
- iii) There were 15 outbreak investigations conducted during 2025-2026.

XXI. NATIONAL PROGRAMME ON CLIMATE CHANGE AND HUMAN HEALTH (NPCCHH)

Achievement of NPCCHH, NHM during FY 2025-26		
Sl. No	Indicator	Achievement %
1	Submission of Draft District Action Plan on Climate Change and Human Health (DAPCCHH)	100% (9/9 districts)
2	% of Outdoor Air Disease and Surveillance	100% (4/4 Sentinel Sites Reported)
3	% of Heat Related Illnesses Surveillance	83.62% (97/116 HCFs PHC & above Reported)

Training of Trainers (ToTs) of Health & Wellness Officers (HWOs) on Climate Change and Human Health for ASHA & JAS was held on 22nd April, 2025 at Auditorium, DHME, MINECO.

1. Training of Trainers (ToTs) of Health and Wellness Officers (HWOs) on Climate Change and Human Health.

- 1) Workshop on Drafting of District Action Plan on Climate Change and Human Health (DAPCCHH) was organised at State Level on 31st July, 2025 at Conference Hall, DHS Old building and submitted to NPCCHH-HQ, NCDC on 18th August, 2025.

Workshop on Drafting of District Action Plan on Climate Change and Human Health (DAPCCHH).

- 2) Sensitization of AHSA, Anganwadi Worker and Traffic Police Personnel on Climate Change and Human Health at Aizawl East district, Aizawl West district, Champhai district, Lawngtlai district, Lunglei district and Mamit district.
- 3) Training of Medical Officers on Climate Change and Human Health in Aizawl East district, Aizawl West district, Champhai district, Kolasib district, Lawngtlai district, Lunglei district, Mamit district, Serchhip district & Siaha district.
- 4) Training of ARI Surveillance Nodal Officers on Acute Respiratory Illnesses Surveillance Reporting through digital approach (NOADS App) and integrating with IHIP in Aizawl East district & Aizawl West district.
1. Sensitization of ASHA on Climate Change and Human Health organised by DAPCCHH, Aizawl East district, Mizoram.
2. Sensitization of ASHA on Climate Change and Human Health organised by DAPCCHH, Aizawl West district, Mizoram.

3. Sensitization of Traffic Police Personnel on Climate Change and Human Health organised by DAPCCHH, Champhai district, Mizoram.
4. Sensitization of ASHA on Climate Change and Human Health organised by DAPCCHH, Champhai district, Mizoram
5. Sensitization of Traffic Police Personnel on Climate Change and Human Health organised by DAPCCHH, Lawngtlai district, Mizoram
6. Sensitization of Traffic Police Personnel on Climate Change and Human Health organised by DAPCCHH, Lunglei district, Mizoram.
7. Sensitization of ASHA and Anganwadi workers on Climate Change and Human Health organised by DAPCCHH, Mamit district, Mizoram.
8. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Aizawl East district, Mizoram.
9. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Aizawl West district, Mizoram.
10. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Champhai district, Mizoram.
11. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Kolasib district, Mizoram.
12. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Lawngtlai district, Mizoram.
13. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Lunglei district, Mizoram.
14. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Serchhip district, Mizoram.
15. Training of Medical Officers on Climate Sensitive Diseases organised by DAPCCHH, Siahia district, Mizoram.
16. Training of ARI Surveillance Nodal Officer on Acute Respiratory Illnesses Surveillance Reporting through digital approach (NOADS App) and integrating with IHIP organised by DAPCCHH, Aizawl West district, Mizoram
17. Training of ARI Surveillance Nodal Officer on Acute Respiratory Illnesses Surveillance Reporting through digital approach (NOADS App) and integrating with IHIP organised by DAPCCHH, Aizawl West district, Mizoram

General Awareness:

(IEC Dissemination, Observance of important days under NPCCHH & Issuance of Public Health Advisory): Posters on Heat Related Illnesses, Air Pollution Related Illnesses, Extreme Weather events, Advisory on Heatwave, Cold wave and Air Pollution advisories are issued to all districts Sr. CMO & Sr. Medical Superintendent to be disseminate to healthcare facilities under their jurisdiction. Health Advisories on Heatwave, Cold wave and Air Pollution are also published in I & PR website and social media through Facebook etc.



Observance of important days under NPCCHH.



Surveillance:

- **ARI Surveillance (100% Reporting Status):** Air pollution related illnesses surveillance reporting done by all the ARI Sentinel sites: Aizawl Hospital & Research Centre; Civil Hospital, Aizawl; Ebenezer Medical Centre & Synod Hospital, Durtlang through NOADS App integrating with IHIP-ARI Surveillance (4/4 Reported).
- **HRI Surveillance (83.62% Reporting status):** Heat Related Illnesses Surveillance Reporting done by health facilities PHC & above at IHIP-NPCCHH-HRI Surveillance. (97/116 Reported)



Sensitization of ASHA on Climate Change and Human Health organised by DAPCCHH, Aizawl West district, Mizoram



Sensitization of Traffic Police Personnel on Climate Change and Human Health organised by DAPCCHH, Lunglei district, Mizoram

XXII. NATIONAL PROGRAMME FOR HEALTH CARE OF THE ELDERLY (NPHCE)

1. Status of implementation:

- NPHCE started in Mizoram in December '2015
- All 9 districts i.e., Aizawl West, Aizawl East, Lunglei, Kolasib, Champhai, Serchhip, Mamit, Lawngtlai & Siaha of Mizoram have been covered.

2. State performance on Key indicators during FY 2025-26.

Sl. No	ACHIEVEMENTS DURING FY 2025 – 2026	
1	No. of Elderly Person attended OPD	44048
2	No. of Elderly admitted in wards	591
3	No. of Elderly provided rehabilitation services	4795
4	No of Home based care/domiciliary visits made	1613

Sl.no	Report of Elderly project	MALE	FEMALE	TOTAL
1	Total No. of Patients who underwent Physiotherapy (IPD +OPD)	2586	3292	5878
2	No. of Outreach Camps organized			210
3	No. of patients who underwent physiotherapy at Outreach Camps	3451	4926	8377

Best Practices (FY 2025-2026)

1. Social Welfare & Tribal Affairs Department and H&FW Department GoM, jointly implemented Physiotherapy Clinics and Mobile Medical Care Units for senior citizens in Mamit, Champhai, Siaha, and Lawngtlai Districts w.e.f. July '2024 – July '2025 under the State Action Plan for Senior Citizens (2020–21) with support from the Atal Vayo Abhyudaya Yojana scheme.
2. **Provision of Physiotherapy equipments with Physiotherapist** at all District Hospitals upto CHC level under NPHCE
3. **Awareness Campaign cum Free Clinic in collaboration with MUP, Upper Republic Branch** at Upper Republic on 16th June '2025 for 140 Senior Citizens. The World Liver Day pledge was taken by all MUP members.
4. **Observance of International Day for Older Persons** at YMA Hall, Chanmari on 1st October '2025 in collaboration with MHIP & Social Welfare Department.
5. **Training on COPD & Geriatrics Care under NP-NCD & NPHCE** for Medical Officers at Auditorium, DHME, MINECO on 18th – 19th February '2026



XXIII. National Programme For Prevention And Control Of Non Communicable Diseases (NP-NCD)

Status of Implementation.

