

No.B.13021/101/2021-DMR/Vol-V
GOVERNMENT OF MIZORAM
DISASTER MANAGEMENT & REHABILITATION DEPARTMENT

Aizawl, the 29th of June, 2021.

ORDER

Mizoram State Disaster Management Authority chuan inkhuahkhirhna kalpui mek chu tinep deuhvin, tul leh mamawh thenkhat te hawn phalna Order No. ngai dated 18.6.2021 khan a lo chhuah tawh a;

Chutih lai mekin, hun rei tak inkhuahkhirhna kalpui tawhin mipui vantlang eizawna nasa taka a nghawng avangin, zawi muanga ngai kan awh leh thuai theih nan thil tul thenkhatte phal zau tha a ti a ni.

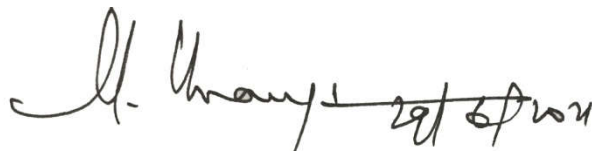
Chuvangin, kei Lalnunmawia Chuaungo hian Chairman, State Executive Committee ka nihna ang leh Disaster Management Act, 2005 hnuaia Section 22(2)(h) & 24 (l) ten thuneihna min pek angin he Order leh inkaihhraina thil tel te hi **ni 30.6.2021 zing dar 4:00 atanga ni 15.7.2021 zanlai dar 12:00** thlenga khauh taka zawm turin ka chhuah e.

Sd/- LALNUNMAWIA CHUAUNGO
Chief Secretary, Mizoram & Chairman,
State Executive Committee,
State Disaster Management Authority, Mizoram.

Memo No.B.13021/101/2020-DMR/Vol-V:Aizawl, the 29th of June, 2021

Copy to:

1. Secretary to the Governor, Mizoram.
2. P.S. to Chief Minister, Mizoram for information.
3. P.S. to Deputy Chief Minister, Mizoram
4. P.S. to Speaker, Mizoram
5. P.S. to all Ministers/ Ministers of State/Deputy Speaker/ Vice-Chairman/Deputy Govt. Chief Whip, Mizoram.
6. Home Secretary, Government of India, North Block, New Delhi-110001.
7. Sr. P.P.S to Chief Secretary, Govt. of Mizoram.
8. P.S. to Addl. Chief Secretary to Chief Minister, Govt. of Mizoram.
9. All Principal Secretaries/Commissioner/Secretaries/Special Secretaries, Govt. of Mizoram.
10. Director General of Police, Mizoram.
11. Commissioner & Secretary, Mizoram Legislative Assembly.
12. All Administrative Heads of Departments, Government of Mizoram.
13. Secretary of all Constitutional & Statutory Bodies, Mizoram.
14. All Deputy Commissioners, Mizoram.
15. All Superintendent of Police, Mizoram.
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17. Director, I&PR for wide publicity.
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(Dr. MALSAWMTLUANGA FANCHUN)

Under Secretary to the Govt. of Mizoram,


 Disaster Management & Rehabilitation Department.

NI 15.07.2021 THLENGA MIZORAM CHHUNGA COVID-19 DONA KALPUI DAN TUR INKHUAHKHIRHNA THUPEK

*Mizoram chhunga COVID-19 dona atan hun rei tak chhung lockdown kalpui a ni tawh a. Heti chung hian hri kai thar tam tak an la awm zel a. Amaherawhchu, hri kai zat (positivity rate) chhutin inkhuahkhirhna kalpui mek hian nasa takin min veng a ni tih a lantir a ni. Chutihrualin, inkhuahkhirhna rei tak kalpui hian nitin kan ei leh bar zawn kawngah nasa taka nunphung a tihkhahlak avangin, ei leh bar kawnga kan dinhmun a tlakhniam lutuk loh nan eizawna hna ngaihtuah chung a inkhuahkhirhna kalpui chhunzawm tha tih a ni a. Chuvangin, Mizoram State Disaster Management Authority chuan inkaihhraina Sawrkarin file No. B. 13021/101/2020-DMR/Vol-IV dt.18.06.2021 hmanga kalpui mek chu tidanglamin **ni 30.06.2021 zing dar 04:00 atanga ni 15.07.2021 zan dar 12:00** thlenga hman turin **COVID-19 inkaihhraina** thar a duang a ni. Hei hian COVID-19 chungchanga inkaihhraina Order hmasa zawng zawng a luahlan (supersede) ang.*

1. Mizorama lo luh chungchang

Mizorama lut turte reng reng chu Sawrkarin a hawn mek entry points kaltlang chauhvin an lut thei ang. Mizorama lo lut tur te chuan *mPass*-ah an in-register ngei tur a ni a. Entry point te leh Mizoram rawn luh theihna hmundang (Inter-State leh International border)-ah te chuan uluk takin Deputy Commissioner leh Superintendent of Police te ruahmanna angin Police leh VLTF te an duty ang.

