

**GOVERNMENT OF MIZORAM
HEALTH & FAMILY WELFARE DEPARTMENT
MIZORAM SECRETARIAT, MIZORAM NEW CAPITAL COMPLEX**

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NOTIFICATION

Dated Aizawl, 19th May, 2021

No.D.33011/39/2021-HFW/(SOP)/C: Mizoram chhunga Government/Community/Hotel Quarantine Facility-a awm te inkaihhraina'
No.D.33011/25/2020-HFW/(nCOV)/Sat/(C) dt.31.10.2020-a tih chhuah chu a hnuai a mi ang hian tih danglam (revised) a ni.

He inkaihhraina hi Notification tih chhuah ni atanga thu leh awm hma chu hman tur a ni ang.

1. Quarantine-a awm chhung hian Health Department-in **inkaihhraina** a siamte chu tha taka zawm tur a ni. **Mask vuah, kutsil ngun, hand sanitizer hman, social distancing leh invenna dangte** quarantine chhung hian uluk takin an vawng tur a ni.
2. mCOVID-19 leh Aarogya setu app ah in register vek tur a ni.
3. Quarantine chhung hian Quarantine tan ni atanga **ni 10 hnuah** RT-PCR lak tur a ni a, test result chhuah hma chuan uluk takin an in quarantine chhunzawm ngei tur a ni.
4. **Test result a chhuah a, a negative chuan inkhung zui a ngai tawh lovang.** Amaherawhchu, mahni hriselna inchik (self monitoring) chhunzawm reng tur a ni a, invenna uluk taka kalpui chhunzawm zel tur a ni.
5. Quarantine zo tawh te chu bialtu Chief Medical Officer-te'n **Quarantine Completion Certificate** an siam sak thin ang.
6. Mi tupawh quarantine laia Covid-19 signs & symptoms nei erawh chu ni 10 nghak kher lovin, a rang thei ang bera swab sample laksak tur a ni.
7. Hriselna lama harsatna neite tan heng Covid Helpline ah hian thu a thlen theih reng a ni – Phone nos – 102 / 0389-2323336 / 0389 2322336 / 0389 2318336.

He Notification hian hemi chungchanga Notification lo tih chhuah tawh vide No.D.33011/23/2020-HFW/(nCOV)/12 dt. 25.09.2020 leh No.D.33011/25/2020-HFW/(nCOV)/Sat/(C) dt.31.10.2020 a luah lan ang.

Sd/- R. LALRAMNGHAKA
Special Secretary to the Govt. of Mizoram
Health & Family Welfare Department.

Memo No.D.33011/39/2021-HFW/(SOP)/C : Dated Aizawl, 19th May, 2021.

Copy to:-

- 1) Secretary to the Governor of Mizoram.
- 2) P.S. to Hon'ble Chief Minister, Mizoram.
- 3) P.S. to Deputy Chief Minister, Government of Mizoram.
- 4) P.S. to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
- 5) P.S. to MLA & Vice Chairman, H&FW Board.
- 6) Sr. P.P.S to Chief Secretary, Government of Mizoram.
- 7) P.P.S. to Special Secretary, Health & Family Welfare Department.
- 8) P.P.S. to Secretary, Home/DM&R Department.
- 9) All Administrative Heads of Departments.
- 10) All Heads of Departments.
- 11) All Deputy Commissioners, Mizoram
- 12) Principal Director, Health & Family Welfare Department.
- 13) Director, Health Services.
- 14) Director, Hospital & Medical Education.
- 15) Director, Zoram Medical College.
- 16) Director, Information & Public Relations for wide circulation.
- 17) Controller, Printing & Stationeries with five (5) copies for publication in the Official Gazette.
- 18) All Deputy Commissioners, Mizoram.
- 19) Mission Director, National Health Mission.
- 20) All Chief Medical Officers.
- 21) All Medical Superintendents.
- 22) Web Manager, IT Section, Directorate of Health Services.
- 23) Guard File.


(JOSEPHINE ZONUNSANGI)

Under Secretary to the Government of Mizoram
Health & Family Welfare Department