- *National Programme For Prevention And Control Of Non Communicable Diseases (NP-NCD) was launched in Mizoram since March, 2014*
- *Currently the programme is implemented in the districts of Aizawl, Champhai, Kolasib, Mamit, Lawngtlai, Lunglei, Serchhip & Siaha District*

Indicators:-

NCD Portal : Portal link : ncd.mohfw.gov.in

Indicators	Cumulative Target	2025 – 2026 (April 2025-March 2026)	%
No. of Patients screened for Hypertension	4,58,060	1,93,637	42.27%
No. of Patients screened for Diabetes	4,58,060	1,93,937	42.28%

*Cancer Screening is done every 5 years :-

Indicators	Target Population (30+ years) (FY 2022-2027)	Cumulative achievement (1 st April 2022 to 31 st March 2026)	%
No. of Patients screened for Oral Cancer	4,58,060	4,24,438	92.65%
No. of Patients screened for Breast Cancer	2,26,740	2,19,552	96.82%
No. of Patients screened for Cervical Cancer	2,26,740	1,30,117	57.38%

Best Practices for FY 25-26:

- *NP-NCD received an award from Ministry of Health & Family Welfare (MoHFW) GoI for outstanding performance on the occasion of **World Hypertension Day '2025** for Month long observance by the State at National Institute of Health and Family Welfare (NIHFW), New Delhi on 13th March '2026.*
- *Papsmear conducted in Civil Hospital Aizawl*
- *Awareness Campaign cum NCD Screening Clinic at Upper Republic in collaboration with MUP, Upper Republic Branch on 16th June, 2025.*
- *NCD Screening Clinic at Diabetic Society Annual General Meeting at I & PR Auditorium to be held 24th July '2025*
- *World Diabetes Day cum NCD Screening Clinic at 1st MAP, Armed Veng on 14th November '2025*
- *Awareness cum Free Clinic at, Zemabawk, MUP Run, Thlanmual Veng in collaboration with Zemabawk MHIP on 27th March '2026*



XXIV. NATIONAL PROGRAMME FOR PALLIATIVE CARE (NPPC)

NPPC is a National Programme, implemented in Mizoram since October 2016 and currently covered eight (9) districts – Aizawl East, Aizawl West, Champhai, Kolasib, Mamit, Lawngtlai, Lunglei, Serchhip & Siaha.

ACHIEVEMENTS FY 2025 – 2026 :

- No. of patients (Palliative) seen in OPD – 18,903
- No. of patients referred to tertiary Hospital / MSCI – 159
- Total No. of patients admitted in IPD – 2594
- Total no. of cases seen in the home-based care – 4664
- Total no. of patients referred from home to palliative care unit/SC/PHC/CHC – 257
- Total no. of caregivers provided training in the home-based care – 1399

BEST PRACTICES :

1. **Registered Medical Institute License (RMI)** - 10 District Hospitals – Civil Hospital Aizawl, Mizoram State Cancer Institute (MSCI), Zoram Medical College & Hospital Falkawn, District Hospital – Champhai, Kolasib, Lawngtlai, Lunglei, Mamit, Serchhip and Siaha has RMI.
2. **Morphine distributed Free of Cost** to Palliative patients in District Hospitals.
3. **Home Visit** for palliative patient carried out by District Palliative Team of Medical Officer and Nursing Officer.
4. **Home Based Care Kit** given to patient free of cost according to patient's requirement. In addition, **Food Kit** is also provided to poor patients.
5. **IEC (Information, Education & Communication)** – Printing of Leaflets, Poster, Making of TV Spots and Broadcasted on local channels.
6. **Patient caregivers were trained** by the Palliative team wherever they go for home visit so as to improve and give quality supportive care.
7. **Bereavement Programme** started in Aizawl East District (MSCI).
8. **World Hospice and Palliative Care Day** was observed on **13th October' 2025**. TV Spots on Palliative Care was broadcast on Local Cables and Article on Palliative Care was published at Local Newspaper to mark this occasion.
9. **Two Days Modular Training of Medical Officers and Nursing Officers on Palliative Care** held on **1st & 2nd September' 2025**.
10. **Hands on Training for 3 Days** held at Mizoram State Cancer Institute (MSCI), Zemabawk held on **3rd to 5th September' 2025**.
11. **Hands on Training for 5 Days on Home Based Palliative Care and Pain Management** for Lawngtlai Nursing Officer at Mizoram State Cancer Institute (MSCI), Zemabawk held on **21st to 25th July' 2025**.



XXV. National Programme for Prevention and Control of Deafness (NPPCD),

Status of Implementation

- NPPCD was launched in Mizoram since April, 2014 and currently, the Programme is implemented in nine (9) districts namely Aizawl East, Aizawl West, Champhai, Kolasib, Lawngtlai, Lunglei, Mamit, Serchhip and Siaha District.

Objectives of the Programme :

- 1) To prevent avoidable hearing loss on account of disease or injury.
- 2) Early identification, diagnosis and treatment of ear problems responsible for hearing loss and deafness.
- 3) To medically rehabilitate persons of all age groups, suffering with deafness.
- 4) To strengthen the existing inter-sectoral linkages for continuity of the rehabilitation programme, for persons with deafness.
- 5) To develop institutional capacity for ear care services by providing support for equipment, material and training personnel.

Best Practices, innovative initiatives, Achievement & Performance :

1. Stakeholder Meeting held annually with stakeholder department like Social Welfare Department, SCERT, NILD-NERC, NGOs like Ephatha Society, Zoram Entu Pawl, Mizoram Kohhran Hruaitu Committee (MKHC), MHIP, CYMA, Ephatha Special School and Redeem Garden School.
2. Review Meeting conducted yearly for smooth performance.
3. Training of Specialist, Medical Officer, Audiologist, Audiometric Assistant, Hearing Instructor, Staff Nurse, Health Worker & ASHA completed. Refresher training is conducted from time to time.
4. World Hearing Day is observed every year on 3rd March.
5. World Day of the Deaf is observed every year on 28th September.
6. IEC (Information, Education & Communication) – Printing of Leaflets, Pamphlets, Poster, Panel Discussions and Making of TV Spot and Broadcasting on local channels like DDK, Zonet & LPS and Awareness Campaigns along with Free Clinics.
7. Procurement of equipments:

BERA, Microdrill System, Indigenous Audiometer, Tympanometer, OAE Analyser, Otoendoscope, Suction machine, Otoscope, Cell Seeker, Myringotomy Surgery set and Headlight was completed for 9 districts.
8. Audiometric rooms (sound proof rooms) have been set up at Civil Hospital Aizawl, Zoram Medical College & Hospital, Falkawn, District Hospital Champhai, Kolasib, Lawngtlai, Lunglei, Mamit, Serchhip and Siaha.
9. Distribution of 134 Free Hearing Aid in collaboration with NPPCD and ALIMCO at Zoram Medical College & Hospital, Falkawn.