1.1. Screening.

India ram pawn leh India ram hmun dang atanga Mizoram-a lo lut reng reng chu Mizoram an lo luhna (Point of entry)-ah Rapid Antigen Test (RAgT) hmanga endik vek an ni ang a. RAgT positive te chu enkawl dan tur dinglai (Protocol) angin enkawl zui tur an ni ang. Hetiang hian Mizoram atanga zin chhuak, lo haw leh te pawh endik vek tur an ni ang.

1.2. Quarantine.

- 1) RAgT negative te chu fimkhur takin self-monitoring (mahni hriselna inchik)-in mi dang nena in-contact lovin ni 10 chhung mahni inah (Home Quarantine) an inkhung hrang ang. Ni 10 hnuah RT-PCR/TrueNat test an nei ang a, negative result an neih chuan inkhung zui a ngai tawh lovang.
- 2) Home quarantine-a awm turte chuan inkhung hranna tur riahna (bedroom) leh inthiarna (attached toilet) hran an nei tur a ni. Chutiang ruahmanna neite chu an chhungkaw member te inkhung hran ve kher a ngai lo vang. Amaherawhchu, midangin an tawmpui loh tur riahna (bedroom) emaw inthiarna (attached toilet) hranpa nei lo home quarantine phalsak an nih erawh chuan an chhungkaw member te pawh pawn chhuak lo leh midang nen inkalpawh lovin ni 10 chhung an inkhung tur a ni.

- 3) Home quarantine-a awmna tur, hmunhma (*facility*) nei lote chu hotel (*paid quarantine*) emaw Community/ Government Quarantine Facility (CQF/ GQF)-ah anmahni sensovin ni 10 chhung an inkhung hrang ang. Quarantine facility-a awmte pawh quarantine facility an chhuahsan hmam RT-PCR/TrueNat hmanga test an ni ang.
- 4) Home quarantine leh quarantine facility-a awm ten Health & Family Welfare Department-in zawm tur inkaihhraina a siamte chu an zawm ngei tur a ni. Chung inkaihhrainate chu an zawm ngei a ni tih an awmna veng LLTF/VLTF ten an endik (monitor) ang.
- 5) Hun rei lote chhung (short stay), darkar 96 aia rei lo Mizorama cham tura lokal te chuan entry point an lo thlen hmâ darkar 72 aia hlui lo RT-PCR/TrueNAT/CBNAT (ICMR recognized laboratory) hmanga COVID-19 test negative result (SRF ID awm) an neih a, entry point-ah RAgT negative result an neih bawh chuan inkhung hran a ngai lovang. Anmahni chah chhuaktu/buaipuitu ten an tana hmun ruat bikah dahin fimkhur takin an tih tur bik an tihpui ang a, midang nena in-contact lo thei tur ang berin ruahmanna an siam ang.
- 6) State pawn atanga thlawhnaa lo lutte chu Transport Department-in empanelled vehicle, *Order No.G.28016/2/2020-TRP dt.16.04.2021*-a a tarlan ten an phur thei ang a, mahni motor hmanga zin haw phurtute chuan an passenger-te nena in-contact lo thei tur ang berin fimkhur takin ruahmanna an siam ang. Kalkawngah pawh midang nena in-contact tura din khawmuan loh tur a ni. Tin, motor hmanga Mizoram lo lut te leh Aizawl pela district danga kal turte chu an motor hmanlai hmangin, hmundanga chawl lovin, an in-quarantine na hmun tur an pan nghal tur a ni. Amaherawhchu, remchan lohna avanga motor thlak a ngai a nih chuan mahni private motor uluk taka daidanna siamin emaw Transport Department empanelled motor te chauh hmangin an kal chhonzawm tur a ni.
- 7) State pawn atanga thlawhna emaw lirthei emawa lo lut te hian Clause A.5-in a phut ang a VLTF/LLTF te hriatpuina lehkha lak ve kher a ngai lo vang. Mizoram an luhna atana *mPass*-a an in register-na chu an thlenna tur (destination) thlen nan chauh hman phal/theih a ni a, hmundang kalkual/tlawhkual nan *mPass* chu hman phal a ni lo. Amaherawhchu, an lo thlen hma-in an veng/khua LLTF/VLTF te an hriattir lawk ang.
- 8) Screening leh quarantine dan tur fel taka ruahman a nih theih nan Mizoram an rawn luh hmam mCOVID-19 mobile application *mPASS-flight* emaw *mPASS-road* hmangin an in-register lawk tur a ni. Home quarantine leh Hotel quarantine dil duh tan online-in <https://mccovid19.mizoram.gov.in>-ah a dil theih tawh bawh.

