



COVID-19 ALERT!

MIZORAM IDSP BULLETIN

Directorate of Health Services, Aizawl : Mizoram

Issue No.506

Dt.5.8.2021 Thursday

10:30PM

Last 24 Hours

COVID-19 MIZORAM STATUS UPDATE

NEWLY ADDED
5.8.2021

CUMULATIVE TILL
5.8.2021

Persons Screened
0

2,97,932

Samples Tested
9058

6,62,277

Confirmed Positive
1088

42,083

Discharged
686

29,547 (70.21%)

Death
3

160 (0.38%)

Active Cases
1088

12,376 (29.41%)

COVID-19 SAMPLE TEST REPORT

5.8.2021 (5:00PM) Last 24hours

LAB./RAgT	NO. OF SAMPLE TESTED	CUMULATIVE
Outside Mizoram	-	58
RT-PCR, ZMC	2265	2,16,802
TrueNat-PCR	346	45,062
Rapid Antigen Test	6447	4,00,355
TOTAL	9058	6,62,277

COVID-19 POSITIVE UPDATE

5.8.2021 (5:00PM) Last 24hours

LAB./RAgT	NO. OF POSITIVE	CUMULATIVE
Outside Mizoram	-	1
RT-PCR, ZMC	552	11,506
TrueNat-PCR	28	2,499
Rapid Antigen Test	508	28,077
TOTAL	1088	42,083

Daily Positivity Rate 12.01%

COVID-19 POSITIVE CASES DAILY REPORT

5.8.2021 (5:00PM) Last 24hours

POSITIVE FROM	NO. OF POSITIVE	ASYMPTOMATIC	SYMPTOMATIC
QC/Cases with travel history	18	18	0
CONTACT TRACING	698	587	111
ISOLATED CASE	372	169	203
TOTAL	1088	774	314

COVID-19 PATIENT DISCHARGED REPORT

5.8.2021 (10:30PM) Last 24 hours

Aizawl district	508
Champhai district	16
Khawzawl district	1
Kolasib district	50
Lawngtlai district	11
Lunglei district	40
Mamit district	42
Saitual district	3
Serchhip district	5
Siaha district	10

TOTAL NUMBER OF DISCHARGED TODAY = 686

COVID-19 MIZORAM HELPLINE

102(Toll free), 0389-2323336/2322336/2318336

COVID-19 CASES REPORT

5.8.2021 (10:30PM) Last 24 hours

CATEGORIES	CUMULATIVE CASES	DISCHARGED	DEATH	ACTIVE CASES	TOTAL ACTIVE CASES %
Civilians/ Others	40548	28058	159	12331	99.64%
BSF	697	681	0	16	0.36%
Assam Rifles	338	325	0	13	
NDRF	32	32	0	0	
CRPF	106	101	1	4	
Indian Army /CIJWS	62	58	0	4	
BRO/BRTF	115	107	0	8	
Truckers	185	185	0	0	0%
TOTAL	42083	29547	160	12376	

Cases with no travel history outside the state :37842
Those cases who entered from outside Mizoram : 4241

STATUS OF POSITIVE CASES TODAY

BSF-1, Civilians/Others – 1087 TOTAL= 1088

MIZORAM COVID-19 DISTRICT WISE CASES UPDATE
5.8.2021 (10:30PM) LAST 24 HOURS

NAME OF DISTRICT	TOTAL CASES	NO. OF DISCHARGED	NO. OF DEATHS	NO. OF ACTIVE CASES	DATE OF LAST CASE REPORTED
AIZAWL	28977	19266	126	9585	4.8.2021
CHAMPHAI	555	403	1	151	4.8.2021
HNAHTHIAL	103	103	0	0	19.7.2021
KHAWZAWL	109	107	0	2	4.8.2021
KOLASIB	3356	2540	16	800	4.8.2021
LAWNGTLAI	2555	1922	7	626	4.8.2021
LUNGLEI	3364	2675	2	687	4.8.2021
MAMIT	1166	902	2	262	4.8.2021
SAITUAL	217	198	2	17	4.8.2021
SERCHHIP	848	794	3	51	4.8.2021
SIAHA	833	637	1	195	4.8.2021
TOTAL	42083	29547	160	12376	

Sd/- Dr.Pachau Lalmalsawma
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Directorate of Health Services
Mizoram:Aizawl



Ministry of Health & Family Welfare
Government of India

COVID-19 naupangin a veiin Nu leh Pa te hriat tur



Naupang kum 2 chin chunglam chu an kut tui leh sahbawn nen emaw alcohol-based sanitizer nen Sec 20 chhung fai taka sil zirtir tur. Naupang kum 2 hnuailam te chu an kut an silfai ngei theih nan a enkawltu ten an pui ang.



Naupang kum nga chin leh a chunglam chu an chhuahvahna apiangah Mask vuah ziah tura zirtir tur.