Case Detection FY 2025-2026 :

- No. of people screened for Deafness – 41914
- Total no. of Hearing Loss – 5456
- No. of persons fitted with Hearing Aids - 456
- No. of Surgeries performed – 287
- Speech & Language Therapy done - 484
- No. of persons referred for Rehabilitation (Speech Therapy + Hearing Aid) – 2240
- No. of Awareness & Screening Camp organised – 105
- No. of people screened – 2329

NPPCD KEY DELIVERABLES FY 2025-2026 :

Sl. No.	Component	Target in Nos (FY 2025-2026)	Achievement in Nos (FY 2025-2026)	% of Achievement (FY 2025-2026)
1	No. of people Screened for Deafness	35,255	41,914	118.888 %
2	No. of People Rehabilitated	2221	3467	156.10%

OBSERVANCE OF WORLD DAY OF THE DEAF (26th September, 2025)



XXVI. National Programme for Snakebite Eradication(NPSE)

Snakebite envenoming is a potentially life-threatening disease following the bite of a venomous snake. Venomous snake bites can result in medical issues which can be deadly or lead to permanent impairment if timely and appropriate treatment is not given. The majority of snakebite envenomation deaths and catastrophic sequelae can be avoided with prompt availability to safe and effective anti-venoms, timely transport and referral.

Vision: "To prevent and control snakebite envenoming in order to halve the numbers of deaths and cases of disability that it causes by 2030"

Mission: To progressively reduce the morbidity, mortality and its associated complications in humans due to Snake bite.

District wise report of snake bite during FY 2025-2026 (Source: IHIP):

Sl. no.	Name of District	No. of snake bite reported
1	Aizawl East	50
2	Aizawl West	38
3	Champhai	15
4	Kolasib	52
5	Mamit	21
6	Lunglei	67
7	Lawngtlai	3
8	Serchhip	10
9	Siaha	17
TOTAL		273



XXVII. PRE-CONCEPTION AND PRE-NATAL DIAGNOSTIC TECHNIQUES (PC & PNDT)

Objectives:

1. **The prohibition of sex selection, before or after conception.**
2. **Regulation of pre-natal diagnostic techniques for the purposes of detecting genetic malformations or sex-linked disorders.**
3. **Prevention of their misuse for sex determination leading to female foeticide.**

Human Resource (State Level) :

1. **State Nodal Officer - 1**
2. **State Consultant : 1**
3. **Programme Assistant: 1**
4. **Data Entry Operator : 1**

Registration:

1. **Total number of Ultrasound Centres / Clinics registered till date : 89**

Sl.No.	District	Clinics	Centres	Govt.	Number of Ultrasound Centres/Clinics
1.	Aizawl	19	17	5	41
2.	Lunglei	4	2	1	7
3.	Champhai	3	2	2	7
4.	Siaha	2	1	1	4
5.	Lawngtlai	2	2	2	6
6.	Kolasib	1	1	1	3
7.	Mamit	-	-	2	2
8.	Serchhip	-	1	2	3
9.	Saitual	-	-	1	1
10.	Hnahthial	1	-	1	2
11.	Khawzawl	1	-	1	2
12.	Vety Deptt.	-	1	10	11

2. **Total number of Ultrasound operators (Radiologist, Gynaecologist, Sonologist) registered under PC&PNDT Act, 1994 till date :**

Sl.No.	District	Number of registered ultrasound operators
1.	Aizawl	49
2.	Lunglei	4
3.	Champhai	5
4.	Saiha	2
5.	Lawngtlai	4
6.	Kolasib	3
7.	Mamit	2
8.	Serchhip	2
9.	Saitual	2
10.	Hnahthial	1
11.	Khawzawl	1
	Total	75

SIX MONTHS TRAINING :

Year	Batch	Number of candidate completing six months training till date
2016	1st	10
	2nd	4
2017	3rd	6
2018	4th	3
2020	5th	3
2021	6th	2
2022	7th	2
2023	8th	2
2024	9th	3
	10th	1
2025	11th	1
2026	12th	1
	TOTAL	38

CASES AND CONVICTIONS :

1. Number of case filed against violators identified during inspections – **NIL**
2. No. of cases pending in higher courts : challenging the provisions of the Act or its implementation/the appeals filed against the court orders: **NIL**

STATE SUPERVISORY BOARD MEETING : 1

The State Supervisory Board meeting was held on 17th February, 2025.

STATE APPROPRIATE AUTHORITY MEETING : 5

The State Appropriate Authority Meeting was held on 6th June, 2025, 16th September, 2025, 21st October, 2025, 24th November, 2025 and 16th March, 2026.

STATE ADVISORY COMMITTEE MEETING : 5

The State Advisory Committee Meeting was held on 12th June, 2025, 25th September, 2025, 28th October, 2025, 7th December, 2025 and 24th March, 2026.

INSPECTION :

All Centres / Clinics were inspected by the State Inspection and Monitoring Committee (SIMC) for the financial year 2025-2026. State Inspection and Monitoring



XXVIII. BIOMEDICAL EQUIPMENT MANAGEMENT & MAINTENANCE PROGRAMME

The programme was launched in the state in 2016 and is implemented in a Public-Private Partnership (PPP) mode. A Memorandum of Understanding (MoU) was signed with HLL Infra Tech Services Ltd on 12th April 2016 for an initial period of five years. Following the conclusion of this contract in May 2021, the agreement was extended for another five years from 1st June 2021 to 31st May 2026 at a rate of 12.8% of the total asset value. Subsequently, the contract with HLL has been extended for an additional six months, running from 1st June 2026 to 30th November 2026. Under this latest extension, the equipment maintenance rate has been agreed at 9.8% of the asset value. The programme covers PHCs, UPHCs, CHCs, SDHs, and DHs.

Achievements 2025-2026

<i>Total No. of facilities covered ,</i>	- 89
<i>Total No. of equipment</i>	- 9992
<i>Total No. of functional equipment</i>	- 6487
<i>Total No. of non-functional equipment</i>	- 12
<i>Total No. of RBER equipment</i>	- 3493

Breakdown calls 2025-2026

<i>Total No. of breakdown calls</i>	- 1804
<i>Total No. of breakdown calls fixed/repared within 7 days</i>	- 1785
<i>Total No. of breakdown calls not fixed/repared within 7 days</i>	- 18

Calibration Calls 2025-2026

<i>Total No. of Calibration Scheduled</i>	- 5232
<i>Total No. of Calibration Completed</i>	- 4864
<i>Total No. of Calibration Pending</i>	- 368

Preventive Maintenance 2025-2026

<i>Total No. of Preventive Maintenance scheduled</i>	- 13915
<i>Total No. of Preventive Maintenance Completed</i>	- 13653
<i>Total No. of Preventive Maintenance Pending</i>	- 262

User Training 2025-2026

<i>Total No. of User Training Scheduled</i>	- 170
<i>Total No. of User Training Conducted</i>	- 156
<i>Total No. of User Training Pending</i>	- 14

XXIX. Clinical Establishments Act 2010

- ▶ 17th July, 2025:- Conducted Training on medical diagnostic Laboratories (or pathological Laboratories) for permanent registration
- ▶ 28th August, 2025 : Sensitization training cum Workshop for Dissemination and Capacity Building for Clinical Establishments staffs.
- ▶ 11th November, 2025 : Attended Stakeholder consultation and deliberations with States/UT for “Enhancing Quality of Health Care in Clinical Establishment at New Delhi
- ▶ 7th October 2025 & 13th February 2026 : State Council for Clinical Establishment Meeting have been held.
- ▶ Amendment committee was notified by Government of Mizoram on 14th February, 2024 Proposal for amendment of Mizoram Clinical Establishment Rules submitted to administrative department
- ▶ Enquiry committee for Quackery notified on 11th November, 2025 meetings have been held.
- ▶ Permanent Registration of Clinical (Pathological) Laboratories was started during the FY 2025-2026. List of laboratories with permanent registration posted in newspapers and website for public awareness
- ▶ Inspection and Monitoring of Clinical Establishments at all district inside Mizoram were done during January to March 2026
- ▶ Awareness meeting for NABL accreditation was held on 27th April 2026 for both Government and private laboratories in collaboration with The National Board for Quality Promotion (NBQP), a constituent Board of the Quality Council of India under the Ministry of Commerce and Industry, Government of India
- ▶ Attended ‘Chintan Shivir’ on “Deliberations on Range of Rates” on 12 March 2026 at New Delhi

