

NOTIFICATION

Dated Aizawl, 19th May, 2021

Subject: Standard Operating Procedure (SOP) for Covid-19 test at Mizoram State Entry Points.

No.D.33011/39/2021-HFW(SOP)/H : Ram pawn atanga Mizoram a lo lutte entry points-a Covid-19 test kalpui dan tur chu a hnuai a mi ang hian duan a ni. He inkaihhraina hian hemi chungchanga inkaihhraina a lo tih chhuah tawh zawng zawng a luah lan ang a, tih chhuah a nih atanga thu leh awm hma chu hman tur a ni ang.

1. India ram pawn leh India ram hmun dang atanga Mizorama lo lut reng reng chu Mizoram an lo luh na (point of entry) ah RAgT (Rapid Antigen Test) hmanga en dik vek an ni ang a, RAgT positive te chu enkawl dan tur ding lai (protocol) angin enkawl zui tur an ni ang. Hetiang hian Mizoram atanga zin chhuak, lo haw leh te pawh en dik vek tur a ni ang.
2. Mizoram a lo lut RAgT negative result neite chu Inah emaw CQF/Paid Hotel-ah ni 10 chhung an inkhunhrang tur a ni a, ni 10 hnuah RT-PCR a test tur a ni. Negative result an neih chuan inkhung zui a ngai lo ang a, ni 7 chhung fimkhur takin mahni an inchik zui tur a ni.
3. **Self Monitoring (mahni hriselna inchik)**-Covid-19 inkaihhrainain a phut mahni in lama awm tawh si 'mahni hriselna inchik' tura tih te chuan heng a hnuai tarlan harsatnate hi an nei em tih an inchik reng tur a ni.
 - i. Khawsik
 - ii. Rim hriatna tlahniam
 - iii. Hrawk thip leh nuamlo
 - iv. Khuh
 - v. Thawhah
 - vi. Taksa sil leh na them thum
 - vii. Pumna
 - viii. Kawthalo
 - ix. Luhai
 - x. Chaw ei tuilo
 - xi. Chau ngawih ngawih

Self Monitoring (mahni hriselna inchik) chungah mahni in lama awm te chuan Covid-19 chungchanga sorkarin thurawn a siam temidang hlata awm, mask vuah, kutsil fo/hand sanitizer hman-te tha takin zawm tur a ni.

Sd/- R. LALRAMNGHAKA

Special Secretary to the Govt. of Mizoram,
Health & Family Welfare Department

Memo No.D.33011/39/2021-HFW(SOP)/H : Dated Aizawl, the 19th May, 2021

Copy to:

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Administrative Heads of Department, Govt. of Mizoram.
10. All Heads of Departments, Govt. of Mizoram
11. All Deputy Commissioners, Mizoram.
12. Principal Director, Health & Family Welfare Department.
13. Director, Health services.
14. Director, Hospital & Medical Education.
15. Director, Zoram Medical College, Falkawn.
16. Director, Information & Public Relations for wide circulation.
17. Mission Director, NHM.
18. All Medical Superintendents.
19. All Chief Medical Officers.
20. Controller, Printing & Stationeries with five (5) spare copies for publication in the Official Gazette.
21. Web Manager, IT Section, Directorate of Health Services.
22. Guard file.


(JOSEPHINE ZONUNSANGI)

Under Secretary to the Govt. of Mizoram,
Health & Family Welfare Department