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OFFICE OF THE PRINCIPAL DIRECTOR
HEALTH & FAMILY WELFARE DEPARTMENT
GOVERNMENT OF MIZORAM

Dated Aizawl, the 24th June, 2020.

**COVID-19 vei nilote enkawlina damdawi In ah COVID rinhlelh/Covid -19 vei finfiah
Hmuhchhuah an nih palha hmalak dan tur kaihhraina**

(Hei hi Ministry of Health & Family Welfare Directorate General of Health Services EMR Division thuchhuah mizotawng a lehlin a ni.)

1. Background

Tunlai hian hmun thenkhatah Damdawi In khar ngai sawi tur an awm nual mai, a chhan chu Damdawi In hnathawktu thenkhat ten COVID-19 an lo kai vang a ni. Hetih mek lai hian COVID-19 enkawlina tur nilo Damdawi In thenkhat ten damlo natna dang (COVID rinhlelhloh) avanga an admit te zingah COVID-19 vei anlo hmuchhuak ve bawk thin a, hei hian Damdawi In hnathawkte zingah hlauhthawwna siamin Damdawi In tan harsatna a thlen thei a ni. Ministry of Health & Family Welfare chuan Hospital atanga natna kaichhawntheih te ven dan kaihhraina chipchiartak a tichhuak a, kan Damdawi In engemawzat hi chuan an zawm vek lo thei bawk a ni. COVID-19 case ni si - na lo tea langchhuak/langchhuak miah lo/Covid anglo taka langchhuakte hi hmuhchhuah loh a awmin damlo dangte leh thawktute kai chhawng reng thei dinhmunah awmin, Damdaw In tan harsatna a siam thei hle a ni.

2. Purpose of document

He thurawnin a tum ber chu COVID rinhlelh/vei finfiah lo awm ta se, Damdawi In hmalak dan tur kaihhraina pek a ni.

3. Scope

He thurawn hi (i) COVID-19 enkawlina bik Damdawi In (sawrkah leh private), COVID-19 rinhlelh emaw COVID-19 vei finfiahte enkawlina leh (ii) COVID-19 vei nilote enkawlina Damdawi In tana buatsaih a ni.

4. Institutional arrangement

Hospital Infection Control Committee (HICC) hian member tur ruatbik, tih tur leh mawhphurhna feltak a neisa a ni. He committee hian thawktute zingah COVID-19 rinhlelh theih natna vei an awm veleh a hmuchhuak a, report nghal thei turin a inbuatsaih tur a ni. Hetianga ti tur chuan khawsik/khuh/thawhah te hmuchhuak vat turin surveillance tih reng tur a ni a, mahni in report emaw active leh passive screening te thawktute-ah an duty hun intan dawnah te a tih theih. He committee

hian damlo Damdawi In a awm mek (COVID-19 vanga admit ni lo) te, chhan dang hriat tur awm silovin khawsik/khuh/thawhah an nei em tih an endik thin tur a ni.

Hetiang hunkhirh bik, natna inkaichhawn mai hlauhawm lai hi chuan he HICC hian infection prevention and control (IPC) guidelines awmsate a tuldan ang zela siamtha-in Damdawi In hnathawkte a pawimawhna hrilh hriat nawn fo tur a ni. Engtiklai pawhin IPC guidelines hi tha takin zawm tur a ni. Fimkhur leh zual nan damdawiin COVID-19 containment zone hnaih/chhunga awmte chuan damlo zawng zawngte COVID-19 an veilo a ni tihchianna a awmhma chu COVID-19 vei anga rinhlelh tur a ni a, a bika enkawl tur an ni.