PROVISIONAL REGISTRATION

	<i>Government</i>	<i>Private</i>	<i>Total</i>
<i>Aizawl</i>	43	459	502
<i>Lunglei</i>	15	41	56
<i>Kolasib</i>	7	27	34
<i>Champhai</i>	13	21	34
<i>Serchhip</i>	8	11	19
<i>Mamit</i>	10	4	14
<i>Siaha</i>	5	18	23
<i>Lawngtlai</i>	0	9	9
Total	101	590	691

PERMANENT REGISTRATION

<i>Aizawl</i>	14	79	93
<i>Lunglei</i>	15	10	25
<i>Kolasib</i>	7	11	18
<i>Champhai</i>	3	23	26
<i>Serchhip</i>	0	2	2
<i>Mamit</i>	10	1	11
<i>Siaha</i>	0	1	1
<i>Lawngtlai</i>	6	5	11
Total	55	132	187

XXX. **COMMUNITY PROCESS (CP)**

1. Home Based New born Care (HBNC) coverage 75%
2. Home-Based Care for Young Child (HBYC) coverage 75%
3. Village Health Nutrition Day (VHSND) conducted 91%
4. Village Health Sanitation & Nutrition Committee (VHSNC) meeting conducted 90%
5. Assured incentive provided to ASHA amounting to Rs 315.37/-
6. RKS, JAS and Untied fund provided to all health facility amounting to Rs 395.10 lakhs

Dialysis Achievements 2025-26:

1) Currently we have 5 functional Dialysis Centres in Mizoram- Aizawl (Civil Hospital, Aizawl), Lunglei DH, Champhai DH, Kolasib DH, Siaha DH and we are planning to set up 2 new Dialysis Centres at Mamit DH, Lawngtlai DH.

2) As Memorandum of Understanding (MoU) is signed between NHM Mizoram, Indian Oil Corporation Limited & Fairfax India Charitable Foundation, 21 Hemodialysis Machines is donated by Indian Oil Corporation through Fairfax India Charitable Foundation for the state of Mizoram on 25th November 2024.

Dialysis machines are being distributed across various districts, detailed below:

Name of hospital	Quantity
Civil Hospital, Aizawl	2
District Hospital, Lunglei	6
District Hospital, Siaha	4
District Hospital, Lawngtlai	2
District Hospital, Mamit	4
District Hospital, Champhai	1
District Hospital, Kolasib	2
TOTAL	21

3) No. of functional Dialysis Machines are listed below:

Sl.No	Name of Hospital	No. of functional Dialysis machines
1.	Civil Hospital, Aizawl	16
2.	District Hospital, Lunglei	7
3.	District Hospital, Champhai	4
4.	District Hospital, Kolasib	5
5.	District Hospital, Siaha	4
Total		36



4) No. of Dialysis Patients & Sessions

Dialysis Patient (2025-26)	Dialysis session (2025-26)
2178	14078

XXXI. Drug & Vaccine Distribution Management System, Mizoram (DVDMS)

- DVDMS Mizoram Go Live on 8th May, 2020
- Started functioning in the State from September 2020
- Training Conducted on DVDMS -

Date	Venue	Comments
16.5.2024	Kolasib	DH to SC in charges.
25.3.2025	Aizawl W District	Pharmacist Review meeting
27.3.2025	SNO Office, NHM	CDAC Technical team + Pharmacists +IT Cell DVDMS

- User active status-

Name of Health Facility	No. of Active user	Coverage %
CMO (DWH)	9	100%
DH	11	100%
SDH	2	100%
CHC	9	100%
PHC	56	100%
UPHC	9	100%
SC/HWC/UHWC/MC	368	100%

XXXII. Free Diagnostics Service Initiative (FDI)

Under the Government of Mizoram, Health Department has made significant progress in Diagnostics during 2025-26. Under projects such as Free Diagnostics Service Initiative (FDI), Mizoram Health Systems Strengthening Project (MHSSP), 15th Finance Commission, Pradhan Mantri Ayushman Bharat Health Infrastructure Mission (PM-ABHIM) Reagents and Machines are purchased and are delivered to their respective locations. Laboratory Technicians are trained in 2023, 2024, 2025 regarding usage of these machines.

An Online Reporting system has been developed for facilities to report the number of tests conducted in their respective laboratories. From here, the number of tests that facilities can perform is checked and their needs / shortcomings can be identified.

During the past years, the number of tests performed by Sub-Centres to District Hospitals has increased significantly and we can perform most of the test listed in National Essential Diagnostics List (EDL).

Sl. No	Facilities	Essential Diagnostics List	No.of tests facilities can perform
1.	District Hospital (DH)	134	51
2.	Sub- District Hospital (SDH)	111	40
3.	Community Health Centre (CHC)	97	31
4.	Primary Health Centre (PHC)	64	21
5.	Sub-Centre (SC)	14	8

We have made huge improvements in the number of tests that we can perform after having these new machines from different programmes. List of Equipments are as follows:

EQUIPMENTS LIST:

Sl.No.	Equipments	Numbers
1	Fully Automated Biochemistry Analyzer	7
2	Semi Automated Bio-chem Analyzer	80
3	5 Part-Hemato - Analyzer	2
4	3- Part-Hemato - Analyzer	77
5	Electrolyte Analyzer	17
6	CLI Analyzer	11
7	Trunat Machine	7
8	Coagulation Analyzer	5
9	ESR Analyzer	3
10	Urine Analyzer	3
11	ELISA Reader & Washer	3
12	HBA1C Analyzer	1

13	ECG Machine	12
14	Bilirubinometer	7
15	Centrifuge	2
16	Incubator	6
17	CO Monitor Device	8
18	Lab Fridge	10
19	Hot Air Oven	7
20	Rotary Shaker	8
21	Autoclave	2
22	Micropipette Sets	8
23	Microbial Culture System	2

FREE DRUGS SERVICE INITIATIVE:

FDSI was initiated in Mizoram in 2016. Initially, drugs were procured using the limited funds available and distributed to health facilities. In 2023, the State developed its own Essential Drug List (EDL), which was subsequently revised and notified in 2024 to align with the IPHS EDL. Following the notification of the latest revised Essential Drugs List (EDL) in October 2025, all subsequent drug procurement for the 2025–26 period has been aligned with these updated guidelines. Over the years, both the range of drugs and the quantities procured have gradually increased. These medicines are being provided free of cost to patients through health facilities.