- 9) Mizoram-a lo lutte quarantine dan, COVID-19 testing, quarantine mêk leh hri vei (asymptomatic, mild leh severe case)-te enkawl chungchang, COVID Care Centre, Dedicated COVID Health Centre leh Dedicated COVID Hospital te kalpui dan chungchangah Health & Family Welfare Department-in inkaihhraina a siamte chu khauh taka kalpui tur a ni ang. Tin, quarantine-a awm/ thlen man, ei leh in man leh test-na man pek dan tur erawh chu Notification No.B.13021/187/2020-DMR/Vol-I dated 26.04.2021 leh 05.05.2021 ten a tarlan angin kalpui a ni ang.

1.3. Testing.

H&FW Department-in order an chhuah anga kalpui tur a ni ang.

1.4. Isolation.

- 1) Mizorama lo lut entry point-a positive hmuh chhuah te leh hmun danga positive hmuh chhuah te reng reng chu an hriselna dinhmun ngun taka en an ni ang a, symptoms nei lo (asymptomatic) leh hrisel lohna dang nei lo, chhungkaw member dangte nena intlawhpawh lova inkhung hran theihna bedroom leh inthiarna hranpa neite chu mahni inah (home isolation-in) inenkawlin an inkhung hrang ang.
- 2) In lama inenkawl (home isolation) te hian Health & Family Welfare Department-in zawm tur inkaihhraina a siamte chu an zawm ngei tur a ni. Chung inkaihhrainate chu an zawm ngei a ni tih an awmna veng LLTF/VLTF ten an endik (monitor) ang.
- 3) Home isolation-a awmte chu Health & Family Welfare Department-in uluk takin an vil zui ang.
- 4) In lama inenkawlte hian hriselna chungchangah harsatna an nei a nih chuan COVID-19 (Medical) helpline number (Toll free 102, landline 0389-2323336, 0389-2322336 leh 0389-2318336)-ah telephone-in an harsatnate an thlen thei ang.

2. Containment Zones

A tul a nih chuan Deputy Commissioner ten an District chhungah Containment Zone an puang thei ang a, Containment Zone puanah te chuan Deputy Commissioner-in thupek a siamte khauh taka zawm tur a ni ang. A tul dan azirin colony/ building/ apartment chauh huam te pawhin Micro Containment Zone puan theih a ni.

3. Bungraw Chawkluh Leh State chhunga Thiar Chungchang

- 1) State pawn atanga bungraw lakluh nan phalna hranpa lak ngai lovin lakluh theih a ni ang. Amaherawhchu, mCOVID-19-ah an in-register vek tur a ni.

- 2) Bungraw lak luh phurtute (driver leh handyman) hi entry point-ah uluk taka screening neih chhonzawm zel tur an ni ang. Screening neih laia symptoms neite chu RAgT hmanga endik an ni ang. Tin, bungraw phur motor-ah reng reng hian midang (passenger) an chuang tur a ni lo.
- 3) State pawn atanga bungraw lak luh phurtute (driver leh handyman) te chu an kalphung pangngai angin khaw daiah anmahniin eirawng an inbawl chawp ang a, khawchhungah midang nen inchiahpiah lovin an bungrua an unload zawh veleh an let leh nghal ang. An bungrua unload chhung hian midang te atanga feet ruk (6) tala hla-ah an awm tur a ni.
- 4) State pawn atanga bungraw lak luh phurtute (driver leh handyman) te chu backload lak tur zawngin Mizoram hmun dangah an kal kual tur a ni lo.
- 5) AMC Area pawnah chuan Mizoram-a bungraw awmsa emaw siam chhuah/tharte thiar chungchangah inkhuahkhirhna a awm lo vang.
- 6) A chungah tarlan driver leh handyman-te hian kawng laka harsatna an tawh thulhah State Control Room (Toll free 1070, landline 0389-2342520, mobile 7628072785 and whatsapp 9366331931) leh COVID-19 (Medical) helpline number (Toll free 102, landline 0389-2323336, 0389-2322336 leh 0389-2318336)-ah telephone-in an harsatnate an thlen thei ang. **Heng number te hi motor lo lut driver leh handyman ten awlsam taka an hmuh mai theih turin Screening Point-ah langsar deuhva tar tur a ni.**