COVID-19 vanga damlo nilo emaw tupawh Damdawi In hnathawkte COVID veia rinhlelh/ COVID-19 vei finfiah an lo awm chuan HICC -in hetiang hian hma a la ang:

4.1 COVID Damdawi In nilo-ah COVID-19 hmuhchhuah anih a hmalak dan tur

COVID enkawlna tur Damdawi In niloah COVID-19 vei hmuhchhuah a nih chuan:

- Bialtu CMO-ah report tur
- Uluk taka damlo dinhmun endik hnuah chauh COVID enkawlna bik Damdawi In (dedicated COVID hospital) ah refer tur a ni.
- Damlo chu room hranah dah nghal tur a ni. Damlo chu mask vuah thei anih chuan, vuah tir nghal tur a ni. Amah enkawltur bik ruat chauhin a enkawl ang a, fimkhur dan tur thurawn awmsa te zawm vek tur a ni.
- Damlo dinhmunin a zir chuan COVID Damdawi In bikah (dedicated COVID hospital) ah sawn nghal tur a ni. Refer na tur COVID Damdawi In leh bialtu CMO-ah damlo chanchin kimchang hriattir hmasak tur a ni.
- Damlo kan sawn/transfer dawnin fimkhur dan tur thurawn awmsate zawm ngei tur a ni.
- Damlo sawn/transfer hnuah Damdawi In leh ambulante damdawi 1% sodium hypochlorite tui hmangin kan tithianghlim leh tur a ni.
- Damlo hnimhnai tawhtu zawng zawng (damlo dang room khata awm ve, damlo enkawltu hnathawkte, Damdawi In hnathawk dang damlo hnaivaia awmfote leh damlo buaipuitu a chhungte) te chu ni 14 khunghran tur an ni. Heng khunghran tur chanchin kimchang hi bialtu CMO ah leh a tulna dangah te hriattir tur a ni.
- COVID 19 vei finfiah enkawltute (Health care workers leh support staff) chu inven nan Hydroxychloroquine kar 7 chhungpek tur a ni. Hetihlai erawhichuan Hydroxychloroquine hmantheih lohnate kan hrereng tur a ni.
- Damdawi In hnathawk ten COVID-19 hi kaive a rinhlelh an nih chuan, hetiang hian hmalak tur a ni.

4.2 Damdawi In hnathawkte zingah COVID-19 rinhlelh/vei finfiah an awm chuan:

- Damdawi In hnathawk dangte zingah khawsik, khuhleh thawhah an awmchuan COVID-19 rinhlelh tur ni.
- Damlo chuan face mask a vuah nghal tur ni a, hotu leh HICC – ah report in dahhran nghal tur a ni. A thawhna hmun Damdawi In chu COVID Damdawi In anih loh chuan COVID hospital ah refer tur a ni.
- Thawktu damlo chu duty roster-ah telh loh nghal tur a ni.

- Rangtakin he thawktu damlo hnimhnaitu zawng zawng te thliarhringin ni 14 chhung khunghran nghal tur a ni. Chanchin kimchang report te bialtu CMO-ah thehluh tur a ni.
- Damdawi In hnathawk dang damlo hnimhnaitu zawng zawngte chu inven nan Hydroxychloroquine kar 7 chhung pek tur a ni. Hetihlai erawhichuan Hydroxychloroquine hmantheih lohna te kan hrereng tur a ni.

• Damdawi In ten hetiang hun harsa bik atan hian staff duty dan turah ruahmanna feltak, hna kallai buailo turin an siam tur a ni a. E.g. Damdawi In hnathawkte chu hmun hnihah thenin, ni 14 chhung zel in duty chhawk se, tin, pawl/group dang COVID-19 rinhlelh/vei finfiah an awmthulh a duty tur dah ni bawk se.

• Damdawi In te uluk taka damdawi hmanga tihthianghlim reng tur a ni. COVID-19 rinhlelh/vei finfiah an awm chuan. Khunghran kaihhruaina zawm chungin, contact list siam leh chhuizuite uluk takin tih nghal vek tur a ni a, Damdawi In kharkher ngailo turin hmalak tum tur a ni.

5. COVID enkawlina tur nilo Damdawi Inah COVID-19 vei pakhat emaw a aia tam pawh hmuh a nih chuan Damdawi In kal zel dan tur hetiangin

Thil awmdan tur ni thei tlangpui :

- **Socio-demographic reasons:**

- a) Damdawi In chhawrtu bial chu COVID-19 awmna hmun a ni.
- b) Damdawi In chhawrtu bial mipui zingah hian COVID-19 kai hlauhawm zual natna dang vei mek tam tak an awm thei a, eitur tha khamkhawp hmu phak lo leh social distancing tih theih miah lohna tur hmunchep e.g. slum area te

- **Internal Administrative Reasons:**

- a) Damdawi In chuan Infection Prevention Control(IPC) hmalakna-ah beisei a phak lo thei.
- b) Damlo thliardan 'triaging' pawh Out Patient Department (OPD) leh emergency department ah te an ti ngailo thei bawk.