Table given below is stock availability against State EDL 2025-26:

Sl.No.	Type of Health Facility	No.of Medicines in State EDL	Average Stock Availability %
1	DH/SDH	318	36%
2	CHC	169	67%
3	PHC/UPHC	130	86%
4	SHC	84	100%

XXXIII. National Programme for Control Blindness & Visual Impairment :

Year	Target	Achievement	Achvt. %
2025 – 2026	4600	4096	86.57%

1. SCHOOL EYE SCREENING

Particular	2025 – 2026	
	Target	Achievement
Children screened	35000	33018
Refractive Error detect	3000	8467
Provided free glass to school children	2700	2005
Distribution of the spectacles to old persons suffering from presbyopia	2700	2651

2. EYE DONATION

Year	Cornea Collect		Keratoplasty	
	Target	Achievement	Target	Achievement
2025 – 2026	150	141	40	60

3. OTHER EYE DISEASE

Particular	Glaucoma		Diabetic Retinopathy		Vitreoretinal Surgery	
	Target	Achvt.	Target	Achvt.	Target	Achvt.
2025 – 2026	200	734	200	452	200	221

Success Stories :

Eye camps organised at various places funded from other source :

1. Thenzawl (Serchhip district) 46 cataracts operated in July 2025.



2. Chawngte : Remote area near Bangladesh border. Eye camp organised in Sept 2025. 109 cataract operated.
3. Eye camp organised in all district except Serchhip (due to Hospital being demolished for new construction). This is in collaboration with Social welfare dept elderly prog funded by ministry. 473 cataracts operated in Feb and March 2026.

XXXIV. National Leprosy Eradication Programme

ACTIVE CASE DETECTION & AWARENESS CAMPAIGN

Active Case Detection Campaign and SPARSH Awareness Campaign were conducted in conjunction at Chawngte, Tlabung and the neighbouring villages bordering Bangladesh. 6 cases of leprosy were detected.

Picture : Leprosy Case Detection Campaign at Chawngte, Tlabung and neighbouring villages



XXXV. National Iodine Deficiency Disorders Control Programme

Salt Testing of Iodine content by Test Kit Method : Under the National Iodine Deficiency Disorders Control Programme (NIDDCP), household salt samples are screened in the field using a Rapid Salt Testing Kit (RSTK). This is a simple qualitative test that detects the presence and approximate level of iodine in salt.

No. of Salt Testing for Iodine content by Test Kit Method

Year	Collected	Above 15 ppm	%
2025-2026	1,56,158	1,56,158	100%

Goitre Survey: Under the **National Iodine Deficiency Disorders Control Programme (NIDDCP)**, a goitre survey is conducted as a **district-level IDD survey** among school children aged 6–12 years to assess the prevalence of iodine deficiency disorders and the effectiveness of salt iodization programs. Goitre Survey was done at Serchhip District from 7th-12th July 2025



Picture: Goitre Survey at Serchhip District

Year	No of District	No. of Person Examined	No. of Goitre	Percentage of Goitre
2025-2026	1(Serchhip)	1506	35	2.23%

Current Status: The Household consumption of Iodised Salt in Mizoram is 98.8%.

XXXVI. NATIONAL VIRAL HEPATITIS CONTROL PROGRAMME (NVHCP)

A. Activities (FY 2025- 2026) :-

- Monitoring cum Supervisory Visit was held on 9th April, 2025 (Wednesday) at Model Treatment Centre, Civil Hospital, Aizawl.
- State Level Training on HMIS was held on 22nd & 23rd April, 2025 (Tuesday & Wednesday) at Lianchhiari Run, I & PR Conference Hall, Treasury Square where sensitization on documentation of data on NVHCP was given by SNO (NVHCP).
- Online Review on Central Procurement of Hepatitis B drugs was held on 3rd July, 2025 (Thursday) via Video Conferencing.
- Live Discussion on Doordarshan Kendra Mizoram regarding World Hepatitis Day was held on 21st July, 2025 (Monday).
- Observance of 'World Hepatitis Day' on 28th July (Monday), 2025 in all the districts.
- Live Discussion at All India Radio on Viral Hepatitis was held on 29th July, 2025 (Tuesday).
- Programme was held at Hulhliap, Short Stay Centre, Neihbawih on 31st July, 2025 (Thursday).
- Monitoring cum Supervisory Visit was held on 29th - 30th September, 2025 (Monday & Tuesday) at Distinct Treatment Centre, District Hospital, Mamit.
- Monitoring cum Supervisory Visit was held on 29th January, 2025 (Thursday) at Distinct Treatment Centre, District Hospital, Kolasib.
- Monitoring cum Supervisory Visit was held on 5th February, 2026 (Thursday) at Distinct Treatment Centre, District Hospital, Champhai.

B. Monitoring & Supervisory Visit

- Kolasib



- Champhai



XXXVII. Quality Assurance

Quality Assurance Program was launched in November 2014 under National Health Mission. The program was started in the state of Mizoram since December 2015.

Objectives:

- Facilitate establishment of an inbuilt and sustainable Quality Assurance Mechanism in the Public Health Facility where patients are provided prompt & effective healthcare with privacy and dignity.
- Setting up quality standards, Measurable Elements & Checklists to provide consistently high quality services. The foremost requirement is to set quality standard -National Quality Assurance Standard (**NQAS**) against which the performance can be measured.
- Certification of all Public Health Facilities for **NQAS**
- Provide Quality Health care to all citizens of the country in an equitable manner.

Vision: By the year 2030, QA aims in making all health facilities within the state to achieve the National Accreditation (National Quality Assurance Standards Certification).

Achievements 2025-26

- There are 53 State certified facilities;
CHC – 4
PHC – 4
HWC-SC - 45
- Nine (9) District Hospitals namely;
 1. Lunglei DH
 2. Aizawl East DH (CHA)
 3. Champhai DH
 4. Lawngtlai DH
 5. Siahia DH
 6. Aizawl West DH (SRHF)
 7. Mamit DH
 8. Kolasib DH &
 9. Serchhip DH got National certification
- One (1) Sub-District Hospital namely;
 1. Kulikawn SDH got National certification
- Two (2) Community Health Centres namely;
 1. Vairengte CHC &
 2. Thenzawl CHC got National certification.
- Forty five (45) Primary Health Centres namely ;
 1. Aibawk PHC
 2. Haulawng PHC
 3. Sialhawk PHC
 4. Phuaibuang PHC
 5. East Lungdar PHC
 6. Khawhai PHC
 7. Chhipphir PHC
 8. Phuldungsei PHC
 9. West Phaileng PHC
 10. Bilkhawthlir PHC
 11. Bukpui PHC
 12. Kawnpui PHC
 13. Lungsan PHC
 14. Pangzawl PHC
 15. Sangau PHC
 16. Chhingchhip PHC
 17. Cherhlun PHC
 18. Chhualung PHC
 19. Buarpui PHC
 20. Kanghmun PHC
 21. Darlawn PHC
 22. Bunglemun S PHC
 23. Sairang PHC
 24. Kawrtethawveng PHC
 25. South Vanlaiphai PHC
 26. Khawlailung PHC
 27. Bairabi PHC

28. Tawipui South PHC
 29. Rawpuichhip PHC
 30. Lungdai PHC
 31. Hnahlan PHC
 32. Reiek PHC
 33. Phullen PHC
 34. Sialsuk PHC
 35. Suangpuilawn PHC
 36. Rabung PHC
 37. Farkawn PHC
 38. North Vanlaiphai PHC
 39. Marpara PHC
 40. Zawlnuam PHC
 41. Thingsai PHC
 42. South Lungpher PHC
 43. Bungtlang South PHC
 44. Khawruhlian PHC got national certified with conditionality.
 45. Tipa (Tuipang) PHC got National certified.
- Six (6) Urban Primary Health Centres namely;
 1. Chawlhhmun UPHC
 2. ITI UPHC
 3. Hrangchalkawn UPHC
 4. Sihphir UPHC
 5. Lawipu UPHC
 6. Zemabawk UPHC got National certified.