4. Zin Veivah Chungchang

- 1) Chhiat tawh, damloh leh tul bik thila zin veivah tul tan an awmna LLTF/VLTF te hriatpuina lehkha kengin an zin veivak thei ang. Hetiang hriatpuina lehkha neite zin nan hian mimal lirthei leh Mizoram chhung khaw kar kawnga passenger phur lirthei (commercial passenger vehicle) te hman phal a ni.
- 2) Sawrkar hna (Official Duty)-a sawrkar hnathawk zin chhuak leh lut tur ten LLTF/VLTF te phalna lak a ngai lo vang. Amaherawhchu, an Identity Card leh transfer order/ detailment order Police/COVID-19 Executive/ LLTF/ VLTF Duty te enfiah turin an keng ngei tur a ni.
- 3) Lirtheiah te hian registration-a seating capacity tarlan bak chuan phal a ni lo. Lirthei khalhtute leh an phurh ten mask/hmai tuamna an vuah vek tur a ni. Passenger-te hman tur *hand sanitizer* an pai reng tur a ni. A tul dan azirin Deputy Commissioner ten an district huam chhungah inkaihhraina chipchiar an siam thei ang.

5. Mipui Vantlang Tana Inkhuahkhirhna Dangte

- 1) Hemi hunchhung hian eizawna leh tul bik thil nilova veivah leh inlenpawh khap tlat a ni. **Office kai tur leh phalna neite bak chu tumahin mahni in/ compound an chhuahsan tur a ni lova, building khata in hrang hrang luahte pawh intlawhpawh loh tur a ni.**

- 2) Ṭul bik thila pawn chhuak tur reng reng chuan (facemask leh hmanraw dang hmangin) hmai an tuam ngei tur a ni. **COVID-19 hri len tamna veng/ khua-a veivah ṭalna a awm chuan, a theih chen chenah chungkaw member zinga COVID-19 vaccine la tawhte zel chauh chhuahvah tur a ni.**
- 3) Vantlang hmuna kal te chu feet 6 tala inhlata awm tur a ni.
- 4) Dawr leh bazar hawn chungchangah vawi khata mipui tam tak pungkhawm tur ven nan VLTF ten ruahmanna an siam ang.
- 5) Eizawna leh hmasawna hnathawh chungchangah CAB uluk taka zawm chungin kalpui tur a ni.
- 6) He inkhuahkhirhna thupek kalpui chungchangah hian LLTF/VLTF te chuan an khua/veng chung theuhvah COVID-19 do nana an hmalaknate an chhonzawm zel ang.
- 7) Hemi hun chung hian lirthei a veivah khap tlat a ni. Amaherawhchu, hei hian annexure a activities/hnathawh phal tarlan te leh a hmuna thawk te chet velna lirthei a huam lovang.
- 8) District Magistrate ten zan curfew (7:00 PM to 4:00 AM) an puang ang a, CrPC Section 144 hmangin Order an chhuah ang.

6. Phalna Nena Kalpui Tur Thila Inkhuahkhirhna te

Inkhuahkhirh hun chung atan hian Mizoram chu hmun (category) thumah then a ni a. Chung te chu 1) AMC area, 2) District Headquarters leh 3) khaw dang zawngte (others) an ni ang a. Heng hmuna hna leh hmalakna (activities) kalpui phal te chu Annexure-III ah tarlan a ni a. Phalna neia kalpui ah hian heng te hi zawm ngei tur a ni:

- 1) **Dawr nghaktu leh hnathawktu te chu vaccine dose khat tal la tawh an ni ngei tur a ni. Vaccine an la tawh a ni tih finfiahna (proof) an kawl tur a ni a, hei hi LLTF/VLTF/Police/ Executive Duty ten an check thin ang.**
- 2) Thlai/chawhmeh bazar kalte thawl tak leh midang nena inhnaih lova an bazar theih nan chawhmeh zuartu te ṭhutna inkarah feet 6 tal hmun awl an zuah zel tur a ni.
- 3) Veng danga dawr/mimal sumdawna (private-owned company/office) pan turte chuan an chenna veng LLTF/VLTF te ziaka phalna (movement permit) **an keng ngei tur a ni.**
- 4) Annexure-III a office/dawr/sumdawna, adt. hawn phal te hian an inhawn theih hun chung bituk te hi tha takin an zawm tur a ni.
- 5) **Commercial passenger vehicle (bus, taxi, maxicab etc.) te chuan an motor-ah hand sanitizer an pai reng tur a ni a, Driver leh passenger ten face mask an vuah ngei bawk tur a ni. Seating capacity aia tam chuan phal a ni lo. Commercial vehicle khalhtute leh conductor-te hi vaccine**

dose khat tal la tawh an ni ngei tur a ni. Vaccine an la tawh a ni tih finfiahna (proof) an kawl tur a ni a, hei hi LLTF/VLTF/Police/Executive Duty ten an check thin ang.

7. Sawrkar Office

- 1) **Mizoram Sawrkar hnuaia office te chu Annexure-III a tarlan angin an kal ang.**
- 2) Sawrkar hnathawk leh sawrkar sum atanga hlawh la te chu COVID-19 duty turin a tulna apiangah hman an ni ang.
- 3) Mizoram Legislative Assembly te chuan an kal dan tur a hranpain an ruahman ang.
- 4) High Court thuchhuak angin Judiciary/Court-a hnathawkte chu an kal ang.
- 5) Central Govt. office leh organization te chu “COVID-19 Appropriate Behaviour” khauh taka zawm chungin office an kal ang.
- 6) Office kai tur ten Identity Card emaw Detailment Order an keng ang.
- 7) Head of Department/Office tin te chu office vawn fai leh tih thianghlim kawngah mawhphurtu an ni ang a, office-ah kut silna hmanrua (tui, sahbawn/handwash) emaw hand sanitizer an buatsaih ngei ngei tur ani.
- 8) Tul bikah lo chuan meeting neih loh tur a ni. Inrawn leh inbiak a tul a nih pawhin a theih chin chinah intercom, landline telephone leh mobile emaw IT application (WhatsApp, E-mail, etc) hman tangkai hram tur a ni.
- 9) Department emaw office dangte nena indawr tulna thilah chuan email emaw electronic media dang hman hram tum tur a ni.
- 10) Mipuiin Sorkar Department te ral khat atanga an dawr theihna-ah Department tinin Information Technology an hmang tangkai tur a ni.

8. COVID Appropriate Behaviour (CAB):

Covid-19 hri laka kan himna tur atan mitin hian tih tur pawimawh tak kan nei theuh va. Chung tih tur leh zawm tur CAB te chu **Annexure-I & II**-ah tarlan a ni a, mitinin zawm theuh tur a ni.

9. AMC Area Pawn Lama Inkhuahkhirhna Chungchang

AMC Area huam chin pawn lamah chuan Deputy Commissioner/ DDMA ten an District dinhmun te uluk taka zirchiangin an District chhungah inkhuahkhirhna siamin an kalpui ang. Deputy Commissioner te hian anmahni District chhung leh area/khua te dinhmun uluk takin an thlithlai ang a, COVID-19 venna atana tul apiangah ruahmanna siamin inkhuahkhirhna an kalpui ang.

10. Veng/Khaw Bil Inkhuahkhirhna

- 1) He order/inkaihhruainain a huam baka veng bil bik tana inkhuahkhirhna khauh zawk neih tul tihna a awm chuan, a chhan leh vang chiang taka ziakin LLTF/VLTF ten an awmna District Deputy Commissioner hnenah rawtna an siam thei ang.
- 2) LLTF/VLTF ten he Oder-ina inkhuahkhirhna a siam bak pelin anmahni thuin veng/khua bil inkhuahkhirhna hranpa/ curfew/ lockdown/ Containment Area/ Restricted Area an puang tur a ni lo. **Tin, kawngpuiin a paltlang khua ten an khaw kaltlanga khaw danga kal tur zin veivak te leh an lirthei an dang tur a ni lo.**

11. Hremna Dan

He thupek zawm lo chu Disaster Management Act, 2005, Section 51 aṅanga 60, the Mizoram (Containment & Prevention of the spread of COVID-19) Act, 2020 leh IPC Section 188 hmangin hrem theih an ni.