COVID-19 kaite dinhmun leh kai nasat dan a zirin (Damdawi In hnathawk, damlo leh Damdawi In hnathawk ten an hnimhnaihte), damdawi Ina inentir damlo, natna benvawn dang veimekte kai chhawn theihna san leh san loh dan te zir chian vek hnuah Damdawi In awmzel dan turah thuthlukna hetiangin a siam theih:

• Damdawi In hotute COVID-19 vei damlo an enkawl danah leh an khunghran danah an lungawia/ngaihthat chuan, contacts zawng zawng chhuichhuah vek a, khunghran nghal an nih a, Damdawi In chu natna hrik that thei damdawia uluk taka tihfai nghal vek leh tihfai chhunzawm zel a nih chuan chu Damdawi In chu khar a ngailo a ni.

• A chung a mi khi tih a nih hnu-ah, Damdawi In a enkawl mek damlo te zingah Damdawi In atanga kai chhawn nih hmel COVID-19 vei thar an lo awm leh a nih chuan, Damdawi In ward COVID-19 vei thar awmtamna leh a vel chu khar lailawk tur a ni. Damdawi In chu uluk taka tihfai zawhah damdawi hmangin uluk taka tihfai leh hnuah hman leh theih a ni.

• A chung a invenna tur thilte tih vek chung si a, thawktu emaw damlo enkawlmekte zingah COVID-19 kai thar, an kaitanna hriat theih siloh an awm leh chuan, sawrkar hotute hriattir hnuah, he Damdawi In

hi COVID enkawlina bik Damdawi In ah siam mai tur a ni. Hetiang dinhmun hi kan lo thleng palh a nih chuan, thawktute zawng zawng 'Infection prevention and Control practices' leh kaihhruaina dang www.mohfw.gov.in. website a tarlante hmangin training uluk taka pek leh vek tur a ni.

6. Hmalakzelna tur te

COVID-19 Damdawi In nilo-in COVID-19 damlo a neih chuan, HICC ten hriatchhuah loh contact/thawktu leh damlo zingah an awmlon nan hengte hi an ti tur a ni:

- Damdawi In hnathawk zawng zawngte, duty an tan dawnah khawsik enna hmangin enfiah ziah tur a ni (thermal screening tihziah tur).
- Thawktu zawng zawngte mahni in enfiah reng a, COVID-19 natna lanchhuah dan anga awm chuan, a rang thei ang bera hotute hnenah in report tur a ni.
- Damlote zingah COVID-19 lanchhuah dan pangngai nisi lo, mahse COVID-19 nitheite an awm em uluk takin thlithai reng tur a ni.
- Thawktu, damlo leh a kaihhnawih mi zawng zawng ten fimkhur dan kaihhruaina awm zawng zawng tha takin zawm vek tur a ni.
- Damlo thliarhan (triaging) hi tha taka kaihhruaina zawm chungin, damdawiin emergency leh out patient department ah kalpui ngei ngei tur a ni

Sd/-


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MEMO No. D. 12018/4/2020-PD/HFW

Dated Aizawl the 24th June, 2020.

Copy to:

1. PS to Hon'ble Health Minister, Mizoram for kind information.
2. Sr.PPS to Chief Secretary, Government of Mizoram for kind information.
3. PPS to Health Secretary, Government of Mizoram for kind information.
4. Director of Health Services, Mizoram for information and necessary action.
5. Director, H&ME and ZMC, Falkawn, Mizoram for information and necessary action.
6. Director, I&PR, Mizoram for information and wide publication
7. President, Non Govt. Hospital Association of Mizoram for information with a request to circulate for members.


Principal Director

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Government of Mizoram