- **LaQshya**, Labour room and Maternity OT improvement initiative, checklist for assessment is formulated by GoI, where Labour room and Maternity OT should score 70% or more. Under this new initiative, Labour rooms of District Hospital Lunglei had qualified for National Level External Assessment and scored 83% and achieved national certification in May, 2022.

1. Aizawl East DH (CHA) – LR & M-OT got LaQshya Full Certification
2. Champhai DH - LaQshya (M-OT) got LaQshya Full Certification, LaQshya (LR) LaQshya with Conditionality.
3. Lunglei DH – LR & M-OT got LaQshya Full Certification.

Kayakalp

Award to public health facilities was launched in October 2015 by the Health & Family Welfare Dept, Government of India. It is a National Initiative to give awards to those public health facilities that demonstrate high levels of cleanliness, hygiene and infection control. There are categories – District Hospital (DH), Sub-District Hospital/Community Health Centre (SDH/CHC), Primary Health Centre (PHC) and Urban Primary Health Centre (UPHC).

Objectives:

- To promote cleanliness, hygiene and infection control practices in public health care facilities.
- To incentivize and recognize such public healthcare facilities that show exemplary performance in adhering to standard protocols of cleanliness and infection control.
- To inculcate a culture of ongoing assessment and peer review of performance related to hygiene, cleanliness and sanitation.
- To create and share sustainable practices related to improved cleanliness in public health facilities linked to positive health outcomes.

Achievements 2025-26

Sl. No.	Type of HFs	Total No. of HFs	No. of HFs participated	No. of HFs received awards
1.	District Hospital	12	12	The Award has not been declared yet
2.	SDH/CHC	11	11	
3.	PHC	61	54	
4.	UPHC	9	9	
5.	HWC-SCs	325*	276	
	TOTAL	418	348	

XXXVIII. BLOOD SERVICES & DISORDERS (BSD)

Status of Implementation

- Blood Services & Disorders was implemented in Mizoram since October, 2016 and currently, the Programme is being implemented in nine (9) districts namely Aizawl East, Aizawl West, Champhai, Lunglei, Kolasib, Mamit, Siaha, Lawngtlai and Serchhip Districts.

Goal

- Adequate, safe supply of blood and blood components. Strengthening Blood Banks and Blood Storage Centres in terms of man power, equipments and consumables.

At present, there are 11 licensed Blood Banks in Mizoram, 9 are Govt. owned & 2 are private owned. There are 13 (Thirteen) Blood Storage Centres (BSCs).

Current Staff Details under BSD:

- State Coordinator - 1
- Technical Supervisor – 1
- Data Entry Operators – 10
- BCTV (Blood Collection & Transportation Van) staff includes - 1 Social Worker, 1 Attendant and 1 Van Cleaner.

Activities: (FY 2025 – 2026)

- State Level Training on HMIS was held on 22nd & 23rd April, 2025 (Tuesday & Wednesday) at Lianchhiari Run, I & PR Conference Hall, Treasury Square.
- Online meeting on PoC test kit for Haemophilia A & Von Willibrand diseases on 14th May, 2025 (Wednesday) @ the Office Chamber of the State Nodal Officer, BSD.
- World Blood Donor Day was observed on 13th June, 2025 (Friday) in all the districts of Mizoram. Online Review of Sickle Cell Mission was held on 25th June, 2025 (Wednesday) via Video Conferencing.
- Programme was held at Hulhliap, Short Stay Centre, Neihbawih on 31st July, 2025 (Thursday).
- Monitoring cum Supervisory Visit was held on 29th - 30th September, 2025 (Monday & Tuesday) at Blood Bank, District Hospital, Mamit.
- National Voluntary Blood Donation Day was observed on 1st October, 2025 (Wednesday).
- Executive Committee was held on 24th October, 2025 (Friday) at Secretariat on PIP FY 2026-27.
- Monitoring cum Supervisory Visit was held on 29th January, 2026 (Thursday) at Distinct Treatment Centre, District Hospital, Kolasib.
- Monitoring cum Supervisory Visit was held on 5th February, 2026 (Thursday) at Distinct Treatment Centre, District Hospital, Champhai.

Monitoring & Supervisory Visit - Kolasib

and

Champhai



XXXIX. UNIVERSAL IMMUNIZATION PROGRAMME (UIP)

GOOD PRACTICES -

1. Maintain vaccines within the recommended temperature range at all times.
2. Monitor and document cold chain temperatures regularly.
3. Verify the correct vaccine, dose, route, and beneficiary before administration.
4. Maintain accurate and up-to-date immunization records.
5. Track and follow up on due and missed beneficiaries.
6. Develop detailed session plans and beneficiary line lists.
7. Ensure adequate availability of vaccines, logistics, and injection supplies.
8. Identify and vaccinate underserved and hard-to-reach populations.
9. Ensure safe injection practices and proper segregation, collection, and disposal of biomedical waste in accordance with prescribed guidelines.
10. Coordinate effectively with frontline workers and community stakeholders.
11. Regularly review immunization coverage and performance data.
12. Compare Delivery Point Module (DPM) of U-Win and HMIS data monthly and share findings with Medical Officers through the designated WhatsApp group for review and corrective action.
13. Identify low-coverage areas and implement corrective measures.
14. Conduct supportive supervision and field monitoring visits.
15. Use data for evidence-based planning and decision-making.
16. Maintain a functional AEFI emergency kit at all vaccination sites.
17. Report and investigate AEFIs promptly as per guidelines.
18. Translate IEC materials into Mizo and Chakma languages and disseminate them widely to improve community awareness and access to accurate immunization information.
19. Engage community leaders, schools, and local organizations to promote immunization.
20. Conduct targeted awareness and mobilization activities before vaccination sessions.

Success Stories

Mizoram effectively prepared for HPV vaccine introduction through comprehensive beneficiary line-listing and microplanning and has demonstrated strong performance in the initial phase of HPV vaccine introduction standing as the State with the highest coverage for the first 6 weeks. Currently we have covered 96% of our target population and is the 3rd best performing State in India

Key Challenges of Routine Immunization in Mizoram

1. **Difficult Terrain and Remote Villages**
 - Hilly terrain, poor road connectivity, and monsoon-related disruptions make it difficult to reach remote communities and transport vaccines safely.
2. **Scattered Population**
 - Small populations spread across numerous villages require extensive travel and resources to conduct routine immunization sessions.
3. **Human Resource Constraints**
 - Limited healthcare workforce, staff vacancies, and multiple responsibilities of frontline workers especially in Lawngtlai District affect service delivery and monitoring.
4. **Data Management and Digital Connectivity Issues**
 - Poor internet connectivity resulted in challenges of beneficiary tracking, reporting, and data quality can affect immunization monitoring and planning.
5. **Community Awareness and Compliance**
 - Lack of awareness about vaccination schedules, missed appointments, and incomplete immunization due to caregiver non-compliance contribute to dropouts and missed children.