Sawrkhar-in heng thuchhuah te hi a ṅul dan azirin a ennawnin a tidanglam thei ang.

(LALNUNMAWIA CHUAUNGO)
Chief Secretary & Chairman,
State Executive Committee.

Annexure - I
















COVID APPROPRIATE BEHAVIOUR (CAB)

COVID-19 laka him tlanna tura kan zawm tur nunphung tha te:

1. *Intawkhher lovin in chibai thin tawh ila.*
2. *Khawiah pawh inhnaihchilh lova feet 6 tal inkarhlat a awm zel nise.*
3. *Hmaituamna hmanga hmui-hmai tuam reng nise.*
4. *Mit, Hnar leh Ka te khawih loh tur a ni.*
5. *Respiratory Hygiene vawng la - Khuh leh hahchhiau in hmai hup/tuam rawh.*
6. *A khat tawkin sahbawn nen fai taka kut sil fo tur a ni.*
7. *Khawih fo thin hmunhmate tih thianghlim fo thin tur a ni.*
8. *Chil chhak/pik mai mai loh tur a ni.*
9. *Tul tak lovah zin/veivah pumpelh rawh.*
10. *Mi tute mah thlei hrang lo la, Covid-19 vei te thinhrik suh.*
11. *Mipui punkhawmna pumpelh la, hri lakah him rawh.*
12. *Social media-a thu veivak nazawng, a dik tih fiah lovin thehdarh ve ngawt suh.*
13. *Covid-19 lam hawi thu Sawrkara mawhphurtute hnen atanga chhuak ani em tih ngaichang hmasa thin rawh.*
14. *Hriat duh leh mamawh reng reng chu National Help Line 1075-ah emaw State Helpline 1070-ah emaw Health Department Helpline 102-ah zawtfiah thin ang che.*
15. *Hripui leng vanga rilru thlabar/phili/chiai te tan rilru lama mithiam rawn ang che.*

Annexure - II

A set of 15 promises, we need to follow, as part of COVID Appropriate Behaviours

<p>1.  Greet without physical contact</p>	<p>2.  Maintain physical distance 2 Gaj ki Doori (6 feet)</p>	<p>3.  Wear reusable face cover or mask</p>
<p>4.  Avoid touching eyes, nose and mouth</p>	<p>5.  Maintain respiratory hygiene</p>	<p>6.  Wash hands frequently and thoroughly</p>
<p>7.  Do not chew tobacco, khaini etc. or spit in the public places</p>	<p>8.  Regularly clean and disinfect frequently touched surfaces</p>	<p>9.  Avoid unnecessary travel</p>
<p>10.  Do not discriminate against anyone</p>	<p>11.  Discourage crowd - Encourage Safety</p>	<p>12.  Do not circulate social media posts which carry unverified or negative information</p>
<p>13.  Seek information on COVID-19 from credible sources</p>	<p>14.  Call National Toll-free helpline 1075 or State helpline numbers for any queries</p>	<p>15.  Seek psychosocial support for any stress or anxiety</p>

To avoid COVID-19 infection

WEAR MASK, MAINTAIN PHYSICAL DISTANCING OF 6 FEET, OBSERVE HAND HYGIENE.

ANNEXURE-III

A HNUAI TABLE-A DAWR NGHAKTU LEH HNATHAWKTU TE HI VACCINE DOSE KHAT TAL LA TAWH AN NI NGEI TUR A NI. VACCINE AN LA TAWH A NI TIH FINFIAHNA (PROOF) AN KAWL TUR A NI A, HEI HI LLTF/VLTF/POLICE/ EXECUTIVE DUTY TEN AN CHECK THIN ANG.