Naupang chu Covid natna lanchhhuah dan anga a awm/nat chuan Doctor rawn tur.



1% sodium hypochlorite hmangin chhuat leh naupangte thil khawih thin (toys etc) ni khatah vawi khat tal tihfai tur.



Naupang chu a tam thei ang ber inchhungah taksa leh rilru insawizawina lam tih tir tur.



Naupang kum 2 chin chunglam chu midang nen Ft 6 a inhlata awm tura zirtir leh midang nena infiam tlem tir tur.



COVID appropriate behaviour zawm chungin naupang kum 2 hnuailam chu hnute pek chhunzawm tur a ni.

A hnuai mi te hi naupangah a awm chuan enkawl uluk leh zual tur a ni

- » Taksa tana chaw tha tlakchamna
- » Rilru leh taksa lama harsatna nei
- » HIV+ve
- » Lung, thin leh kal lama harsatna nei

Naupang endik dan tur:

- 01 Thawk ran zawng nikhatah vawi 2 - 3 chhiar tur
- 02 Thawk zawnga awm khuar lut a awm leh awm loh en tur
- 03 Taksa a duk a awm leh awm loh en tur
- 04 Taksa peng hrang hrang a vawt lutuk em
- 05 Darkar 4 dana an zun tam zawng en tur
- 06 Oxygen saturation darkar 4 danah en tur
- 07 Darkar 4 danah khua a sik em tih en tur
- 08 Darkar 24 chhunga tuiril lakluh zat
- 09 Chaw pek zat mumal taka chhinchhiah
- 10 An harhvang tha em tih en tur

COVID-19 vei naupanga hlauhawm chhinchhiahna lanchhhuah dan



Thawk rang



Ni 3 aia rei khawsik sang



Chau/zawil mutchhuak reng emaw chaw ei peihlo



Oxygen (SpO2) 94% aia hniam



A hnuaia mi te zinga pakhat tal a awm chuan Doctor rawn vat ang che:

- 01 Thawk ran zawng: Naupang thla 0-2 inkarah ≥ 60 /min aia sang , Naupang Thla 2-12 inkarah ≥ 50 /min aia sang, Naupang Kum 1-5 inkarah ≥ 40 /min aia sang, Naupang kum 5 chin ah ≥ 30 /min aia sang
- 02 Zun 0.5 to 1.5cc/kg/hour aia tlem
- 03 Oxygen saturation (SpO2) 94% aia hniam
- 04 Taksa lumna 100.4 F aia sang
- 05 Eitur leh thil tuiril ei/in tlem emaw ei/in tha lo
- 06 Harhvang lo
- 07 Thawk zawnga awm khuar lut, pang vawt thler (kut leh ke) , taksa duk
- 08 Taksa vual leh sen; hmui, lei, kut leh ke vung leh



Home Isolation - In lama enkawl theihte

- » Natna langchhuaklo emaw langchhuak nasa lo te
- » Naupang natna langchhuak nasa vaklo - hrawk thip, khuh leh thawkna lama harsatna neilo te chu investigation tih a ngai lo.



Home Isolation a awm mek naupangte enkawl dan tur

- » Covid vei tam zawkte hi in lama enkawl theih ani a hlauthawng suh ang che
- » In bialtu ASHA emaw thawktu dangte hnenah inhriattir ang che
- » Naupang awmna room chu boruak lut tha tak ani tur a ni.
- » Naupang kum 5 leh a hnuailam isolation a awm chu a nu emaw enkawitu emaw an awm tur a ni.
- » Home Isolation a theih loh chuan naupang chu CCC hnai berah kalpui tur a ni.



Home Isolation a awm mek naupang covid natna langchhuakte enkawl dan tur

- » Khawsik ah: Paracetamol 10-15 mg/kg/dose pek theih ani a darkar 4-6 danah pek nawn theih a ni
- » Khuh ah: Naupang upa deuh chu tuilum chi al hmangin hrawk thuahtir theih a ni.
- » Thil tuiril : An taksa in tuiril a tlakchham loh nan thil tuiril lam intir tam tur
- » Antibiotic : Pek kher a ngailo



Tlema natna langchhuak nasa deuh leh natna langchhuak nasa te

- » Naupang thawk rang/thawk harsa/ SpO2 94% aia hniam te chu Health and Wellness Centre hnai ber ami te rawn chungin DCHC emaw Covid Hospital ah hruai vat tur a ni.



COVID-19 avanga naupangte rilru a hlauthawwna awm theienkawil dan tur

- » Tihur siamsak rawh
- » An thusawi ngaihthlak sakim ngaihven fo rawh
- » Hlauthawwna leh thlabarna an nei em
- » Covid tuarchhuak thei tura fuih
- » An tuizawng tihpui
- » Kutsil uar tir
- » A eng zawnga thil thlir tura fuih
- » A tul chuan mithiam zawkte rawn vat tur