UIP PERFORMANCE as per HMIS 2025 - 2026

District Name	Target received from Districts	PENTA 1	PENTA 3	PENTa 1- PENTA 3 DROPOUT Rate	MR1	Penta 3 to MR 1 Dropout rate
Aizawl East	4081	3773	3804	-0.82	3708	2.52
Aizawl West	2432	2202	2236	-1.54	2233	0.13
Champhai	1512	2476	2384	3.72	2308	3.19
Kolasib	1493	1440	1379	4.24	1330	3.55
Lawngtlai	2226	2361	2200	6.82	1834	16.64
Lunglei	2919	2835	2762	2.57	2772	-0.36
Mamit	1446	1525	1411	7.48	1385	1.84
Serchhip	987	938	998	-6.40	986	1.20
Siaha	1250	1160	1134	2.24	1050	7.40
Mizoram	18346	18710	18308	2.15	17606	3.83

District Name	MR2	MR1 to MR2 Dropout rate	FIC	% of FIC from Target	TD 10	TD 16
Aizawl East	3619	2.40	3681	90.20	4374	4945
Aizawl West	2487	-11.37	2201	90.50	2664	4713
Champhai	2169	6.02	2295	151.79	2542	2066
Kolasib	1278	3.91	1311	87.81	1762	1300
Lawngtlai	1787	2.56	1839	82.61	1824	1155
Lunglei	2735	1.33	2765	94.72	3530	2898
Mamit	1293	6.64	1362	94.19	1489	1031
Serchhip	988	-0.20	986	99.90	1280	1086
Siaha	1056	-0.57	1039	83.12	976	663
Mizoram	17412	1.10	17479	95.27	20441	19857

Polio - Sub National Immunization Day (SNID) 2025

REPORT

(To be filled by SEPIO to DC (CH), fax : 011-24366115 immediately after the activity)

State :

Mizoram

Round I

S.No.	Name of District	Target children 0-5 years		Booth Coverage	House to House coverage										No. of children vaccinated outside of houses by Supervisor	No. of children vaccinated at Mobile	No. of children vaccinated at transit points/mela sites/bazaars	Total children vaccinated	% coverage	Total OPV vials used	Doses per vial
1		Total children vaccinated in booths	Total houses visited by teams		No. of children vaccinated in houses by teams	No. of children vaccinated outside of houses by teams	No. of 'X' houses generated by teams	No. of 'X' houses converted to 'P'	No. of children vaccinated in 'X' houses	No. of 'X' houses left at the end of activity	No. of 'P' houses checked by supervisor	No. of 'P' houses with unvaccinated children detected by Supervisor	No. of children vaccinated in 'P' houses by supervisor	6	7	8	(1+2+3+4+5+6+7+8)				
2		3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
1	Aizawl East																				
2	Aizawl West																				

3	Champhai	12612	12269	30182	690	83	235	90	0	145	2155	1	1	0	0	114	13157	104.3	846	15.6
4	Serchhip																			
5	Mamit																			
6	Kolasib																			
7	Lunglei	13396	11837	36111	1478	64	109	59	46	50	2061	1	0	2	0	8	13435	100.3	773	17.4
8	Lawngtlai	12683	11586	17730	679	54	0	0	0	0	181	72	0	4	0	11	12334	97.2	787	15.7
9	Saiha	6667	6179	12739	654	34	101	64	0	37	113	0	0	2	0	11	6880	103.2	433	15.9
Total		45358	41871	96762	3501	235	445	213	46	232	4510	74	1	8	0	144	45806	101.0	2839	16.1



STATISTICAL DATA 2025-26													
Particulars	Units	Aizawl	Champhai	Hnahthial	Khawzawl	Kolasib	Lawngtlai	Lunglei	Mamit	Saitual	Serchhip	Siaha	Total
(a) No. of Polio Vaccine (OPV)													
(i) Target	No.	6401	1098	506	636	1475	2304	1864	1407	717	1032	1053	18493
(ii) Achieved	No.	6410	1489	398	527	1437	2341	1981	1511	699	1045	1195	19033
	%	100.14%	135.61%	78.66%	82.86%	97.42%	101.61%	106.28%	107.39%	97.49%	101.26%	113.49%	102.92%
(b) No. of Pentavalent Vaccine													
(i) Target	No.	6401	1098	506	636	1475	2304	1864	1407	717	1032	1053	18493
(ii) Achieved	No.	6514	1488	387	525	1435	2315	1964	1511	703	1044	1187	19073
	%	101.77%	135.52%	76.48%	82.55%	97.29%	100.48%	105.36%	107.39%	98.05%	101.16%	112.73%	103.14%
(c). No. of Bacilla Calmetter Guerin (BCG)													
(i) Target	No.	6401	1098	506	636	1475	2304	1864	1407	717	1032	1053	18493
(ii) Achieved	No.	8200	1688	177	190	1074	2157	2285	1136	364	663	1279	19213
	%	128.10%	153.73%	34.98%	29.87%	72.81%	93.62%	122.59%	80.74%	50.77%	64.24%	121.46%	103.89%
(d). No. of Measles													
(i) Target	No.	6401	1098	506	636	1475	2304	1864	1407	717	1032	1053	18493
(ii) Achieved	No.	6306	1487	405	548	1378	1786	1804	1289	715	996	1143	17857
	%	98.52%	135.43%	80.04%	86.16%	93.42%	77.52%	96.78%	91.61%	99.72%	96.51%	108.55%	96.56%
(e) Children (9-11 months) Fully Immunized													
(i) Target	No.	6401	1098	506	636	1475	2304	1864	1407	717	1032	1053	18493
(ii) Achieved	No.	6331	1480	421	541	1360	1724	1778	1286	706	996	1134	17757
	%	98.91%	134.79%	83.20%	85.06%	92.20%	74.83%	95.39%	91.40%	98.47%	96.51%	107.69%	96.02%

XL. REPORT ON THE IMPLEMENTATION OF THE PROVISIONS OF THE RIGHT TO INFORMATION ACT, 2005 FOR THE YEAR 2025-2026

1. PARTICULARS OF REPORTING AUTHORITY:

1) Name of the office:

- i. **Directorate of Health Services**
- ii. **Sr. Chief Medical Officer, Aizawl West**
- iii. **Sr. Chief Medical Officer, Aizawl East**
- iv. **Sr. Chief Medical Officer, Kolasib**
- v. **Chief Medical Officer, Champhai**
- vi. **Sr. Chief Medical Officer, Serchhip**
- vii. **Sr. Chief Medical Officer, Mamit**
- viii. **Sr. Chief Medical Officer, Lunglei**
- ix. **Chief Medical Officer, Siaha**
- x. **Chief Medical Officer, Lawngtlai**
- xi. **Sub-Divisional Medical Officer, Tlabung**
- xii. **Sub-Divisional Medical Officer, Chawngte CHC**
- xiii. **Principal Nursing Officer, Health Workers' Training School, Kulikawn**
- xiv. **Central Medical Store, Zemabawk**

2) Level *(Kindly check the appropriate box.)*

- i. Directorate - 1
- ii. District - 9
- iii. Sub-District - 2
- iv. Principal Nursing Officer Office - 1
- v. Central Medical Store Office - 1

3) Website address of the Office : <https://health.mizoram.gov.in>

4) Whether DAA(s), SPIO(s) & SAPIO(s) are registered on Mizoram RTI Online?
(If not registered, state the reason as to why?)