30.06.21 leh 15.07.21 inkara inkhuahkhirhna hrang hrangte				
Sl No.	Activities	AMC Area	District Hqtrs.	Other Areas
1	Zirna in	Hawn phal loh	Hawn phal loh	Hawn phal loh
2	Board Exam, recruitment exam, adt	Sawrkar phalna la tan chauh phal.	Sawrkar phalna la tan chauh phal.	Sawrkar phalna la tan chauh phal.
3	Sakhaw Biak In leh Inkhawm	Inkhawm phal loh. Zing leh tlai tawngtai neih phal a ni.	Inkhawm phal loh. Zing leh tlai tawngtai neih phal a ni	Inkhawm phal loh. Zing leh tlai tawngtai neih phal a ni
4	Inneih inkhawm leh Mitthi Vuina	Mi 30 aia tam lo. Ei leh in sem phal a ni lo	Mi 30 aia tam lo. Ei leh in sem phal a ni lo	Mi 30 aia tam lo. Ei leh in sem phal a ni lo
5	Public park, Picnic spot, adt	Hawn phal loh	Hawn phal loh	Hawn phal loh
6	Sports practice (indoor & outdoor)	Sports practice phal (Indoor-ah mi 10 aia tam lo leh Outdoor-ah mi 25 aia tam lo)	Sports practice phal (Indoor-ah mi 10 aia tam lo leh Outdoor-ah mi 25 aia tam lo)	Sports practice phal (Indoor-ah mi 10 aia tam lo leh Outdoor-ah mi 25 aia tam lo)
7	Zing/Tlai walking leh cycling exercise	Zing dar 4:00 - 7:00 leh tlai dar 5:00 - 6:30.	DC te ruahman angin	DC te ruahman angin
8	Sports inelna, tournament, adt. (indoor & outdoor)	Phal loh	Phal loh	Phal loh

Sl No.	Activities	AMC Area	District Hqtrs.	Other Areas
9	Mipui punkhawm-anniversary, birthday, adt.	Phal loh	Phal loh	Phal loh
10	A huhova pawn chhuah (Lui kal, trekking, hiking, adventure sports, adt)	Phal loh	Phal loh	Phal loh
11	Construction works (mimal, leh sawrkar hnathawh)	Phal a ni	Phal a ni	Phal a ni
12	MGNREGA, MPLAD, MLALAD, SIPMIU, adt	Phal a ni	Phal a ni	Phal a ni
13	Quarry, tui lak, kawng laih, lei dawh, etc	Phal a ni. 9 AM - 5 PM inkarah khawpui chhungah veivah phal a ni lo	Phal a ni	Phal a ni
14	Huan, lo, sangha dil, ran vulh, adt.	Phal a ni. 9 AM - 5 PM inkarah khawpui chhungah veivah phal a ni lo	Phal a ni`	Phal a ni
15	Hospital, nursing home, clinic, laboratory, Blood donation leh blood bank	Phal a ni	Phal a ni	Phal a ni
16	COVID-19 vaccination leh immunization programme dangte, ambulance service	Phal a ni	Phal a ni	Phal a ni

Sl No.	Activities	AMC Area	District Hqtrs.	Other Areas
17	Animal disease control programme, Veterinary hospital, dispensary, clinic, zoo, hatchery, Feed mill/Ran chaw leh Slaughter House	Phal a ni	Phal a ni	Phal a ni
18	Bank, Non-banking financial institutions, insurance, ATM, post office leh postal services	Phal a ni.	Phal a ni	Phal a ni
19	Petrol/Diesel filling station leh LPG distribution/ storehouse	Phal a ni	Phal a ni	Phal a ni
20	Fair Price Shop (ration dawr) te leh FCS&CA Department/FCI hnuaia godown	Phal a ni. Fair Price Shop (ration dawr) te chu LLTF ten ruahmanna an siam angin hawn a ni ang.	Phal a ni	Phal a ni
21	Child and women helpline service, OST center, OSC, ART centre	Phal a ni	Phal a ni	Phal a ni
22	Nau pai, nausen pawmlai leh naupang te hnena nutrition (chaw tha) sem bakah nutrition sem tur godown atanga phurh chhuah leh sem darh	Phal a ni	Phal a ni	Phal a ni
23	Bawnghnute sem leh lakkhawm, chanchinbu sem,	Phal a ni	Phal a ni	Phal a ni

Sl No.	Activities	AMC Area	District Hqtrs.	Other Areas
24	Private owned company/office - consultancy services, adt	Kar khatah ni hnih (2 days). DC leh LLTF te ruahmanna angin	DC ruahmanna angin	DC ruahmanna angin
25	Private security service, septic tank service (ek pahh)	Phal a ni	Phal a ni	Phal a ni
26	Print & electronic media, telecommunication, internet service, broadcasting leh cable service	Phal a ni	Phal a ni	Phal a ni
27	Sanitation & solid waste management (hmunphiat leh bawlhhlawh pahh te huamin)	Phal a ni	Phal a ni	Phal a ni
28	Power & electricity, water supply (mimal tui chawite huamin)	Phal a ni	Phal a ni	Phal a ni
29	Bungraw load leh unload hna	Dar 7:30 PM leh 4:00 AM inkarah. A ruaitu (employer) ten I.D an siam sak ang.	DC ruahmanna angin. A ruaitu (employer) ten I.D an siam sak ang.	DC ruahmanna angin. A ruaitu (employer) ten I.D an siam sak ang.
30	Kawng laka lirthei chhia siamtute. Hei hian automobile dealer leh workshop hnathawkte a huam ang	Phal a ni I.D card an keng tur a ni.	Phal a ni I.D card an keng tur a ni.	Phal a ni I.D card an keng tur a ni.

Sl No.	Activities	AMC Area	District Hqtrs.	Other Areas
31	Courier service, e-commerce leh home delivery. State pawn leh State chhunga dawrkai leh sumdawngte bungrua, State chhunga thar/siam chhuah tiamin, online emaw phone hmanga order lawk sa te pek (home delivery) leh e-commerce/home delivery	Phal a ni. Hemi kaihhnawih a hna tul thawk tura an inhawn phal a ni bawk. Dawr leh sumdawngna te hi a tam thei ang ber online service leh home delivery kalpui tura beisei an ni.	Phal a ni Hemi kaihhnawih a hna tul thawk tura an inhawn phal a ni bawk	Phal a ni Hemi kaihhnawih a hna tul thawk tura an inhawn phal a ni bawk
INSTRUCTION: Home delivery titu te chu COVID vaccine first dose tal la tawh an ni tur a ni a, vaccine an la tawh tih finfiahna an keng zel tur a ni.				
32	Ina thil siam (home based industry) - carpentry, steel fabrication, bakery, puan thui, puan tagna, adt.	Phal a ni	Phal a ni	Phal a ni
33	Lirthei workshop leh tyre works	Phal a ni	Phal a ni	Phal a ni
34	Damdawi Dawr	Nitin	Nitin	Nitin
35	Eichawp dawr	Nitin zing dar 9:00 thleng hawn phal	DC ruahmanna angin	DC ruahmanna angin
36	Thlaichi dawr	Nitin	Nitin	Nitin
37	Gym/Spa	Phal loh	Phal loh	Phal loh
38	In sakna hmanrua hrang hrang - Cement/Balu/Iron rod/ hardware/ rawng/ electric, adt. dawr	Thawhtanni, Nilaini, Ningani leh Inrinni. Zing dar 5:00 – 9:00 inkar	DC ruahmanna angin	DC ruahmanna angin

Sl. No.	Activities	AMC Area	District Hqtrs.	Other Areas
39	Restaurants	Home delivery phal	Home delivery phal	Phal a ni
40	Bazar leh Dawr hawn dan	<p>DC leh LLTF te ruahmanna in Group A, B leh C-ah then an ni ang a. Zing dar 5 leh tlai dar 5 inkarah hawn a ni ang.</p> <p>1) Group-A Thawhtanni leh Ningani</p> <p>2) Group-B Nilaini leh Inrinni</p> <p>3) Group-C {Hetah hian sa, thlai, thei leh pangpar (fresh flower bazar-a zawrh chi) a huam ang} Thawhlejni leh Zirtawpni.</p>	DC ruahmanna angin	DC ruahmanna angin
41	Mizoram Sawrkar Office-te	<p>1) Group A officer - 100%.</p> <p>2) Group B and below-50%. A tul dan azirin 50% aia tam pawh kal theih a ni.</p> <p>3) Office kai lo te leh Covid duty-a tel lote chu inlam atangin hna an thawk ang (Work from Home).</p>	DC ruahmanna angin	DC ruahmanna angin
42	Commercial Vehicles	<p>Public transport (City Bus, Taxi leh 2-wheeler taxi) te chu SP (Traffic) ruahmanna angin Thawhtanni atanga Inrinni chung, ni khatah 1/3 aia tam lo an tlan thei ang.</p>	DC ruahmanna angin	DC ruahmanna angin
<p>INSTRUCTION: Driver leh conductor te chu COVID vaccine first dose tal la tawh an ni tur a ni a, vaccine an la tawh tih finfiahna an keng zel tur a ni.</p>				