YES

5) Name and contact number of the dealing assistant ?

1	Directorate of Health Services	Joseph Lalthlamuana	8575686637
2	Chief Medical Officer, Aizawl 'W'	Lalchhuanmawii Sailo	9862426060
3	Chief Medical Officer, Aizawl 'E'	Freddie Lalhmingliana	9862335433
4	Chief Medical Officer, Kolasib	Zothansanga Renthlei	9612194486
5	Chief Medical Officer, Champhai	Lalramzauva	8416046610
6	Chief Medical Officer, Serchhip	Emmanuel Lalthakima Hmar	8729982502
7	Chief Medical Officer, Mamit	Lalramchhana Hnamte	8837236650
8	Chief Medical Officer, Lunglei	Phillip Lalhrualtuanga	9233840368
9	Chief Medical Officer, Siaha	Suicheri	9436149657
10	Chief Medical Officer, Lawngtlai	Lalrinnggheta	8415970463
11	Sub-Divisional Medical Officer, Tlabung	H.Lalramzauva	9862659146

12	Sub-Divisional Medical Officer, Chawngte CHC	Laltumsangi	7630822098
13	Principal Nursing Officer, Health Workers' Training School, Kulikawn	R.Vanlalthlimpuii	9774140365
14	Central Medical Store, Zemabawk	Vanromawii	9774222145

2. IMPLEMENTATIONS OF SECTION 4 OF THE RTI ACT, 2005:

1. Whether all the records are catalogued and indexed by the office as required by Section 4(1)(a)?

Reply: Yes.

2. Whether all relevant facts relating to formulation of important policies have been published by the department/office as required under Sec. 4(1)(b)?

Reply: Yes.

3. Whether suo moto information has been provided to the public at regular intervals as required by Sec 4(2)?

Reply: Yes.

4. Whether every information in the department/office has been widely disseminated with Website address of the office as required by Sec. 4(3)?

Reply: Yes.

5. Whether all materials have been disseminated taking into consideration the cost effectiveness, local language and the most effective method of communication in that local area as required by Section 4(4)?

Reply: Yes.

3. NUMBER OF DAA, SPIO & SAPIO

1. No. of DAA(s) in the office	:	<u>1 (one)</u>
2. No. of SPIO(s) in the office	:	<u>12 (thirteen)</u>
3. No. of SAPIO(s) in the office	:	<u>2 (two)</u>

4. NUMBER OF RTI APPLICATIONS RECEIVED

A) Applications received from within the State in writing, email, post, etc.	:	49
B) Applications received from within the State via Mizoram RTI Online	:	43
C) Applications received from outside the State in writing, email, post, etc	:	12
D) Applications received from outside the State via Mizoram RTI Online	:	3
E) Total number RTI application received during the year under report (A+B+C+D)	:	107

5. REPORT ON NUMBER OF INFORMATION FURNISHED/DENIED ETC., FIRST APPEALS AND FEES COLLECTED :

- 1) Number of RTI applications for which information was provided : 147
- 2) Number of RTI applications for which information was rejected/denied : NIL
- 3) Number of applications withdrawn by applicant : NIL
- 4) Number of RTI applications not disposed of within the period under report (pending) : 3
- 5) Number of RTI applications for which fees were not collected : 3
- 6) Number of First Appeals received : 8
- 7) Number of First Appeals disposed of : 13
- 8) Number of First Appeals pending : NIL
- 9) Total amount of RTI application fee collected : 150
- 10) Total amount collected for cost of providing information : 60

6. DETAILS OF CURRENT DAA(S), SPIO(S) AND SAPIO(S):

Name, Designation, Contact No. (Landline & Mobile) and Email Address of			
	DAA	SPIO	SAPIO
Directorate of Health Services	Dr.Vanlalfela, Director of Health Services, 9436144061 dhsmizoram@gmail.com	Dr.V.Lalhmingliani, Joint Director(G), 9436141214 lahminglianivangc hia4@gmail.com	Lalchhandami, Superintendent 8575562031, dantei@yahoo.com
Chief Medical Officer, Alzawl 'W'		Dr. Lalbiaksiami, Sr. Chief Medical Officer(W) ,9862656960, biaksiami55@gmail.com	Dr. Laldinpuii Ralte, DIO(W), 9436151173 drdiniralte@gmail.com
Chief Medical Officer, Aizawl 'E'		Dr. Lahlunpuii, Sr. Chief Medical Officer, 9436361253, drhlunpuii@gmail.com	Dr. Lallawmpuii, Dy. Chief Medical Officer, 9436151653, lawmpuii777@gmail.com

Chief Medical Officer, Kolasib		Dr. RK. Lalthlamuana, Sr. Chief Medical Officer, 8974768597, sr.cmo-kolasib@mizoram.gov.in	Dr. Ramdinthari, Dy. Chief Medical Officer, 9612938363, abigailbiate@gmail.com
Chief Medical Officer, Champhai		Dr. Walter Lalnuntluanga Sailo, Chief Medical Officer, 7005138066, cmochamphai@gmail.com	Dr. Lalramhluna , Dy. Chief Medical Officer , 9615984487, dr.lalramhluna@gmail.com
Chief Medical Officer, Serchhip		Dr. L.P. Malsawma, Sr. Chief Medical Officer, 9612820165, drpmsawma@gmail.com	Dr. Lallawmkimi Chhakchhuak, Dy. Chief Medical Officer, 9856853895, drmakimichhakchhuak@gmail.com
Chief Medical Officer, Mamit		Dr. Saichhingpuii Sailo, Sr.Chief Medical Officer 9436159197, eschopysailo@gmail.com	Dr. Thanmawii, Dy. Chief Medical Officer, 8014033387 mawiteiralte750@gmail.com
Chief Medical Officer, Lunglei		Dr. Lalrinthangi, Sr.Chief Medical Officer 943631545 drmarini56@gmail.com	Dr. Vanlalngheti, Dy. Chief Medical Officer, 9436151425 nghetivanlal@gmail.com ,
Chief Medical Officer, Siaha		Dr. Lalrengpuii Ralte, Chief Medical Officer, 8787688821, arengiralte79@gmail.com	Dr. Lalchhuanliana, Dy. Chief Medical Officer, 6009067575, dr.chhuanliana@mizoram.gov.in
Chief Medical Officer, Lawngtlai		Dr. Lalmuanawma Jongte, Chief Medical Officer, 9436373337, drjongte@gmail.com	Dr. Remlalnghaki, Dy. Chief Medical Officer, 9436198493, remirenthlei59@gmail.com

Sub-Divisional Medical Officer, Tlabung			Dr. Benjamin Vanlalliana, SDMO, Tlabung benavanlala@gmail.com
Sub-Divisional Medical Officer, Chawngte C			Dr. Andrew Khawlthangpuia Ramlawt, SDMO, 8415807058, andrewktpa230683@gmail.com
Principal Nursing Officer, Health Workers' Training School, Kulikawn		Lalengzami Fanai, Principal Nursing Officer, 7058265382, healthworkerschool.klk@gmail.com	Lalchhanhimi Ralte , Tutor, 9862500544, healthworkerschool.klk@gmail.com
Central Medical Store, Zemabawk		Dr. David Zothansanga, Joint Director, 9436195627, drdavid32@gmail.com	K. Rochungnunga, Head Pharmacist, 8119816787, krochungnunga42@gmail.com

